

Mikiko Watanabe

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

45
papers

1,070
citations

18
h-index

32
g-index

61
ext. papers

1,701
ext. citations

5.4
avg, IF

4.68
L-index

#	Paper	IF	Citations
45	Rapid Weight Loss, Central Obesity Improvement and Blood Glucose Reduction Are Associated with a Stronger Adaptive Immune Response Following COVID-19 mRNA Vaccine.. <i>Vaccines</i> , 2022 , 10,	5.3	1
44	Advice of General Practitioner, of Surgeon, of Endocrinologist, and Self-determination: the Italian Road to Bariatric Surgery.. <i>Obesity Surgery</i> , 2022 , 1	3.7	
43	Could very low-calorie ketogenic diets turn off low grade inflammation in obesity? Emerging evidence.. <i>Critical Reviews in Food Science and Nutrition</i> , 2022 , 1-17	11.5	1
42	Liver disease in obesity and underweight: the two sides of the coin. A narrative review. <i>Eating and Weight Disorders</i> , 2021 , 26, 2097-2107	3.6	11
41	The gastro-jejunal anastomosis site influences dumping syndrome and weight regain in patients with obesity undergoing Laparoscopic Roux-en-Y Gastric Bypass. <i>Eating and Weight Disorders</i> , 2021 , 26, 1871-1880	3.6	2
40	Bone density and genomic analysis unfold cold adaptation mechanisms of ancient inhabitants of Tierra del Fuego. <i>Scientific Reports</i> , 2021 , 11, 23290	4.9	0
39	The Mediterranean diet increases glucagon-like peptide 1 and oxyntomodulin compared with a vegetarian diet in patients with type 2 diabetes: A randomized controlled cross-over trial. <i>Diabetes/Metabolism Research and Reviews</i> , 2021 , 37, e3406	7.5	5
38	The psychological impact of COVID-19 pandemic on patients included in a bariatric surgery program. <i>Eating and Weight Disorders</i> , 2021 , 26, 1737-1747	3.6	16
37	Ketogenic Diet as a Preventive and Supportive Care for COVID-19 Patients. <i>Nutrients</i> , 2021 , 13,	6.7	8
36	Beyond weight loss in nonalcoholic fatty liver disease: the role of carbohydrate restriction. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2021 , 24, 349-353	3.8	2
35	Central obesity, smoking habit, and hypertension are associated with lower antibody titres in response to COVID-19 mRNA vaccine. <i>Diabetes/Metabolism Research and Reviews</i> , 2021 , e3465	7.5	56
34	Platelet Effects of Anti-diabetic Therapies: New Perspectives in the Management of Patients with Diabetes and Cardiovascular Disease. <i>Frontiers in Pharmacology</i> , 2021 , 12, 670155	5.6	10
33	Very Low-Calorie Ketogenic Diets to Treat Patients With Obesity and Chronic Kidney Disease. <i>Journal of Renal Nutrition</i> , 2021 , 31, 340-341	3	3
32	Obesity treatment within the Italian national healthcare system tertiary care centers: what can we learn?. <i>Eating and Weight Disorders</i> , 2021 , 26, 771-778	3.6	20
31	The utility of assessing C-peptide in patients with insulin-treated type 2 diabetes: a cross-sectional study. <i>Acta Diabetologica</i> , 2021 , 58, 411-417	3.9	2
30	Diagnosis, treatment and predictors of prognosis of myocarditis. A narrative review. <i>Cardiovascular Pathology</i> , 2021 , 54, 107362	3.8	1
29	An extra virgin olive oil-enriched chocolate spread positively modulates insulin-resistance markers compared with a palm oil-enriched one in healthy young adults: A double-blind, cross-over, randomised controlled trial. <i>Diabetes/Metabolism Research and Reviews</i> , 2021 , e3492	7.5	4

