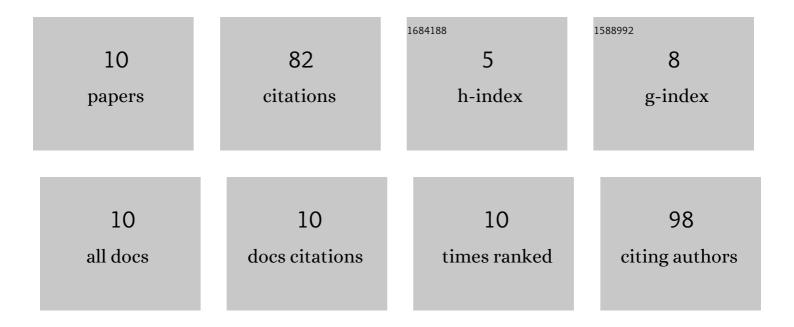
Alicja Naczk

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/8352044/publications.pdf Version: 2024-02-01



Διιςία Ναςτκ

#	Article	IF	CITATIONS
1	Impact of Inertial Training on Strength and Power Performance in Young Active Men. Journal of Strength and Conditioning Research, 2016, 30, 2107-13.	2.1	23
2	<p>Inertial Training Improves Strength, Balance, and Gait Speed in Elderly Nursing Home Residents</p> . Clinical Interventions in Aging, 2020, Volume 15, 177-184.	2.9	15
3	Effectiveness of Swimming Program in Adolescents with Down Syndrome. International Journal of Environmental Research and Public Health, 2021, 18, 7441.	2.6	11
4	Training Effectiveness of the Inertial Training and Measurement System. Journal of Human Kinetics, 2014, 44, 19-28.	1.5	10
5	Influence of shortâ€ŧerm inertial training on swimming performance in young swimmers. European Journal of Sport Science, 2017, 17, 369-377.	2.7	10
6	Impact of Inertial Training on Strength and Power Performance in Young Active Men. Journal of Strength and Conditioning Research, 2016, 30, 2107-2113.	2.1	5
7	How motor elements at 3 months influence motor performance at the age of 6 months. Medicine (United States), 2021, 100, e27381.	1.0	3
8	Impact of Inertial Training on Muscle Strength and Quality of Life in Breast Cancer Survivors. International Journal of Environmental Research and Public Health, 2022, 19, 3278.	2.6	3
9	Crawl Position Depends on Specific Earlier Motor Skills. Journal of Clinical Medicine, 2021, 10, 5605.	2.4	2
10	TRANSFER OF POST-INERTIAL TRAINING GAINS TO FUNCTIONAL FITNESS OF PHYSICALLY ACTIVE OLDER WOMEN. Acta Kinesiologica, 2021, , 49-56.	0.2	0