

# Helmut Schroder

## List of Publications by Year in descending order

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139  
papers

9,086  
citations

50170

46  
h-index

43802

91  
g-index

143  
all docs

143  
docs citations

143  
times ranked

12136  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Short Screener Is Valid for Assessing Mediterranean Diet Adherence among Older Spanish Men and Women. <i>Journal of Nutrition</i> , 2011, 141, 1140-1145.	1.3	973
2	A 14-Item Mediterranean Diet Assessment Tool and Obesity Indexes among High-Risk Subjects: The PREDIMED Trial. <i>PLoS ONE</i> , 2012, 7, e43134.	1.1	704
3	Mediterranean Diet and Invasive Breast Cancer Risk Among Women at High Cardiovascular Risk in the PREDIMED Trial. <i>JAMA Internal Medicine</i> , 2015, 175, 1752.	2.6	391
4	The Gut Microbiome Profile in Obesity: A Systematic Review. <i>International Journal of Endocrinology</i> , 2018, 2018, 1-9.	0.6	362
5	Adherence to the Traditional Mediterranean Diet Is Inversely Associated with Body Mass Index and Obesity in a Spanish Population. <i>Journal of Nutrition</i> , 2004, 134, 3355-3361.	1.3	308
6	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , 2017, 75, 307-326.	2.6	294
7	Protective mechanisms of the Mediterranean diet in obesity and type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , 2007, 18, 149-160.	1.9	270
8	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , 2019, 42, 777-788.	4.3	239
9	Olive Oils High in Phenolic Compounds Modulate Oxidative/Antioxidative Status in Men. <i>Journal of Nutrition</i> , 2004, 134, 2314-2321.	1.3	221
10	Effects of differing phenolic content in dietary olive oils on lipids and LDL oxidation. <i>European Journal of Nutrition</i> , 2004, 43, 140-147.	1.8	219
11	A provegetarian food pattern and reduction in total mortality in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 320S-328S.	2.2	207
12	Dietary Inflammatory Index and Incidence of Cardiovascular Disease in the PREDIMED Study. <i>Nutrients</i> , 2015, 7, 4124-4138.	1.7	182
13	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019, 48, 387-388o.	0.9	179
14	A Large Randomized Individual and Group Intervention Conducted by Registered Dietitians Increased Adherence to Mediterranean-Type Diets: The PREDIMED Study. <i>Journal of the American Dietetic Association</i> , 2008, 108, 1134-1144.	1.3	172
15	Alternative Methods of Accounting for Underreporting and Overreporting When Measuring Dietary Intake-Obesity Relations. <i>American Journal of Epidemiology</i> , 2011, 173, 448-458.	1.6	162
16	Circulating oxidized LDL is associated with increased waist circumference independent of body mass index in men and women. <i>American Journal of Clinical Nutrition</i> , 2006, 83, 30-35.	2.2	141
17	Association of fast food consumption with energy intake, diet quality, body mass index and the risk of obesity in a representative Mediterranean population. <i>British Journal of Nutrition</i> , 2007, 98, 1274-1280.	1.2	133
18	Validation of the Regicor Short Physical Activity Questionnaire for the Adult Population. <i>PLoS ONE</i> , 2017, 12, e0168148.	1.1	133

