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List of Publications by Year
in descending order

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646 papers	56,111 citations	1612 105 h-index	1823 210 g-index
731 all docs	731 docs citations	731 times ranked	46320 citing authors

#	Article	IF	Citations
1	Circulating vitamin D levels and colorectal cancer risk: A meta-analysis and systematic review of case-control and prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2023, 63, 1-17.	5.4	19
2	Transcriptional response to a Mediterranean diet intervention exerts a modulatory effect on neuroinflammation signaling pathway. Nutritional Neuroscience, 2022, 25, 256-265.	1.5	5
3	Host and gut microbial tryptophan metabolism and type 2 diabetes: an integrative analysis of host genetics, diet, gut microbiome and circulating metabolites in cohort studies. Gut, 2022, 71, 1095-1105.	6.1	98
4	The Nutri-Score nutrition label. International Journal for Vitamin and Nutrition Research, 2022, 92, 147-157.	0.6	34
5	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. European Journal of Nutrition, 2022, 61, 357-372.	1.8	13
6	Cross-Sectional Associations between HDL Structure or Function, Cell Membrane Fatty Acid Composition, and Inflammation in Elderly Adults. Journal of Nutrition, 2022, 152, 789-795.	1.3	3
7	Association between the Prime Diet Quality Score and depressive symptoms in a Mediterranean population with metabolic syndrome. Cross-sectional and 2-year follow-up assessment from PREDIMED-PLUS study. British Journal of Nutrition, 2022, 128, 1170-1179.	1.2	3
8	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. European Journal of Nutrition, 2022, 61, 1457-1475.	1.8	8
9	Inflammatory potential of diet and bone mineral density in a senior Mediterranean population: a cross-sectional analysis of PREDIMED-Plus study. European Journal of Nutrition, 2022, 61, 1445-1455.	1.8	1
10	Change to a healthy diet in people over 70Âyears old: the PREDIMED experience. European Journal of Nutrition, 2022, 61, 1429-1444.	1.8	3
11	Metabolomic Profiles Associated With Incident Ischemic Stroke. Neurology, 2022, 98, .	1.5	6
12	Vitamin K dietary intake is associated with cognitive function in an older adult Mediterranean population. Age and Ageing, 2022, 51, .	0.7	3
13	Consumption of Olive Oil and Risk of Total and Cause-Specific Mortality Among U.S. Adults. Journal of the American College of Cardiology, 2022, 79, 101-112.	1.2	54
14	Left atrial strain improves echocardiographic classification of diastolic function in patients with metabolic syndrome and overweight-obesity. International Journal of Cardiology, 2022, 348, 169-174.	0.8	8
15	Omega-3 Fatty Acid Intake during Pregnancy and Child Neuropsychological Development: A Multi-Centre Population-Based Birth Cohort Study in Spain. Nutrients, 2022, 14, 518.	1.7	8
16	Dairy product consumption and risk of cancer: A short report from the <scp>NutriNetâ€Santé</scp> prospective cohort study. International Journal of Cancer, 2022, 150, 1978-1986.	2.3	2
17	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 6.	2.0	1
18	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. Antioxidants, 2022, 11, 316.	2.2	5

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19	Ultraprocessed food consumption and dietary nutrient profiles associated with obesity: A multicountry study of children and adolescents. Obesity Reviews, 2022, 23, e13387.	3.1	57
20	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. JAMA Network Open, 2022, 5, e222092.	2.8	52
21	Adherence to the Mediterranean Diet Has a Protective Role against Metabolic and DNA Damage Markers in Colorectal Cancer Patients. Antioxidants, 2022, 11, 499.	2.2	8
