Kevin Morgan

List of Publications by Year in descending order

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KEVIN MORCAN

#	Article	IF	CITATIONS
1	Sleep extension and metabolic health in male overweight/obese short sleepers: A randomised controlled trial. Journal of Sleep Research, 2022, 31, e13469.	1.7	11
2	Sleep quality and adverse incidents in secure mental health settings. Journal of Forensic Psychiatry and Psychology, 2022, 33, 621-637.	0.6	1
3	Napping in highâ€performance athletes: Sleepiness or sleepability?. European Journal of Sport Science, 2021, 21, 321-330.	1.4	10
4	Psychological and pharmacological treatments for insomnia: Blending for patient benefit. Sleep Medicine Reviews, 2021, 56, 101415.	3.8	2
5	Psychomotor Performance Decrements following a Successful Physical Activity Intervention for Insomnia. Behavioral Sleep Medicine, 2020, 18, 298-308.	1.1	6
6	Regular physical activity and insomnia: An international perspective. Journal of Sleep Research, 2019, 28, e12745.	1.7	30
7	Sleep duration and all-cause mortality: links to physical activity and prefrailty in a 27-year follow up of older adults in the UK. Sleep Medicine, 2019, 54, 231-237.	0.8	22
8	Comparison of sleep structure and psychometric profiles in patients with fibromyalgia, osteoarthritis and healthy controls. Journal of Sleep Research, 2018, 27, 292-300.	1.7	14
9	Author's Reply to Bender and Samuels "Does Elite Sport Degrade Sleep Quality? A Systematic Review― Sports Medicine, 2017, 47, 1455-1456.	3.1	2
10	Does Elite Sport Degrade Sleep Quality? A Systematic Review. Sports Medicine, 2017, 47, 1317-1333.	3.1	247
11	Sleep Quality and Recommended Levels of Physical Activity in Older People. Journal of Aging and Physical Activity, 2016, 24, 201-206.	0.5	18
12	The Glasgow Sleep Impact Index (CSII): A novel patient-centred measure for assessing sleep-related quality of life impairment in Insomnia Disorder. Sleep Medicine, 2013, 14, 493-501.	0.8	67
13	Improving sleep management in people with Parkinson's. British Journal of Community Nursing, 2012, 17, 14-20.	0.2	16
14	Selfâ€Help Treatment for Insomnia Symptoms Associated with Chronic Conditions in Older Adults: A Randomized Controlled Trial. Journal of the American Geriatrics Society, 2012, 60, 1803-1810.	1.3	38
15	The occupational impact of sleep quality and insomnia symptoms. Sleep Medicine Reviews, 2012, 16, 547-559.	3.8	153
16	Insomnia: evidence-based approaches to assessment and management. Clinical Medicine, 2011, 11, 278-281.	0.8	20
17	The Loughborough Occupational Impact of Sleep Scale (LOISS): A New Instrument for Research and Clinical Practice. Behavioral Sleep Medicine, 2011, 9, 243-256.	1.1	1
18	Reducing the health risks of severe winter weather among older people in the United Kingdom: an evidence-based intervention. Ageing and Society, 2010, 30, 275-297.	1.2	13

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19	"… Not Just a Minor Thing, It Is Something Major, Which Stops You From Functioning Daily― Quality of Life and Daytime Functioning in Insomnia. Behavioral Sleep Medicine, 2010, 8, 123-140.	1.1	155
20	Insomnia and health-related quality of life. Sleep Medicine Reviews, 2010, 14, 69-82.	3.8	407
21	Impact of Cognitive Behavior Therapy on Health-Related Quality of Life Among Adult Hypnotic Users With Chronic Insomnia. Behavioral Sleep Medicine, 2006, 4, 71-84.	1.1	28
22	New theories for older problems. Sleep Medicine Reviews, 2006, 10, 211-213.	3.8	1
23	Daytime activity and risk factors for late-life insomnia. Journal of Sleep Research, 2003, 12, 231-238.	1.7	176
24	Predicting longer-term outcomes following psychological treatment for hypnotic-dependent chronic insomnia. Journal of Psychosomatic Research, 2003, 54, 21-29.	1.2	64
25	Psychological treatment for insomnia in the management of long-term hypnotic drug use: a pragmatic randomised controlled trial. British Journal of General Practice, 2003, 53, 923-8.	0.7	84
26	Longitudinal trends in late-life insomnia: implications for prescribing. Age and Ageing, 1997, 26, 179-184.	0.7	69
27	Customary Physical Activity, Psychological Well-being and Successful Ageing. Ageing and Society, 1991, 11, 399-415.	1.2	53