

# Helmut Schroder

## List of Publications by Citations

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132  
papers

6,271  
citations

40  
h-index

77  
g-index

143  
ext. papers

7,736  
ext. citations

4.6  
avg, IF

5.45  
L-index

#	Paper	IF	Citations
132	A short screener is valid for assessing Mediterranean diet adherence among older Spanish men and women. <i>Journal of Nutrition</i> , <b>2011</b> , 141, 1140-5	4.1	649
131	A 14-item Mediterranean diet assessment tool and obesity indexes among high-risk subjects: the PREDIMED trial. <i>PLoS ONE</i> , <b>2012</b> , 7, e43134	3.7	449
130	Mediterranean Diet and Invasive Breast Cancer Risk Among Women at High Cardiovascular Risk in the PREDIMED Trial: A Randomized Clinical Trial. <i>JAMA Internal Medicine</i> , <b>2015</b> , 175, 1752-1760	11.5	276
129	The Gut Microbiome Profile in Obesity: A Systematic Review. <i>International Journal of Endocrinology</i> , <b>2018</b> , 2018, 4095789	2.7	254
128	Adherence to the traditional mediterranean diet is inversely associated with body mass index and obesity in a spanish population. <i>Journal of Nutrition</i> , <b>2004</b> , 134, 3355-61	4.1	244
127	Protective mechanisms of the Mediterranean diet in obesity and type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , <b>2007</b> , 18, 149-60	6.3	226
126	Effects of differing phenolic content in dietary olive oils on lipids and LDL oxidation--a randomized controlled trial. <i>European Journal of Nutrition</i> , <b>2004</b> , 43, 140-7	5.2	187
125	Olive oils high in phenolic compounds modulate oxidative/antioxidative status in men. <i>Journal of Nutrition</i> , <b>2004</b> , 134, 2314-21	4.1	185
124	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , <b>2017</b> , 75, 307-326	6.4	183
123	A large randomized individual and group intervention conducted by registered dietitians increased adherence to Mediterranean-type diets: the PREDIMED study. <i>Journal of the American Dietetic Association</i> , <b>2008</b> , 108, 1134-44; discussion 1145		151
122	Dietary Inflammatory Index and Incidence of Cardiovascular Disease in the PREDIMED Study. <i>Nutrients</i> , <b>2015</b> , 7, 4124-38	6.7	142
121	Alternative methods of accounting for underreporting and overreporting when measuring dietary intake-obesity relations. <i>American Journal of Epidemiology</i> , <b>2011</b> , 173, 448-58	3.8	139
120	A provegetarian food pattern and reduction in total mortality in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , <b>2014</b> , 100 Suppl 1, 320S-8S	7	123
119	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , <b>2019</b> , 42, 777-788	14.6	123
118	Circulating oxidized LDL is associated with increased waist circumference independent of body mass index in men and women. <i>American Journal of Clinical Nutrition</i> , <b>2006</b> , 83, 30-5; quiz 181-2	7	119
117	Association of fast food consumption with energy intake, diet quality, body mass index and the risk of obesity in a representative Mediterranean population. <i>British Journal of Nutrition</i> , <b>2007</b> , 98, 1274-80	3.6	110
116	Adherence to the Mediterranean diet is associated with better mental and physical health. <i>British Journal of Nutrition</i> , <b>2009</b> , 101, 1821-7	3.6	100