22	Caffeine Intake and Its Sex-Specific Association with General Anxiety: A Cross-Sectional Analysis among General Population Adults. Nutrients, 2022, 14, 1242.	1.7	6
23	Prospective associations between a priori dietary patterns adherence and kidney function in an elderly Mediterranean population at high cardiovascular risk. European Journal of Nutrition, 2022, 61, 3095-3108.	1.8	3
24	Total dairy consumption in relation to overweight and obesity in children and adolescents: A systematic review and metaâ€analysis. Obesity Reviews, 2022, 23, e13400.	3.1	16
25	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. PLoS ONE, 2022, 17, e0265079.	1.1	3
26	One-year changes in fruit and vegetable variety intake and cardiometabolic risk factors changes in a middle-aged Mediterranean population at high cardiovascular risk. European Journal of Clinical Nutrition, 2022, 76, 1393-1402.	1.3	6
27	Dairy Product Consumption and Changes in Cognitive Performance: Twoâ€Year Analysis of the PREDIMEDâ€Plus Cohort. Molecular Nutrition and Food Research, 2022, 66, e2101058.	1.5	6
28	Taxonomic and Functional Fecal Microbiota Signatures Associated With Insulin Resistance in Non-Diabetic Subjects With Overweight/Obesity Within the Frame of the PREDIMED-Plus Study. Frontiers in Endocrinology, 2022, 13, 804455.	1.5	19
29	Comment on Muzzioli et al. Are Front-of-Pack Labels a Health Policy Tool? Nutrients 2022, 14, 771. Nutrients, 2022, 14, 2165.	1.7	2
30	Impulsive Personality Traits Predicted Weight Loss in Individuals with Type 2 Diabetes after 3 Years of Lifestyle Interventions. Journal of Clinical Medicine, 2022, 11, 3476.	1.0	3
31	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. European Journal of Nutrition, 2021, 60, 2381-2396.	1.8	22
32	Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. Revista Espanola De Cardiologia (English Ed), 2021, 74, 846-853.	0.4	2
33	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. European Journal of Preventive Cardiology, 2021, 28, 1392-1401.	0.8	10
34	Caffeinated coffee consumption and risk of atrial fibrillation in two Spanish cohorts. European Journal of Preventive Cardiology, 2021, 28, 648-657.	0.8	23
35	Low serum iron levels and risk of cardiovascular disease in high risk elderly population: Nested caseâ€“control study in the PREvenciÃ³n con Dieta MEDiterrÃ¡nea (PREDIMED) trial. Clinical Nutrition, 2021, 40, 496-504.	2.3	10
36	Male adiposity, sperm parameters and reproductive hormones: An updated systematic review and collaborative metaâ€analysis. Obesity Reviews, 2021, 22, e13082.	3.1	68

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37	Human biomonitoring of persistent organic pollutants in elderly people from the Canary Islands (Spain): A temporal trend analysis from the PREDIMED and PREDIMED-Plus cohorts. Science of the Total Environment, 2021, 758, 143637.	3.9	12
38	Choline Metabolism and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Study. Clinical Chemistry, 2021, 67, 288-297.	1.5	31
39	Lipid Profiles and Heart Failure Risk. Circulation Research, 2021, 128, 309-320.	2.0	40
40	U-Shaped Association between Dietary Acid Load and Risk of Osteoporotic Fractures in 2 Populations at High Cardiovascular Risk. Journal of Nutrition, 2021, 151, 152-161.	1.3	8
41	Plasma Metabolomic Profiles of Glycemic Index, Glycemic Load, and Carbohydrate Quality Index in the PREDIMED Study. Journal of Nutrition, 2021, 151, 50-58.	1.3	10
42	Neighbourhood walkability and physical activity: moderating role of a physical activity intervention in overweight and obese older adults with metabolic syndrome. Age and Ageing, 2021, 50, 963-968.	0.7	21
43	Sperm DNA methylation changes after shortâ€term nut supplementation in healthy men consuming a Westernâ€style diet. Andrology, 2021, 9, 260-268.	1.9	9
