

Parvin Mirmiran

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

487
papers

11,503
citations

49
h-index

88
g-index

512
ext. papers

13,737
ext. citations

3.7
avg, IF

6.73
L-index

#	Paper	IF	Citations
487	Associations between dietary antioxidant intakes and cardiovascular disease.. <i>Scientific Reports</i> , 2022 , 12, 1504	4.9	4
486	Development and validation of dietary and lifestyle insulinemic indices among Iranian adult population.. <i>Nutrition and Metabolism</i> , 2022 , 19, 5	4.6	0
485	Association between dietary choline and betaine intake and 10.6-year cardiovascular disease in adults.. <i>Nutrition Journal</i> , 2022 , 21, 1	4.3	0
484	Scientific Publishing in Biomedicine: Revising a Peer-reviewed Manuscript.. <i>International Journal of Endocrinology and Metabolism</i> , 2022 , 20, e120366	1.8	
483	High Dietary Diabetes Risk Reduction Score Is Associated with Decreased Risk of Chronic Kidney Disease in Tehranian Adults. <i>International Journal of Clinical Practice</i> , 2022 , 2022, 1-7	2.9	0
482	Association of Dietary Diabetes Risk Reduction Score With Risk of Cardiovascular Diseases in the Iranian Population: Tehran Lipid and Glucose Study. <i>Heart Lung and Circulation</i> , 2022 , 31, 101-109	1.8	0
481	The higher adherence to a healthy lifestyle score is associated with a decreased risk of type 2 diabetes in Iranian adults.. <i>BMC Endocrine Disorders</i> , 2022 , 22, 42	3.3	0
480	Spot urinary microalbumin concentration, metabolic syndrome and type 2 diabetes: Tehran lipid and glucose study.. <i>BMC Endocrine Disorders</i> , 2022 , 22, 59	3.3	
479	Dietary oxalate to calcium ratio and incident cardiovascular events: a 10-year follow-up among an Asian population.. <i>Nutrition Journal</i> , 2022 , 21, 21	4.3	
478	Monitoring population salt intake using casual urinary sodium: Tehran Lipid and Glucose Study.. <i>Nutrition and Metabolism</i> , 2022 , 19, 19	4.6	0
477	Improvement of glycemic indices by a hypocaloric legume-based DASH diet in adults with type 2 diabetes: a randomized controlled trial.. <i>European Journal of Nutrition</i> , 2022 , 1	5.2	0
476	Nutritional management of inflammatory bowel disease; an overview of the evidences.. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2022 , 16, 102440	8.9	
475	Resemblance of nutrient intakes in three generations of parent-offspring pairs: Tehran lipid and Glucose Study.. <i>PLoS ONE</i> , 2022 , 17, e0266941	3.7	
474	National and sub-national trends of salt intake in Iranians from 2000 to 2016: a systematic analysis.. <i>Archives of Public Health</i> , 2022 , 80, 120	2.6	
473	Effects of probiotic supplementation on major cardiovascular-related parameters in patients with type-2 diabetes mellitus: a secondary-data analysis of a randomized double-blind controlled trial.. <i>Diabetology and Metabolic Syndrome</i> , 2022 , 14, 52	5.6	2
472	Effects of Nigella sativa supplementation on blood concentration and mRNA expression of TNF- α PPAR- γ and adiponectin, as major adipogenesis-related markers, in obese and overweight women: a crossover, randomized-controlled trial.. <i>British Journal of Nutrition</i> , 2022 , 1-27	3.6	
471	Dietary and lifestyle indices for hyperinsulinemia with the risk of obesity phenotypes: a prospective cohort study among Iranian adult population.. <i>BMC Public Health</i> , 2022 , 22, 990	4.1	

