

# Ernst Albin Hansen

## List of Publications by Year in descending order

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Version: 2024-02-01

64  
papers

1,771  
citations

318942

23  
h-index

312153

41  
g-index

65  
all docs

65  
docs citations

65  
times ranked

1828  
citing authors

#	ARTICLE	IF	CITATIONS
1	Optimal and freely chosen paddling rate during moderate kayak ergometry. <i>Biology of Sport</i> , 2022, 39, 289-293.	1.7	0
2	A 5-Minute Rest Period Weakens the Phenomenon of History Dependence of Freely Chosen Pedalling Cadence and Entails a Borderland Observation. <i>Advances in Physical Education</i> , 2022, 12, 161-171.	0.2	2
3	Effect of Tapping Bout Duration During Freely Chosen and Passive Finger Tapping on Rate Enhancement. <i>Journal of Motor Behavior</i> , 2021, 53, 351-363.	0.5	1
4	A field study investigating sensory manifestations in recreational female cyclists using a novel female-specific cycling pad. <i>Ergonomics</i> , 2021, 64, 571-581.	1.1	1
5	The puzzle of the walk-to-run transition in humans. <i>Gait and Posture</i> , 2021, 86, 319-326.	0.6	4
6	Unprompted Alteration of Freely Chosen Movement Rate During Stereotyped Rhythmic Movement: Examples and Review. <i>Motor Control</i> , 2021, 25, 385-402.	0.3	1
7	Freely chosen cadence during ergometer cycling is dependent on pedalling history. <i>European Journal of Applied Physiology</i> , 2021, 121, 3041-3049.	1.2	5
8	Contralateral Transfer of the Phenomenon of Repeated Bout Rate Enhancement in Unilateral Index Finger Tapping. <i>Journal of Motor Behavior</i> , 2020, 52, 89-96.	0.5	2
9	Motor variability in elicited repeated bout rate enhancement is associated with higher sample entropy. <i>Human Movement Science</i> , 2019, 68, 102520.	0.6	3
10	Prediction of walk-to-run transition using stride frequency: A test-retest reliability study. <i>Gait and Posture</i> , 2018, 60, 71-75.	0.6	7
11	The effect of saddle nose width and cutout on saddle pressure distribution and perceived discomfort in women during ergometer cycling. <i>Applied Ergonomics</i> , 2018, 70, 175-181.	1.7	12
12	Repeated Bout Rate Enhancement Is Elicited by Various Forms of Finger Tapping. <i>Frontiers in Neuroscience</i> , 2018, 12, 526.	1.4	4
13	External and Internal Focus of Attention Increases Muscular Activation During Bench Press in Resistance-Trained Participants. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2442-2451.	1.0	12
14	Peak Power Output in Loaded Jump Squat Exercise is Affected by Set Structure. <i>International Journal of Exercise Science</i> , 2018, 11, 776-784.	0.5	3
15	Effects of Cycling Training at Imposed Low Cadences: A Systematic Review. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1127-1136.	1.1	6
16	Vertical Finger Displacement Is Reduced in Index Finger Tapping During Repeated Bout Rate Enhancement. <i>Motor Control</i> , 2017, 21, 457-467.	0.3	7
17	The role of stride frequency for walk-to-run transition in humans. <i>Scientific Reports</i> , 2017, 7, 2010.	1.6	24
18	Voluntary Movement Frequencies in Submaximal One- and Two-Legged Knee Extension Exercise and Pedaling. <i>Frontiers in Human Neuroscience</i> , 2016, 10, 36.	1.0	6

