

Alejandro Legaz-Arrese

List of Publications by Year in descending order

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Version: 2024-02-01

50
papers

1,120
citations

393982

19
h-index

414034

32
g-index

52
all docs

52
docs citations

52
times ranked

1246
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in performance, skinfold thicknesses, and fat patterning after three years of intense athletic conditioning in high level runners. <i>British Journal of Sports Medicine</i> , 2005, 39, 851-856.	3.1	99
2	Assessment of the Effects of Aquatic Therapy on Global Symptomatology in Patients With Fibromyalgia Syndrome: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2008, 89, 2250-2257.	0.5	92
3	Skinfold thicknesses associated with distance running performance in highly trained runners. <i>Journal of Sports Sciences</i> , 2006, 24, 69-76.	1.0	85
4	The impact of exercise duration and intensity on the release of cardiac biomarkers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 244-249.	1.3	72
5	The impact of exercise intensity on the release of cardiac biomarkers in marathon runners. <i>European Journal of Applied Physiology</i> , 2011, 111, 2961-2967.	1.2	68
6	Physical Performance and School Physical Education in Overweight Spanish Children. <i>Annals of Nutrition and Metabolism</i> , 2007, 51, 288-296.	1.0	55
7	Exercise addiction risk and health in male and female amateur endurance cyclists. <i>Journal of Behavioral Addictions</i> , 2017, 6, 74-83.	1.9	52
8	Cardiac Biomarkers and Exercise Duration and Intensity During a Cycle-Touring Event. <i>Clinical Journal of Sport Medicine</i> , 2009, 19, 293-299.	0.9	41
9	Impact of an endurance training program on exercise-induced cardiac biomarker release. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2015, 308, H913-H920.	1.5	39
10	Determinants of sleep quality in middle-aged women with fibromyalgia syndrome. <i>Journal of Sleep Research</i> , 2012, 21, 73-79.	1.7	38
11	Physiological Measures Associated with Marathon Running Performance in High-Level Male and Female Homogeneous Groups. <i>International Journal of Sports Medicine</i> , 2006, 27, 289-295.	0.8	37
12	Cardiac Biomarker Response to Intermittent Exercise Bouts. <i>International Journal of Sports Medicine</i> , 2011, 32, 327-331.	0.8	34
13	Home advantage and sports performance: evidence, causes and psychological implications. <i>Universitas Psychologica</i> , 2013, 12, .	0.6	26
14	Associations between objectively measured and self-reported sleep with academic and cognitive performance in adolescents: <sc>DADOS</sc> study. <i>Journal of Sleep Research</i> , 2019, 28, e12811.	1.7	26
15	Echocardiography to Measure Fitness of Elite Runners. <i>Journal of the American Society of Echocardiography</i> , 2005, 18, 419-426.	1.2	24
16	Adaptation of left ventricular morphology to long-term training in sprint and endurance-trained elite runners. <i>European Journal of Applied Physiology</i> , 2006, 96, 740-746.	1.2	24
17	Transcultural Adaptation and Psychometric Properties of a Spanish-Language Version of Physical Activity Instruments for Patients With Fibromyalgia. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011, 92, 284-294.	0.5	22
18	Cardiac Biomarker Release after Endurance Exercise in Male and Female Adults and Adolescents. <i>Journal of Pediatrics</i> , 2017, 191, 96-102.	0.9	22

