

# Alice M Gregory

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8245272/publications.pdf>

Version: 2024-02-01

130  
papers

8,397  
citations

50276

46  
h-index

49909

87  
g-index

135  
all docs

135  
docs citations

135  
times ranked

9427  
citing authors

#	ARTICLE	IF	CITATIONS
1	Depression and Generalized Anxiety Disorder. Archives of General Psychiatry, 2007, 64, 651.	12.3	586
2	Sleep, emotional and behavioral difficulties in children and adolescents. Sleep Medicine Reviews, 2012, 16, 129-136.	8.5	533
3	Sleep Problems in Childhood: A Longitudinal Study of Developmental Change and Association With Behavioral Problems. Journal of the American Academy of Child and Adolescent Psychiatry, 2002, 41, 964-971.	0.5	524
4	The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. Lancet Psychiatry, 2017, 4, 749-758.	7.4	459
5	Prospective Longitudinal Associations Between Persistent Sleep Problems in Childhood and Anxiety and Depression Disorders in Adulthood. Journal of Abnormal Child Psychology, 2005, 33, 157-163.	3.5	395
6	Juvenile Mental Health Histories of Adults With Anxiety Disorders. American Journal of Psychiatry, 2007, 164, 301-308.	7.2	203
7	Annual Research Review: Sleep problems in childhood psychiatric disorders – a review of the latest science. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2016, 57, 296-317.	5.2	191
8	Prenatal mood disturbance predicts sleep problems in infancy and toddlerhood. Early Human Development, 2007, 83, 451-458.	1.8	187
9	The Direction of Longitudinal Associations Between Sleep Problems and Depression Symptoms: A Study of Twins Aged 8 and 10 Years. Sleep, 2009, 32, 189-199.	1.1	181
10	Editorial Perspective: Perils and promise for child and adolescent sleep and associated psychopathology during the COVID-19 pandemic. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 757-759.	5.2	179
11	Genetic and environmental effects on body mass index from infancy to the onset of adulthood: an individual-based pooled analysis of 45 twin cohorts participating in the Collaborative project of Development of Anthropometrical measures in Twins (CODATwins) study. American Journal of Clinical Nutrition, 2016, 104, 371-379.	4.7	175
12	Parent-Reported Sleep Problems During Development and Self-reported Anxiety/Depression, Attention Problems, and Aggressive Behavior Later in Life. JAMA Pediatrics, 2008, 162, 330.	3.0	174
13	DIURNAL PREFERENCE AND SLEEP QUALITY: SAME GENES? A STUDY OF YOUNG ADULT TWINS. Chronobiology International, 2010, 27, 278-296.	2.0	162
14	Objective Sleep in Pediatric Anxiety Disorders and Major Depressive Disorder. Journal of the American Academy of Child and Adolescent Psychiatry, 2008, 47, 148-155.	0.5	161
15	Genetic Influences on Anxiety in Children: What we've Learned and Where we're Heading. Clinical Child and Family Psychology Review, 2007, 10, 199-212.	4.5	152
16	Etiologies of Associations Between Childhood Sleep and Behavioral Problems in a Large Twin Sample. Journal of the American Academy of Child and Adolescent Psychiatry, 2004, 43, 744-751.	0.5	143
17	Associations Between Sleep Problems, Anxiety, and Depression in Twins at 8 Years of Age. Pediatrics, 2006, 118, 1124-1132.	2.1	136
18	Genetic and environmental influences on height from infancy to early adulthood: An individual-based pooled analysis of 45 twin cohorts. Scientific Reports, 2016, 6, 28496.	3.3	133

