

# Scott B Teasdale

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48  
papers

1,771  
citations

18  
h-index

42  
g-index

64  
ext. papers

2,596  
ext. citations

5.1  
avg. IF

4.8  
L-index

#	Paper	IF	Citations
48	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. <i>Lancet Psychiatry</i> , <b>2019</b> , 6, 675-712	23.3	411
47	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , <b>2019</b> , 81, 265-280	3.7	176
46	Evaluating an individualized lifestyle and life skills intervention to prevent antipsychotic-induced weight gain in first-episode psychosis. <i>Microbial Biotechnology</i> , <b>2016</b> , 10, 267-76	3.3	143
45	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , <b>2020</b> , 19, 360-380	14.4	132
44	Solving a weighty problem: systematic review and meta-analysis of nutrition interventions in severe mental illness. <i>British Journal of Psychiatry</i> , <b>2017</b> , 210, 110-118	5.4	103
43	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , <b>2019</b> , 18, 308-324	14.4	86
42	Dietary intake of people with severe mental illness: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , <b>2019</b> , 214, 251-259	5.4	82
41	S204. NUTRITIONAL DEFICIENCIES AND CLINICAL CORRELATES IN FIRST-EPISODE PSYCHOSIS: A SYSTEMATIC REVIEW AND META-ANALYSIS. <i>Schizophrenia Bulletin</i> , <b>2018</b> , 44, S405-S405	1.3	78
40	Diet as a hot topic in psychiatry: a population-scale study of nutritional intake and inflammatory potential in severe mental illness. <i>World Psychiatry</i> , <b>2018</b> , 17, 365-367	14.4	58
39	Nutritional Deficiencies and Clinical Correlates in First-Episode Psychosis: A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , <b>2018</b> , 44, 1275-1292	1.3	47
38	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. <i>Psychological Medicine</i> , <b>2017</b> , 47, 1515-1527	6.9	43
37	A nutrition intervention is effective in improving dietary components linked to cardiometabolic risk in youth with first-episode psychosis. <i>British Journal of Nutrition</i> , <b>2016</b> , 115, 1987-93	3.6	42
36	Why moving more should be promoted for severe mental illness. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 295	23.3	34
35	A review of the nutritional challenges experienced by people living with severe mental illness: a role for dietitians in addressing physical health gaps. <i>Journal of Human Nutrition and Dietetics</i> , <b>2017</b> , 30, 545-553	3.1	29
34	The Dietary Inflammatory Index and Human Health: An Umbrella Review of Meta-Analyses of Observational Studies. <i>Advances in Nutrition</i> , <b>2021</b> , 12, 1681-1690	10	25
33	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. <i>Translational Behavioral Medicine</i> , <b>2020</b> , 10, 1070-1073	3.2	22
32	Cardio-metabolic risk and its management in a cohort of clozapine-treated outpatients. <i>Schizophrenia Research</i> , <b>2018</b> , 199, 367-373	3.6	19

