

# Vassiliki Bountziouka

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

87  
papers

1,478  
citations

23  
h-index

33  
g-index

93  
ext. papers

1,784  
ext. citations

4.1  
avg, IF

4.12  
L-index

#	Paper	IF	Citations
87	Temporal trends in frequency, type and severity of myopia and associations with key environmental risk factors in the UK: Findings from the UK Biobank Study.. <i>PLoS ONE</i> , <b>2022</b> , 17, e0260993	3.7	0
86	Polygenic basis and biomedical consequences of telomere length variation. <i>Nature Genetics</i> , <b>2021</b> , 53, 1425-1433	36.3	15
85	A comparison of the quality of image acquisition between two different sidestream dark field video-microscopes. <i>Journal of Clinical Monitoring and Computing</i> , <b>2021</b> , 35, 577-583	2	2
84	Impact of Persisting Amblyopia on Socioeconomic, Health, and Well-Being Outcomes in Adult Life: Findings From the UK Biobank. <i>Value in Health</i> , <b>2021</b> , 24, 1603-1611	3.3	0
83	Shorter leukocyte telomere length is associated with adverse COVID-19 outcomes: A cohort study in UK Biobank. <i>EBioMedicine</i> , <b>2021</b> , 70, 103485	8.8	13
82	Leucine-enriched essential amino acid supplementation in mechanically ventilated trauma patients: a feasibility study. <i>Trials</i> , <b>2019</b> , 20, 561	2.8	3
81	Standardisation of the Parent Report of Children's Abilities-Revised (PARCA-R): a norm-referenced assessment of cognitive and language development at age 2 years. <i>The Lancet Child and Adolescent Health</i> , <b>2019</b> , 3, 705-712	14.5	8
80	Exploration of muscle loss and metabolic state during prolonged critical illness: Implications for intervention?. <i>PLoS ONE</i> , <b>2019</b> , 14, e0224565	3.7	16
79	Improving developmental and educational support for children born preterm: evaluation of an e-learning resource for education professionals. <i>BMJ Open</i> , <b>2019</b> , 9, e029720	3	12
78	Trends in Visual Health Inequalities in Childhood Through Associations of Visual Function With Sex and Social Position Across 3 UK Birth Cohorts-Reply. <i>JAMA Ophthalmology</i> , <b>2018</b> , 136, 223	3.9	
77	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. <i>Metabolic Syndrome and Related Disorders</i> , <b>2018</b> , 16, 20-28	2.6	2
76	Impact of varying the definition of myopia on estimates of prevalence and associations with risk factors: time for an approach that serves research, practice and policy. <i>British Journal of Ophthalmology</i> , <b>2018</b> , 102, 1407-1412	5.5	15
75	Anti-Inflammatory Nutrition and Successful Ageing in Elderly Individuals: The Multinational MEDIS Study. <i>Gerontology</i> , <b>2018</b> , 64, 3-10	5.5	12
74	Lifestyle determinants of healthy ageing in a Mediterranean population: The multinational MEDIS study. <i>Experimental Gerontology</i> , <b>2018</b> , 110, 35-41	4.5	13
73	Mediterranean diet and depression among older individuals: The multinational MEDIS study. <i>Experimental Gerontology</i> , <b>2018</b> , 110, 67-72	4.5	31
72	Is Parental Longevity Associated With the Cardiovascular Risk and the Successful Aging of Their Offspring? Results From the Multinational MEDIS Study. <i>Angiology</i> , <b>2017</b> , 68, 124-131	2.1	2
71	Is car use related with successful aging of older adults? Results from the multinational Mediterranean islands study. <i>Annals of Epidemiology</i> , <b>2017</b> , 27, 225-229	6.4	9