#	ARTICLE	IF	CITATIONS
19	Family Conflict in Childhood: A Predictor of Later Insomnia. <i>Sleep</i> , 2006, 29, 1063-1067.	1.1	128
20	The Phenotypic and Genetic Structure of Depression and Anxiety Disorder Symptoms in Childhood, Adolescence, and Young Adulthood. <i>JAMA Psychiatry</i> , 2014, 71, 905.	11.0	128
21	Quantitative genetic research on sleep: A review of normal sleep, sleep disturbances and associated emotional, behavioural, and health-related difficulties. <i>Sleep Medicine Reviews</i> , 2013, 17, 29-40.	8.5	115
22	Genome-wide Methylopic Analysis of Monozygotic Twins Discordant for Adolescent Depression. <i>Biological Psychiatry</i> , 2014, 76, 977-983.	1.3	112
23	Heart-beat perception, panic/somatic symptoms and anxiety sensitivity in children. <i>Behaviour Research and Therapy</i> , 2004, 42, 439-448.	3.1	109
24	Differences in genetic and environmental variation in adult BMI by sex, age, time period, and region: an individual-based pooled analysis of 40 twin cohorts. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 457-466.	4.7	107
25	Associations between sleep quality and anxiety and depression symptoms in a sample of young adult twins and siblings. <i>Journal of Psychosomatic Research</i> , 2011, 71, 250-255.	2.6	106
26	Sleep Items in the Child Behavior Checklist: A Comparison With Sleep Diaries, Actigraphy, and Polysomnography. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2011, 50, 499-507.	0.5	100
27	Sleep quality and diurnal preference in a sample of young adults: Associations with <i>5HTTLPR</i> , <i>PER3</i> , and <i>CLOCK 3111</i> . <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , 2011, 156, 681-690.	1.7	98
28	A systematic review of variables associated with sleep paralysis. <i>Sleep Medicine Reviews</i> , 2018, 38, 141-157.	8.5	83
29	Self-reported sleep patterns and quality amongst adolescents: cross-sectional and prospective associations with anxiety and depression. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2020, 61, 1126-1137.	5.2	81
30	Sleep Problems in Childhood Predict Neuropsychological Functioning in Adolescence. <i>Pediatrics</i> , 2009, 123, 1171-1176.	2.1	76
31	Feeling anxious: a twin study of panic/somatic ratings, anxiety sensitivity and heartbeat perception in children. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2007, 48, 1184-1191.	5.2	72
32	Family influences on the association between sleep problems and anxiety in a large sample of pre-school aged twins. <i>Personality and Individual Differences</i> , 2005, 39, 1337-1348.	2.9	71
33	A Twin-Study of Sleep Difficulties in School-Aged Children. <i>Child Development</i> , 2006, 77, 1668-1679.	3.0	70
34	ADHD and Sleep Quality: Longitudinal Analyses From Childhood to Early Adulthood in a Twin Cohort. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2017, 46, 284-294.	3.4	70
35	Do sleep disturbances and psychotic-like experiences in adolescence share genetic and environmental influences?. <i>Journal of Abnormal Psychology</i> , 2015, 124, 674-684.	1.9	68
36	Presleep Arousal and Sleep Disturbances in Children. <i>Sleep</i> , 2008, 31, 1745-1747.	1.1	64

