Helmut Schroder

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

132 6,271 40 77 g-index

143 7,736 4.6 sext. papers ext. citations avg, IF 5.45

L-index

| # | Paper | IF | Citations |
|-----|---|-----------------|-----------|
| 132 | Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF) International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 6 | 8.4 | |
| 131 | Mediterranean diet and adiposity in children and adolescents: A systematic review. <i>Obesity Reviews</i> , 2021 , e13381 | 10.6 | 4 |
| 130 | Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , 2021 , 1 | 5.2 | O |
| 129 | Efficacy of tailored recommendations to promote healthy lifestyles: a post hoc analysis of a randomized controlled trial. <i>Translational Behavioral Medicine</i> , 2021 , 11, 1548-1557 | 3.2 | 1 |
| 128 | Quantitative and qualitative evaluation of the COMPASS mobile app: a citizen science project. <i>Informatics for Health and Social Care</i> , 2021 , 46, 412-424 | 2.7 | O |
| 127 | Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021 , 40, 1510-1518 | 5.9 | 10 |
| 126 | Anlīsis de la relacifi dosis-respuesta de la actividad fāica recreativa con los eventos cardiovasculares y la mortalidad por todas las causas: el estudio REGICOR. <i>Revista Espanola De Cardiologia</i> , 2021 , 74, 414-420 | 1.5 | 1 |
| 125 | Analysis of the dose-response relationship of leisure-time physical activity to cardiovascular disease and all-cause mortality: the REGICOR study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021 , 74, 414- | 42 0 | 1 |
| 124 | Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , 2021 , 13, | 6.7 | 1 |
| 123 | Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021 , 40, 2825-2836 | 5.9 | 3 |
| 122 | Reliability and Concurrent and Construct Validity of a Food Frequency Questionnaire for Pregnant Women at High Risk to Develop Fetal Growth Restriction. <i>Nutrients</i> , 2021 , 13, | 6.7 | 8 |
| 121 | Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2021 , 40, 4290-4300 | 5.9 | 12 |
| 120 | Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , 2021 , 40, 3982-3991 | 5.9 | 2 |
| 119 | Screen Time and ParentsSEducation Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , 2021 , 10, | 5.1 | 6 |
| 118 | Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021 , 76, 2021-2029 | 6.4 | |
| 117 | Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 98 | 8.4 | 1 |
| 116 | Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , 2021 , 40, 4971-4979 | 5.9 | 12 |

| 115 | Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. <i>European Journal of Nutrition</i> , 2021 , 1 | 5.2 | 1 | |
|-----|--|------|----|--|
| 114 | Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2870-2886 | 4.5 | 1 | |
| 113 | Total dairy consumption in relation to overweight and obesity in children and adolescents: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , e13400 | 10.6 | 2 | |
| 112 | Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320925625 | 3.9 | 6 | |
| 111 | High density lipoprotein functionality and cardiovascular events and mortality: A systematic review and meta-analysis. <i>Atherosclerosis</i> , 2020 , 302, 36-42 | 3.1 | 24 | |
| 110 | Prospective association of physical activity and inflammatory biomarkers in older adults from the PREDIMED-Plus study with overweight or obesity and metabolic syndrome. <i>Clinical Nutrition</i> , 2020 , 39, 3092-3098 | 5.9 | 12 | |
| 109 | Impact of lifestyle behaviors in early childhood on obesity and cardiometabolic risk in children: Results from the Spanish INMA birth cohort study. <i>Pediatric Obesity</i> , 2020 , 15, e12590 | 4.6 | 16 | |
| 108 | Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , 2020 , 10, e036210 | 3 | 9 | |
| 107 | Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020 , 12, | 6.7 | 1 | |
| 106 | Association between maximal oxygen consumption and physical activity and sedentary lifestyle in metabolic syndrome. Usefulness of questionnaires. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020 , 73, 145-152 | 0.7 | | |
| 105 | Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2020 , 39, 1161-1173 | 5.9 | 17 | |
| 104 | Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020 , 59, 1595-1606 | 5.2 | 3 | |
| 103 | Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020 , 39, 853-861 | 5.9 | 2 | |
| 102 | Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019 , 11, | 6.7 | 9 | |
| 101 | Leisure-time physical activity at moderate and high intensity is associated with parameters of body composition, muscle strength and sarcopenia in aged adults with obesity and metabolic syndrome from the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2019 , 38, 1324-1331 | 5.9 | 27 | |
| 100 | Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019 , 38, 1221-1231 | 5.9 | 55 | |
| 99 | Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019 , 11, | 6.7 | 30 | |
| 98 | Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome: Interim Analysis of the PREDIMED-Plus Randomized Clinical Trial JAMA - Journal of the American Medical Association 2019 322 1486-1499 | 27.4 | 38 | |

