## Rafael Bravo

## List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/828920/publications.pdf

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17 papers	328 citations	1162367 <b>8</b> h-index	17 g-index
18 all docs	18 docs citations	18 times ranked	508 citing authors

#	Article	IF	CITATIONS
1	Tryptophan-rich diet is negatively associated with depression and positively linked to social cognition. Nutrition Research, 2021, 85, 14-20.	1.3	21
2	SLC6A4 polymorphisms modulate the efficacy of a tryptophan-enriched diet on age-related depression and social cognition. Clinical Nutrition, 2021, 40, 1487-1494.	2.3	4
3	Cellular and physiological circadian mechanisms drive diurnal cell proliferation and expansion of white adipose tissue. Nature Communications, 2021, 12, 3482.	5 <b>.</b> 8	18
4	Tryptophan-enriched diet or 5-hydroxytryptophan supplementation given in a randomized controlled trial impacts social cognition on a neural and behavioral level. Scientific Reports, 2021, 11, 21637.	1.6	7
5	Nutritional status and dietary behaviours of Northern Algeria university students. Acta Universitatis Sapientiae: Alimentaria, 2021, 14, 1-13.	0.1	O
6	Genetic and epigenetic serotonergic markers predict the ability to recognize mental states. Physiology and Behavior, 2020, 227, 113143.	1.0	3
7	"Influence of diet on mood and social cognition: a pilot study― Food and Function, 2020, 11, 8320-8330.	2.1	7
8	Collaborative active learning: bioimpedance and anthropometry in higher education. American Journal of Physiology - Advances in Physiology Education, 2018, 42, 605-609.	0.8	4
9	High-fat diet and glucose and albumin circadian rhythms' chronodisruption in rats. Turkish Journal of Biology, 2017, 41, 364-369.	2.1	1
10	Activity/inactivity circadian rhythm shows high similarities between young obesity-induced rats and old rats. Acta Physiologica Hungarica, 2016, 103, 65-74.	0.9	4
11	Effect of non-alcohol beer on anxiety: Relationship of 5-HIAA. Neurochemical Journal, 2015, 9, 149-152.	0.2	9
12	Body weight gain in rats by a high-fat diet produces chronodisruption in activity/inactivity circadian rhythm. Chronobiology International, 2014, 31, 363-370.	0.9	25
13	Effect of non-alcoholic beer on Subjective Sleep Quality in a university stressed population. Acta Physiologica Hungarica, 2014, 101, 353-361.	0.9	9
14	Tryptophan-enriched cereal intake improves nocturnal sleep, melatonin, serotonin, and total antioxidant capacity levels and mood in elderly humans. Age, 2013, 35, 1277-1285.	3.0	129
15	The sedative effects of hops <i>(Humulus lupulus)</i> , a component of beer, on the activity/rest rhythm. Acta Physiologica Hungarica, 2012, 99, 133-139.	0.9	41
16	The Sedative Effect of Non-Alcoholic Beer in Healthy Female Nurses. PLoS ONE, 2012, 7, e37290.	1.1	37
17	Assessment of the intake of tryptophan-enriched cereals in the elderly and its influence on the sleep-wake circadian rhythm. Antropologia Portuguesa, 2012, , 113-120.	0.2	2