

# David M Fresco

## List of Publications by Year in descending order

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121  
papers

9,889  
citations

53660

45  
h-index

37111

96  
g-index

136  
all docs

136  
docs citations

136  
times ranked

7961  
citing authors

#	ARTICLE	IF	CITATIONS
1	Preliminary evidence for an emotion dysregulation model of generalized anxiety disorder. <i>Behaviour Research and Therapy</i> , 2005, 43, 1281-1310.	1.6	702
2	The Liebowitz Social Anxiety Scale: a comparison of the psychometric properties of self-report and clinician-administered formats. <i>Psychological Medicine</i> , 2001, 31, 1025-1035.	2.7	669
3	Initial Psychometric Properties of the Experiences Questionnaire: Validation of a Self-Report Measure of Decentering. <i>Behavior Therapy</i> , 2007, 38, 234-246.	1.3	570
4	Empirical Validation and Psychometric Evaluation of the Brief Fear of Negative Evaluation Scale in Patients With Social Anxiety Disorder.. <i>Psychological Assessment</i> , 2005, 17, 179-190.	1.2	381
5	Delineating Components of Emotion and its Dysregulation in Anxiety and Mood Psychopathology. <i>Behavior Therapy</i> , 2007, 38, 284-302.	1.3	374
6	Screening for social anxiety disorder in the clinical setting: using the Liebowitz Social Anxiety Scale. <i>Journal of Anxiety Disorders</i> , 2002, 16, 661-673.	1.5	372
7	Title is missing!. <i>Cognitive Therapy and Research</i> , 2002, 26, 179-188.	1.2	357
8	Emotion Dysregulation in Generalized Anxiety Disorder: A Comparison with Social Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2005, 29, 89-106.	1.2	341
9	Decentering and Related Constructs. <i>Perspectives on Psychological Science</i> , 2015, 10, 599-617.	5.2	337
10	Screening for social anxiety disorder with the self-report version of the Liebowitz Social Anxiety Scale. <i>Depression and Anxiety</i> , 2009, 26, 34-38.	2.0	315
11	Applying an emotion regulation framework to integrative approaches to generalized anxiety disorder.. <i>Clinical Psychology: Science and Practice</i> , 2002, 9, 85-90.	0.6	295
12	Development and Examination of the Social Appearance Anxiety Scale. <i>Assessment</i> , 2008, 15, 48-59.	1.9	240
13	Evaluation of the Clinical Global Impression Scale among individuals with social anxiety disorder. <i>Psychological Medicine</i> , 2003, 33, 611-622.	2.7	227
14	Depressive realism: A meta-analytic review. <i>Clinical Psychology Review</i> , 2012, 32, 496-509.	6.0	220
15	Relationship of posttreatment decentering and cognitive reactivity to relapse in major depression.. <i>Journal of Consulting and Clinical Psychology</i> , 2007, 75, 447-455.	1.6	218
16	Using the Penn State Worry Questionnaire to identify individuals with generalized anxiety disorder: a receiver operating characteristic analysis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2003, 34, 283-291.	0.6	197
17	Cognitive styles and life events interact to predict bipolar and unipolar symptomatology.. <i>Journal of Abnormal Psychology</i> , 1999, 108, 567-578.	2.0	173
18	The Internet: home to a severe population of individuals with social anxiety disorder?. <i>Journal of Anxiety Disorders</i> , 2004, 18, 629-646.	1.5	173