470	The effect of TCF7L2 polymorphisms on inflammatory markers after 16 weeks of legume-based dietary approach to stop hypertension (DASH) diet versus a standard DASH diet: a randomised controlled trial.. <i>Nutrition and Metabolism</i> , 2022 , 19, 35	4.6	
469	Glycemic control improvement in individuals with type 2 diabetes with vitamin K supplementation: a randomized controlled trial. <i>European Journal of Nutrition</i> , 2021 , 60, 2495-2506	5.2	8
468	The relation of omentin gene expression and glucose homeostasis of visceral and subcutaneous adipose tissues in non-diabetic adults. <i>Molecular Biology Reports</i> , 2021 , 1	2.8	
467	The resemblance of dietary intakes in three generations of parent-offspring pairs: Tehran lipid and glucose study. <i>Appetite</i> , 2021 , 169, 105794	4.5	
466	Scientific Publishing in Biomedicine: How to Choose a Journal?. <i>International Journal of Endocrinology and Metabolism</i> , 2021 , 19, e108417	1.8	1
465	The association of dietary macronutrients composition with the incidence of type 2 diabetes, using iso-energetic substitution models: Tehran Lipid and Glucose Study. <i>Primary Care Diabetes</i> , 2021 , 15, 1080-1085	2.4	1085
464	Plasma Fatty Acid Composition Was Associated with Apelin Gene Expression in Human Adipose Tissues. <i>BioMed Research International</i> , 2021 , 2021, 8846483	3	0
463	The association of dietary diabetes risk reduction score and its components with risk of metabolic syndrome incident in Tehranian adults. <i>BMC Endocrine Disorders</i> , 2021 , 21, 206	3.3	0
462	Changes in dairy product consumption and subsequent type 2 diabetes among individuals with prediabetes: Tehran Lipid and Glucose Study. <i>Nutrition Journal</i> , 2021 , 20, 88	4.3	1
461	The association between dietary fats and the incidence risk of cardiovascular outcomes: Tehran Lipid and Glucose Study. <i>Nutrition and Metabolism</i> , 2021 , 18, 96	4.6	0
460	The association of dietary and plasma fatty acid composition with FTO gene expression in human visceral and subcutaneous adipose tissues. <i>European Journal of Nutrition</i> , 2021 , 60, 2485-2494	5.2	3
459	Association of plasma fatty acids pattern with omentin gene expression in human adipose tissues: A cross-sectional study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 894-901	4.5	2
458	Dietary and lifestyle inflammatory scores are associated with increased risk of metabolic syndrome in Iranian adults. <i>Diabetology and Metabolic Syndrome</i> , 2021 , 13, 30	5.6	1
457	Dietary intakes of total polyphenol and its subclasses in association with the incidence of chronic kidney diseases: a prospective population-based cohort study. <i>BMC Nephrology</i> , 2021 , 22, 84	2.7	1
456	Effects of Ramadan intermittent fasting on leptin and adiponectin: a systematic review and meta-analysis. <i>Hormones</i> , 2021 , 20, 237-246	3.1	1
455	Lost-in-Translation of Metabolic Effects of Inorganic Nitrate in Type 2 Diabetes: Is Ascorbic Acid the Answer?. <i>International Journal of Molecular Sciences</i> , 2021 , 22,	6.3	7
454	Association of the insulinemic potential of diet and lifestyle with risk of diabetes incident in Tehranian adults: a population based cohort study. <i>Nutrition Journal</i> , 2021 , 20, 39	4.3	2
453	Longitudinal association of dietary sources of animal and plant protein throughout childhood with menarche. <i>BMC Pediatrics</i> , 2021 , 21, 206	2.6	1