#	ARTICLE	IF	CITATIONS
37	Behavioral genetic analyses of prosocial behavior in adolescents. <i>Developmental Science</i> , 2009, 12, 165-174.	2.4	62
38	Genetic and Environmental Influences on Different Components of the Pittsburgh Sleep Quality Index and their Overlap. <i>Sleep</i> , 2010, 33, 659-668.	1.1	62
39	Sleep problems, anxiety and cognitive style in school-aged children. <i>Infant and Child Development</i> , 2005, 14, 435-444.	1.5	60
40	Assessing gene-environment interactions on anxiety symptom subtypes across childhood and adolescence. <i>Development and Psychopathology</i> , 2007, 19, 1129-1146.	2.3	60
41	Replication of Genome-Wide association studies (GWAS) loci for sleep in the British G1219 cohort. <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , 2013, 162, 431-438.	1.7	57
42	Anxiety Disorders and Sleep in Children and Adolescents. <i>Sleep Medicine Clinics</i> , 2015, 10, 125-131.	2.6	57
43	Genetic influences on the cognitive biases associated with anxiety and depression symptoms in adolescents. <i>Journal of Affective Disorders</i> , 2010, 124, 45-53.	4.1	56
44	The developmental mental-disorder histories of adults with posttraumatic stress disorder: A prospective longitudinal birth cohort study.. <i>Journal of Abnormal Psychology</i> , 2008, 117, 460-466.	1.9	55
45	The CODATwins Project: The Cohort Description of Collaborative Project of Development of Anthropometrical Measures in Twins to Study Macro-Environmental Variation in Genetic and Environmental Effects on Anthropometric Traits. <i>Twin Research and Human Genetics</i> , 2015, 18, 348-360.	0.6	55
46	Mental Health Antecedents of Early Midlife Insomnia: Evidence from a Four-Decade Longitudinal Study. <i>Sleep</i> , 2014, 37, 1767-1775.	1.1	54
47	The Heritability of Insomnia Progression during Childhood/Adolescence: Results from a Longitudinal Twin Study. <i>Sleep</i> , 2015, 38, 109-118.	1.1	48
48	In the Face of Uncertainty: A Twin Study of Ambiguous Information, Anxiety and Depression in Children. <i>Journal of Abnormal Child Psychology</i> , 2008, 36, 55-65.	3.5	46
49	Dysfunctional beliefs and attitudes about sleep in children. <i>Journal of Sleep Research</i> , 2009, 18, 422-426.	3.2	45
50	Longitudinal genetic analysis of anxiety sensitivity.. <i>Developmental Psychology</i> , 2012, 48, 204-212.	1.6	45
51	Polymorphisms in the circadian expressed genes <i>PER3</i> and <i>ARNTL2</i> are associated with diurnal preference and <i>GNÎ²3</i> with sleep measures. <i>Journal of Sleep Research</i> , 2014, 23, 595-604.	3.2	45
52	A twin and molecular genetics study of sleep paralysis and associated factors. <i>Journal of Sleep Research</i> , 2015, 24, 438-446.	3.2	42
53	Genetic and environmental influences on adult human height across birth cohorts from 1886 to 1994. <i>ELife</i> , 2016, 5, .	6.0	42
54	Does childhood anxiety evoke maternal control? A genetically informed study. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2010, 51, 772-779.	5.2	41