| 97 | Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 139 | 8.4 | 11 |
|----|---|------|-----|
| 96 | Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019 , 48, 387-3880 | 7.8 | 87 |
| 95 | Diastolic dysfunction and exercise capacity in patients with metabolic syndrome and overweight/obesity. <i>IJC Heart and Vasculature</i> , 2019 , 22, 67-72 | 2.4 | 3 |
| 94 | Dieta mediterrilea hipocaliica y factores de riesgo cardiovascular: anlisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiologia</i> , 2019 , 72, 925-934 | 1.5 | 10 |
| 93 | Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2019 , 72, 925-934 | 0.7 | 11 |
| 92 | Legume consumption and risk of all-cause, cardiovascular, and cancer mortality in the PREDIMED study. <i>Clinical Nutrition</i> , 2019 , 38, 348-356 | 5.9 | 49 |
| 91 | Multiple approaches to associations of physical activity and adherence to the Mediterranean diet with all-cause mortality in older adults: the PREvencifi con Dieta MEDiterrfiea study. <i>European Journal of Nutrition</i> , 2019 , 58, 1569-1578 | 5.2 | 12 |
| 90 | Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , 2019 , 42, 777-788 | 14.6 | 123 |
| 89 | Association of physical activity with body mass index, waist circumference and incidence of obesity in older adults. <i>European Journal of Public Health</i> , 2018 , 28, 944-950 | 2.1 | 30 |
| 88 | The Gut Microbiome Profile in Obesity: A Systematic Review. <i>International Journal of Endocrinology</i> , 2018 , 2018, 4095789 | 2.7 | 254 |
| 87 | Effect of a community-based childhood obesity intervention program on changes in anthropometric variables, incidence of obesity, and lifestyle choices in Spanish children aged 8 to 10 years. <i>European Journal of Pediatrics</i> , 2018 , 177, 1531-1539 | 4.1 | 16 |
| 86 | Association of eating behaviors, lifestyle, and maternal education with adherence to the Mediterranean diet in Spanish children. <i>Appetite</i> , 2018 , 130, 279-285 | 4.5 | 9 |
| 85 | Response to: Comment on "The Gut Microbiome Profile in Obesity: A Systematic Review". <i>International Journal of Endocrinology</i> , 2018 , 2018, 9109451 | 2.7 | 24 |
| 84 | Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 110 | 8.4 | 18 |
| 83 | Prenatal nutrition and the risk of adult obesity: Long-term effects of nutrition on epigenetic mechanisms regulating gene expression. <i>Journal of Nutritional Biochemistry</i> , 2017 , 39, 1-14 | 6.3 | 48 |
| 82 | Total and subtypes of dietary fat intake and risk of type 2 diabetes mellitus in the Prevencili con Dieta Mediterrilea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 723-735 | 7 | 62 |
| 81 | Dietary energy density and body weight changes after 3 years in the PREDIMED study. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 865-872 | 3.7 | 11 |
| 80 | Association of diet quality with dietary inflammatory potential in youth. <i>Food and Nutrition Research</i> , 2017 , 61, 1328961 | 3.1 | 21 |