452	The effects of flaxseed supplementation on metabolic syndrome parameters, insulin resistance and inflammation in ulcerative colitis patients: An open-labeled randomized controlled trial. <i>Phytotherapy Research</i> , 2021 , 35, 3781-3791	6.7	3
451	Association between alcohol intake and overweight and obesity: a systematic review and dose-response meta-analysis of 127 observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-21	11.5	1
450	Different Pharmacokinetic Responses to an Acute Dose of Inorganic Nitrate in Patients with Type 2 Diabetes. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2021 , 21, 878-886	2.2	3
449	The association of insulinemic potential of diet and lifestyle with the risk of insulin-related disorders: a prospective cohort study among participants of Tehran Lipid and Glucose Study. <i>Diabetology and Metabolic Syndrome</i> , 2021 , 13, 53	5.6	1
448	Spinach consumption and nonalcoholic fatty liver disease among adults: a case-control study. <i>BMC Gastroenterology</i> , 2021 , 21, 196	3	0
447	Common Limitations and Challenges of Dietary Clinical Trials for Translation into Clinical Practices. <i>International Journal of Endocrinology and Metabolism</i> , 2021 , 19, e108170	1.8	5
446	Does maternal iodine supplementation during the lactation have a positive impact on neurodevelopment of children? Three-year follow up of a randomized controlled trial. <i>European Journal of Nutrition</i> , 2021 , 60, 4083-4091	5.2	2
445	Habitual intake of dietary L-arginine in relation to risk of type 2 diabetes: a prospective study. <i>BMC Endocrine Disorders</i> , 2021 , 21, 113	3.3	3
444	The protective effects of dietary intake of flavonoids and its subclasses on metabolic syndrome incidence. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 1-11	3.7	
443	Socioeconomic and lifestyle factors modifies the association between nut consumption and metabolic syndrome incidence. <i>Clinical Nutrition</i> , 2021 , 40, 4055-4064	5.9	0
442	Serum metabolomics study of the association between dairy intake and the anti-Müllerian hormone annual decline rate. <i>Nutrition and Metabolism</i> , 2021 , 18, 66	4.6	0
441	Dietary and lifestyle inflammatory scores and risk of incident diabetes: a prospective cohort among participants of Tehran lipid and glucose study. <i>BMC Public Health</i> , 2021 , 21, 1293	4.1	0
440	Socioeconomic status and lifestyle factors modifies the association between snack foods intake and incidence of metabolic syndrome. <i>Nutrition Journal</i> , 2021 , 20, 70	4.3	3
439	Nutrient Intake and Deficiency of Patients 1 Year After Bariatric Surgery: Tehran Obesity Treatment Study (TOTS). <i>Journal of Gastrointestinal Surgery</i> , 2021 , 25, 911-918	3.3	5
438	The association of dietary insulin and glycemic indices with the risk of type 2 diabetes. <i>Clinical Nutrition</i> , 2021 , 40, 2138-2144	5.9	4
437	Endogenous flux of nitric oxide: Citrulline is preferred to Arginine. <i>Acta Physiologica</i> , 2021 , 231, e13572	5.6	8
436	Is breast milk iodine concentration an influential factor in growth- and obesity-related hormones and infants growth parameters?. <i>Maternal and Child Nutrition</i> , 2021 , 17, e13078	3.4	1
435	Serum metabolomics study of women with different annual decline rates of anti-Müllerian hormone: an untargeted gas chromatography-mass spectrometry-based study. <i>Human Reproduction</i> , 2021 , 36, 721-733	5.7	2