115	High monetary costs of dietary patterns associated with lower body mass index: a population-based study. <i>International Journal of Obesity</i> , <b>2006</b> , 30, 1574-9	5.5	91
114	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , <b>2019</b> , 48, 387-388o	7.8	87
113	Tobacco and alcohol consumption: impact on other cardiovascular and cancer risk factors in a southern European Mediterranean population. <i>British Journal of Nutrition</i> , <b>2002</b> , 88, 273-81	3.6	84
112	Validation of the Regicor Short Physical Activity Questionnaire for the Adult Population. <i>PLoS ONE</i> , <b>2017</b> , 12, e0168148	3.7	78
111	Low-fat dairy products and blood pressure: follow-up of 2290 older persons at high cardiovascular risk participating in the PREDIMED study. <i>British Journal of Nutrition</i> , <b>2009</b> , 101, 59-67	3.6	74
110	Prevalence of abdominal obesity in Spanish children and adolescents. Do we need waist circumference measurements in pediatric practice?. <i>PLoS ONE</i> , <b>2014</b> , 9, e87549	3.7	68
109	Impact of diet on cardiometabolic health in children and adolescents. <i>Nutrition Journal</i> , <b>2015</b> , 14, 118	4.3	63
108	Total and subtypes of dietary fat intake and risk of type 2 diabetes mellitus in the Prevenci3 con Dieta Mediterr3nea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , <b>2017</b> , 105, 723-735	7	62
107	The effect of olive oil polyphenols on antibodies against oxidized LDL. A randomized clinical trial. <i>Clinical Nutrition</i> , <b>2011</b> , 30, 490-3	5.9	61
106	Glycemic load, glycemic index, and body mass index in Spanish adults. <i>American Journal of Clinical Nutrition</i> , <b>2009</b> , 89, 316-22	7	61
105	Olive Oil Polyphenols Decrease LDL Concentrations and LDL Atherogenicity in Men in a Randomized Controlled Trial. <i>Journal of Nutrition</i> , <b>2015</b> , 145, 1692-7	4.1	58
104	Relationship of abdominal obesity with alcohol consumption at population scale. <i>European Journal of Nutrition</i> , <b>2007</b> , 46, 369-76	5.2	57
103	Can metabolically healthy obesity be explained by diet, genetics, and inflammation?. <i>Molecular Nutrition and Food Research</i> , <b>2015</b> , 59, 75-93	5.9	55
102	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 1221-1231	5.9	55
101	Mediterranean diet and waist circumference in a representative national sample of young Spaniards. <i>Pediatric Obesity</i> , <b>2010</b> , 5, 516-9		54
100	Legume consumption and risk of all-cause, cardiovascular, and cancer mortality in the PREDIMED study. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 348-356	5.9	49
99	Prenatal nutrition and the risk of adult obesity: Long-term effects of nutrition on epigenetic mechanisms regulating gene expression. <i>Journal of Nutritional Biochemistry</i> , <b>2017</b> , 39, 1-14	6.3	48
98	Low energy density diets are associated with favorable nutrient intake profile and adequacy in free-living elderly men and women. <i>Journal of Nutrition</i> , <b>2008</b> , 138, 1476-81	4.1	47

97	Concurrent and construct validity of Mediterranean diet scores as assessed by an FFQ. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 2015-21	3.3	45
96	Alcohol consumption is associated with high concentrations of urinary hydroxytyrosol. <i>American Journal of Clinical Nutrition</i> , <b>2009</b> , 90, 1329-35	7	44
95	Obesity is an independent risk factor for heart failure: Zona Franca Cohort study. <i>Clinical Cardiology</i> , <b>2010</b> , 33, 760-4	3.3	43
94	Validity of two short screeners for diet quality in time-limited settings. <i>Public Health Nutrition</i> , <b>2012</b> , 15, 618-26	3.3	41
93	Moderate consumption of olive oil by healthy European men reduces systolic blood pressure in non-Mediterranean participants. <i>Journal of Nutrition</i> , <b>2007</b> , 137, 84-7	4.1	40
92	Determinants of the transition from a cardiometabolic normal to abnormal overweight/obese phenotype in a Spanish population. <i>European Journal of Nutrition</i> , <b>2014</b> , 53, 1345-53	5.2	39
91	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome: Interim Analysis of the PREDIMED-Plus Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2019</b> , 322, 1486-1499	27.4	38
90	Nutritional adequacy according to carbohydrates and fat quality. <i>European Journal of Nutrition</i> , <b>2016</b> , 55, 93-106	5.2	37
89	Predictors of adherence to a Mediterranean-type diet in the PREDIMED trial. <i>European Journal of Nutrition</i> , <b>2010</b> , 49, 91-9	5.2	37
88	Relationship of socioeconomic status with cardiovascular risk factors and lifestyle in a Mediterranean population. <i>European Journal of Nutrition</i> , <b>2004</b> , 43, 77-85	5.2	37
87	Effect of a Mediterranean Diet Intervention on Dietary Glycemic Load and Dietary Glycemic Index: The PREDIMED Study. <i>Journal of Nutrition and Metabolism</i> , <b>2014</b> , 2014, 985373	2.7	36
86	Relationship between body mass index, serum cholesterol, leisure-time physical activity, and diet in a Mediterranean Southern-Europe population. <i>British Journal of Nutrition</i> , <b>2003</b> , 90, 431-9	3.6	36
85	Population dietary habits and physical activity modification with age. <i>European Journal of Clinical Nutrition</i> , <b>2004</b> , 58, 302-11	5.2	34
84	Mediterranean diet impact on changes in abdominal fat and 10-year incidence of abdominal obesity in a Spanish population. <i>British Journal of Nutrition</i> , <b>2014</b> , 111, 1481-7	3.6	33
83	Secular trends of obesity and cardiovascular risk factors in a Mediterranean population. <i>Obesity</i> , <b>2007</b> , 15, 557-62	8	32
82	Cardiovascular risk profile and type of alcohol beverage consumption: a population-based study. <i>Annals of Nutrition and Metabolism</i> , <b>2005</b> , 49, 100-6	4.5	31
81	Association of physical activity with body mass index, waist circumference and incidence of obesity in older adults. <i>European Journal of Public Health</i> , <b>2018</b> , 28, 944-950	2.1	30
80	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	30