(2015-2017)

| 79 | Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , 2017 , 75, 307-326 | 6.4 | 183 |
|----------------|--|------|-----|
| 78 | Associations between Both Lignan and Yogurt Consumption and Cardiovascular Risk Parameters in an Elderly Population: Observations from a Cross-Sectional Approach in the PREDIMED Study. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 609-622.e1 | 3.9 | 6 |
| 77 | Potato Consumption Does Not Increase Blood Pressure or Incident Hypertension in 2 Cohorts of Spanish Adults. <i>Journal of Nutrition</i> , 2017 , 147, 2272-2281 | 4.1 | 11 |
| 76 | Cumulative Effect of Obesogenic Behaviours on Adiposity in Spanish Children and Adolescents. <i>Obesity Facts</i> , 2017 , 10, 584-596 | 5.1 | 6 |
| 75 | Validation of the Regicor Short Physical Activity Questionnaire for the Adult Population. <i>PLoS ONE</i> , 2017 , 12, e0168148 | 3.7 | 78 |
| 74 | Results From Spains 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2016 , 13, S279-S283 | 2.5 | 20 |
| 73 | Nutritional adequacy according to carbohydrates and fat quality. <i>European Journal of Nutrition</i> , 2016 , 55, 93-106 | 5.2 | 37 |
| 7 2 | Monetary Diet Cost, Diet Quality, and Parental Socioeconomic Status in Spanish Youth. <i>PLoS ONE</i> , 2016 , 11, e0161422 | 3.7 | 16 |
| 71 | Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults - CORRIGENDUM. <i>British Journal of Nutrition</i> , 2016 , 1 | 3.6 | |
| 70 | Glycemic index, glycemic load and invasive breast cancer incidence in postmenopausal women: The PREDIMED study. <i>European Journal of Cancer Prevention</i> , 2016 , 25, 524-32 | 2 | 13 |
| 69 | Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults. <i>British Journal of Nutrition</i> , 2016 , 115, 817-22 | 3.6 | 11 |
| 68 | Olive Oil Polyphenols Decrease LDL Concentrations and LDL Atherogenicity in Men in a Randomized Controlled Trial. <i>Journal of Nutrition</i> , 2015 , 145, 1692-7 | 4.1 | 58 |
| 67 | Modest validity and fair reproducibility of dietary patterns derived by cluster analysis. <i>Nutrition Research</i> , 2015 , 35, 265-8 | 4 | 8 |
| 66 | Empirically-derived food patterns and the risk of total mortality and cardiovascular events in the PREDIMED study. <i>Clinical Nutrition</i> , 2015 , 34, 859-67 | 5.9 | 27 |
| 65 | Mediterranean Diet and Invasive Breast Cancer Risk Among Women at High Cardiovascular Risk in the PREDIMED Trial: A Randomized Clinical Trial. <i>JAMA Internal Medicine</i> , 2015 , 175, 1752-1760 | 11.5 | 276 |
| 64 | Can metabolically healthy obesity be explained by diet, genetics, and inflammation?. <i>Molecular Nutrition and Food Research</i> , 2015 , 59, 75-93 | 5.9 | 55 |
| 63 | Soft drink consumption is positively associated with increased waist circumference and 10-year incidence of abdominal obesity in Spanish adults. <i>Journal of Nutrition</i> , 2015 , 145, 328-34 | 4.1 | 24 |
| 62 | Impact of diet on cardiometabolic health in children and adolescents. <i>Nutrition Journal</i> , 2015 , 14, 118 | 4.3 | 63 |