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19	Adherence to the Mediterranean diet is associated with better mental and physical health. <i>British Journal of Nutrition</i> , 2009, 101, 1821-1827.	1.2	131
20	High monetary costs of dietary patterns associated with lower body mass index: a population-based study. <i>International Journal of Obesity</i> , 2006, 30, 1574-1579.	1.6	102
21	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 1486.	3.8	100
22	Tobacco and alcohol consumption: impact on other cardiovascular and cancer risk factors in a southern European Mediterranean population. <i>British Journal of Nutrition</i> , 2002, 88, 273-281.	1.2	92
23	Prevalence of Abdominal Obesity in Spanish Children and Adolescents. Do We Need Waist Circumference Measurements in Pediatric Practice?. <i>PLoS ONE</i> , 2014, 9, e87549.	1.1	91
24	Impact of diet on cardiometabolic health in children and adolescents. <i>Nutrition Journal</i> , 2015, 14, 118.	1.5	90
25	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019, 38, 1221-1231.	2.3	87
26	Total and subtypes of dietary fat intake and risk of type 2 diabetes mellitus in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 723-735.	2.2	86
27	Low-fat dairy products and blood pressure: follow-up of 2290 older persons at high cardiovascular risk participating in the PREDIMED study. <i>British Journal of Nutrition</i> , 2009, 101, 59-67.	1.2	85
28	Relationship of abdominal obesity with alcohol consumption at population scale. <i>European Journal of Nutrition</i> , 2007, 46, 369-376.	1.8	75
29	Legume consumption and risk of all-cause, cardiovascular, and cancer mortality in the PREDIMED study. <i>Clinical Nutrition</i> , 2019, 38, 348-356.	2.3	74
30	Olive Oil Polyphenols Decrease LDL Concentrations and LDL Atherogenicity in Men in a Randomized Controlled Trial. <i>Journal of Nutrition</i> , 2015, 145, 1692-1697.	1.3	73
31	Can metabolically healthy obesity be explained by diet, genetics, and inflammation?. <i>Molecular Nutrition and Food Research</i> , 2015, 59, 75-93.	1.5	72
32	The effect of olive oil polyphenols on antibodies against oxidized LDL. A randomized clinical trial. <i>Clinical Nutrition</i> , 2011, 30, 490-493.	2.3	71
33	Glycemic load, glycemic index, and body mass index in Spanish adults. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 316-322.	2.2	70
34	Determinants of the transition from a cardiometabolic normal to abnormal overweight/obese phenotype in a Spanish population. <i>European Journal of Nutrition</i> , 2014, 53, 1345-1353.	1.8	70
35	Mediterranean diet and waist circumference in a representative national sample of young Spaniards. <i>Pediatric Obesity</i> , 2010, 5, 516-519.	3.2	68
36	Validity of two short screeners for diet quality in time-limited settings. <i>Public Health Nutrition</i> , 2012, 15, 618-626.	1.1	64

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37	Obesity Is an Independent Risk Factor for Heart Failure: Zona Franca Cohort Study. <i>Clinical Cardiology</i> , 2010, 33, 760-764.	0.7	60
38	High density lipoprotein functionality and cardiovascular events and mortality: A systematic review and meta-analysis. <i>Atherosclerosis</i> , 2020, 302, 36-42.	0.4	59
39	Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , 2021, 40, 4971-4979.	2.3	57
40	Association of physical activity with body mass index, waist circumference and incidence of obesity in older adults. <i>European Journal of Public Health</i> , 2018, 28, 944-950.	0.1	55
41	Moderate Consumption of Olive Oil by Healthy European Men Reduces Systolic Blood Pressure in Non-Mediterranean Participants. <i>Journal of Nutrition</i> , 2007, 137, 84-87.	1.3	54
42	Prenatal nutrition and the risk of adult obesity: Long-term effects of nutrition on epigenetic mechanisms regulating gene expression. <i>Journal of Nutritional Biochemistry</i> , 2017, 39, 1-14.	1.9	54
43	Low Energy Density Diets Are Associated with Favorable Nutrient Intake Profile and Adequacy in Free-Living Elderly Men and Women. <i>Journal of Nutrition</i> , 2008, 138, 1476-1481.	1.3	52
44	Concurrent and construct validity of Mediterranean diet scores as assessed by an FFQ. <i>Public Health Nutrition</i> , 2011, 14, 2015-2021.	1.1	51
45	Nutritional adequacy according to carbohydrates and fat quality. <i>European Journal of Nutrition</i> , 2016, 55, 93-106.	1.8	49
46	Relationship between body mass index, serum cholesterol, leisure-time physical activity, and diet in a Mediterranean Southern-Europe population. <i>British Journal of Nutrition</i> , 2003, 90, 431-439.	1.2	48
47	Alcohol consumption is associated with high concentrations of urinary hydroxytyrosol. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 1329-1335.	2.2	47
48	Preoperative Predictors of Weight Loss at 4 Years Following Bariatric Surgery. <i>Nutrition in Clinical Practice</i> , 2015, 30, 420-424.	1.1	47
49	Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2021, 40, 4290-4300.	2.3	47
50	Effect of a Mediterranean Diet Intervention on Dietary Glycemic Load and Dietary Glycemic Index: The PREDIMED Study. <i>Journal of Nutrition and Metabolism</i> , 2014, 2014, 1-10.	0.7	46
51	Leisure-time physical activity at moderate and high intensity is associated with parameters of body composition, muscle strength and sarcopenia in aged adults with obesity and metabolic syndrome from the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2019, 38, 1324-1331.	2.3	46
52	Dietary Supplement Use and Health-Related Behaviors in a Mediterranean Population. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 386-391.	0.3	45
53	Mediterranean diet impact on changes in abdominal fat and 10-year incidence of abdominal obesity in a Spanish population. <i>British Journal of Nutrition</i> , 2014, 111, 1481-1487.	1.2	45
54	Relationship of socioeconomic status with cardiovascular risk factors and lifestyle in a Mediterranean population. <i>European Journal of Nutrition</i> , 2004, 43, 77-85.	1.8	42