28	Evaluation of Clinicopathological and Molecular Parameters on Disease Recurrence of Papillary Thyroid Cancer Patient: A Retrospective Observational Study. <i>Cancers</i> , 2020 , 12,	6.6	7
27	Very-Low-Calorie Ketogenic Diets With Whey, Vegetable, or Animal Protein in Patients With Obesity: A Randomized Pilot Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020 , 105,	5.6	34
26	Beneficial effects of the ketogenic diet on nonalcoholic fatty liver disease: A comprehensive review of the literature. <i>Obesity Reviews</i> , 2020 , 21, e13024	10.6	58
25	Scientific evidence underlying contraindications to the ketogenic diet: An update. <i>Obesity Reviews</i> , 2020 , 21, e13053	10.6	31
24	Very Low-Calorie Ketogenic Diet: A Safe and Effective Tool for Weight Loss in Patients With Obesity and Mild Kidney Failure. <i>Nutrients</i> , 2020 , 12,	6.7	43
23	Obesity and SARS-CoV-2: A population to safeguard. <i>Diabetes/Metabolism Research and Reviews</i> , 2020 , 36, e3325	7.5	59
22	Cardiometabolic multimorbidity is associated with a worse Covid-19 prognosis than individual cardiometabolic risk factors: a multicentre retrospective study (CoViDiab II). <i>Cardiovascular Diabetology</i> , 2020 , 19, 164	8.7	43
21	MON-607 Very Low-Calorie Ketogenic Diet Modifies Visceral Adipose Tissue Distribution and Taxonomic Composition of Gut Microbiota in Obese Patients with Insulin Resistance Depending on Protein Source. <i>Journal of the Endocrine Society</i> , 2020 , 4,	0.4	78
20	Liver-derived FGF21 is essential for full adaptation to ketogenic diet but does not regulate glucose homeostasis. <i>Endocrine</i> , 2020 , 67, 95-108	4	15
19	Acute Epstein-Barr related myocarditis: An unusual but life-threatening disease in an immunocompetent patient. <i>Journal of Cardiology Cases</i> , 2020 , 21, 137-140	0.6	8
18	Baseline HOMA IR and Circulating FGF21 Levels Predict NAFLD Improvement in Patients Undergoing a Low Carbohydrate Dietary Intervention for Weight Loss: A Prospective Observational Pilot Study. <i>Nutrients</i> , 2020 , 12,	6.7	18
17	Blood SIRT1 Shows a Coherent Association with Leptin and Adiponectin in Relation to the Degree and Distribution of Adiposity: A Study in Obesity, Normal Weight and Anorexia Nervosa. <i>Nutrients</i> , 2020 , 12,	6.7	2
16	Visceral fat shows the strongest association with the need of intensive care in patients with COVID-19. <i>Metabolism: Clinical and Experimental</i> , 2020 , 111, 154319	12.7	100
15	Is Growth Hormone Insufficiency the Missing Link Between Obesity, Male Gender, Age, and COVID-19 Severity?. <i>Obesity</i> , 2020 , 28, 2038-2039	8	12
14	Current Evidence to Propose Different Food Supplements for Weight Loss: A Comprehensive Review. <i>Nutrients</i> , 2020 , 12,	6.7	17
13	Case Report: Pituitary Morphology and Function Are Preserved in Female Patients With Idiopathic Intracranial Hypertension Under Pharmacological Treatment. <i>Frontiers in Endocrinology</i> , 2020 , 11, 613054	5.7	0
12	Mangosteen Extract Shows a Potent Insulin Sensitizing Effect in Obese Female Patients: A Prospective Randomized Controlled Pilot Study. <i>Nutrients</i> , 2018 , 10,	6.7	30
11	Testicular histopathology, semen analysis and FSH, predictive value of sperm retrieval: supportive counseling in case of reoperation after testicular sperm extraction (TESE). <i>BMC Urology</i> , 2018 , 18, 63	2.2	22

10	Overweight and obese patients with nickel allergy have a worse metabolic profile compared to weight matched non-allergic individuals. <i>PLoS ONE</i> , 2018 , 13, e0202683	3.7	15
9	Vitamin K and osteoporosis: Myth or reality?. <i>Metabolism: Clinical and Experimental</i> , 2017 , 70, 57-71	12.7	60
8	Fibroblast growth factor 21 (FGF21) is robustly induced by ethanol and has a protective role in ethanol associated liver injury. <i>Molecular Metabolism</i> , 2017 , 6, 1395-1406	8.8	69
7	BMI and BMD: The Potential Interplay between Obesity and Bone Fragility. <i>International Journal of Environmental Research and Public Health</i> , 2016 , 13,	4.6	88
6	Safety and efficacy of a multiphase dietetic protocol with meal replacements including a step with very low calorie diet. <i>Endocrine</i> , 2015 , 48, 863-70	4	31
5	Interdisciplinary Approach to Obesity 2015 , 337-342		4
4	Obstructive sleep apnea and bone mineral density in obese patients. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2012 , 5, 395-401	3.4	22
3	Hypogonadism in a patient with two novel mutations of the luteinizing hormone β subunit gene expressed in a compound heterozygous form. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012 , 97, 3031-8	5.6	35
2	Reversible hair depigmentation in a patient treated with imatinib. <i>Leukemia Research</i> , 2011 , 35, e64-6	2.7	14
1	Central obesity, smoking habit and hypertension are associated with a blunted serological response to COVID-19 mRNA vaccine		2