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19	A Placebo-Controlled Trial of Phenelzine, Cognitive Behavioral Group Therapy, and Their Combination for Social Anxiety Disorder. <i>Archives of General Psychiatry</i> , 2010, 67, 286.	13.8	155
20	United We Stand: Emphasizing Commonalities Across Cognitive-Behavioral Therapies. <i>Behavior Therapy</i> , 2013, 44, 234-248.	1.3	142
21	Social anxiety, alcohol expectancies, and self-efficacy as predictors of heavy drinking in college students. <i>Addictive Behaviors</i> , 2006, 31, 388-398.	1.7	134
22	Cognitive Styles and Life Events in Subsyndromal Unipolar and Bipolar Disorders: Stability and Prospective Prediction of Depressive and Hypomanic Mood Swings. <i>Journal of Cognitive Psychotherapy</i> , 1999, 13, 21-40.	0.2	126
23	Impairment and quality of life in individuals with generalized anxiety disorder. <i>Depression and Anxiety</i> , 2007, 24, 342-349.	2.0	125
24	Change in Decentering Mediates Improvement in Anxiety in Mindfulness-Based Stress Reduction for Generalized Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2015, 39, 228-235.	1.2	115
25	Confirmatory factor analysis of the Penn State Worry Questionnaire. <i>Behaviour Research and Therapy</i> , 2002, 40, 313-323.	1.6	108
26	Randomized Controlled Trial of Mindfulness-Based Stress Reduction for Prehypertension. <i>Psychosomatic Medicine</i> , 2013, 75, 721-728.	1.3	108
27	AN OPEN TRIAL OF EMOTION REGULATION THERAPY FOR GENERALIZED ANXIETY DISORDER AND COOCCURRING DEPRESSION. <i>Depression and Anxiety</i> , 2015, 32, 614-623.	2.0	106
28	Mindfulness and Cardiovascular Disease Risk: State of the Evidence, Plausible Mechanisms, and Theoretical Framework. <i>Current Cardiology Reports</i> , 2015, 17, 112.	1.3	106
29	The psychometric properties of the Interpersonal Sensitivity Measure in social anxiety disorder. <i>Behaviour Research and Therapy</i> , 2002, 40, 961-979.	1.6	105
30	What, me worry and ruminate about DSM-5 and RDoC? The importance of targeting negative self-referential processing. <i>Clinical Psychology: Science and Practice</i> , 2013, 20, 258-267.	0.6	103
31	Effects of varying levels of anxiety within social situations: relationship to memory perspective and attributions in social phobia. <i>Behaviour Research and Therapy</i> , 2001, 39, 651-665.	1.6	90
32	Flexibility and Negative Affect: Examining the Associations of Explanatory Flexibility and Coping Flexibility to Each Other and to Depression and Anxiety. <i>Cognitive Therapy and Research</i> , 2006, 30, 201-210.	1.2	89
33	Emotion Regulation Therapy: A Mechanism-Targeted Treatment for Disorders of Distress. <i>Frontiers in Psychology</i> , 2017, 8, 98.	1.1	85
34	Brooding and Pondering. <i>Assessment</i> , 2009, 16, 315-327.	1.9	83
35	Cognitive styles and life events interact to predict bipolar and unipolar symptomatology. <i>Journal of Abnormal Psychology</i> , 1999, 108, 567-78.	2.0	80
36	Examination of the Factor Structure and Concurrent Validity of the Langer Mindfulness/Mindlessness Scale. <i>Assessment</i> , 2011, 18, 11-26.	1.9	78

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37	Is generalized anxiety disorder an anxiety or mood disorder? Considering multiple factors as we ponder the fate of GAD. <i>Depression and Anxiety</i> , 2008, 25, 289-299.	2.0	77
38	Emotion Regulation Therapy for Generalized Anxiety Disorder. <i>Cognitive and Behavioral Practice</i> , 2013, 20, 282-300.	0.9	76
39	Inflexibility as a Vulnerability to Depression: A Systematic Qualitative Review. <i>Clinical Psychology: Science and Practice</i> , 2017, 24, 245-276.	0.6	73
40	A randomized controlled trial of emotion regulation therapy for generalized anxiety disorder with and without co-occurring depression.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 268-281.	1.6	68
41	A psychometric evaluation of behavioral inhibition and approach self-report measures. <i>Personality and Individual Differences</i> , 2006, 40, 1649-1658.	1.6	63
42	Explanatory Flexibility and Negative Life Events Interact to Predict Depression Symptoms. <i>Journal of Social and Clinical Psychology</i> , 2007, 26, 595-608.	0.2	56
43	Efficacy of a Manualized and Workbook-Driven Individual Treatment for Social Anxiety Disorder. <i>Behavior Therapy</i> , 2009, 40, 414-424.	1.3	56
44	Clarifying the unique associations among intolerance of uncertainty, anxiety, and depression <sup>*</sup> . <i>Cognitive Behaviour Therapy</i> , 2016, 45, 431-444.	1.9	54
45	Facial emotion recognition in major depressive disorder: A meta-analytic review. <i>Journal of Affective Disorders</i> , 2021, 293, 320-328.	2.0	52
46	Using the GAD-Q-IV to identify generalized anxiety disorder in psychiatric treatment seeking and primary care medical samples. <i>Journal of Anxiety Disorders</i> , 2014, 28, 25-30.	1.5	49
47	Association of Attributional Style for Negative and Positive Events and the Occurrence of Life Events with Depression and Anxiety. <i>Journal of Social and Clinical Psychology</i> , 2006, 25, 1140-1160.	0.2	48
48	Social Phobia or Social Anxiety Disorder: What's in a Name?. <i>Archives of General Psychiatry</i> , 2000, 57, 191-a-192.	13.8	48
49	Metacognitive processes model of decentering: emerging methods and insights. <i>Current Opinion in Psychology</i> , 2019, 28, 245-251.	2.5	45
50	Using the QIDS-SR16 to Identify Major Depressive Disorder in Primary Care Medical Patients. <i>Behavior Therapy</i> , 2010, 41, 423-431.	1.3	44
51	Differential patterns of physical symptoms and subjective processes in generalized anxiety disorder and unipolar depression. <i>Journal of Anxiety Disorders</i> , 2010, 24, 250-259.	1.5	43
52	The effect of a negative mood priming challenge on dysfunctional attitudes, explanatory style, and explanatory flexibility. <i>British Journal of Clinical Psychology</i> , 2006, 45, 167-183.	1.7	42
53	Interaction effect of brooding rumination and interoceptive awareness on depression and anxiety symptoms. <i>Behaviour Research and Therapy</i> , 2016, 85, 43-52.	1.6	42
54	Depressive Realism and Attributional Style: Implications for Individuals at Risk for Depression. <i>Behavior Therapy</i> , 2007, 38, 144-154.	1.3	41