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55	Predictors of adherence to a Mediterranean-type diet in the PREDIMED trial. <i>European Journal of Nutrition</i> , 2010, 49, 91-99.	1.8	41
56	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 1493.	1.7	41
57	Secular Trends of Obesity and Cardiovascular Risk Factors in a Mediterranean Population. <i>Obesity</i> , 2007, 15, 557-562.	1.5	39
58	Association of diet quality with dietary inflammatory potential in youth. <i>Food and Nutrition Research</i> , 2017, 61, 1328961.	1.2	39
59	Population dietary habits and physical activity modification with age. <i>European Journal of Clinical Nutrition</i> , 2004, 58, 302-311.	1.3	38
60	Empirically-derived food patterns and the risk of total mortality and cardiovascular events in the PREDIMED study. <i>Clinical Nutrition</i> , 2015, 34, 859-867.	2.3	38
61	Soft Drink Consumption Is Positively Associated with Increased Waist Circumference and 10-Year Incidence of Abdominal Obesity in Spanish Adults <sup>1&amp;#x2013;3</sup> . <i>Journal of Nutrition</i> , 2015, 145, 328-334.	1.3	35
62	Cardiovascular Risk Profile and Type of Alcohol Beverage Consumption: A Population-Based Study. <i>Annals of Nutrition and Metabolism</i> , 2005, 49, 100-106.	1.0	34
63	Energy density, diet quality, and central body fat in a nationwide survey of young Spaniards. <i>Nutrition</i> , 2013, 29, 1350-1355.	1.1	33
64	Response to: Comment on "The Gut Microbiome Profile in Obesity: A Systematic Review". <i>International Journal of Endocrinology</i> , 2018, 2018, 1-2.	0.6	32
65	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 110.	2.0	32
66	Impact of lifestyle behaviors in early childhood on obesity and cardiometabolic risk in children: Results from the Spanish INMA birth cohort study. <i>Pediatric Obesity</i> , 2020, 15, e12590.	1.4	31
67	Risk assessment of the potential side effects of long-term creatine supplementation in team sport athletes. <i>European Journal of Nutrition</i> , 2005, 44, 255-261.	1.8	30
68	Screen Time and Parents' Education Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 795.	1.0	29
69	Effect of a community-based childhood obesity intervention program on changes in anthropometric variables, incidence of obesity, and lifestyle choices in Spanish children aged 8 to 10 years. <i>European Journal of Pediatrics</i> , 2018, 177, 1531-1539.	1.3	28
70	Dieta mediterrnea hipocalrica y factores de riesgo cardiovascular: anlisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiologia</i> , 2019, 72, 925-934.	0.6	28
71	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2020, 39, 1161-1173.	2.3	28
72	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 1510-1518.	2.3	27