79	Dietary supplement use and health-related behaviors in a Mediterranean population. <i>Journal of Nutrition Education and Behavior</i> , <b>2013</b> , 45, 386-91	2	30
78	Preoperative predictors of weight loss at 4 years following bariatric surgery. <i>Nutrition in Clinical Practice</i> , <b>2015</b> , 30, 420-4	3.6	30
77	Empirically-derived food patterns and the risk of total mortality and cardiovascular events in the PREDIMED study. <i>Clinical Nutrition</i> , <b>2015</b> , 34, 859-67	5.9	27
76	Leisure-time physical activity at moderate and high intensity is associated with parameters of body composition, muscle strength and sarcopenia in aged adults with obesity and metabolic syndrome from the PREDIMED-Plus study. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 1324-1331	5.9	27
75	Energy density, diet quality, and central body fat in a nationwide survey of young Spaniards. <i>Nutrition</i> , <b>2013</b> , 29, 1350-5	4.8	26
74	Soft drink consumption is positively associated with increased waist circumference and 10-year incidence of abdominal obesity in Spanish adults. <i>Journal of Nutrition</i> , <b>2015</b> , 145, 328-34	4.1	24
73	High density lipoprotein functionality and cardiovascular events and mortality: A systematic review and meta-analysis. <i>Atherosclerosis</i> , <b>2020</b> , 302, 36-42	3.1	24
72	Risk assessment of the potential side effects of long-term creatine supplementation in team sport athletes. <i>European Journal of Nutrition</i> , <b>2005</b> , 44, 255-61	5.2	24
71	Response to: Comment on "The Gut Microbiome Profile in Obesity: A Systematic Review". <i>International Journal of Endocrinology</i> , <b>2018</b> , 2018, 9109451	2.7	24
70	Alcohol consumption is directly associated with circulating oxidized low-density lipoprotein. <i>Free Radical Biology and Medicine</i> , <b>2006</b> , 40, 1474-81	7.8	22
69	Association of diet quality with dietary inflammatory potential in youth. <i>Food and Nutrition Research</i> , <b>2017</b> , 61, 1328961	3.1	21
68	Diet quality and lifestyle associated with free selected low-energy density diets in a representative Spanish population. <i>European Journal of Clinical Nutrition</i> , <b>2008</b> , 62, 1194-200	5.2	21
67	Results From Spain's 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , <b>2016</b> , 13, S279-S283	2.5	20
66	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 110	8.4	18
65	Myocardial infarction and alcohol consumption: a population-based case-control study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2007</b> , 17, 609-15	4.5	17
64	Dietary habits in patients with ischemic stroke: a case-control study. <i>PLoS ONE</i> , <b>2014</b> , 9, e114716	3.7	17
63	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 1161-1173	5.9	17
62	Effect of a community-based childhood obesity intervention program on changes in anthropometric variables, incidence of obesity, and lifestyle choices in Spanish children aged 8 to 10 years. <i>European Journal of Pediatrics</i> , <b>2018</b> , 177, 1531-1539	4.1	16