| 61 | Reply to Traissac et al. <i>Journal of Nutrition</i> , 2015 , 145, 1371-2 | 4.1 | |
|----|---|------|-----|
| 60 | Dietary Inflammatory Index and Incidence of Cardiovascular Disease in the PREDIMED Study. <i>Nutrients</i> , 2015 , 7, 4124-38 | 6.7 | 142 |
| 59 | Effect of energy under-reporting on secular trends of dietary patterns in a mediterranean population. <i>PLoS ONE</i> , 2015 , 10, e0127647 | 3.7 | 7 |
| 58 | Preoperative predictors of weight loss at 4 years following bariatric surgery. <i>Nutrition in Clinical Practice</i> , 2015 , 30, 420-4 | 3.6 | 30 |
| 57 | Study protocol: effects of the THAO-child health intervention program on the prevention of childhood obesity - the POIBC study. <i>BMC Pediatrics</i> , 2014 , 14, 215 | 2.6 | 11 |
| 56 | Caloric beverage drinking patterns are differentially associated with diet quality and adiposity among Spanish girls and boys. <i>European Journal of Pediatrics</i> , 2014 , 173, 1169-77 | 4.1 | 14 |
| 55 | A provegetarian food pattern and reduction in total mortality in the Prevencifi con Dieta Mediterrfiea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2014 , 100 Suppl 1, 320S-8S | 7 | 123 |
| 54 | A high dietary glycemic index increases total mortality in a Mediterranean population at high cardiovascular risk. <i>PLoS ONE</i> , 2014 , 9, e107968 | 3.7 | 11 |
| 53 | Mediterranean diet impact on changes in abdominal fat and 10-year incidence of abdominal obesity in a Spanish population. <i>British Journal of Nutrition</i> , 2014 , 111, 1481-7 | 3.6 | 33 |
| 52 | Baseline adherence to the Mediterranean diet and major cardiovascular events: Prevencia con Dieta Mediterraea trial. <i>JAMA Internal Medicine</i> , 2014 , 174, 1690-2 | 11.5 | 15 |
| 51 | Effect of a Mediterranean Diet Intervention on Dietary Glycemic Load and Dietary Glycemic Index: The PREDIMED Study. <i>Journal of Nutrition and Metabolism</i> , 2014 , 2014, 985373 | 2.7 | 36 |
| 50 | Determinants of the transition from a cardiometabolic normal to abnormal overweight/obese phenotype in a Spanish population. <i>European Journal of Nutrition</i> , 2014 , 53, 1345-53 | 5.2 | 39 |
| 49 | Prevalence of abdominal obesity in Spanish children and adolescents. Do we need waist circumference measurements in pediatric practice?. <i>PLoS ONE</i> , 2014 , 9, e87549 | 3.7 | 68 |
| 48 | Dietary habits in patients with ischemic stroke: a case-control study. <i>PLoS ONE</i> , 2014 , 9, e114716 | 3.7 | 17 |
| 47 | Dietary supplement use and health-related behaviors in a Mediterranean population. <i>Journal of Nutrition Education and Behavior</i> , 2013 , 45, 386-91 | 2 | 30 |
| 46 | Energy density, diet quality, and central body fat in a nationwide survey of young Spaniards. <i>Nutrition</i> , 2013 , 29, 1350-5 | 4.8 | 26 |
| 45 | A 14-item Mediterranean diet assessment tool and obesity indexes among high-risk subjects: the PREDIMED trial. <i>PLoS ONE</i> , 2012 , 7, e43134 | 3.7 | 449 |
| 44 | Validity of two short screeners for diet quality in time-limited settings. <i>Public Health Nutrition</i> , 2012 , 15, 618-26 | 3.3 | 41 |