44	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. European Journal of Nutrition, 2021, 60, 1125-1136.	1.8	12
45	Nut consumption and type 2 diabetes risk: a systematic review and meta-analysis of observational studies. American Journal of Clinical Nutrition, 2021, 113, 960-971.	2.2	28
46	Targeting body composition in an older population: do changes in movement behaviours matter? Longitudinal analyses in the PREDIMED-Plus trial. BMC Medicine, 2021, 19, 3.	2.3	14
47	Gut Microbiota Profile and Changes in Body Weight in Elderly Subjects with Overweight/Obesity and Metabolic Syndrome. Microorganisms, 2021, 9, 346.	1.6	14
48	Effect of an Intensive Weight-Loss Lifestyle Intervention on Kidney Function: A Randomized Controlled Trial. American Journal of Nephrology, 2021, 52, 45-58.	1.4	12
49	Mediterranean Diet Maintained Platelet Count within a Healthy Range and Decreased Thrombocytopenia-Related Mortality Risk: A Randomized Controlled Trial. Nutrients, 2021, 13, 559.	1.7	3
50	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 2021-2029.	1.7	1
51	Dairy consumption, plasma metabolites, and risk of type 2 diabetes. American Journal of Clinical Nutrition, 2021, 114, 163-174.	2.2	29
52	Renal tubule Cpt1a overexpression protects from kidney fibrosis by restoring mitochondrial homeostasis. Journal of Clinical Investigation, 2021, 131, .	3.9	147
53	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. Antioxidants, 2021, 10, 473.	2.2	7
54	Milk and Dairy Products Intake Is Related to Cognitive Impairment at Baseline in Predimed Plus Trial. Molecular Nutrition and Food Research, 2021, 65, e2000728.	1.5	8

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55	Halo effect of a Mediterranean-lifestyle weight-loss intervention on untreated family membersâ€™ weight and physical activity: a prospective study. International Journal of Obesity, 2021, 45, 1240-1248.	1.6	0
56	Consumption of caffeinated beverages and kidney function decline in an elderly Mediterranean population with metabolic syndrome. Scientific Reports, 2021, 11, 8719.	1.6	13
57	Psychological and metabolic risk factors in older adults with a previous history of eating disorder: A crossâ€sectional study from the Predimedâ€Plus study. European Eating Disorders Review, 2021, 29, 575-587.	2.3	2
58	Effects of a psychosocial intervention at one-year follow-up in a PREDIMED-plus sample with obesity and metabolic syndrome. Scientific Reports, 2021, 11, 9144.	1.6	11
59	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. Clinical Nutrition, 2021, 40, 1510-1518.	2.3	27
60	Energy Balance and Risk of Mortality in Spanish Older Adults. Nutrients, 2021, 13, 1545.	1.7	3
61	Dietary vitamin D intake and colorectal cancer risk: a longitudinal approach within the PREDIMED study. European Journal of Nutrition, 2021, 60, 4367-4378.	1.8	5
62	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. Clinical Nutrition, 2021, 40, 2825-2836.	2.3	24
63	Effect on gut microbiota of a 1-y lifestyle intervention with Mediterranean diet compared with energy-reduced Mediterranean diet and physical activity promotion: PREDIMED-Plus Study. American Journal of Clinical Nutrition, 2021, 114, 1148-1158.	2.2	60
64	Glycolysis Metabolites and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Trial. Metabolites, 2021, 11, 306.	1.3	4
65	Mediterranean diet enriched in extra-virgin olive oil or nuts modulates circulating exosomal non-coding RNAs. European Journal of Nutrition, 2021, 60, 4279-4293.	1.8	21
66	Eating Speed, Eating Frequency, and Their Relationships with Diet Quality, Adiposity, and Metabolic Syndrome, or Its Components. Nutrients, 2021, 13, 1687.	1.7	27
67	Consumption of Total Olive Oil and Risk of Total and Cause-Specific Mortality in US Adults. Current Developments in Nutrition, 2021, 5, 1036.	0.1	0