31	Aerobic exercise capacity: an important correlate of psychosocial function in first episode psychosis. <i>Acta Psychiatrica Scandinavica</i> , <b>2015</b> , 131, 234	6.5	18
30	Expanding collaborative care: integrating the role of dietitians and nutrition interventions in services for people with mental illness. <i>Australasian Psychiatry</i> , <b>2018</b> , 26, 47-49	1.7	12
29	Individual dietetic consultations in first episode psychosis: a novel intervention to reduce cardiometabolic risk. <i>Community Mental Health Journal</i> , <b>2015</b> , 51, 211-4	2.1	11
28	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , <b>2018</b> , 12, 774-783	3.3	11
27	The effectiveness of the Keeping the Body in Mind Xtend pilot lifestyle program on dietary intake in first-episode psychosis: Two-year outcomes. <i>Obesity Research and Clinical Practice</i> , <b>2019</b> , 13, 214-216	5.4	10
26	2-year follow-up: Still keeping the body in mind. <i>Australian and New Zealand Journal of Psychiatry</i> , <b>2018</b> , 52, 602-603	2.6	9
25	Dietary intake, food addiction and nutrition knowledge in young people with mental illness. <i>Nutrition and Dietetics</i> , <b>2020</b> , 77, 315-322	2.5	9
24	Changing health workforce attitudes to promote improved physical health in mental health service users: Keeping our Staff in Mind (KoSiM). <i>Health Promotion Journal of Australia</i> , <b>2020</b> , 31, 447-455	1.7	8
23	Stepping up early treatment for help-seeking youth with at-risk mental states: Feasibility and acceptability of a real-world exercise program. <i>Microbial Biotechnology</i> , <b>2020</b> , 14, 450-462	3.3	8
22	Is Obesity in Young People With Psychosis a Foregone Conclusion? Markedly Excessive Energy Intake Is Evident Soon After Antipsychotic Initiation. <i>Frontiers in Psychiatry</i> , <b>2018</b> , 9, 725	5	8
21	Dietary Intake, Adherence to Mediterranean Diet and Lifestyle-Related Factors in People with Schizophrenia. <i>Issues in Mental Health Nursing</i> , <b>2019</b> , 40, 851-860	1.5	7
20	Cardio-metabolic risk in individuals prescribed long-acting injectable antipsychotic medication. <i>Psychiatry Research</i> , <b>2019</b> , 281, 112606	9.9	7
19	Keeping the body in mind: A qualitative analysis of the experiences of people experiencing first-episode psychosis participating in a lifestyle intervention programme. <i>International Journal of Mental Health Nursing</i> , <b>2020</b> , 29, 278-289	3.8	7
18	Do reductions in ghrelin contribute towards antipsychotic-induced weight gain?. <i>Schizophrenia Research</i> , <b>2019</b> , 210, 301-302	3.6	7
17	Nutritional psychiatry in the treatment of psychotic disorders: Current hypotheses and research challenges. <i>Brain, Behavior, &amp; Immunity - Health</i> , <b>2020</b> , 5, 100070	5.1	6
16	An Apple a Day?: Psychiatrists, Psychologists and Psychotherapists Report Poor Literacy for Nutritional Medicine: International Survey Spanning 52 Countries. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	4
15	Get Healthy! A physical activity and nutrition program for older adults with intellectual disability: pilot study protocol. <i>Pilot and Feasibility Studies</i> , <b>2018</b> , 4, 144	1.9	4
14	Prevalence and correlates of food insecurity in community-based individuals with severe mental illness receiving long-acting injectable antipsychotic treatment. <i>British Journal of Nutrition</i> , <b>2020</b> , 124, 470-477	3.6	3

13	You are what you eatT(not what you said you ate yesterday): Why a one-off 24-hour dietary recall fails capture usual dietary intake in schizophrenia. <i>Schizophrenia Research</i> , <b>2018</b> , 199, 447-448	3.6	3
12	A qualitative exploration of barriers and enablers of healthy lifestyle engagement for older Australians with intellectual disabilities. <i>Research and Practice in Intellectual and Developmental Disabilities</i> , <b>2019</b> , 6, 182-191	0.8	3
11	Preventing antipsychotic-induced weight gain in first-episode psychosis: Transitioning dietitians into routine care. <i>Nutrition and Dietetics</i> , <b>2016</b> , 73, 303-304	2.5	3
10	Dietary intervention in the dystopian world of severe mental illness: measure for measure, then manage. <i>Acta Psychiatrica Scandinavica</i> , <b>2017</b> , 135, 180	6.5	2
9	Prevalence of food insecurity in people with major depression, bipolar disorder, and schizophrenia and related psychoses: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2021</b> , 1-18	11.5	2
8	How should we judge edible oils and fats? An umbrella review of the health effects of nutrient and bioactive components found in edible oils and fats. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2021</b> , 1-15	11.5	2
7	Preventing weight gain and increased waist circumference during the first two years after antipsychotic initiation in youth with first-episode psychosis. <i>European Psychiatry</i> , <b>2016</b> , 33, S112-S113	6	2
6	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review.. <i>Internet Interventions</i> , <b>2022</b> , 27, 100497	4.4	1
5	Keeping our staff in mind: Dietary results of a lifestyle intervention targeting mental health staff. <i>Health Promotion Journal of Australia</i> , <b>2021</b> , 32, 451-457	1.7	1
4	Dietary intake, physical activity and sedentary behaviour patterns in a sample with established psychosis and associations with mental health symptomatology. <i>Psychological Medicine</i> , <b>2021</b> , 1-11	6.9	1
3	Feasibility and Acceptability of Photographic Food Record, Food Diary and Weighed Food Record in People with Serious Mental Illness. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
2	AuthorsTResponse. <i>Psychosomatic Medicine</i> , <b>2020</b> , 82, 534-535	3.7	0
1	Dietary Inflammation and Mental Health <b>2021</b> , 417-429		