| 43 | Olive oil consumption, BMI, and risk of obesity in Spanish adults. <i>Obesity Facts</i> , 2012 , 5, 52-9 | 5.1 | 8 |
|----|--|-----|-----|
| 42 | Trends in Leisure Time Physical Activity Practice in the 1995-2005 Period in Girona. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2011 , 64, 997-1004 | 0.7 | |
| 41 | Soft drinks consumption, diet quality and BMI in a Mediterranean population. <i>Public Health Nutrition</i> , 2011 , 14, 778-84 | 3.3 | 10 |
| 40 | The effect of olive oil polyphenols on antibodies against oxidized LDL. A randomized clinical trial. <i>Clinical Nutrition</i> , 2011 , 30, 490-3 | 5.9 | 61 |
| 39 | A short screener is valid for assessing Mediterranean diet adherence among older Spanish men and women. <i>Journal of Nutrition</i> , 2011 , 141, 1140-5 | 4.1 | 649 |
| 38 | Concurrent and construct validity of Mediterranean diet scores as assessed by an FFQ. <i>Public Health Nutrition</i> , 2011 , 14, 2015-21 | 3.3 | 45 |
| 37 | Alternative methods of accounting for underreporting and overreporting when measuring dietary intake-obesity relations. <i>American Journal of Epidemiology</i> , 2011 , 173, 448-58 | 3.8 | 139 |
| 36 | Obesity is an independent risk factor for heart failure: Zona Franca Cohort study. <i>Clinical Cardiology</i> , 2010 , 33, 760-4 | 3.3 | 43 |
| 35 | Predictors of adherence to a Mediterranean-type diet in the PREDIMED trial. <i>European Journal of Nutrition</i> , 2010 , 49, 91-9 | 5.2 | 37 |
| 34 | trans Fatty acid consumption, lifestyle and type 2 diabetes prevalence in a Spanish population. <i>European Journal of Nutrition</i> , 2010 , 49, 357-64 | 5.2 | 8 |
| 33 | Mediterranean diet and waist circumference in a representative national sample of young Spaniards. <i>Pediatric Obesity</i> , 2010 , 5, 516-9 | | 54 |
| 32 | Secular trends in energy intake and diet quality in a Mediterranean population. <i>Annals of Nutrition and Metabolism</i> , 2009 , 54, 177-83 | 4.5 | 11 |
| 31 | Glycemic load, glycemic index, and body mass index in Spanish adults. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 316-22 | 7 | 61 |
| 30 | Reply to AE Buyken et al. <i>American Journal of Clinical Nutrition</i> , 2009 , 90, 244-246 | 7 | |
| 29 | Alcohol consumption is associated with high concentrations of urinary hydroxytyrosol. <i>American Journal of Clinical Nutrition</i> , 2009 , 90, 1329-35 | 7 | 44 |
| 28 | Waist circumference and impaired fasting glucose screening in a Mediterranean population. <i>Diabetes Research and Clinical Practice</i> , 2009 , 86, e12-4 | 7.4 | 2 |
| 27 | Adherence to the Mediterranean diet is associated with better mental and physical health. <i>British Journal of Nutrition</i> , 2009 , 101, 1821-7 | 3.6 | 100 |
| 26 | Low-fat dairy products and blood pressure: follow-up of 2290 older persons at high cardiovascular risk participating in the PREDIMED study. <i>British Journal of Nutrition</i> , 2009 , 101, 59-67 | 3.6 | 74 |