68	Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. Clinical Nutrition, 2021, 40, 4290-4300.	2.3	47
69	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 1702-1713.	1.1	14
70	Walnuts, Long-Chain Polyunsaturated Fatty Acids, and Adolescent Brain Development: Protocol for the Walnuts Smart Snack Dietary Intervention Trial. Frontiers in Pediatrics, 2021, 9, 593847.	0.9	11
71	Effect of Intermittent Fasting Strategies on Cardiometabolic Risk Factors: A Systematic Review and Network Meta-Analysis of Randomized Controlled Trials. Current Developments in Nutrition, 2021, 5, 1091.	0.1	0
72	Low Glycemic Index/Load Dietary Patterns and Glycemia and Cardiometabolic Risk Factors in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Current Developments in Nutrition, 2021, 5, 1018.	0.1	4

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73	Urea Cycle Metabolites and Atrial Fibrillation or Heart Failure Risk: Two Case-Control Studies in the PREDIMED Trial. Current Developments in Nutrition, 2021, 5, 18.	0.1	1
74	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. Clinical Nutrition, 2021, 40, 3982-3991.	2.3	6
75	Vitamin D Intake and the Risk of Colorectal Cancer: An Updated Meta-Analysis and Systematic Review of Case-Control and Prospective Cohort Studies. Cancers, 2021, 13, 2814.	1.7	23
76	Mediterranean Diet and White Blood Cell Countâ€"A Randomized Controlled Trial. Foods, 2021, 10, 1268.	1.9	5
77	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). Nutrients, 2021, 13, 2471.	1.7	46
78	Polyphenol intake and cardiovascular risk in the PREDIMED-Plus trial. A comparison of different risk equations. Revista Espanola De Cardiologia (English Ed), 2021, , .	0.4	2
79	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. Molecular Nutrition and Food Research, 2021, 65, 2100363.	1.5	3
80	The 3-Year Effect of the Mediterranean Diet Intervention on Inflammatory Biomarkers Related to Cardiovascular Disease. Biomedicines, 2021, 9, 862.	1.4	11
81	Metabolomics of the tryptophanâ€"kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. American Journal of Clinical Nutrition, 2021, 114, 1646-1654.	2.2	20
82	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. BMJ, The, 2021, 374, n1651.	3.0	70
83	Urinary Tartaric Acid, a Biomarker of Wine Intake, Correlates with Lower Total and LDL Cholesterol. Nutrients, 2021, 13, 2883.	1.7	9
84	Metabolic, Affective and Neurocognitive Characterization of Metabolic Syndrome Patients with and without Food Addiction. Implications for Weight Progression. Nutrients, 2021, 13, 2779.	1.7	4
85	Validity of the energy-restricted Mediterranean Diet Adherence Screener. Clinical Nutrition, 2021, 40, 4971-4979.	2.3	57
86	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 2870-2886.	1.1	6
87	Are fatty nuts a weighty concern? A systematic review and metaâ€analysis and doseâ€"response metaâ€regression of prospective cohorts and randomized controlled trials. Obesity Reviews, 2021, 22, e13330.	3.1	37
88	Dietary Glycaemic Index Labelling: A Global Perspective. Nutrients, 2021, 13, 3244.	1.7	17
89	A lifestyle intervention with an energy-restricted Mediterranean diet and physical activity enhances HDL function: a substudy of the PREDIMED-Plus randomized controlled trial. American Journal of Clinical Nutrition, 2021, 114, 1666-1674.	2.2	15
90	Is FOP Nutrition Label Nutri-Score Well Understood by Consumers When Comparing the Nutritional Quality of Added Fats, and Does It Negatively Impact the Image of Olive Oil?. Foods, 2021, 10, 2209.	1.9	11

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91	Interplay between cognition and weight reduction in individuals following a Mediterranean Diet: Three-year follow-up of the PREDIMED-Plus trial. Clinical Nutrition, 2021, 40, 5221-5237.	2.3	21