#	ARTICLE	IF	CITATIONS
55	Childhood sleeping difficulties and depression in adulthood: the 1970 British Cohort Study. <i>Journal of Sleep Research</i> , 2015, 24, 19-23.	3.2	41
56	Handedness and schizotypy in a Japanese sample: an association masked by cultural effects on hand usage. <i>Schizophrenia Research</i> , 2003, 65, 139-145.	2.0	40
57	Genes of Experience: Explaining the Heritability of Putative Environmental Variables Through Their Association with Behavioural and Emotional Traits. <i>Behavior Genetics</i> , 2013, 43, 314-328.	2.1	36
58	Twin studies of subjective sleep quality and sleep duration, and their behavioral correlates: Systematic review and meta-analysis of heritability estimates. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 109, 78-89.	6.1	36
59	Dependent negative life events and sleep quality: An examination of gene-environment interplay. <i>Sleep Medicine</i> , 2011, 12, 403-409.	1.6	34
60	Aetiological overlap between anxiety and attention deficit hyperactivity symptom dimensions in adolescence. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2015, 56, 423-431.	5.2	34
61	Pathways to childhood depressive symptoms: The role of social, cognitive, and genetic risk factors.. <i>Developmental Psychology</i> , 2007, 43, 1402-1414.	1.6	33
62	Catastrophizing and symptoms of sleep disturbances in children. <i>Journal of Sleep Research</i> , 2010, 19, 175-182.	3.2	33
63	Exploring the Association Between Anxiety and Conduct Problems in a Large Sample of Twins Aged 2-4. <i>Journal of Abnormal Child Psychology</i> , 2004, 32, 111-122.	3.5	31
64	Is Insomnia Associated with Deficits in Neuropsychological Functioning? Evidence from a Population-Based Study. <i>Sleep</i> , 2015, 38, 623-631.	1.1	31
65	ANXIETY SENSITIVITY IN ADOLESCENCE AND YOUNG ADULTHOOD: THE ROLE OF STRESSFUL LIFE EVENTS, 5HTTLPR AND THEIR INTERACTION. <i>Depression and Anxiety</i> , 2012, 29, 400-408.	4.1	30
66	A Longitudinal Twin and Sibling Study of Associations between Insomnia and Depression Symptoms in Young Adults. <i>Sleep</i> , 2016, 39, 1985-1992.	1.1	29
67	Monozygotic Twin Differences in Non-shared Environmental Factors Associated with Chronotype. <i>Journal of Biological Rhythms</i> , 2013, 28, 51-61.	2.6	28
68	A bad night's sleep on campus: an interview study of first-year university students with poor sleep quality. <i>Sleep Health</i> , 2019, 5, 280-287.	2.5	28
69	Is digital cognitive behavioural therapy for insomnia effective in treating sub-threshold insomnia: a pilot RCT. <i>Sleep Medicine</i> , 2020, 66, 174-183.	1.6	27
70	A Genetic Decomposition of the Association Between Parasomnias and Dyssomnias in 8-Year-Old Twins. <i>JAMA Pediatrics</i> , 2008, 162, 299.	3.0	26
71	The development of risky attitudes from pre-driving to fully-qualified driving. <i>Injury Prevention</i> , 2013, 19, 244-249.	2.4	26
72	Zygosity Differences in Height and Body Mass Index of Twins From Infancy to Old Age: A Study of the CODATwins Project. <i>Twin Research and Human Genetics</i> , 2015, 18, 557-570.	0.6	24

#	ARTICLE	IF	CITATIONS
73	The Genesis 12â€“19 (G1219) Study: A Twin and Sibling Study of Geneâ€“Environment Interplay and Adolescent Development in the UK. <i>Twin Research and Human Genetics</i> , 2013, 16, 134-143.	0.6	22
74	Longitudinal Stability of Genetic and Environmental Influences on the Association between Diurnal Preference and Sleep Quality in Young Adult Twins and Siblings. <i>Journal of Biological Rhythms</i> , 2016, 31, 375-386.	2.6	21
75	The presence of a perseverative iterative style in poor vs. good sleepers. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 18-23.	1.2	20
76	Distinct Mechanisms Underlie Associations Between Forms of Childhood Maltreatment and Disruptive Nocturnal Behaviors. <i>Developmental Neuropsychology</i> , 2015, 40, 181-199.	1.4	20
77	Phenotypic and genetic structure of anxiety sensitivity in adolescence and early adulthood. <i>Journal of Anxiety Disorders</i> , 2012, 26, 680-688.	3.2	19
78	Nonshared Environmental Influences on Sleep Quality: A Study of Monozygotic Twin Differences. <i>Behavior Genetics</i> , 2012, 42, 234-244.	2.1	19
79	Externalizing Behaviors and Callous-Unemotional Traits: Different Associations With Sleep Quality. <i>Sleep</i> , 2017, 40, .	1.1	19
80	Genetic and environmental influences on interpersonal cognitions and associations with depressive symptoms in 8-year-old twins.. <i>Journal of Abnormal Psychology</i> , 2007, 116, 762-775.	1.9	18
81	Catastrophizing and Poor Sleep Quality in Early Adolescent Females. <i>Behavioral Sleep Medicine</i> , 2014, 12, 41-52.	2.1	18
82	Sleep Quality, Fatigue, and Quality of Life Among Teenage and Young Adult Cancer Survivors. <i>Journal of Adolescent and Young Adult Oncology</i> , 2018, 7, 465-471.	1.3	18
83	The heritability of insomnia: Systematic review and meta-analysis of twin studies. <i>Sleep Medicine Reviews</i> , 2021, 58, 101437.	8.5	18
84	Heritability of sleep quality in a middle-aged twin sample from Spain. <i>Sleep</i> , 2018, 41, .	1.1	17
85	Epigenome-Wide DNA Methylation Analysis of Monozygotic Twins Discordant for Diurnal Preference. <i>Twin Research and Human Genetics</i> , 2015, 18, 662-669.	0.6	16
86	Self-reported Sleep Quality and Cognitive Style in Older Adults. <i>Cognitive Therapy and Research</i> , 2011, 35, 1-10.	1.9	15
87	Maternal Insomnia and Children's Family Socialization Environments. <i>Sleep</i> , 2012, 35, 579-82.	1.1	15
88	THE ROLE OF COGNITIVE PROCESSES IN SLEEP DISTURBANCE: A COMPARISON OF JAPANESE AND ENGLISH UNIVERSITY STUDENTS. <i>Behavioural and Cognitive Psychotherapy</i> , 2002, 30, 259-270.	1.2	14
89	Associations between exploding head syndrome and measures of sleep quality and experiences, dissociation, and well-being. <i>Sleep</i> , 2019, 42, .	1.1	14
90	Reciprocal links between anxiety sensitivity and obsessiveâ€“compulsive symptoms in youth: a longitudinal twin study. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2020, 61, 979-987.	5.2	13