70	Association between Siesta (Daytime Sleep), Dietary Patterns and the Presence of Metabolic Syndrome in Elderly Living in Mediterranean Area (Medis Study): The Moderating Effect of Gender. <i>Journal of Nutrition, Health and Aging</i> , <b>2017</b> , 21, 1118-1124	5.2	5
69	The Impact of the Financial Crisis on Lifestyle Health Determinants Among Older Adults Living in the Mediterranean Region: The Multinational MEDIS Study (2005-2015). <i>Journal of Preventive Medicine and Public Health</i> , <b>2017</b> , 50, 1-9	3.7	32
68	Trends in Visual Health Inequalities in Childhood Through Associations of Visual Function With Sex and Social Position Across 3 UK Birth Cohorts. <i>JAMA Ophthalmology</i> , <b>2017</b> , 135, 954-961	3.9	3
67	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , <b>2017</b> , 7, S39-S47	2.6	16
66	Inverse Relationship between Adherence to the Mediterranean Diet and Serum Cystatin C Levels. <i>Central European Journal of Public Health</i> , <b>2017</b> , 25, 240-244	1.2	6
65	Lifestyle and health determinants of cardiovascular disease among Greek older adults living in Eastern Aegean Islands: An adventure within the MEDIS study. <i>Hellenic Journal of Cardiology</i> , <b>2016</b> , 57, 407-414	2.1	6
64	A comparison of the quality of image acquisition between the incident dark field and sidestream dark field video-microscopes. <i>BMC Medical Imaging</i> , <b>2016</b> , 16, 10	2.9	33
63	New reference ranges for interpreting forced expiratory manoeuvres in infants and implications for clinical interpretation: a multicentre collaboration. <i>Thorax</i> , <b>2016</b> , 71, 276-83	7.3	23
62	Challenges in Collating Spirometry Reference Data for South-Asian Children: An Observational Study. <i>PLoS ONE</i> , <b>2016</b> , 11, e0154336	3.7	7
61	Successful Aging among Elders Living in the Mani Continental Region vs. Insular Areas of the Mediterranean: the MEDIS Study <b>2016</b> , 7, 285-94		9
60	Natural variability of lung function in young healthy school children. <i>European Respiratory Journal</i> , <b>2016</b> , 48, 411-9	13.6	10
59	Skeletal muscle mass and body fat in relation to successful ageing of older adults: The multi-national MEDIS study. <i>Archives of Gerontology and Geriatrics</i> , <b>2016</b> , 66, 95-101	4	20
58	Effects of dietary nitrate supplementation on symptoms of acute mountain sickness and basic physiological responses in a group of male adolescents during ascent to Mount Everest Base Camp. <i>Nitric Oxide - Biology and Chemistry</i> , <b>2016</b> , 60, 24-31	5	11
57	Anthropometric, lifestyle and parental characteristics associated with the prevalence of energy intake misreporting in children: the GRECO (Greek Childhood Obesity) study. <i>British Journal of Nutrition</i> , <b>2015</b> , 113, 1120-8	3.6	7
56	The Role of Energy Balance in Successful Aging Among Elderly Individuals: The Multinational MEDIS Study. <i>Journal of Aging and Health</i> , <b>2015</b> , 27, 1375-91	2.6	9
55	Lung function in children in relation to ethnicity, physique and socioeconomic factors. <i>European Respiratory Journal</i> , <b>2015</b> , 46, 1662-71	13.6	19
54	Assessing pubertal status in multi-ethnic primary schoolchildren. <i>Acta Paediatrica, International Journal of Paediatrics</i> , <b>2015</b> , 104, e45-8	3.1	12
53	How "healthy" should children be when selecting reference samples for spirometry?. <i>European Respiratory Journal</i> , <b>2015</b> , 45, 1576-81	13.6	19

