

Mahdieh Golzarand

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

44
papers

831
citations

17
h-index

27
g-index

47
ext. papers

1,068
ext. citations

4.3
avg, IF

4.7
L-index

#	Paper	IF	Citations
44	The bariatric surgery and weight losing: a meta-analysis in the long- and very long-term effects of laparoscopic adjustable gastric banding, laparoscopic Roux-en-Y gastric bypass and laparoscopic sleeve gastrectomy on weight loss in adults. <i>Surgical Endoscopy and Other Interventional Techniques</i> , 2017 , 31, 1021-1027	5.2	98
43	Dietary total antioxidant capacity and the occurrence of metabolic syndrome and its components after a 3-year follow-up in adults: Tehran Lipid and Glucose Study. <i>Nutrition and Metabolism</i> , 2012 , 9, 70	4.6	67
42	Dietary trends in the Middle East and North Africa: an ecological study (1961 to 2007). <i>Public Health Nutrition</i> , 2012 , 15, 1835-44	3.3	58
41	Association of Vitamin D Status with SARS-CoV-2 Infection or COVID-19 Severity: A Systematic Review and Meta-analysis. <i>Advances in Nutrition</i> , 2021 , 12, 1636-1658	10	50
40	The association of dietary phytochemical index and cardiometabolic risk factors in adults: Tehran Lipid and Glucose Study. <i>Journal of Human Nutrition and Dietetics</i> , 2013 , 26 Suppl 1, 145-53	3.1	44
39	Vitamin D supplementation and body fat mass: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1345-1357	5.2	41
38	<i>Nigella sativa</i> improves glucose homeostasis and serum lipids in type 2 diabetes: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , 2017 , 35, 6-13	3.5	39
37	Association between dietary phytochemical index and 3-year changes in weight, waist circumference and body adiposity index in adults: Tehran Lipid and Glucose study. <i>Nutrition and Metabolism</i> , 2012 , 9, 108	4.6	38
36	Effect of vitamin D3 supplementation on blood pressure in adults: An updated meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016 , 26, 663-73	4.5	33
35	Fast food consumption in Iranian adults; dietary intake and cardiovascular risk factors: Tehran Lipid and Glucose Study. <i>Archives of Iranian Medicine</i> , 2012 , 15, 346-51	2.4	32
34	Laparoscopic adjustable gastric banding: efficacy and consequences over a 13-year period. <i>American Journal of Surgery</i> , 2016 , 212, 62-8	2.7	25
33	Dairy intake and acne development: A meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2019 , 38, 1067-1075	5.9	23
32	A posteriori dietary patterns and metabolic syndrome in adults: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , 2018 , 21, 1681-1692	3.3	22
31	Dietary phytochemical index is inversely associated with the occurrence of hypertension in adults: a 3-year follow-up (the Tehran Lipid and Glucose Study). <i>European Journal of Clinical Nutrition</i> , 2015 , 69, 392-8	5.2	21
30	Consumption of nitrate-containing vegetables is inversely associated with hypertension in adults: a prospective investigation from the Tehran Lipid and Glucose Study. <i>Journal of Nephrology</i> , 2016 , 29, 377-384	4.8	20
29	Changes in Body Composition, Dietary Intake, and Substrate Oxidation in Patients Underwent Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy: a Comparative Prospective Study. <i>Obesity Surgery</i> , 2019 , 29, 406-413	3.7	19
28	Dietary phytochemical index and subsequent changes of lipid profile: A 3-year follow-up in Tehran Lipid and Glucose Study in Iran. <i>ARYA Atherosclerosis</i> , 2014 , 10, 203-10	0.7	18