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19	Individual variability in cardiac biomarker release after 30 min of high-intensity rowing in elite and amateur athletes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 951-958.	0.9	21
20	Validity of the Wingate Anaerobic Test for the Evaluation of Elite Runners. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 819-824.	1.0	19
21	Cardiac Biomarker Release After Exercise in Healthy Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Pediatric Exercise Science</i> , 2019, 31, 28-36.	0.5	19
22	Average VO ₂ max as a function of running performances on different distances. <i>Science and Sports</i> , 2007, 22, 43-49.	0.2	18
23	Cardiac troponin I release after a basketball match in elite, amateur and junior players. <i>Clinical Chemistry and Laboratory Medicine</i> , 2016, 54, 333-8.	1.4	18
24	Individual variability of high-sensitivity cardiac troponin levels after aerobic exercise is not mediated by exercise mode. <i>Biomarkers</i> , 2015, 20, 219-224.	0.9	15
25	Regular Practice of Competitive Sports Does Not Impair Sleep in Adolescents: DADOS Study. <i>Pediatric Exercise Science</i> , 2018, 30, 229-236.	0.5	11
26	Effect of Training Load on Post-Exercise Cardiac Troponin T Elevations in Young Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4853.	1.2	11
27	Influence of maturational status in the exercise-induced release of cardiac troponin T in healthy young swimmers. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 116-121.	0.6	11
28	Exercise Addiction and Its Relationship with Health Outcomes in Indoor Cycling Practitioners in Fitness Centers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4159.	1.2	10
29	Cardiac Troponin T Release after Football 7 in Healthy Children and Adults. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 956.	1.2	10
30	The validity of incremental exercise testing in discriminating of physiological profiles in elite runners. <i>Acta Physiologica Hungarica</i> , 2011, 98, 147-156.	0.9	9
31	Distribution of Plantar Pressures during Gait in Different Zones of the Foot in Healthy Children: The Effects of Laterality. <i>Perceptual and Motor Skills</i> , 2015, 120, 159-176E.	0.6	9
32	Effects of Adolescent Sport Practice on Health Outcomes of Adult Amateur Endurance Cyclists: Adulthood Is Not Too Late to Start. <i>Journal of Physical Activity and Health</i> , 2017, 14, 876-882.	1.0	9
33	Evaluation of a Wearable Body Monitoring Device During Treadmill Walking and Jogging in Patients With Fibromyalgia Syndrome. <i>Archives of Physical Medicine and Rehabilitation</i> , 2012, 93, 115-122.	0.5	8
34	Post-exercise left ventricular dysfunction measured after a long-duration cycling event. <i>BMC Research Notes</i> , 2013, 6, 211.	0.6	8
35	Cardiac electromechanical delay is increased during recovery from 40%km cycling but is not mediated by exercise intensity. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013, 23, 224-231.	1.3	6
36	Acute effects of two resisted exercises on 25-m swimming performance. <i>Isokinetics and Exercise Science</i> , 2013, 21, 29-35.	0.2	6

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37	Indicadores de producción de los profesores de Educación Física y Didáctica de la Expresión Corporal en España en la Web of Science. <i>Perspectivas Em Ciencia Da Informacao</i> , 2013, 18, 3-23.	0.1	6
38	The Effects of Two Different Resisted Swim Training Load Protocols on Swimming Strength and Performance. <i>Journal of Human Kinetics</i> , 2018, 64, 195-204.	0.7	6
39	Exercise Addiction Stability and Health Effects. A 6-Month Follow-up Postcompetition Study in Amateur Endurance Cyclists. <i>Journal of Addiction Medicine</i> , 2021, Publish Ahead of Print, .	1.4	5
40	The Conditioning Services in Elite Spanish Clubs of Team Sports. <i>International Journal of Sports Science and Coaching</i> , 2008, 3, 431-443.	0.7	4
41	The Traditional Maximal Lactate Steady State Test versus the 5–2000m Test. <i>International Journal of Sports Medicine</i> , 2011, 32, 845-850.	0.8	4
42	Reliability and Validity of a Low Load Endurance Strength Test for Upper and Lower Extremities in Patients With Fibromyalgia. <i>Archives of Physical Medicine and Rehabilitation</i> , 2012, 93, 2035-2041.	0.5	4
43	Producción de artículos en la base de datos Web of Science y Scopus sobre educación física: estudio comparativo entre España y Brasil. <i>Transinformacao</i> , 2014, 26, 113-124.	0.2	3
44	Forced Inspiratory Volume in the First Second as Predictor of Front-Crawl Performance in Young Sprint Swimmers. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 188-194.	1.0	3
45	A comparison of modelled serum cTnT and cTnl kinetics after 60min swimming. <i>Biomarkers</i> , 2022, 27, 619-624.	0.9	3
46	Amateur endurance cycling practice and adults' physical and psychosocial health: a cross-sectional study of the influence of training volume. <i>Research in Sports Medicine</i> , 2020, 28, 383-396.	0.7	2
47	Producción en Web of Science y Scopus de profesores funcionarios con sexenio de las ciencias del deporte en España. <i>Revista Interamericana De Bibliotecología</i> , 2016, 39, 149-162.	0.1	2
48	Kinetics of High-Sensitivity Cardiac Troponin Release Following a Strenuous Swimming Test. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 280.	0.2	0
49	Training volume and amateur cyclists' health: a six-month follow-up from coinciding with a high-demand cycling event. <i>Research in Sports Medicine</i> , 2021, 29, 373-385.	0.7	0
50	Strength diagnosis in elite Spanish clubs teams. <i>Journal of Human Sport and Exercise</i> , 2009, 4, 194-197.	0.2	0