52	Birth data accessibility via primary care health records to classify health status in a multi-ethnic population of children: an observational study. <i>Npj Primary Care Respiratory Medicine</i> , <b>2015</b> , 25, 14112	3.2	4
51	Evaluation of drinks contribution to energy intake in summer and winter. <i>Nutrients</i> , <b>2015</b> , 7, 3724-38	6.7	12
50	High relative environmental humidity is associated with diabetes among elders living in Mediterranean islands. <i>Journal of Diabetes and Metabolic Disorders</i> , <b>2014</b> , 13, 25	2.5	11
49	Depressive symptoms in postmenopausal women: results from the MEDIS Study. <i>Women and Health</i> , <b>2014</b> , 54, 389-401	1.7	10
48	Successful aging, dietary habits and health status of elderly individuals: a k-dimensional approach within the multi-national MEDIS study. <i>Experimental Gerontology</i> , <b>2014</b> , 60, 57-63	4.5	58
47	Estimations of water balance after validating and administering the water balance questionnaire in pregnant women. <i>International Journal of Food Sciences and Nutrition</i> , <b>2014</b> , 65, 280-5	3.7	7
46	The impact of switching to the new global lung function initiative equations on spirometry results in the UK CF registry. <i>Journal of Cystic Fibrosis</i> , <b>2014</b> , 13, 319-27	4.1	36
45	Ethnic variability in body size, proportions and composition in children aged 5 to 11 years: is ethnic-specific calibration of bioelectrical impedance required?. <i>PLoS ONE</i> , <b>2014</b> , 9, e113883	3.7	26
44	Factors associated with components of arterial pressure among older individuals (the multinational MEDIS study): the role of the Mediterranean diet and alcohol consumption. <i>Journal of Clinical Hypertension</i> , <b>2014</b> , 16, 645-51	2.3	13
43	Association of butyrylcholinesterase with cardiometabolic risk factors among apparently healthy adults. <i>Journal of Cardiovascular Medicine</i> , <b>2014</b> , 15, 377-83	1.9	17
42	Alcohol and stimulants dietary pattern is associated with haptoglobin blood levels, among apparently healthy individuals. <i>Mediterranean Journal of Nutrition and Metabolism</i> , <b>2013</b> , 6, 127-133	1.3	
41	Evaluation of seasonality on total water intake, water loss and water balance in the general population in Greece. <i>Journal of Human Nutrition and Dietetics</i> , <b>2013</b> , 26 Suppl 1, 90-6	3.1	36
40	Neck circumference is correlated with triglycerides and inversely related with HDL cholesterol beyond BMI and waist circumference. <i>Diabetes/Metabolism Research and Reviews</i> , <b>2013</b> , 29, 90-7	7.5	46
39	Alcohol and stimulants dietary pattern is associated with haptoglobin blood levels, among apparently healthy individuals. <i>Mediterranean Journal of Nutrition and Metabolism</i> , <b>2013</b> , 6, 127-133	1.3	
38	Influence of protein intake from haem and non-haem animals and plant origin on inflammatory biomarkers among apparently-healthy adults in Greece. <i>Journal of Health, Population and Nutrition</i> , <b>2013</b> , 31, 446-54	2.5	3
37	Socio-economic and demographic determinants of childhood obesity prevalence in Greece: the GRECO (Greek Childhood Obesity) study. <i>Public Health Nutrition</i> , <b>2013</b> , 16, 240-7	3.3	30
36	Are current dietary habits in Mediterranean islands a reflection of the past? Results from the MEDIS study. <i>Ecology of Food and Nutrition</i> , <b>2013</b> , 52, 371-86	1.9	16
35	Employing the Water Balance Questionnaire for the evaluation of water balance in adults, pregnant women and elderly. <i>FASEB Journal</i> , <b>2013</b> , 27, 230.8	0.9	

34	Association between serum cystatin C, monocytes and other inflammatory markers. <i>Internal Medicine Journal</i> , <b>2012</b> , 42, 517-22	1.6	22
33	The water balance questionnaire: design, reliability and validity of a questionnaire to evaluate water balance in the general population. <i>International Journal of Food Sciences and Nutrition</i> , <b>2012</b> , 63, 138-44	3.7	24
32	Perinatal and family factors associated with preadolescence overweight/obesity in Greece: the GRECO study. <i>Journal of Epidemiology and Global Health</i> , <b>2012</b> , 2, 145-53	5.5	9
31	Development, repeatability and validity regarding energy and macronutrient intake of a semi-quantitative food frequency questionnaire: methodological considerations. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2012</b> , 22, 659-67	4.5	89
30	Repeatability of food frequency assessment tools in relation to the number of items and response categories included. <i>Food and Nutrition Bulletin</i> , <b>2012</b> , 33, 288-95	1.8	1
29	Vitamin D status and health correlates among apparently healthy participants in an urban, sunny region. <i>Central European Journal of Public Health</i> , <b>2012</b> , 20, 262-9	1.2	6
28	Short-term stability of dietary patterns defined a priori or a posterior. <i>Maturitas</i> , <b>2011</b> , 68, 272-8	5	5
27	Correlates of low dietary energy reporting in free-living elderly: the MEDIS study. <i>Maturitas</i> , <b>2011</b> , 69, 63-8	5	9
26	Nutrient intake in relation to central and overall obesity status among elderly people living in the Mediterranean islands: the MEDIS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2011</b> , 21, 438-45	4.5	23
25	Validity of dietary patterns derived in nutrition surveys using a priori and a posteriori multivariate statistical methods. <i>International Journal of Food Sciences and Nutrition</i> , <b>2011</b> , 62, 617-27	3.7	19
24	Alcohol Intake and Cardiovascular Disease Risk: Cheers, Tears, or Both?. <i>Food Reviews International</i> , <b>2011</b> , 27, 274-299	5.5	1
23	Health care access and prevalence of the metabolic syndrome among elders living in high-altitude areas of the Mediterranean islands: the MEDIS study. <i>Review of Diabetic Studies</i> , <b>2011</b> , 8, 468-76	3.6	15
22	Repeatability of Dietary Patterns Derived Using $\mathbb{P}$ riori and $\mathbb{P}$ osterior Methods. <i>Journal of Applied Biobehavioral Research</i> , <b>2010</b> , 15, 31-60	1.7	3
21	The role of second-hand smoking on the prevalence of Type 2 diabetes mellitus in elderly men and women living in Mediterranean islands: the MEDIS study. <i>Diabetic Medicine</i> , <b>2010</b> , 27, 242-3	3.5	5
20	Socio-economic status, place of residence and dietary habits among the elderly: the Mediterranean islands study. <i>Public Health Nutrition</i> , <b>2010</b> , 13, 1614-21	3.3	44
19	Soft drinks: time trends and correlates in twenty-four European countries. A cross-national study using the DAFNE (Data Food Networking) databank. <i>Public Health Nutrition</i> , <b>2010</b> , 13, 1346-55	3.3	29
18	Repeatability and validation of a short, semi-quantitative food frequency questionnaire designed for older adults living in Mediterranean areas: the MEDIS-FFQ. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , <b>2010</b> , 29, 311-24		65
17	Adolescents dealing with sexuality issues: a cross-sectional study in Greece. <i>Journal of Pediatric and Adolescent Gynecology</i> , <b>2010</b> , 23, 298-304	2	12

