Paulo Martins

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The Predictive Role of Raw Bioelectrical Impedance Parameters in Water Compartments and Fluid Distribution Assessed by Dilution Techniques in Athletes. International Journal of Environmental Research and Public Health, 2020, 17, 759.	1.2	57
2	Champ4life Study Protocol: A One-Year Randomized Controlled Trial of a Lifestyle Intervention for Inactive Former Elite Athletes with Overweight/Obesity. Nutrients, 2020, 12, 286.	1.7	17
3	Phase Angle Is a Marker of Muscle Quantity and Strength in Overweight/Obese Former Athletes. International Journal of Environmental Research and Public Health, 2021, 18, 6649.	1.2	14
4	Examining the validity of the Athlete Engagement Questionnaire (AEQ) in a Portuguese sport setting. Motriz Revista De Educacao Fisica, 2014, 20, 1-7.	0.3	13
5	Studying the Efficacy of Psychodrama With the Hermeneutic Single Case Efficacy Design: Results From a Longitudinal Study. Frontiers in Psychology, 2018, 9, 1662.	1.1	10
6	Effectiveness of a lifestyle weight-loss intervention targeting inactive former elite athletes: the Champ4Life randomised controlled trial. British Journal of Sports Medicine, 2022, 56, 394-402.	3.1	10
7	Adaptive thermogenesis after moderate weight loss: magnitude and methodological issues. European Journal of Nutrition, 2022, 61, 1405-1416.	1.8	10
8	Personal and Social Responsibility Among Athletes: the Role of Self-Determination, Achievement Goals and Engagement. Journal of Human Kinetics, 2017, 57, 39-50.	0.7	7
9	Validity of water compartments estimated using bioimpedance spectroscopy in athletes differing in hydration status. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1612-1620.	1.3	7
10	Specific Bioelectrical Impedance Vector Analysis Identifies Body Fat Reduction after a Lifestyle Intervention in Former Elite Athletes. Biology, 2021, 10, 524.	1.3	7
11	Examining the validity of the personal-social responsibility questionnaire among athletes. Motriz Revista De Educacao Fisica, 2015, 21, 321-328.	0.3	6
12	Positive Development Based on the Teaching of Personal and Social Responsibility: An Intervention Program With Institutionalized Youngsters. Frontiers in Psychology, 2022, 13, 792224.	1.1	5
13	Are predictive equations a valid method of assessing the resting metabolic rate of overweight or obese former athletes?. European Journal of Sport Science, 2020, 20, 1225-1234.	1.4	2
14	Changes in food reward and intuitive eating after weight loss and maintenance in former athletes with overweight or obesity. Obesity, 2022, , .	1.5	2
15	Análise das Qualidades Psicométricas da Versão Portuguesa do Inventário de Avaliação da Espontaneidade (SAI-R). Psico-USF, 2021, 26, 83-95.	0.1	2
16	Engagement and Injuries in Wrestling Athletes. International Journal of Wrestling Science, 2017, 7, 1-8.	0.4	1
17	Motivational Regulations and Recovery in Olympic Wrestlers. International Journal of Wrestling Science, 2017, 7, 27-34.	0.4	1
18	Investigation on Soccer Referees: A Narrative Review. Polish Journal of Sport and Tourism, 2019, 26, 20-28.	0.2	1

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#	Article	IF	CITATIONS
19	Psychometric Properties of the Spontaneity Assessment Inventory-Revised (SAI-R): The 3-Factor Hypothesis. International Journal of Environmental Research and Public Health, 2022, 19, 7924.	1.2	1
20	Effects of a 4-month active weight loss phase followed by weight loss maintenance on adaptive thermogenesis in resting energy expenditure in former elite athletes. European Journal of Nutrition, 2022, 61, 4121-4133.	1.8	1
21	A formação de treinadores de luta olÃmpica: estudos das fontes de conhecimento e conteúdos de formação essenciais. Revista De Artes Marciales Asiáticas, 2017, 12, 24.	0.5	0
22	A história oral e as subversões ao método. Olimpianos - Journal of Olympic Studies, 0, 3, 1-19.	0.0	0