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19	Effects of 5 Weeks of Bench Press Training on Muscle Synergies: A Randomized Controlled Study. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1948-1959.	1.0	26
20	Muscle synergies during bench press are reliable across days. <i>Journal of Electromyography and Kinesiology</i> , 2016, 30, 81-88.	0.7	25
21	Effect of seat positions on discomfort, muscle activation, pressure distribution and pedal force during cycling. <i>Journal of Electromyography and Kinesiology</i> , 2016, 27, 78-86.	0.7	31
22	Characteristics of Finger Tapping Are Not Affected by Heavy Strength Training. <i>Journal of Motor Behavior</i> , 2016, 48, 256-263.	0.5	9
23	Between-day reliability of the trapezius muscle H-reflex and M-wave. <i>Muscle and Nerve</i> , 2015, 52, 1066-1071.	1.0	3
24	Freely Chosen Index Finger Tapping Frequency Is Increased in Repeated Bouts of Tapping. <i>Journal of Motor Behavior</i> , 2015, 47, 490-496.	0.5	13
25	On voluntary rhythmic leg movement behaviour and control during pedalling. <i>Acta Physiologica</i> , 2015, 214, 1-18.	1.8	17
26	Freely chosen stride frequencies during walking and running are not correlated with freely chosen pedalling frequency and are insensitive to strength training. <i>Gait and Posture</i> , 2015, 42, 60-64.	0.6	16
27	Inter-subject variability of muscle synergies during bench press in power lifters and untrained individuals. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 89-97.	1.3	69
28	Improved Marathon Performance by In-Race Nutritional Strategy Intervention. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 645-655.	1.0	24
29	Linear and nonlinear analyses of multi-channel mechanomyographic recordings reveal heterogeneous activation of wrist extensors in presence of delayed onset muscle soreness. <i>Medical Engineering and Physics</i> , 2014, 36, 1656-1664.	0.8	8
30	Changes in H reflex and neuromechanical properties of the trapezius muscle after 5 weeks of eccentric training: a randomized controlled trial. <i>Journal of Applied Physiology</i> , 2014, 116, 1623-1631.	1.2	20
31	Frequency and Pattern of Rhythmic Leg Movement in Humans After Fatiguing Exercises. <i>Motor Control</i> , 2014, 18, 297-309.	0.3	12
32	Frequency and pattern of voluntary pedalling is influenced after one week of heavy strength training. <i>Human Movement Science</i> , 2014, 36, 58-69.	0.6	10
33	Effect of Marathon In-race Nutritional Strategy Intervention on Carbohydrate and Fluid Intake and Blood Glucose. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 560-561.	0.2	0
34	Pressure Pain Mapping of the Wrist Extensors After Repeated Eccentric Exercise at High Intensity. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3045-3052.	1.0	11
35	Strength Training Affects Tendon Cross-Sectional Area and Freely Chosen Cadence Differently in Noncyclists and Well-Trained Cyclists. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 158-166.	1.0	16
36	Cyclists' Improvement of Pedaling Efficacy and Performance After Heavy Strength Training. <i>International Journal of Sports Physiology and Performance</i> , 2012, 7, 313-321.	1.1	16