434	Effect of inorganic nitrate on metabolic parameters in patients with type 2 diabetes: A 24-week randomized double-blind placebo-controlled clinical trial. <i>Nitric Oxide - Biology and Chemistry</i> , 2021 , 107, 58-65	5	5
433	Dietary sodium intake in relation to non-alcoholic fatty liver disease risk: a case-control study. <i>Nutrition and Food Science</i> , 2021 , 51, 541-550	1.5	6
432	Does Dietary Intake Impact Omentin Gene Expression and Plasma Concentration? A Systematic Review. <i>Lifestyle Genomics</i> , 2021 , 14, 49-61	2	1
431	The association of priori and posteriori dietary patterns with the risk of incident hypertension: Tehran Lipid and Glucose Study. <i>Journal of Translational Medicine</i> , 2021 , 19, 44	8.5	5
430	A nutrient pattern characterized by vitamin A, C, B6, potassium, and fructose is associated with reduced risk of insulin-related disorders: A prospective study among participants of Tehran lipid and glucose study. <i>Diabetology and Metabolic Syndrome</i> , 2021 , 13, 12	5.6	1
429	Role of Dietary Approaches to Stop Hypertension Diet in Risk of Metabolic Syndrome: Evidence from Observational and Interventional Studies. <i>International Journal of Preventive Medicine</i> , 2021 , 12, 24	1.6	1
428	TCF7L2 polymorphisms, nut consumption, and the risk of metabolic syndrome: a prospective population based study. <i>Nutrition and Metabolism</i> , 2021 , 18, 10	4.6	1
427	Daily vitamin D in overweight and obese children and adolescents: a randomized controlled trial. <i>European Journal of Nutrition</i> , 2021 , 60, 2831-2840	5.2	1
426	Associations of dairy intake with risk of incident metabolic syndrome in children and adolescents: Tehran Lipid and Glucose Study. <i>Acta Diabetologica</i> , 2021 , 58, 447-457	3.9	3
425	The effects of flaxseed supplementation on gene expression and inflammation in ulcerative colitis patients: An open-labelled randomised controlled trial. <i>International Journal of Clinical Practice</i> , 2021 , 75, e14035	2.9	2
424	Dietary diversity modifies the association between FTO polymorphisms and obesity phenotypes. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 997-1007	3.7	2
423	Dietary fat content and adipose triglyceride lipase and hormone-sensitive lipase gene expressions in adults subcutaneous and visceral fat tissues. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2021 , 165, 102244	2.8	2
422	Scientific Publishing in Biomedicine: How to Write a Cover Letter?. <i>International Journal of Endocrinology and Metabolism</i> , 2021 , 19, e115242	1.8	1
421	Dairy-originated digestion-resistant and bioactive peptides increase the risk of hypertension: Tehran Lipid and Glucose Study. <i>Hypertension Research</i> , 2021 , 44, 1194-1204	4.7	6
420	Dietary acid load and risk of cardiovascular disease: a prospective population-based study. <i>BMC Cardiovascular Disorders</i> , 2021 , 21, 432	2.3	0
419	Using Machine Learning Techniques to Predict Factors Contributing to the Incidence of Metabolic Syndrome in Tehran: Cohort Study. <i>JMIR Public Health and Surveillance</i> , 2021 , 7, e27304	11.4	0
418	Trends in dietary food groups and Dietary Approach to Stop Hypertension (DASH) score among adults: A longitudinal study from the Tehran Lipid and Glucose Study, 2006-2017. <i>Nutrition</i> , 2021 , 89, 111284	4.8	1
417	Does weight change modify the association between the consumption of sugar-sweetened beverages and 100% fruit juice and the risk of metabolic syndrome?. <i>Clinical Nutrition</i> , 2021 , 40, 5261-5268	5.9	1