61	Monetary Diet Cost, Diet Quality, and Parental Socioeconomic Status in Spanish Youth. <i>PLoS ONE</i> , <b>2016</b> , 11, e0161422	3.7	16
60	Impact of lifestyle behaviors in early childhood on obesity and cardiometabolic risk in children: Results from the Spanish INMA birth cohort study. <i>Pediatric Obesity</i> , <b>2020</b> , 15, e12590	4.6	16
59	Baseline adherence to the Mediterranean diet and major cardiovascular events: Preveñci3n con Dieta Mediterr3nea trial. <i>JAMA Internal Medicine</i> , <b>2014</b> , 174, 1690-2	11.5	15
58	Caloric beverage drinking patterns are differentially associated with diet quality and adiposity among Spanish girls and boys. <i>European Journal of Pediatrics</i> , <b>2014</b> , 173, 1169-77	4.1	14
57	Glycemic index, glycemic load and invasive breast cancer incidence in postmenopausal women: The PREDIMED study. <i>European Journal of Cancer Prevention</i> , <b>2016</b> , 25, 524-32	2	13
56	Prospective association of physical activity and inflammatory biomarkers in older adults from the PREDIMED-Plus study with overweight or obesity and metabolic syndrome. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 3092-3098	5.9	12
55	Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 4290-4300	5.9	12
54	Multiple approaches to associations of physical activity and adherence to the Mediterranean diet with all-cause mortality in older adults: the PREveñci3n con Dieta MEDiterr3nea study. <i>European Journal of Nutrition</i> , <b>2019</b> , 58, 1569-1578	5.2	12
53	Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 4971-4979	5.9	12
52	Dietary energy density and body weight changes after 3 years in the PREDIMED study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 865-872	3.7	11
51	Potato Consumption Does Not Increase Blood Pressure or Incident Hypertension in 2 Cohorts of Spanish Adults. <i>Journal of Nutrition</i> , <b>2017</b> , 147, 2272-2281	4.1	11
50	Study protocol: effects of the THAO-child health intervention program on the prevention of childhood obesity - the POIBC study. <i>BMC Pediatrics</i> , <b>2014</b> , 14, 215	2.6	11
49	A high dietary glycemic index increases total mortality in a Mediterranean population at high cardiovascular risk. <i>PLoS ONE</i> , <b>2014</b> , 9, e107968	3.7	11
48	Secular trends in energy intake and diet quality in a Mediterranean population. <i>Annals of Nutrition and Metabolism</i> , <b>2009</b> , 54, 177-83	4.5	11
47	Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults. <i>British Journal of Nutrition</i> , <b>2016</b> , 115, 817-22	3.6	11
46	Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2019</b> , 16, 139	8.4	11
45	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2019</b> , 72, 925-934	0.7	11
44	Soft drinks consumption, diet quality and BMI in a Mediterranean population. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 778-84	3.3	10

43	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 1510-1518	5.9	10
42	Dieta mediterránea hipocalórica y factores de riesgo cardiovascular: análisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiologia</i> , <b>2019</b> , 72, 925-934	1.5	10
41	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9
40	Association of eating behaviors, lifestyle, and maternal education with adherence to the Mediterranean diet in Spanish children. <i>Appetite</i> , <b>2018</b> , 130, 279-285	4.5	9
39	Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , <b>2020</b> , 10, e036210	3	9
38	Modest validity and fair reproducibility of dietary patterns derived by cluster analysis. <i>Nutrition Research</i> , <b>2015</b> , 35, 265-8	4	8
37	Olive oil consumption, BMI, and risk of obesity in Spanish adults. <i>Obesity Facts</i> , <b>2012</b> , 5, 52-9	5.1	8
36	trans Fatty acid consumption, lifestyle and type 2 diabetes prevalence in a Spanish population. <i>European Journal of Nutrition</i> , <b>2010</b> , 49, 357-64	5.2	8
35	The relationship of physical activity with dietary cancer-protective nutrients and cancer-related biological and lifestyle factors. <i>European Journal of Cancer Prevention</i> , <b>2003</b> , 12, 339-46	2	8
34	Reliability and Concurrent and Construct Validity of a Food Frequency Questionnaire for Pregnant Women at High Risk to Develop Fetal Growth Restriction. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	8
33	Effect of energy under-reporting on secular trends of dietary patterns in a mediterranean population. <i>PLoS ONE</i> , <b>2015</b> , 10, e0127647	3.7	7
32	Associations between Both Lignan and Yogurt Consumption and Cardiovascular Risk Parameters in an Elderly Population: Observations from a Cross-Sectional Approach in the PREDIMED Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , <b>2017</b> , 117, 609-622.e1	3.9	6
31	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. <i>European Journal of Preventive Cardiology</i> , <b>2020</b> , 2047487320925625	3.9	6
30	Cumulative Effect of Obesogenic Behaviours on Adiposity in Spanish Children and Adolescents. <i>Obesity Facts</i> , <b>2017</b> , 10, 584-596	5.1	6
29	Screen Time and ParentsSEducation Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,	5.1	6
28	Reply to P Holvoet. <i>American Journal of Clinical Nutrition</i> , <b>2006</b> , 83, 1438-1439	7	4
27	alpha GalNAc is essential for recognition of Exo-1 epithelial antigen by mouse monoclonal antibody Pa-G-14. <i>International Journal of Cancer</i> , <b>1993</b> , 55, 857-64	7.5	4
26	Mediterranean diet and adiposity in children and adolescents: A systematic review. <i>Obesity Reviews</i> , <b>2021</b> , e13381	10.6	4