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73	Alcohol consumption is directly associated with circulating oxidized low-density lipoprotein. <i>Free Radical Biology and Medicine</i> , 2006, 40, 1474-1481.	1.3	26
74	Myocardial infarction and alcohol consumption: A population-based case-control study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2007, 17, 609-615.	1.1	26
75	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2019, 72, 925-934.	0.4	26
76	Monetary Diet Cost, Diet Quality, and Parental Socioeconomic Status in Spanish Youth. <i>PLoS ONE</i> , 2016, 11, e0161422.	1.1	26
77	Diet quality and lifestyle associated with free selected low-energy density diets in a representative Spanish population. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 1194-1200.	1.3	25
78	Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 139.	2.0	25
79	Results From Spain's 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2016, 13, S279-S283.	1.0	24
80	Association of eating behaviors, lifestyle, and maternal education with adherence to the Mediterranean diet in Spanish children. <i>Appetite</i> , 2018, 130, 279-285.	1.8	24
81	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	2.3	24
82	Dietary Habits in Patients with Ischemic Stroke: A Case-Control Study. <i>PLoS ONE</i> , 2014, 9, e114716.	1.1	24
83	Baseline Adherence to the Mediterranean Diet and Major Cardiovascular Events: Prevenci3n con Dieta Mediterr3nea Trial. <i>JAMA Internal Medicine</i> , 2014, 174, 1690.	2.6	23
84	Reliability and Concurrent and Construct Validity of a Food Frequency Questionnaire for Pregnant Women at High Risk to Develop Fetal Growth Restriction. <i>Nutrients</i> , 2021, 13, 1629.	1.7	23
85	Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , 2020, 10, e036210.	0.8	22
86	Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults. <i>British Journal of Nutrition</i> , 2016, 115, 817-822.	1.2	20
87	Study protocol: effects of the THAO-child health intervention program on the prevention of childhood obesity - The POIBC study. <i>BMC Pediatrics</i> , 2014, 14, 215.	0.7	19
88	Potato Consumption Does Not Increase Blood Pressure or Incident Hypertension in 2 Cohorts of Spanish Adults. <i>Journal of Nutrition</i> , 2017, 147, 2272-2281.	1.3	18
89	Prospective association of physical activity and inflammatory biomarkers in older adults from the PREDIMED-Plus study with overweight or obesity and metabolic syndrome. <i>Clinical Nutrition</i> , 2020, 39, 3092-3098.	2.3	18
90	Caloric beverage drinking patterns are differentially associated with diet quality and adiposity among Spanish girls and boys. <i>European Journal of Pediatrics</i> , 2014, 173, 1169-1177.	1.3	17

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91	Mediterranean diet and adiposity in children and adolescents: A systematic review. <i>Obesity Reviews</i> , 2022, 23, e13381.	3.1	17
92	Multiple approaches to associations of physical activity and adherence to the Mediterranean diet with all-cause mortality in older adults: the PREvenci3n con Dieta MEDiterr3nea study. <i>European Journal of Nutrition</i> , 2019, 58, 1569-1578.	1.8	16
93	Total dairy consumption in relation to overweight and obesity in children and adolescents: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2022, 23, e13400.	3.1	16
94	Glycemic index, glycemic load and invasive breast cancer incidence in postmenopausal women: The PREDIMED study. <i>European Journal of Cancer Prevention</i> , 2016, 25, 524-532.	0.6	15
95	Soft drinks consumption, diet quality and BMI in a Mediterranean population. <i>Public Health Nutrition</i> , 2011, 14, 778-784.	1.1	14
96	Dietary energy density and body weight changes after 3 years in the PREDIMED study. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 865-872.	1.3	14
97	Secular Trends in Energy Intake and Diet Quality in a Mediterranean Population. <i>Annals of Nutrition and Metabolism</i> , 2009, 54, 177-183.	1.0	13
98	A High Dietary Glycemic Index Increases Total Mortality in a Mediterranean Population at High Cardiovascular Risk. <i>PLoS ONE</i> , 2014, 9, e107968.	1.1	13
99	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. <i>European Journal of Nutrition</i> , 2022, 61, 357-372.	1.8	13
100	Determinants of Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Nutrients</i> , 2022, 14, 738.	1.7	12
101	Trends in Leisure Time Physical Activity Practice in the 1995-2005 Period in Girona. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2011, 64, 997-1004.	0.4	11
102	Modest validity and fair reproducibility of dietary patterns derived by cluster analysis. <i>Nutrition Research</i> , 2015, 35, 265-268.	1.3	11
103	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 754.	1.7	11
104	Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 98.	2.0	11
105	Cumulative Effect of Obesogenic Behaviours on Adiposity in Spanish Children and Adolescents. <i>Obesity Facts</i> , 2017, 10, 584-596.	1.6	11
106	Associations between Both Lignan and Yogurt Consumption and Cardiovascular Risk Parameters in an Elderly Population: Observations from a Cross-Sectional Approach in the PREDIMED Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 609-622.e1.	0.4	10
107	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 1392-1401.	0.8	10
108	The relationship of physical activity with dietary cancer-protective nutrients and cancer-related biological and lifestyle factors. <i>European Journal of Cancer Prevention</i> , 2003, 12, 339-346.	0.6	8