416	Inorganic nitrate: A potential prebiotic for oral microbiota dysbiosis associated with type 2 diabetes. <i>Nitric Oxide - Biology and Chemistry</i> , 2021 , 116, 38-46	5	1
415	Risk of hypertension in school-aged children undergoing a long-term community-based lifestyle intervention: Tehran Lipid and Glucose Study. <i>Preventive Medicine</i> , 2021 , 153, 106799	4.3	
414	Dietary choline and betaine intake and risk of hypertension development: a 7.4-year follow-up. <i>Food and Function</i> , 2021 , 12, 4072-4078	6.1	1
413	Urinary sodium-to-potassium ratio: a simple and useful indicator of diet quality in population-based studies. <i>European Journal of Medical Research</i> , 2021 , 26, 3	4.8	1
412	Nutrient patterns and cardiometabolic risk factors among Iranian adults: Tehran lipid and glucose study. <i>BMC Public Health</i> , 2020 , 20, 653	4.1	3
411	The Influence of Fasting and Energy Restricting Diets on Blood Pressure in Humans: A Systematic Review and Meta-Analysis. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2020 , 27, 271-280	2.9	8
410	Dietary determinants of unhealthy metabolic phenotype in normal weight and overweight/obese adults: results of a prospective study. <i>International Journal of Food Sciences and Nutrition</i> , 2020 , 71, 891-901	3.7	4
409	The Association of Dietary Polyphenol Intake with the Risk of Type 2 Diabetes: Tehran Lipid and Glucose Study. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2020 , 13, 1643-1652	3.4	6
408	Nitric oxide: To be or not to be an endocrine hormone?. <i>Acta Physiologica</i> , 2020 , 229, e13443	5.6	13
407	Functional properties of beetroot () in management of cardio-metabolic diseases. <i>Nutrition and Metabolism</i> , 2020 , 17, 3	4.6	29
406	Does the association between patterns of fruit and vegetables and metabolic syndrome incidence vary according to lifestyle factors and socioeconomic status?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 1322-1336	4.5	2
405	Dietary Patterns and Risk of Chronic Kidney Disease Among Tehranian Adults with High Blood Pressure. <i>International Journal of Endocrinology and Metabolism</i> , 2020 , 18, e89709	1.8	0
404	Inorganic nitrate, a natural anti-obesity agent: A systematic review and meta-analysis of animal studies. <i>EXCLI Journal</i> , 2020 , 19, 972-983	2.4	1
403	The relationship between dietary patterns and lipoprotein-associated phospholipase A2 levels in adults with cardiovascular risk factors: Tehran Lipid and Glucose Study. <i>Journal of Research in Medical Sciences</i> , 2020 , 25, 3	1.6	3
402	The Association Between Liver Function Tests and Some Metabolic Outcomes: Tehran Lipid and Glucose Study. <i>Hepatitis Monthly</i> , 2020 , 20,	1.8	6
401	The Principles of Biomedical Scientific Writing: Abstract and Keywords. <i>International Journal of Endocrinology and Metabolism</i> , 2020 , 18, e100159	1.8	6
400	The Principles of Biomedical Scientific Writing: Citation. <i>International Journal of Endocrinology and Metabolism</i> , 2020 , 18, e102622	1.8	5
399	Effect of low trans-fatty acid intakes on preeclampsia: A randomized controlled trial. <i>Journal of Research in Medical Sciences</i> , 2020 , 25, 112	1.6	

398	Weight gain, but not macronutrient intake, modifies the effect of dietary branch chain amino acids on the risk of metabolic syndrome. <i>Diabetes Research and Clinical Practice</i> , 2020 , 161, 108039	7.4	3
397	Role of Nitric Oxide in Insulin Secretion and Glucose Metabolism. <i>Trends in Endocrinology and Metabolism</i> , 2020 , 31, 118-130	8.8	34
396	Effects of cinnamon supplementation on expression of systemic inflammation factors, NF-kB and Sirtuin-1 (SIRT1) in type 2 diabetes: a randomized, double blind, and controlled clinical trial. <i>Nutrition Journal</i> , 2020 , 19, 1	4.3	37
395	Low-carbohydrate diet and cardiovascular diseases in Iranian population: Tehran Lipid and Glucose Study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 581-588	4.5	4
394	The association between dietary glyceimic and insulin indices with incidence of cardiovascular disease: Tehran lipid and glucose study. <i>BMC Public Health</i> , 2020 , 20, 1496	4.1	3
393	Secular trend in dietary patterns of Iranian adults from 2006 to 2017: Tehran lipid and glucose study. <i>Nutrition Journal</i> , 2020 , 19, 110	4.3	6
392	Dietary approaches to stop hypertension (DASH) score and obesity phenotypes in children and adolescents. <i>Nutrition Journal</i> , 2020 , 19, 112	4.3	5
391	Animal based low carbohydrate diet is associated with increased risk of type 2 diabetes in Tehranian adults. <i>Diabetology and Metabolic Syndrome</i> , 2020 , 12, 87	5.6	2
390	A prospective study on total protein, plant protein and animal protein in relation to the risk of incident chronic kidney disease. <i>BMC Nephrology</i> , 2020 , 21, 489	2.7	11
389	Association of dietary fatty acids and the incidence risk of cardiovascular disease in adults: the Tehran Lipid and Glucose Prospective Study. <i>BMC Public Health</i> , 2020 , 20, 1743	4.1	1
388	The association of dietary macronutrients composition with the incidence of cardiovascular disease, using iso-energetic substitution models: Tehran lipid and glucose study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 2186-2193	4.5	0
387	Long-term effectiveness of a lifestyle intervention on the prevention of type 2 diabetes in a middle-income country. <i>Scientific Reports</i> , 2020 , 10, 14173	4.9	3
386	Effect of camel milk on glycaemic control and lipid profile of patients with type 2 diabetes: Randomised controlled clinical trial. <i>International Dairy Journal</i> , 2020 , 101, 104568	3.5	7
385	Various proline food sources and blood pressure: substitution analysis. <i>International Journal of Food Sciences and Nutrition</i> , 2020 , 71, 332-340	3.7	3
384	A Prospective Study of Dietary Meat Intake and Risk of Incident Chronic Kidney Disease. <i>Journal of Renal Nutrition</i> , 2020 , 30, 111-118	3	17
383	Effects of Phytosterols supplementation on blood glucose, glycosylated hemoglobin (HbA1c) and insulin levels in humans: a systematic review and meta-analysis of randomized controlled trials. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020 , 19, 625-632	2.5	13
382	Dietary intakes of flavonoids and carotenoids and the risk of developing an unhealthy metabolic phenotype. <i>Food and Function</i> , 2020 , 11, 3451-3458	6.1	3
381	Does a restricted energy low glyceimic index diet have a different effect on overweight women with or without polycystic ovary syndrome?. <i>BMC Endocrine Disorders</i> , 2019 , 19, 93	3.3	16