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55	A Pilot Study of Emotion Regulation Therapy for Generalized Anxiety and Depression: Findings From a Diverse Sample of Young Adults. <i>Behavior Therapy</i> , 2018, 49, 403-418.	1.3	37
56	Flexible parasympathetic responses to sadness facilitate spontaneous affect regulation. <i>Psychophysiology</i> , 2017, 54, 1054-1069.	1.2	36
57	Distinct Functional Connectivities Predict Clinical Response with Emotion Regulation Therapy. <i>Frontiers in Human Neuroscience</i> , 2017, 11, 86.	1.0	36
58	Advancing Emotion Regulation Perspectives on Psychopathology: The Challenge of Distress Disorders. <i>Psychological Inquiry</i> , 2015, 26, 80-92.	0.4	33
59	Changes in Functional Connectivity Following Treatment With Emotion Regulation Therapy. <i>Frontiers in Behavioral Neuroscience</i> , 2019, 13, 10.	1.0	33
60	Changes in Decentering and Reappraisal Temporally Precede Symptom Reduction During Emotion Regulation Therapy for Generalized Anxiety Disorder With and Without Co-Occurring Depression. <i>Behavior Therapy</i> , 2019, 50, 1042-1052.	1.3	33
61	Autonomic reactivity and vulnerability to depression: A multi-wave study.. <i>Emotion</i> , 2017, 17, 602-615.	1.5	31
62	Inflexibility as a vulnerability to depression: A systematic qualitative review.. <i>Clinical Psychology: Science and Practice</i> , 2017, 24, 245-276.	0.6	29
63	Marital Cognitions and Depression in the Context of Marital Discord. <i>Cognitive Therapy and Research</i> , 2001, 25, 713-732.	1.2	28
64	Extreme response style in recurrent and chronically depressed patients: Change with antidepressant administration and stability during continuation treatment.. <i>Journal of Consulting and Clinical Psychology</i> , 2007, 75, 145-153.	1.6	28
65	Emotion regulation therapy for cancer caregiversâ€™an open trial of a mechanism-targeted approach to addressing caregiver distress. <i>Translational Behavioral Medicine</i> , 2020, 10, 413-422.	1.2	26
66	The Relationship of Sociotropy and Autonomy to Symptoms of Depression and Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2001, 15, 17-31.	0.2	24
67	Development of a self-distancing task and initial validation of responses.. <i>Psychological Assessment</i> , 2016, 28, 841-855.	1.2	23
68	All together now: utilizing common functional change principles to unify cognitive behavioral and mindfulness-based therapies. <i>Current Opinion in Psychology</i> , 2019, 28, 65-70.	2.5	21
69	Emotion Regulation Therapy and Its Potential Role in the Treatment of Chronic Stress-Related Pathology Across Disorders. <i>Chronic Stress</i> , 2020, 4, 247054702090578.	1.7	21
70	Increased Attention Regulation from Emotion Regulation Therapy for Generalized Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2018, 42, 121-134.	1.2	20
71	A Randomized Controlled Trial of Emotion Regulation Therapy for Psychologically Distressed Caregivers of Cancer Patients. <i>JNCI Cancer Spectrum</i> , 2020, 4, pkz074.	1.4	20
72	The Relationship of Explanatory Flexibility to Explanatory Style. <i>Behavior Therapy</i> , 2007, 38, 325-332.	1.3	19