27	Consumption of nitrate containing vegetables and the risk of chronic kidney disease: Tehran Lipid and Glucose Study. <i>Renal Failure</i> , 2016 , 38, 937-44	2.9	17
26	Effects of laparoscopic Roux-en-Y gastric bypass (LRYGB) on weight loss and biomarker parameters in morbidly obese patients: a 12-month follow-up. <i>Obesity Surgery</i> , 2011 , 21, 1834-42	3.7	16
25	Reliability and Educational Value of Laparoscopic Sleeve Gastrectomy Surgery Videos on YouTube. <i>Obesity Surgery</i> , 2019 , 29, 2806-2813	3.7	13
24	Protein Foods Group and 3-Year Incidence of Hypertension: A Prospective Study From Tehran Lipid and Glucose Study. <i>Journal of Renal Nutrition</i> , 2016 , 26, 219-25	3	13
23	A comparative study of broccoli sprouts powder and standard triple therapy on cardiovascular risk factors following H.pylori eradication: a randomized clinical trial in patients with type 2 diabetes. <i>Journal of Diabetes and Metabolic Disorders</i> , 2014 , 13, 64	2.5	13
22	Ardeh (<i>Sesamum indicum</i>) could improve serum triglycerides and atherogenic lipid parameters in type 2 diabetic patients: a randomized clinical trial. <i>Archives of Iranian Medicine</i> , 2013 , 16, 651-6	2.4	13
21	Comparison of Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy on Weight Loss, Weight Regain, and Remission of Comorbidities: A 5 Years of Follow-up Study. <i>Obesity Surgery</i> , 2020 , 30, 440-445	3.7	12
20	Effect of green tea, caffeine and capsaicin supplements on the anthropometric indices: A meta-analysis of randomized clinical trials. <i>Journal of Functional Foods</i> , 2018 , 46, 320-328	5.1	11
19	Nutrition and Cardio-Metabolic Risk Factors: Findings from 20 Years of the Tehran Lipid and Glucose Study. <i>International Journal of Endocrinology and Metabolism</i> , 2018 , 16, e84772	1.8	10
18	Efficacy of glutamine-enriched enteral feeding formulae in critically ill patients: a systematic review and meta-analysis of randomized controlled trials. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2016 , 25, 504-12	1	9
17	Internet Use in Relation to Overweight and Obesity: A Systematic Review and Meta-Analysis of Cross-Sectional Studies. <i>Advances in Nutrition</i> , 2020 , 11, 349-356	10	8
16	High-fat dairy is inversely associated with the risk of hypertension in adults: Tehran lipid and glucose study. <i>International Dairy Journal</i> , 2015 , 43, 22-26	3.5	7
15	Effect of <i>Garcinia cambogia</i> supplement on obesity indices: A systematic review and dose-response meta-analysis. <i>Complementary Therapies in Medicine</i> , 2020 , 52, 102451	3.5	7
14	Parathyroid Hormone Levels May Predict Nonalcoholic Steatohepatitis in Morbidly Obese Patients. <i>Hepatitis Monthly</i> , 2015 , 15, e29697	1.8	6
13	Paradoxical association of dairy intake between men and women with the incidence of hypertension: A three-year follow up in Tehran Lipid and Glucose Study. <i>Nutrition and Dietetics</i> , 2016 , 73, 153-161	2.5	5
12	Comparative Study of Resting Metabolic Rate and Plasma Amino Acid Profile in Patients Who Underwent Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy: 6-Month Follow-up Study. <i>Obesity Surgery</i> , 2019 , 29, 3125-3132	3.7	4
11	Effect of zinc supplementation on serum zinc and calcium levels in postmenopausal osteoporotic women in Tabriz, Islamic Republic of Iran. <i>Eastern Mediterranean Health Journal</i> , 2013 , 19, 271-275	1.7	4
10	Laparoscopic Roux-en-Y Gastric Bypass and Laparoscopic Sleeve Gastrectomy in Terms of Efficacy and Safety: a Comparative Study During 11-Year Experience. <i>Obesity Surgery</i> , 2021 , 31, 2489-2496	3.7	3

9	Dietary intakes of flavonoids and carotenoids and the risk of developing an unhealthy metabolic phenotype. <i>Food and Function</i> , 2020 , 11, 3451-3458	6.1	3
8	Incidence of Symptomatic Cholelithiasis Following Laparoscopic Roux-en-Y Gastric Bypass Is Comparable to Laparoscopic Sleeve Gastrectomy: A Cohort Study. <i>Digestive Diseases and Sciences</i> , 2021 , 1	4	2
7	The relationship between major food sources of fructose and cardiovascular disease, cancer, and all-cause mortality: a systematic review and dose-response meta-analysis of cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-14	11.5	1
6	The effect of brown rice compared to white rice on adiposity indices, lipid profile, and glycemic markers: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-18	11.5	1
5	Association between alcohol intake and overweight and obesity: a systematic review and dose-response meta-analysis of 127 observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-21	11.5	1
4	Dietary choline and betaine intake and risk of hypertension development: a 7.4-year follow-up. <i>Food and Function</i> , 2021 , 12, 4072-4078	6.1	1
3	Association between dietary choline and betaine intake and 10.6-year cardiovascular disease in adults.. <i>Nutrition Journal</i> , 2022 , 21, 1	4.3	0
2	Effect of low-carbohydrate diet on adiponectin level in adults: a systematic review and dose-response meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-10	11.5	0
1	Prediction Factors of Early Postoperative Bleeding after Bariatric Surgery.. <i>Obesity Surgery</i> , 2022 , 1	3.7	0