380	The Principles of Biomedical Scientific Writing: Discussion. <i>International Journal of Endocrinology and Metabolism</i> , 2019 , 17, e95415	1.8	11
379	Red meat and dietary iron intakes are associated with some components of metabolic syndrome: Tehran Lipid and Glucose Study. <i>Journal of Translational Medicine</i> , 2019 , 17, 313	8.5	8
378	Association of dietary pattern with carotid intima media thickness among children with overweight or obesity. <i>Diabetology and Metabolic Syndrome</i> , 2019 , 11, 77	5.6	1
377	Metabolic health in the Middle East and north Africa. <i>Lancet Diabetes and Endocrinology</i> , 2019 , 7, 866-879	18.1	44
376	Dietary glycemic index and dietary glycemic load is associated with apelin gene expression in visceral and subcutaneous adipose tissues of adults. <i>Nutrition and Metabolism</i> , 2019 , 16, 68	4.6	7
375	Effect of dairy products on oxidative stress in type 2 diabetic patients: A randomized controlled clinical trial. <i>Nutrition Clinique Et Metabolisme</i> , 2019 , 33, 212-216	0.8	
374	The interaction of cholesteryl ester transfer protein gene variations and diet on changes in serum lipid profiles. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 1291-1298	5.2	3
373	Higher consumption of Allium vegetables may modulate insulin homeostasis: A longitudinal follow-up study. <i>Journal of Herbal Medicine</i> , 2019 , 17-18, 100260	2.3	2
372	Are dietary amino acids prospectively predicts changes in serum lipid profile?. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019 , 13, 1837-1843	8.9	7
371	Tea, coffee, caffeine intake and the risk of cardio-metabolic outcomes: findings from a population with low coffee and high tea consumption. <i>Nutrition and Metabolism</i> , 2019 , 16, 28	4.6	24
370	Serum nitric oxide metabolites and hard clinical endpoints: a population-based prospective study. <i>Scandinavian Cardiovascular Journal</i> , 2019 , 53, 176-182	2	3
369	Legume consumption increase adiponectin concentrations among type 2 diabetic patients: A randomized crossover clinical trial. <i>Endocrinología Diabetes Y Nutrición (English Ed)</i> , 2019 , 66, 49-55	0.1	1
368	Association of nuts and unhealthy snacks with subclinical atherosclerosis among children and adolescents with overweight and obesity. <i>Nutrition and Metabolism</i> , 2019 , 16, 23	4.6	4
367	Habitual Physical Activity is Associated with Relative Apelin Gene Expression in Adipose Tissues Among Non-Diabetic Adults. <i>International Journal of Peptide Research and Therapeutics</i> , 2019 , 25, 1573-1579	12.1	1
366	Circulating markers of nitric oxide homeostasis and cardiometabolic diseases: insights from population-based studies. <i>Free Radical Research</i> , 2019 , 53, 359-376	4	6
365	Evaluating the interaction of common FTO genetic variants, added sugar, and trans-fatty acid intakes in altering obesity phenotypes. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 474-480	4.5	6
364	What are the main areas of focus to prevent or treat non-alcoholic fatty liver disease?. <i>Journal of Digestive Diseases</i> , 2019 , 20, 271-277	3.3	2
363	Dietary patterns modify the association between fat mass and obesity-associated genetic variants and changes in obesity phenotypes. <i>British Journal of Nutrition</i> , 2019 , 121, 1247-1254	3.6	5