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109	trans Fatty acid consumption, lifestyle and type 2 diabetes prevalence in a Spanish population. <i>European Journal of Nutrition</i> , 2010, 49, 357-364.	1.8	8
110	Olive Oil Consumption, BMI, and Risk of Obesity in Spanish Adults. <i>Obesity Facts</i> , 2012, 5, 52-59.	1.6	8
111	Effect of Energy Under-Reporting on Secular Trends of Dietary Patterns in a Mediterranean Population. <i>PLoS ONE</i> , 2015, 10, e0127647.	1.1	8
112	Diastolic dysfunction and exercise capacity in patients with metabolic syndrome and overweight/obesity. <i>IJC Heart and Vasculature</i> , 2019, 22, 67-72.	0.6	8
113	Prospective Associations between Maternal and Child Diet Quality and Sedentary Behaviors. <i>Nutrients</i> , 2021, 13, 1713.	1.7	8
114	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , 2022, 61, 1457-1475.	1.8	8
115	Left atrial strain improves echocardiographic classification of diastolic function in patients with metabolic syndrome and overweight-obesity. <i>International Journal of Cardiology</i> , 2022, 348, 169-174.	0.8	8
116	Prospective Association of Maternal Educational Level with Child's Physical Activity, Screen Time, and Diet Quality. <i>Nutrients</i> , 2022, 14, 160.	1.7	8
117	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 3982-3991.	2.3	6
118	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2870-2886.	1.1	6
119	One-year changes in fruit and vegetable variety intake and cardiometabolic risk factors changes in a middle-aged Mediterranean population at high cardiovascular risk. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1393-1402.	1.3	6
120	Galactose is essential for recognition of EXO-1 epithelial antigen by mouse monoclonal antibody Pa-G-14. <i>International Journal of Cancer</i> , 1993, 55, 857-864.	2.3	4
121	Reply to P Holvoet. <i>American Journal of Clinical Nutrition</i> , 2006, 83, 1438-1439.	2.2	4
122	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020, 59, 1595-1606.	1.8	4
123	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020, 12, 3023.	1.7	4
124	Quantitative and qualitative evaluation of the COMPASS mobile app: a citizen science project. <i>Informatics for Health and Social Care</i> , 2021, 46, 1-13.	1.4	4
125	Waist circumference and impaired fasting glucose screening in a Mediterranean population. <i>Diabetes Research and Clinical Practice</i> , 2009, 86, e12-e14.	1.1	3
126	Association between maximal oxygen consumption and physical activity and sedentary lifestyle in metabolic syndrome. Usefulness of questionnaires. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020, 73, 145-152.	0.4	3



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127	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020, 39, 853-861.	2.3	3
128	Efficacy of tailored recommendations to promote healthy lifestyles: a post hoc analysis of a randomized controlled trial. <i>Translational Behavioral Medicine</i> , 2021, 11, 1548-1557.	1.2	3
129	Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , 2021, 13, 1545.	1.7	3
130	Combined Body Mass Index and Waist-to-Height Ratio and Its Association with Lifestyle and Health Factors among Spanish Children: The PASOS Study. <i>Nutrients</i> , 2022, 14, 234.	1.7	3
131	Determinants of the Consumption of Regular Soda, Sport, and Energy Beverages in Spanish Adolescents. <i>Nutrients</i> , 2021, 13, 1858.	1.7	2
132	Analysis of the dose-response relationship of leisure-time physical activity to cardiovascular disease and all-cause mortality: the REGICOR study. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2021, 74, 414-420.	0.4	2
133	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 2021-2029.	1.7	1
134	Mobile Device-assisted Dietary Ecological Momentary Assessments for the Evaluation of the Adherence to the Mediterranean Diet in a Continuous Manner. <i>Journal of Visualized Experiments</i> , 2021, , .	0.2	1
135	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 6.	2.0	1
136	Prevalence in the eligibility for weight loss treatment in a Mediterranean population. <i>British Journal of Nutrition</i> , 2008, 99, 442-446.	1.2	0
137	Reply to AE Buyken et al. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 244-246.	2.2	0
138	Reply to Traissac et al.. <i>Journal of Nutrition</i> , 2015, 145, 1371-1372.	1.3	0
139	Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults â€“ CORRIGENDUM. <i>British Journal of Nutrition</i> , 2016, 115, 2267-2267.	1.2	0