92	Deprivation Index and Lifestyle: Baseline Cross-Sectional Analysis of the PREDIMED-Plus Catalonia Study. Nutrients, 2021, 13, 3408.	1.7	4
93	Simple sugar intake and cancer incidence, cancer mortality and all-cause mortality: A cohort study from the PREDIMED trial. Clinical Nutrition, 2021, 40, 5269-5277.	2.3	14
94	AsociaciÃ³n entre Ãndice tobillo-brazo y rendimiento cognitivo en participantes del estudio PREDIMED-Plus: estudio transversal. Revista Espanola De Cardiologia, 2021, 74, 846-853.	0.6	0
95	Assessment of price and nutritional quality of gluten-free products versus their analogues with gluten through the algorithm of the nutri-score front-of-package labeling system. Food and Function, 2021, 12, 4424-4433.	2.1	7
96	Walnut Consumption, Plasma Metabolomics, and Risk of Type 2 Diabetes and Cardiovascular Disease. Journal of Nutrition, 2021, 151, 303-311.	1.3	20
97	Metformin Use and Cognitive Function in Older Adults With Type 2 Diabetes Following a Mediterranean Diet Intervention. Frontiers in Nutrition, 2021, 8, 742586.	1.6	6
98	Modulation of Telomere Length by Mediterranean Diet, Caloric Restriction, and Exercise: Results from PREDIMED-Plus Study. Antioxidants, 2021, 10, 1596.	2.2	12
99	Tricarboxylic acid cycle related-metabolites and risk of atrial fibrillation and heart failure. Metabolism: Clinical and Experimental, 2021, 125, 154915.	1.5	19
100	Glycemic Dysregulations Are Associated With Worsening Cognitive Function in Older Participants at High Risk of Cardiovascular Disease: Two-Year Follow-up in the PREDIMED-Plus Study. Frontiers in Endocrinology, 2021, 12, 754347.	1.5	8
101	Systemic biomarkers for the preclinical diagnosis of dementia. European Journal of Public Health, 2021, 31, .	0.1	0
102	Interaction of Diet/Lifestyle Intervention and TCF7L2 Genotype on Glycemic Control and Adiposity among Overweight or Obese Adults: Big Data from Seven Randomized Controlled Trials Worldwide. Health Data Science, 2021, 2021, .	1.1	0
103	What Characterizes Fluid Intake Patterns across the World?. Annals of Nutrition and Metabolism, 2021, 77, 12-14.	1.0	1
104	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort. Frontiers in Aging Neuroscience, 2021, 13, 782067.	1.7	21
105	Transdiagnostic Perspective of Impulsivity and Compulsivity in Obesity: From Cognitive Profile to Self-Reported Dimensions in Clinical Samples with and without Diabetes. Nutrients, 2021, 13, 4426.	1.7	7
106	Plasma acylcarnitines and risk of incident heart failure and atrial fibrillation: the PrevenciÃ³n con dieta mediterrÃ¡nea study. Revista Espanola De Cardiologia (English Ed), 2021, , .	0.4	2
107	Association between maximal oxygen consumption and physical activity and sedentary lifestyle in metabolic syndrome. Usefulness of questionnaires. Revista Espanola De Cardiologia (English Ed), 2020, 73, 145-152.	0.4	3
108	AsociaciÃ³n del consumo mÃ¡ximo de oxÃgeno con la actividad fÃsica y el sedentarismo en el sÃndrome metabÃ³lico. Utilidad de los cuestionarios. Revista Espanola De Cardiologia, 2020, 73, 145-152.	0.6	2

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109	Mediterranean diet, physical activity and subcutaneous advanced glycation end-productsâ€™ accumulation: a cross-sectional analysis in the ILERVAS project. European Journal of Nutrition, 2020, 59, 1233-1242.	1.8	17
110	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. Clinical Nutrition, 2020, 39, 1161-1173.	2.3	28
111	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. European Journal of Nutrition, 2020, 59, 1219-1232.	1.8	24
112	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2020, 60, 1207-1227.	5.4	181
113	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. International Journal of Obesity, 2020, 44, 330-339.	1.6	22