362	Empirical dietary inflammatory pattern and risk of metabolic syndrome and its components: Tehran Lipid and Glucose Study. <i>Diabetology and Metabolic Syndrome</i> , 2019 , 11, 16	5.6	7
361	Effects of Ramadan intermittent fasting on lipid and lipoprotein parameters: An updated meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 906-915	4.5	17
360	Effects of flaxseed and flaxseed oil supplement on serum levels of inflammatory markers, metabolic parameters and severity of disease in patients with ulcerative colitis. <i>Complementary Therapies in Medicine</i> , 2019 , 46, 36-43	3.5	19
359	The effect of saffron on weight and lipid profile: A systematic review, meta-analysis, and dose-response of randomized clinical trials. <i>Phytotherapy Research</i> , 2019 , 33, 2244-2255	6.7	14
358	Elevated serum levels of aminotransferases in relation to unhealthy foods intake: Tehran lipid and glucose study. <i>BMC Endocrine Disorders</i> , 2019 , 19, 100	3.3	5
357	Habitual dietary lactose and galactose intakes in association with age at menopause in non-galactosemic women. <i>PLoS ONE</i> , 2019 , 14, e0214067	3.7	2
356	A randomized controlled trial to determining the effect of cinnamon on the plasma levels of soluble forms of vascular adhesion molecules in type 2 diabetes mellitus. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 1605-1612	5.2	4
355	Does the inflammatory potential of diet affect disease activity in patients with inflammatory bowel disease?. <i>Nutrition Journal</i> , 2019 , 18, 65	4.3	8
354	The association of dietary patterns and adherence to WHO healthy diet with metabolic syndrome in children and adolescents: Tehran lipid and glucose study. <i>BMC Public Health</i> , 2019 , 19, 1457	4.1	13
353	Estimation and Validation of Dietary Nitrate and Nitrite Intake in Iranian Population. <i>Iranian Journal of Public Health</i> , 2019 , 48, 162-170	0.7	3
352	The effectiveness of low trans-fatty acids dietary pattern in pregnancy and the risk of gestational diabetes mellitus. <i>Caspian Journal of Internal Medicine</i> , 2019 , 10, 197-204	1	1
351	Advanced glycation end products and risk of general and abdominal obesity in Iranian adults: Tehran lipid and glucose study. <i>Medical Journal of the Islamic Republic of Iran</i> , 2019 , 33, 21	1.1	2
350	Comparison of Food Intake in Multiple Sclerosis Patients and Healthy Individuals: A Hospital-Based Case-Controlled Study. <i>Iranian Journal of Child Neurology</i> , 2019 , 13, 143-154	0.6	2
349	Seasonal Variations of Serum Zinc Concentration in Adult Population: Tehran Lipid and Glucose Study. <i>Iranian Journal of Public Health</i> , 2019 , 48, 1496-1502	0.7	
348	A Brief History of Modern Endocrinology and Definitions of a True Hormone. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2019 , 19, 1116-1121	2.2	3
347	The Associations of Dietary Acid Load with Insulin Resistance and Type 2 Diabetes: A Systematic Review of Existing Human Studies. <i>Recent Patents on Food, Nutrition & Agriculture</i> , 2019 , 10, 27-33	1.9	6
346	Mediterranean dietary patterns and risk of type 2 diabetes in the Islamic Republic of Iran. <i>Eastern Mediterranean Health Journal</i> , 2019 , 25, 896-904	1.7	4
345	The Association between Dietary Fat Pattern and the Risk of Type 2 Diabetes. <i>Preventive Nutrition and Food Science</i> , 2019 , 24, 1-7	2.4	7