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37	High volume of endurance training impairs adaptations to 12 weeks of strength training in well-trained endurance athletes. <i>European Journal of Applied Physiology</i> , 2012, 112, 1457-1466.	1.2	61
38	Strength training improves 5 min all-out performance following 185 min of cycling. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 250-259.	1.3	69
39	Physical activity, job demand-control, perceived stress-energy, and salivary cortisol in white-collar workers. <i>International Archives of Occupational and Environmental Health</i> , 2010, 83, 143-153.	1.1	58
40	Effect of heavy strength training on thigh muscle cross-sectional area, performance determinants, and performance in well-trained cyclists. <i>European Journal of Applied Physiology</i> , 2010, 108, 965-975.	1.2	112
41	In-season strength maintenance training increases well-trained cyclists' performance. <i>European Journal of Applied Physiology</i> , 2010, 110, 1269-1282.	1.2	55
42	Pole length affects cross-country skiers' performance in an 80-m double poling trial performed on snow from standing start. <i>Sports Engineering</i> , 2010, 12, 171-178.	0.5	16
43	Effect of physical exercise interventions on musculoskeletal pain in all body regions among office workers: A one-year randomized controlled trial. <i>Manual Therapy</i> , 2010, 15, 100-104.	1.6	124
44	Efficient human force transmission tailored for the individual cyclist. <i>Procedia Engineering</i> , 2010, 2, 2543-2548.	1.2	6
45	Effect of Chain Wheel Shape on Crank Torque, Freely Chosen Pedal Rate, and Physiological Responses during Submaximal Cycling. <i>Journal of Physiological Anthropology</i> , 2009, 28, 261-267.	1.0	9
46	The Effect of Worksite Physical Activity Intervention on Physical Capacity, Health, and Productivity: A 1-Year Randomized Controlled Trial. <i>Journal of Occupational and Environmental Medicine</i> , 2009, 51, 759-770.	0.9	88
47	Factors Affecting Cadence Choice During Submaximal Cycling and Cadence Influence on Performance. <i>International Journal of Sports Physiology and Performance</i> , 2009, 4, 3-17.	1.1	26
48	Energy Expenditure and Comfort During Nordic Walking With Different Pole Lengths. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 1187-1194.	1.0	51
49	Energy Expenditure And Comfort During Nordic Walking And Ordinary Walking. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 462.	0.2	0
50	Evidence for freely chosen pedalling rate during submaximal cycling to be a robust innate voluntary motor rhythm. <i>Experimental Brain Research</i> , 2008, 186, 365-373.	0.7	36
51	Seated versus standing position for maximization of performance during intense uphill cycling. <i>Journal of Sports Sciences</i> , 2008, 26, 977-984.	1.0	26
52	A Randomized Controlled Intervention Trial to Relieve and Prevent Neck/Shoulder Pain. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 983-990.	0.2	105
53	One-year randomized controlled trial with different physical-activity programs to reduce musculoskeletal symptoms in the neck and shoulders among office workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2008, 34, 55-65.	1.7	182
54	Strength training reduces freely chosen pedal rate during submaximal cycling. <i>European Journal of Applied Physiology</i> , 2007, 101, 419-426.	1.2	23

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55	Relationship between efficiency and pedal rate in cycling: significance of internal power and muscle fiber type composition. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 17, 061120070736025-???	1.3	22
56	Performance following prolonged sub-maximal cycling at optimal versus freely chosen pedal rate. <i>European Journal of Applied Physiology</i> , 2006, 98, 227-233.	1.2	18
57	Worksite Training may Improve Musculoskeletal Health in Spite of Marginal Effect on Muscle Strength. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S371.	0.2	0
58	Validity of Self-Assessed Physical Fitness in Relation to Sex and Physical Activity Level. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S371.	0.2	0
59	A physiological counterpoint to mechanistic estimates of ?internal power? during cycling at different pedal rates. <i>European Journal of Applied Physiology</i> , 2004, 91, 435-442.	1.2	28
60	Peddalling rate affects endurance performance during high-intensity cycling. <i>European Journal of Applied Physiology</i> , 2004, 92, 114-120.	1.2	38
61	The shape of the forceâ€ elbow angle relationship for maximal voluntary contractions and sub-maximal electrically induced contractions in human elbow flexors. <i>Journal of Biomechanics</i> , 2003, 36, 1713-1718.	0.9	26
62	Blood flow and oxygen uptake increase with total power during five different knee-extension contraction rates. <i>Journal of Applied Physiology</i> , 2002, 93, 1676-1684.	1.2	24
63	Muscle fibre type, efficiency, and mechanical optima affect freely chosen pedal rate during cycling. <i>Acta Physiologica Scandinavica</i> , 2002, 176, 185-194.	2.3	78
64	Crank inertial load affects freely chosen pedal rate during cycling. <i>Journal of Biomechanics</i> , 2002, 35, 277-285.	0.9	55