#	ARTICLE	IF	CITATIONS
91	Coordination difficulty and internalizing symptoms in adults: A twin/sibling study. <i>Psychiatry Research</i> , 2016, 239, 1-8.	3.3	12
92	Associations between pre-sleep arousal and insomnia symptoms in early adulthood: a twin and sibling study. <i>Sleep</i> , 2019, 42, .	1.1	12
93	Mindfulness and associations with symptoms of insomnia, anxiety and depression in early adulthood: A twin and sibling study. <i>Behaviour Research and Therapy</i> , 2019, 118, 18-29.	3.1	12
94	Sleep quality, insomnia, and internalizing difficulties in adolescents: insights from a twin study. <i>Sleep</i> , 2020, 43, .	1.1	12
95	Finding gene-environment interactions for generalised anxiety disorder. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2008, 258, 69-75.	3.2	11
96	The role of children's negative attributions on depressive symptoms: an inherited characteristic or a product of the early environment?. <i>Developmental Science</i> , 2012, 15, 569-578.	2.4	11
97	Biased Processing of Sleep-Related Stimuli in Children of Parents With Insomnia. <i>Behavioral Sleep Medicine</i> , 2013, 11, 108-119.	2.1	11
98	The psychological wellbeing outcomes of nonpharmacological interventions for older persons with insomnia symptoms: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 1-13.	8.5	11
99	Dysfunctional beliefs about sleep and insomnia symptoms in early adulthood: A twin and sibling study. <i>Journal of Sleep Research</i> , 2019, 28, e12834.	3.2	10
100	Finding gene-environment interactions for phobias. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2008, 258, 76-81.	3.2	9
101	Interpersonal cognitive biases as genetic markers for pediatric depressive symptoms: Twin data from the Emotions, Cognitions, Heredity and Outcome (ECHO) study. <i>Development and Psychopathology</i> , 2014, 26, 1267-1276.	2.3	9
102	Sleep Quality Among Teenagers and Young Adults With Cancer. <i>Cancer Nursing</i> , 2021, 44, 13-19.	1.5	9
103	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. <i>Current Topics in Behavioral Neurosciences</i> , 2013, 16, 337-365.	1.7	9
104	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. <i>Current Topics in Behavioral Neurosciences</i> , 2013, , 337-365.	1.7	9
105	Does the sex of one's co-twin affect height and BMI in adulthood? A study of dizygotic adult twins from 31 cohorts. <i>Biology of Sex Differences</i> , 2017, 8, 14.	4.1	8
106	Subjective sleep-related variables in those who have and have not experienced sleep paralysis. <i>Journal of Sleep Research</i> , 2018, 27, e12650.	3.2	8
107	Are punitive parenting and stressful life events environmental risk factors for obsessive-compulsive symptoms in youth? A longitudinal twin study. <i>European Psychiatry</i> , 2019, 56, 35-42.	0.2	8
108	Links Between Anxiety and Allergies: Psychobiological Reality or Possible Methodological Bias?. <i>Journal of Personality</i> , 2009, 77, 347-362.	3.2	7