344	Prospective study of total and various types of vegetables and the risk of metabolic syndrome among children and adolescents. <i>World Journal of Diabetes</i> , 2019 , 10, 362-375	4.7	6
343	The Principles of Biomedical Scientific Writing: Results. <i>International Journal of Endocrinology and Metabolism</i> , 2019 , 17, e92113	1.8	7
342	The Principles of Biomedical Scientific Writing: Title. <i>International Journal of Endocrinology and Metabolism</i> , 2019 , 17, e98326	1.8	10
341	Inverse relation between fruit and vegetable intake and the risk of gestational diabetes mellitus. <i>International Journal for Vitamin and Nutrition Research</i> , 2019 , 89, 37-44	1.7	3
340	The Association between Fish Consumption and Risk of Metabolic Syndrome in Adults: Tehran Lipid and Glucose Study. <i>International Journal for Vitamin and Nutrition Research</i> , 2019 , 89, 192-199	1.7	2
339	Hydrogenated Vegetable Oils and Trans Fatty Acids: Profile and Application to Diabetes 2019 , 19-32		1
338	Long-Term Effectiveness of a Lifestyle Intervention: A Pragmatic Community Trial to Prevent Metabolic Syndrome. <i>American Journal of Preventive Medicine</i> , 2019 , 56, 437-446	6.1	6
337	Dietary Inflammatory Index in Relation to Carotid Intima Media Thickness among Overweight or Obese Children and Adolescents. <i>Annals of Nutrition and Metabolism</i> , 2019 , 75, 179-186	4.5	3
336	Cost effectiveness of different screening strategies for gestational diabetes mellitus screening: study protocol of a randomized community non-inferiority trial. <i>Diabetology and Metabolic Syndrome</i> , 2019 , 11, 106	5.6	1
335	The relation between circulating levels of vitamin D and parathyroid hormone in children and adolescents with overweight or obesity: Quest for a threshold. <i>PLoS ONE</i> , 2019 , 14, e0225717	3.7	7
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332	The association of Dietary Approach to Stop Hypertension (DASH) diet with metabolic healthy and metabolic unhealthy obesity phenotypes. <i>Scientific Reports</i> , 2019 , 9, 18690	4.9	11
331	The effect of probiotic supplementation on glycemic control and lipid profile in patients with type 2 diabetes: A randomized placebo controlled trial. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019 , 13, 175-182	8.9	58
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328	The association of dietary carbohydrate with FTO gene expression in visceral and subcutaneous adipose tissue of adults without diabetes. <i>Nutrition</i> , 2019 , 63-64, 92-97	4.8	3
327	Legume consumption increase adiponectin concentrations among type 2 diabetic patients: A randomized crossover clinical trial. <i>Endocrinologia, Diabetes Y Nutrición</i> , 2019 , 66, 49-55	1.3	10

326	The Effects of Probiotic Supplements on Blood Markers of Endotoxin and Lipid Peroxidation in Patients Undergoing Gastric Bypass Surgery; a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial with 13Months Follow-Up. <i>Obesity Surgery</i> , 2019 , 29, 1248-1258	3.7	18
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324	Circulating nitric oxide metabolites and the risk of cardiometabolic outcomes: a prospective population-based study. <i>Biomarkers</i> , 2019 , 24, 325-333	2.6	1
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23	General obesity and central adiposity in a representative sample of Tehranian adults: prevalence and determinants. <i>International Journal for Vitamin and Nutrition Research</i> , 2005 , 75, 297-304	1.7	53
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21	Diet quality status of most Tehranian adults needs improvement. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2005 , 14, 163-8	1	35

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13	Urinary iodine excretion in pregnant women residing in areas with adequate iodine intake. <i>Public Health Nutrition</i> , 2003 , 6, 95-8	3.3	44
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