

# Kevin Morgan

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/839869/publications.pdf>

Version: 2024-02-01

27  
papers

1,708  
citations

516561

16  
h-index

526166

27  
g-index

27  
all docs

27  
docs citations

27  
times ranked

2137  
citing authors

#	ARTICLE	IF	CITATIONS
1	Insomnia and health-related quality of life. <i>Sleep Medicine Reviews</i> , 2010, 14, 69-82.	3.8	407
2	Does Elite Sport Degrade Sleep Quality? A Systematic Review. <i>Sports Medicine</i> , 2017, 47, 1317-1333.	3.1	247
3	Daytime activity and risk factors for late-life insomnia. <i>Journal of Sleep Research</i> , 2003, 12, 231-238.	1.7	176
4	Not Just a Minor Thing, It Is Something Major, Which Stops You From Functioning Daily: Quality of Life and Daytime Functioning in Insomnia. <i>Behavioral Sleep Medicine</i> , 2010, 8, 123-140.	1.1	155
5	The occupational impact of sleep quality and insomnia symptoms. <i>Sleep Medicine Reviews</i> , 2012, 16, 547-559.	3.8	153
6	Psychological treatment for insomnia in the management of long-term hypnotic drug use: a pragmatic randomised controlled trial. <i>British Journal of General Practice</i> , 2003, 53, 923-8.	0.7	84
7	Longitudinal trends in late-life insomnia: implications for prescribing. <i>Age and Ageing</i> , 1997, 26, 179-184.	0.7	69
8	The Glasgow Sleep Impact Index (GSII): A novel patient-centred measure for assessing sleep-related quality of life impairment in Insomnia Disorder. <i>Sleep Medicine</i> , 2013, 14, 493-501.	0.8	67
9	Predicting longer-term outcomes following psychological treatment for hypnotic-dependent chronic insomnia. <i>Journal of Psychosomatic Research</i> , 2003, 54, 21-29.	1.2	64
10	Customary Physical Activity, Psychological Well-being and Successful Ageing. <i>Ageing and Society</i> , 1991, 11, 399-415.	1.2	53
11	Self-Help Treatment for Insomnia Symptoms Associated with Chronic Conditions in Older Adults: A Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2012, 60, 1803-1810.	1.3	38
12	Regular physical activity and insomnia: An international perspective. <i>Journal of Sleep Research</i> , 2019, 28, e12745.	1.7	30
13	Impact of Cognitive Behavior Therapy on Health-Related Quality of Life Among Adult Hypnotic Users With Chronic Insomnia. <i>Behavioral Sleep Medicine</i> , 2006, 4, 71-84.	1.1	28
14	Sleep duration and all-cause mortality: links to physical activity and prefrailty in a 27-year follow up of older adults in the UK. <i>Sleep Medicine</i> , 2019, 54, 231-237.	0.8	22
15	Insomnia: evidence-based approaches to assessment and management. <i>Clinical Medicine</i> , 2011, 11, 278-281.	0.8	20
16	Sleep Quality and Recommended Levels of Physical Activity in Older People. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 201-206.	0.5	18
17	Improving sleep management in people with Parkinson's. <i>British Journal of Community Nursing</i> , 2012, 17, 14-20.	0.2	16
18	Comparison of sleep structure and psychometric profiles in patients with fibromyalgia, osteoarthritis and healthy controls. <i>Journal of Sleep Research</i> , 2018, 27, 292-300.	1.7	14

#	ARTICLE	IF	CITATIONS
19	Reducing the health risks of severe winter weather among older people in the United Kingdom: an evidence-based intervention. <i>Ageing and Society</i> , 2010, 30, 275-297.	1.2	13
20	Sleep extension and metabolic health in male overweight/obese short sleepers: A randomised controlled trial. <i>Journal of Sleep Research</i> , 2022, 31, e13469.	1.7	11
21	Napping in high-performance athletes: Sleepiness or sleepability?. <i>European Journal of Sport Science</i> , 2021, 21, 321-330.	1.4	10
22	Psychomotor Performance Decrements following a Successful Physical Activity Intervention for Insomnia. <i>Behavioral Sleep Medicine</i> , 2020, 18, 298-308.	1.1	6
23	Author's Reply to Bender and Samuels "Does Elite Sport Degrade Sleep Quality? A Systematic Review". <i>Sports Medicine</i> , 2017, 47, 1455-1456.	3.1	2
24	Psychological and pharmacological treatments for insomnia: Blending for patient benefit. <i>Sleep Medicine Reviews</i> , 2021, 56, 101415.	3.8	2
25	New theories for older problems. <i>Sleep Medicine Reviews</i> , 2006, 10, 211-213.	3.8	1
26	The Loughborough Occupational Impact of Sleep Scale (LOISS): A New Instrument for Research and Clinical Practice. <i>Behavioral Sleep Medicine</i> , 2011, 9, 243-256.	1.1	1
27	Sleep quality and adverse incidents in secure mental health settings. <i>Journal of Forensic Psychiatry and Psychology</i> , 2022, 33, 621-637.	0.6	1