| 25 | Diet quality and lifestyle associated with free selected low-energy density diets in a representative Spanish population. <i>European Journal of Clinical Nutrition</i> , 2008 , 62, 1194-200 | 5.2 | 21 |
|----|--|-----|-----|
| 24 | A large randomized individual and group intervention conducted by registered dietitians increased adherence to Mediterranean-type diets: the PREDIMED study. <i>Journal of the American Dietetic Association</i> , 2008 , 108, 1134-44; discussion 1145 | | 151 |
| 23 | Prevalence in the eligibility for weight loss treatment in a Mediterranean population. <i>British Journal of Nutrition</i> , 2008 , 99, 442-6 | 3.6 | |
| 22 | Low energy density diets are associated with favorable nutrient intake profile and adequacy in free-living elderly men and women. <i>Journal of Nutrition</i> , 2008 , 138, 1476-81 | 4.1 | 47 |
| 21 | Protective mechanisms of the Mediterranean diet in obesity and type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , 2007 , 18, 149-60 | 6.3 | 226 |
| 20 | Secular trends of obesity and cardiovascular risk factors in a Mediterranean population. <i>Obesity</i> , 2007 , 15, 557-62 | 8 | 32 |
| 19 | Relationship of abdominal obesity with alcohol consumption at population scale. <i>European Journal of Nutrition</i> , 2007 , 46, 369-76 | 5.2 | 57 |
| 18 | Moderate consumption of olive oil by healthy European men reduces systolic blood pressure in non-Mediterranean participants. <i>Journal of Nutrition</i> , 2007 , 137, 84-7 | 4.1 | 40 |
| 17 | Association of fast food consumption with energy intake, diet quality, body mass index and the risk of obesity in a representative Mediterranean population. <i>British Journal of Nutrition</i> , 2007 , 98, 1274-80 | 3.6 | 110 |
| 16 | Myocardial infarction and alcohol consumption: a population-based case-control study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2007 , 17, 609-15 | 4.5 | 17 |
| 15 | Alcohol consumption is directly associated with circulating oxidized low-density lipoprotein. <i>Free Radical Biology and Medicine</i> , 2006 , 40, 1474-81 | 7.8 | 22 |
| 14 | High monetary costs of dietary patterns associated with lower body mass index: a population-based study. <i>International Journal of Obesity</i> , 2006 , 30, 1574-9 | 5.5 | 91 |
| 13 | Reply to P Holvoet. American Journal of Clinical Nutrition, 2006, 83, 1438-1439 | 7 | 4 |
| 12 | Circulating oxidized LDL is associated with increased waist circumference independent of body mass index in men and women. <i>American Journal of Clinical Nutrition</i> , 2006 , 83, 30-5; quiz 181-2 | 7 | 119 |
| 11 | Risk assessment of the potential side effects of long-term creatine supplementation in team sport athletes. <i>European Journal of Nutrition</i> , 2005 , 44, 255-61 | 5.2 | 24 |
| 10 | Cardiovascular risk profile and type of alcohol beverage consumption: a population-based study. <i>Annals of Nutrition and Metabolism</i> , 2005 , 49, 100-6 | 4.5 | 31 |
| 9 | Population dietary habits and physical activity modification with age. <i>European Journal of Clinical Nutrition</i> , 2004 , 58, 302-11 | 5.2 | 34 |
| 8 | Relationship of socioeconomic status with cardiovascular risk factors and lifestyle in a Mediterranean population. <i>European Journal of Nutrition</i> , 2004 , 43, 77-85 | 5.2 | 37 |

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| 7 | Effects of differing phenolic content in dietary olive oils on lipids and LDL oxidationa randomized controlled trial. <i>European Journal of Nutrition</i> , 2004 , 43, 140-7 | 5.2 | 187 |
|---|--|-----|-----|
| 6 | Olive oils high in phenolic compounds modulate oxidative/antioxidative status in men. <i>Journal of Nutrition</i> , 2004 , 134, 2314-21 | 4.1 | 185 |
| 5 | Adherence to the traditional mediterranean diet is inversely associated with body mass index and obesity in a spanish population. <i>Journal of Nutrition</i> , 2004 , 134, 3355-61 | 4.1 | 244 |
| 4 | The relationship of physical activity with dietary cancer-protective nutrients and cancer-related biological and lifestyle factors. <i>European Journal of Cancer Prevention</i> , 2003 , 12, 339-46 | 2 | 8 |
| 3 | Relationship between body mass index, serum cholesterol, leisure-time physical activity, and diet in a Mediterranean Southern-Europe population. <i>British Journal of Nutrition</i> , 2003 , 90, 431-9 | 3.6 | 36 |
| 2 | Tobacco and alcohol consumption: impact on other cardiovascular and cancer risk factors in a southern European Mediterranean population. <i>British Journal of Nutrition</i> , 2002 , 88, 273-81 | 3.6 | 84 |
| 1 | alpha GalNAc is essential for recognition of Exo-1 epithelial antigen by mouse monoclonal antibody Pa-G-14. <i>International Journal of Cancer</i> , 1993 , 55, 857-64 | 7.5 | 4 |