#	ARTICLE	IF	CITATIONS
109	Special Editorial: Open science and the Journal of Child Psychology & Psychiatry - next steps?. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2018, 59, 826-827.	5.2	7
110	What Do People Know About the Heritability of Sleep?. Behavior Genetics, 2021, 51, 144-153.	2.1	7
111	Sleep Treatment Outcome Predictors (STOP) Pilot Study: a protocol for a randomised controlled trial examining predictors of change of insomnia symptoms and associated traits following cognitive-behavioural therapy for insomnia in an unselected sample. BMJ Open, 2017, 7, e017177.	1.9	6
112	Is sleep the red flag to psychopathology's bull?. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 1055-1057.	5.2	6
113	Self-reported sleep quality, weight status and depression in young adult twins and siblings. BMC Obesity, 2015, 2, 50.	3.1	5
114	Estimating the stability of heartbeat counting in middle childhood: A twin study. Biological Psychology, 2019, 148, 107764.	2.2	5
115	Associations between tactile intimacy and sleep quality in healthy adults: A systematic review. Journal of Sleep Research, 2022, 31, e13504.	3.2	5
116	Heritability of Sleep and Its Disorders in Childhood and Adolescence. Current Sleep Medicine Reports, 2021, 7, 155-166.	1.4	5
117	Exploding head syndrome: clinical features, theories about etiology, and prevention strategies in a large international sample. Sleep Medicine, 2020, 75, 251-255.	1.6	4
118	Sleep disturbances in ADHD: investigating the contribution of polygenic liability for ADHD and sleep-related phenotypes. European Child and Adolescent Psychiatry, 2022, , 1.	4.7	4
119	Association between symptoms of sleep apnea and problem behaviors in young adult twins and siblings. Psychological Medicine, 2021, 51, 1175-1182.	4.5	3
120	The association between bullying-victimisation and sleep disturbances in adolescence: Evidence from a twin study. Journal of Sleep Research, 2021, 30, e13321.	3.2	3
121	The Direction of Longitudinal Associations Between Sleep Problems and Depression Symptoms: A Study of Twins Aged 8 and 10 Years. Sleep, 2009, , .	1.1	2
122	Why Can't My Child Sleep and Will There be Long-Term Consequences? Lessons from Prospective Community-Based Studies. Sleep, 2011, 34, 1289-1290.	1.1	1
123	Parent-reported sleep-disordered breathing symptoms early in life predict childhood behavioural problems at age 4 and 7½ years. Evidence-Based Medicine, 2013, 18, 77-78.	0.6	1
124	The conundrums of human development - implications for the study of child and adolescent disorder. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2017, 58, 749-752.	5.2	1
125	Sleep in adults from the UK during the first few months of the coronavirus outbreak. Journal of Sleep Research, 2021, , e13465.	3.2	1
126	Trialling a microbiome-targeted dietary intervention in children with ADHD - the rationale and a non-randomised feasibility study. Pilot and Feasibility Studies, 2022, 8, .	1.2	1



#	ARTICLE	IF	CITATIONS
127	Sleep and Psychopathology: Quantitative and Molecular Genetic Research on Comorbidity. , 2014, , 121-152.		0
128	Genetic Research on Sleep, Sleep Disturbances and Associated Difficulties. , 2016, , 185-204.		0
129	46â€¦The sleep, circadian rhythms and mental health in schools (SCRAMS) feasibility study. , 2021, , .		0
130	Sleep in children with anxiety disorders. , 2021, , .		0