16	Dietary meat fats and burden of cardiovascular disease risk factors, in the elderly: a report from the MEDIS study. <i>Lipids in Health and Disease</i> , <b>2010</b> , 9, 30	4.4	19
15	Associations of energy intake and type 2 diabetes with hypertriglyceridemia in older adults living in the Mediterranean islands: the MEDIS study. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , <b>2010</b> , 29, 72-86		3
14	The Secrets of the long lived in Mediterranean islands: the MEDIS study. <i>European Journal of Public Health</i> , <b>2010</b> , 20, 659-64	2.1	24
13	The impact of demographic characteristics and lifestyle in the distribution of cystatin C values in a healthy greek adult population. <i>Cardiology Research and Practice</i> , <b>2010</b> , 2011, 163281	1.9	3
12	Statistical methods used for the evaluation of reliability and validity of nutrition assessment tools used in medical research. <i>Current Pharmaceutical Design</i> , <b>2010</b> , 16, 3770-675	3.3	16
11	Urban environment, physical inactivity and unhealthy dietary habits correlate to depression among elderly living in eastern Mediterranean islands: the MEDIS (MEDiterranean ISlands Elderly) study. <i>Journal of Nutrition, Health and Aging</i> , <b>2010</b> , 14, 449-55	5.2	60
10	The mediating effect of physical activity and smoking on the relationship between coffee drinking and body weight in elderly individuals: the Mediterranean Islands study. <i>Journal of the American Geriatrics Society</i> , <b>2010</b> , 58, 1208-10	5.6	2
9	Dietary fats in relation to depressive symptoms by cardiovascular disease risk factors status of elderly people living in Mediterranean islands. <i>International Journal of Food Sciences and Nutrition</i> , <b>2010</b> ,	3.7	1
8	Adherence to the Mediterranean diet is associated with lower prevalence of obesity among elderly people living in Mediterranean islands: the MEDIS study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2009</b> , 60 Suppl 6, 137-50	3.7	19
7	Factors Associated with the Prevalence of Diabetes Mellitus Among Elderly Men and Women Living in Mediterranean Islands: The MEDIS Study. <i>Review of Diabetic Studies</i> , <b>2009</b> , 6, 54-63	3.6	28
6	Long-term fish intake is associated with less severe depressive symptoms among elderly men and women: the MEDIS (MEDiterranean ISlands Elderly) epidemiological study. <i>Journal of Aging and Health</i> , <b>2009</b> , 21, 864-80	2.6	55
5	Increased body mass and depressive symptomatology are associated with hypercholesterolemia, among elderly individuals; results from the MEDIS study. <i>Lipids in Health and Disease</i> , <b>2009</b> , 8, 10	4.4	36
4	Level of adherence to the Mediterranean diet among elderly individuals living in Mediterranean islands: nutritional report from the Medis Study. <i>Ecology of Food and Nutrition</i> , <b>2009</b> , 48, 76-87	1.9	31
3	Effects of black and green tea consumption on blood glucose levels in non-obese elderly men and women from Mediterranean Islands (MEDIS epidemiological study). <i>European Journal of Nutrition</i> , <b>2008</b> , 47, 10-6	5.2	46
2	Food pattern analysis and prevalence of cardiovascular disease risk factors among elderly people from Mediterranean islands. <i>Journal of Medicinal Food</i> , <b>2007</b> , 10, 615-21	2.8	20
1	Long-term, moderate coffee consumption is associated with lower prevalence of diabetes mellitus among elderly non-tea drinkers from the Mediterranean Islands (MEDIS Study). <i>Review of Diabetic Studies</i> , <b>2007</b> , 4, 105-11	3.6	9