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73	Self-Administered Optimism Training: Mechanisms of Change in a Minimally Supervised Psychoeducational Intervention. <i>Journal of Cognitive Psychotherapy</i> , 2009, 23, 350-367.	0.2	19
74	A neurobehavioral account for decentering as the salve for the distressed mind. <i>Current Opinion in Psychology</i> , 2019, 28, 285-293.	2.5	19
75	Measurement Invariance of the Ruminative Responses Scale Across Gender. <i>Assessment</i> , 2020, 27, 508-517.	1.9	15
76	An Exploratory Analysis of the Factor Structure of the Dysfunctional Attitude Scale—Form A (DAS). <i>Assessment</i> , 2014, 21, 570-579.	1.9	13
77	DSM-5 insomnia disorder in pregnancy: associations with depression, suicidal ideation, and cognitive and somatic arousal, and identifying clinical cutoffs for detection. <i>SLEEP Advances</i> , 2022, 3, zpac006.	0.1	13
78	Perseverate or decenter? Differential effects of metacognition on the relationship between parasympathetic inflexibility and symptoms of depression in a multi-wave study. <i>Behaviour Research and Therapy</i> , 2017, 97, 123-133.	1.6	12
79	Association between decentering and reductions in relapse/recurrence in mindfulness-based cognitive therapy for depression in adults: A randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2022, 90, 137-147.	1.6	12
80	Characterization of Brain Signatures to Add Precision to Self-Management Health Information Interventions. <i>Nursing Research</i> , 2019, 68, 127-134.	0.8	11
81	A comparison of decentering across demographic groups and meditation experience: Support for the measurement invariance of the Experiences Questionnaire.. <i>Psychological Assessment</i> , 2020, 32, 197-204.	1.2	11
82	Explanatory Flexibility and Explanatory Style in Treatment-Seeking Patients with Axis I Psychopathology. <i>Cognitive Therapy and Research</i> , 2015, 39, 736-743.	1.2	10
83	Impact of Comorbid Depressive Disorders on Subjective and Physiological Responses to Emotion in Generalized Anxiety Disorder. <i>Cognitive Therapy and Research</i> , 2016, 40, 290-303.	1.2	10
84	The relationships between health information behavior and neural processing in african americans with prehypertension. <i>Journal of the Association for Information Science and Technology</i> , 2019, 70, 968-980.	1.5	10
85	Inter-brain Synchronization in the Practice of Tibetan Monastic Debate. <i>Mindfulness</i> , 2020, 11, 1105-1119.	1.6	10
86	Trait anxiety and attenuated negative affect differentiation: a vulnerability factor to consider?. <i>Anxiety, Stress and Coping</i> , 2016, 29, 685-698.	1.7	9
87	Neural Processing and Perceived Discrimination Stress in African Americans. <i>Nursing Research</i> , 2020, 69, 331-338.	0.8	9
88	Neural correlates of mindful emotion regulation in high and low ruminators. <i>Scientific Reports</i> , 2020, 10, 15617.	1.6	9
89	The Use of the Mirror Tracing Persistence Task as a Measure of Distress Tolerance in Generalized Anxiety Disorder. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2018, 36, 80.	1.0	6
90	Decentering predicts attenuated perseverative thought and internalizing symptoms following stress exposure: A multi-level, multi-wave study. <i>Behaviour Research and Therapy</i> , 2022, 152, 104017.	1.6	6