114	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. European Journal of Nutrition, 2020, 59, 1595-1606.	1.8	4
115	Longitudinal changes in Mediterranean diet and transition between different obesity phenotypes. Clinical Nutrition, 2020, 39, 966-975.	2.3	16
116	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. Clinical Nutrition, 2020, 39, 853-861.	2.3	3
117	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. European Journal of Nutrition, 2020, 59, 2395-2409.	1.8	11
118	Psychometric properties of the Weight Locus of Control Scale (MWLCS): study with Spanish individuals of different anthropometric nutritional status. Eating and Weight Disorders, 2020, 25, 1533-1542.	1.2	3
119	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. European Journal of Nutrition, 2020, 59, 2195-2206.	1.8	8
120	Impact of Nutrition on Telomere Health: Systematic Review of Observational Cohort Studies and Randomized Clinical Trials. Advances in Nutrition, 2020, 11, 576-601.	2.9	51
121	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 214-222.	1.1	14
122	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. Nutrition, 2020, 71, 110620.	1.1	28
123	Bioactives and health benefits of nuts and dried fruits. Food Chemistry, 2020, 314, 126192.	4.2	138
124	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. American Journal of Clinical Nutrition, 2020, 111, 291-306.	2.2	50
125	Metabolic Syndrome Among Young Health Professionals in the Multicenter Latin America Metabolic Syndrome Study. Metabolic Syndrome and Related Disorders, 2020, 18, 86-95.	0.5	10
126	Adherence to Mediterranean Diet or Physical Activity After Bariatric Surgery and Its Effects on Weight Loss, Quality of Life, and Food Tolerance. Obesity Surgery, 2020, 30, 687-696.	1.1	16

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127	Mediterranean Diet and Atherothrombosis Biomarkers: A Randomized Controlled Trial. Molecular Nutrition and Food Research, 2020, 64, e2000350.	1.5	14
128	Urinary Resveratrol Metabolites Output: Differential Associations with Cardiometabolic Markers and Liver Enzymes in House-Dwelling Subjects Featuring Metabolic Syndrome. Molecules, 2020, 25, 4340.	1.7	6
129	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. Nutrients, 2020, 12, 3023.	1.7	4
130	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. Atherosclerosis, 2020, 314, 48-57.	0.4	6
131	Relation of Change or Substitution of Low Calorie Sweetened Beverages with Cardiometabolic Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. Current Developments in Nutrition, 2020, 4, nzaa061_060.	0.1	1
132	No effects on appetite or body weight in weight-reduced individuals of foods containing components previously shown to reduce appetite - Results from the SATIN (Satiety Innovation) study. Obesity Medicine, 2020, 17, 100188.	0.5	2
133	The Mediterranean diet: History, concepts and elements. , 2020, , 3-11.		2
134	Remnant Cholesterol, Not LDL Cholesterol, Is Associated With Incident Cardiovascular Disease. Journal of the American College of Cardiology, 2020, 76, 2712-2724.	1.2	240
135	Association between Serum Vitamin B12 and Global DNA Methylation in Colorectal Cancer Patients. Nutrients, 2020, 12, 3567.	1.7	15
136	Mediterranean Diet and Telomere Length: A Systematic Review and Meta-Analysis. Advances in Nutrition, 2020, 11, 1544-1554.	2.9	65
137	Adherence to the Mediterranean Lifestyle and Desired Body Weight Loss in a Mediterranean Adult Population with Overweight: A PREDIMED-Plus Study. Nutrients, 2020, 12, 2114.	1.7	20
138	High Plasma Glutamate and a Low Glutamine-to-Glutamate Ratio Are Associated with Increased Risk of Heart Failure but Not Atrial Fibrillation in the PrevenciÃ³n con Dieta MediterrÃ¡nea (PREDIMED) Study. Journal of Nutrition, 2020, 150, 2882-2889.	1.3	14