25	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 2825-2836	5.9	3
24	Diastolic dysfunction and exercise capacity in patients with metabolic syndrome and overweight/obesity. <i>IJC Heart and Vasculature</i> , <b>2019</b> , 22, 67-72	2.4	3
23	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 1595-1606	5.2	3
22	Waist circumference and impaired fasting glucose screening in a Mediterranean population. <i>Diabetes Research and Clinical Practice</i> , <b>2009</b> , 86, e12-4	7.4	2
21	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 3982-3991	5.9	2
20	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 853-861	5.9	2
19	Total dairy consumption in relation to overweight and obesity in children and adolescents: A systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2021</b> , e13400	10.6	2
18	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	1
17	Efficacy of tailored recommendations to promote healthy lifestyles: a post hoc analysis of a randomized controlled trial. <i>Translational Behavioral Medicine</i> , <b>2021</b> , 11, 1548-1557	3.2	1
16	Análisis de la relación dosis-respuesta de la actividad física recreativa con los eventos cardiovasculares y la mortalidad por todas las causas: el estudio REGICOR. <i>Revista Espanola De Cardiologia</i> , <b>2021</b> , 74, 414-420	1.5	1
15	Analysis of the dose-response relationship of leisure-time physical activity to cardiovascular disease and all-cause mortality: the REGICOR study. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2021</b> , 74, 414-420	9.7	1
14	Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
13	Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 98	8.4	1
12	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. <i>European Journal of Nutrition</i> , <b>2021</b> , 1	5.2	1
11	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2021</b> , 31, 2870-2886	4.5	1
10	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , <b>2021</b> , 1	5.2	0
9	Quantitative and qualitative evaluation of the COMPASS mobile app: a citizen science project. <i>Informatics for Health and Social Care</i> , <b>2021</b> , 46, 412-424	2.7	0
8	Reply to Traissac et al. <i>Journal of Nutrition</i> , <b>2015</b> , 145, 1371-2	4.1	



7	Trends in Leisure Time Physical Activity Practice in the 1995-2005 Period in Girona. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2011</b> , 64, 997-1004	0.7
6	Reply to AE Buyken et al. <i>American Journal of Clinical Nutrition</i> , <b>2009</b> , 90, 244-246	7
5	Prevalence in the eligibility for weight loss treatment in a Mediterranean population. <i>British Journal of Nutrition</i> , <b>2008</b> , 99, 442-6	3.6
4	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF).. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2022</b> , 19, 6	8.4
3	Association of increased monetary cost of dietary intake, diet quality and weight management in Spanish adults - CORRIGENDUM. <i>British Journal of Nutrition</i> , <b>2016</b> , 1	3.6
2	Association between maximal oxygen consumption and physical activity and sedentary lifestyle in metabolic syndrome. Usefulness of questionnaires. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2020</b> , 73, 145-152	0.7
1	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2021</b> , 76, 2021-2029	6.4