

# Raquel Vaquero-Cristóbal

## List of Publications by Year in descending order

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Version: 2024-02-01

40  
papers

472  
citations

759055

12  
h-index

794469

19  
g-index

54  
all docs

54  
docs citations

54  
times ranked

430  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sarcopenia, Diet, Physical Activity and Obesity in European Middle-Aged and Older Adults: The LifeAge Study. <i>Nutrients</i> , 2021, 13, 8.	1.7	40
2	Criterion-Related Validity of Sit-and-Reach and Toe-Touch Tests as a Measure of Hamstring Extensibility in Athletes. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 546-555.	1.0	37
3	Relationship between Biological Maturation, Physical Fitness, and Kinanthropometric Variables of Young Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 328.	1.2	29
4	The effects of a reformer Pilates program on body composition and morphological characteristics in active women after a detraining period. <i>Women and Health</i> , 2016, 56, 784-806.	0.4	22
5	Effect of Coronavirus Disease 2019 (COVID-19) on Elite Spanish Student-Athletes' Perception of the Dual Career. <i>Frontiers in Psychology</i> , 2020, 11, 620042.	1.1	18
6	Differences in Fat Mass Estimation Formulas in Physically Active Adult Population and Relationship with Sums of Skinfolds. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7777.	1.2	15
7	Differences in Physical Fitness and Body Composition Between Active and Sedentary Adolescents: A Systematic Review and Meta-Analysis. <i>Journal of Youth and Adolescence</i> , 2022, 51, 177-192.	1.9	15
8	Effect of 9-month Pilates program on sagittal spinal curvatures and hamstring extensibility in adolescents: randomised controlled trial. <i>Scientific Reports</i> , 2020, 10, 9977.	1.6	14
9	The Effect of Age, Biological Maturation and Birth Quartile in the Kinanthropometric and Physical Fitness Differences between Male and Female Adolescent Volleyball Players. <i>Children</i> , 2022, 9, 58.	0.6	13
10	Influence of biological maturation status on selected anthropometric and physical fitness variables in adolescent male volleyball players. <i>PeerJ</i> , 2022, 10, e13216.	0.9	12
11	Differences between Four Skinfold Calipers in the Assessment of Adipose Tissue in Young Adult Healthy Population. <i>Nutrients</i> , 2022, 14, 2085.	1.7	12
12	Back Pain Related with Age, Anthropometric Variables, Sagittal Spinal Curvatures, Hamstring Extensibility, Physical Activity and Health Related Quality of Life in Male and Female High School Students. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7293.	1.2	9
13	Association among Adherence to the Mediterranean Diet, Cardiorespiratory Fitness, Cardiovascular, Obesity, and Anthropometric Variables of Overweight and Obese Middle-Aged and Older Adults. <i>Nutrients</i> , 2020, 12, 2750.	1.7	9
14	Kinematic Variables Evolution During a 200-m Maximum Test in Young Paddlers. <i>Journal of Human Kinetics</i> , 2013, 38, 15-22.	0.7	8
15	Effect of Pilates Method on muscular trunk endurance and hamstring extensibility in adolescents during twelve weeks training and detraining. <i>Journal of Bodywork and Movement Therapies</i> , 2020, 24, 11-17.	0.5	7
16	Influence of Gender Stereotypes, Type of Sport Watched and Close Environment on Adolescent Sport Practice According to Gender. <i>Sustainability</i> , 2021, 13, 11863.	1.6	7
17	Influence of Maturity Status on Kinanthropometric and Physical Fitness Variables in Adolescent Female Volleyball Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 4400.	1.3	7
18	Impact of COVID-19 lockdown on health parameters and muscle strength of older women: A longitudinal study. <i>Experimental Gerontology</i> , 2022, 164, 111814.	1.2	6

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19	Functional Autonomy Evaluation Levels in Middle-Aged and Older Spanish Women: On Behalf of the Healthy-Age Network. Sustainability, 2020, 12, 9208.	1.6	5
20	Hamstring extensibility differences among elite adolescent and young dancers of different dance styles and non-dancers. PeerJ, 2020, 8, e9237.	0.9	5
21	Psychological Profile in Female Cyclists and Its Relationship with Age, Training Parameters, Sport Performance, and Injury Incidence. International Journal of Environmental Research and Public Health, 2021, 18, 3825.	1.2	4
22	Effect of an injury prevention program on the lower limb stability in young volleyball players. Journal of Sports Medicine and Physical Fitness, 2021, 61, 943-952.	0.4	4
23	Efecto del entrenamiento en pretemporada en las variables antropométricas y derivadas en jugadores de baloncesto de élite (Effect of preseason training on anthropometric and derived variables in elite basketball players). Tj ETQq1 1 0.784314 rgBT4/Overlook	1.0	4
24	Gender Stereotypes among Teachers and Trainers Working with Adolescents. International Journal of Environmental Research and Public Health, 2021, 18, 12964.	1.2	3
25	Características Morfológicas y Perfil Antropométrico en Mujeres que Practican Pilates Clásico y Mat Clásico. International Journal of Morphology, 2014, 32, 695-702.	0.1	2
26	Sagittal alignment of the spine and hamstring extensibility with Pilates in adolescents: Protocol for randomized controlled trial. European Journal of Integrative Medicine, 2020, 35, 101075.	0.8	2
27	Effects of a Pilates programme in spinal curvatures and hamstring extensibility in adolescents with thoracic hyperkyphosis: a randomised controlled trial. Postgraduate Medical Journal, 2023, 99, 433-441.	0.9	2
28	Sagittal spine disposition and pelvic tilt during outdoor fitness equipment use and their associations with kinanthropometry proportions in middle-aged and older adults. PeerJ, 2021, 9, e12657.	0.9	2
29	Efecto de un Programa de Estiramientos de la Musculatura Isquiosural en Futbolistas. International Journal of Morphology, 2012, 30, 1065-1070.	0.1	1
30	RELACIÓN ENTRE LOS PARÁMETROS ANTROPOMÉTRICOS Y LA ADHESIÓN A LA DIETA MEDITERRÁNEA EN JÓVENES PIRAGUISTAS HOMBRES DE ÉLITE. MHSalud, 2018, 15, 1.	0.1	1
31	Biomechanical Adaptations in Kayakers of Different Competitive Levels and the Relationship with the Kayak Elements. Applied Sciences (Switzerland), 2020, 10, 8389.	1.3	1
32	Factores socio-demográficos, económicos y deportivos relacionados con la participación del equipo		

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37	Influence of an Educational Innovation Program and Digitally Supported Tasks on Psychological Aspects, Motivational Climate, and Academic Performance. <i>Education Sciences</i> , 2021, 11, 821.	1.4	1
38	Objective Comparison of Achievement Motivation and Competitiveness among Semi-Professional Male and Female Football Players. <i>Sustainability</i> , 2022, 14, 5258.	1.6	1
39	Dolor de espalda en adolescentes: factores asociados desde un enfoque multifactorial (Back pain in) Tj ETQq1 1 0.784314 rgBT /Over 0.3	0.3	0
40	INFLUENCIA DEL GÃ%NERO, NIVEL EDUCATIVO Y PRÃCTICA DEPORTIVA DE LOS PROGENITORES SOBRE HÃBITOS DEPORTIVOS EN ESCOLARES. <i>Movimento</i> , 0, 27, e27057.	0.5	0