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91	Book review of Emotion-focused therapy: Coaching clients to work through their feelings L.S. GREENBERG Washington, DC American Psychological Association, 2002 337 pp., \$49.95 (hardcover). Counselling Psychology Quarterly, 2005, 18, 225-226.	1.5	5
92	Changes in Explanatory Flexibility Among Individuals with Generalized Anxiety Disorder in an Emotion Evocation Challenge. Cognitive Therapy and Research, 2014, 38, 416-427.	1.2	5
93	Depressive Realism and Attributional Style: Replication and Extension. International Journal of Cognitive Therapy, 2016, 9, 1-12.	1.3	5
94	Change in Explanatory Flexibility and Explanatory Style in Cognitive Therapy and its Components. Cognitive Therapy and Research, 2017, 41, 519-529.	1.2	5
95	Tibetan Buddhist monastic debate: Psychological and neuroscientific analysis of a reasoning-based analytical meditation practice. Progress in Brain Research, 2019, 244, 233-253.	0.9	5
96	Inflexible autonomic responses to sadness predict habitual and real-world rumination: A multi-level, multi-wave study. Biological Psychology, 2020, 153, 107886.	1.1	5
97	The Effect of an HIV Self-Management Intervention on Neurocognitive Behavioral Processing. Western Journal of Nursing Research, 2019, 41, 990-1008.	0.6	4
98	The impact of emotion regulation therapy on emotion differentiation in psychologically distressed caregivers of cancer patients. Anxiety, Stress and Coping, 2021, 34, 479-485.	1.7	4
99	Adult Depression. , 2008, , 96-120.		4
100	Handbook of Emotions (Second Edition). Journal of Cognitive Psychotherapy, 2001, 15, 281-283.	0.2	4
101	Tending the Garden and Harvesting the Fruits of Behavior Therapy. Behavior Therapy, 2013, 44, 177-179.	1.3	3
102	Preliminary Efficacy of an Emotion Regulation Intervention on Physical Activity and Depressive and Anxious Symptoms in Individuals in Cardiac Rehabilitation. Journal of Cardiovascular Nursing, 2022, 37, 296-305.	0.6	3
103	Feasibility of an Emotion Regulation Intervention for Patients in Cardiac Rehabilitation. Western Journal of Nursing Research, 2021, 43, 338-346.	0.6	2
104	Moderators and mediators of emotion regulation therapy for psychologically distressed caregivers of cancer patients: secondary analyses from a randomized controlled trial. Acta Oncológica, 2021, 60, 992-999.	0.8	2
105	Mindfulness-Based Cognitive Therapy: A Preliminary Examination of the (Event-Related) Potential for Modifying Threat-Related Attentional Bias in Anxiety. Mindfulness, 2022, 13, 1719-1732.	1.6	2
106	From psychological to physical health: Exploring temporal precedence throughout emotion regulation therapy. Journal of Anxiety Disorders, 2021, 80, 102403.	1.5	1
107	Implicit approach and avoidance motivational changes in GAD patients treated with emotion regulation therapy. Journal of Behavioral and Cognitive Therapy, 2022, 32, 151-156.	0.7	1
108	Does Dispositional Mindfulness Predict Cardiovascular Reactivity to Emotional Stress in Prehypertension? Latent Growth Curve Analyses from the Serenity Study. Mindfulness, 2021, 12, 2624.	1.6	1

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109	Emotion Regulation Therapy for Cancer Caregivers. , 2019, , 219-236.		1
110	Empirically Supported Psychological Treatments for Social Phobia. Psychiatric Annals, 2001, 31, 489-496.	0.1	1
111	Social anxiety disorder and specific phobias. , 2012, , 739-750.		1
112	Book review of Positive Psychological Assessment: A handbook of models and measures (First) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 627 (www.apa.org). 2003, 495 pp., \$49.95 (hardcover).. Counselling Psychology Quarterly, 2005, 18, 169-170.	1.5	0
113	10. Examining the Role of Neurocognitive Processing on Self-Management and Cardiovascular Health in HIV+ adults. Nursing Outlook, 2017, 65, 134.	1.5	0
114	UNCOVERING NEUROPROCESSING AND SELF-MANAGEMENT BEHAVIORS IN PREHYPERTENSIVE AFRICAN AMERICANS. Innovation in Aging, 2017, 1, 119-119.	0.0	0
115	Optimizing cognitive behavioral therapy to reduce the burden of distress disorders within an emotion regulation framework. , 2021, , 79-98.		0
116	Adult Depression. , 2018, , 131-151.		0
117	Emotion Regulation Training May Improve Stress, Depression, Anxiety, and Physical Activity. Innovation in Aging, 2020, 4, 587-588.	0.0	0
118	Abstract 14540: Preliminary Efficacy and Feasibility of an Emotion Regulation Intervention on Physical Activity and Depressive and Anxious Symptoms in Individuals in Cardiac Rehabilitation. Circulation, 2020, 142, .	1.6	0
119	Daily intra-individual variability of positive but not negative affect impacts moderate to vigorous physical activity. European Heart Journal, 2020, 41, .	1.0	0
120	Generalized Anxiety Disorder. , 0, , 175-192.		0
121	Neuroscience: Emotional Regulation, Mindfulness, and Relieving Distress. , 0, , .		0