139	Fluid intake patterns of adults: results of six Liq.In7 national cross-sectional surveys. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
140	Assessing water intake of adults during consultation: the striking discrepancy between a prospective record, an open and a frequency question. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
141	Dietary Fibre Consensus from the International Carbohydrate Quality Consortium (ICQC). Nutrients, 2020, 12, 2553.	1.7	42
142	Mediterranean Diet Decreases the Initiation of Use of Vitamin K Epoxide Reductase Inhibitors and Their Associated Cardiovascular Risk: A Randomized Controlled Trial. Nutrients, 2020, 12, 3895.	1.7	5
143	Relationship of visceral adipose tissue with surrogate insulin resistance and liver markers in individuals with metabolic syndrome chronic complications. Therapeutic Advances in Endocrinology and Metabolism, 2020, 11, 204201882095829.	1.4	17
144	Metabolomic Effects of Hormone Therapy and Associations With Coronary Heart Disease Among Postmenopausal Women. Circulation Genomic and Precision Medicine, 2020, 13, e002977.	1.6	4

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145	Plasma Metabolomics Profiles are Associated with the Amount and Source of Protein Intake: A Metabolomics Approach within the PREDIMED Study. Molecular Nutrition and Food Research, 2020, 64, e2000178.	1.5	17
146	Nordic Dietary Pattern and Cardiometabolic Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies and Randomized Controlled Trials. Current Developments in Nutrition, 2020, 4, nzaa046_046.	0.1	3
147	The Mediterranean diet, plasma metabolome, and cardiovascular disease risk. European Heart Journal, 2020, 41, 2645-2656.	1.0	138
148	Effect of Non-Nutritive Sweetened Beverages (NSBs) on Cardiometabolic Risk: A Network Meta-Analysis of Randomized Controlled Trials. Current Developments in Nutrition, 2020, 4, nzaa063_057.	0.1	0
149	Dietary Polyphenol Intake is Associated with HDL-Cholesterol and A Better Profile of other Components of the Metabolic Syndrome: A PREDIMED-Plus Sub-Study. Nutrients, 2020, 12, 689.	1.7	59
150	High fat diets for weight loss among subjects with elevated fasting glucose levels: The PREDIMED study. Obesity Medicine, 2020, 18, 100210.	0.5	1
151	Olive Oil Consumption and Cardiovascular Risk in U.S. Adults. Journal of the American College of Cardiology, 2020, 75, 1729-1739.	1.2	84
152	Association between the Potential Influence of a Lifestyle Intervention in Older Individuals with Excess Weight and Metabolic Syndrome on Untreated Household Cohabitants and Their Family Support: The PREDIMED-Plus Study. Nutrients, 2020, 12, 1975.	1.7	1
153	Association Between Lifestyle and Hypertriglyceridemic Waist Phenotype in the PREDIMEDâ€Plus Study. Obesity, 2020, 28, 537-543.	1.5	18
154	Physical fitness and physical activity association with cognitive function and quality of life: baseline cross-sectional analysis of the PREDIMED-Plus trial. Scientific Reports, 2020, 10, 3472.	1.6	47
155	Glycolysis/gluconeogenesis- and tricarboxylic acid cycleâ€“related metabolites, Mediterranean diet, and type 2 diabetes. American Journal of Clinical Nutrition, 2020, 111, 835-844.	2.2	56
156	Dysfunctional High-Density Lipoproteins Are Associated With a Greater Incidence of Acute Coronary Syndrome in a Population at High Cardiovascular Risk. Circulation, 2020, 141, 444-453.	1.6	54
157	The Effects of Different Quantities and Qualities of Protein Intake in People with Diabetes Mellitus. Nutrients, 2020, 12, 365.	1.7	30
158	Association between the 2018 WCRF/AICR and the Low-Risk Lifestyle Scores with Colorectal Cancer Risk in the Predimed Study. Journal of Clinical Medicine, 2020, 9, 1215.	1.0	19
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