

# Helder Pereira

## List of Publications by Year in descending order

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Version: 2024-02-01

102  
papers

1,878  
citations

279487

23  
h-index

288905

40  
g-index

106  
all docs

106  
docs citations

106  
times ranked

2022  
citing authors

#	ARTICLE	IF	CITATIONS
1	Terminology for osteochondral lesions of the ankle: proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. Journal of ISAKOS, 2022, 7, 62-66.	1.1	8
2	Integration of polyurethane meniscus scaffold during ACL revision is not reliable at 5Âyears despite favourable clinical outcome. Knee Surgery, Sports Traumatology, Arthroscopy, 2022, 30, 3422-3427.	2.3	2
3	Paediatric ankle cartilage lesions: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. Journal of ISAKOS, 2022, 7, 90-94.	1.1	4
4	Biomechanical Comparison of All-Soft Suture Anchor Single-Row vs Double-Row Bridging Construct for Insertional Achilles Tendinopathy. Foot and Ankle International, 2021, 42, 215-223.	1.1	11
5	Consensus and Algorithm in the Approach to Patients with Chronic Lateral Ankle Instability. , 2021, , 385-392.		0
6	Lower Extremity Alignment and Ankle Instability. , 2021, , 315-331.		0
7	Concurrent Pathology and Ankle Instability. , 2021, , 339-355.		0
8	The Arthroscopic All Inside Knotless Option. , 2021, , 223-230.		0
9	Nonbiological Adjuncts for Ankle Stabilization. , 2021, , 357-363.		0
10	The Plantaris Tendon Option for Anatomical Reconstruction. , 2021, , 275-281.		0
11	Combined Medial Pathology in Patients with Lateral Chronic Ankle Instability: Rotational Instability of the Ankle?. , 2021, , 79-81.		0
12	Anatomic Open Repair Procedures: Periosteal Flap. , 2021, , 179-183.		0
13	The CFL fails before the ATFL immediately after combined ligament repair in a biomechanical cadaveric model. Knee Surgery, Sports Traumatology, Arthroscopy, 2020, 28, 253-261.	2.3	8
14	Endoscopic Flexor Hallucis Longus Transfer for the Management of Acute Achilles Tendon Ruptures: A Prospective Case Series Report With a Minimum of 18 Monthsâ€™ Follow-Up. Journal of Foot and Ankle Surgery, 2020, 59, 927-937.	0.5	8
15	Convection patterns gradients of non-living and living micro-entities in hydrogels. Applied Materials Today, 2020, 21, 100859.	2.3	3
16	Diagnosis and treatment of anterior ankle impingement: state of the art. Journal of ISAKOS, 2020, 5, 295-303.	1.1	5
17	Entrapped in cage (EiC) scaffolds of 3D-printed polycaprolactone and porous silk fibroin for meniscus tissue engineering. Biofabrication, 2020, 12, 025028.	3.7	17
18	Management of traumatic meniscus tears: the 2019 ESSKA meniscus consensus. Knee Surgery, Sports Traumatology, Arthroscopy, 2020, 28, 1177-1194.	2.3	164

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19	Indirect printing of hierarchical patient-specific scaffolds for meniscus tissue engineering. <i>Bio-Design and Manufacturing</i> , 2019, 2, 225-241.	3.9	8
20	The Clinical Use of Biologics in the Knee Lesions: Does the Patient Benefit?. <i>Current Reviews in Musculoskeletal Medicine</i> , 2019, 12, 406-414.	1.3	12
21	The distance from the peroneal tendons sheath to the sural nerve at the posterior tip of the fibula decreases from proximal to distal. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2019, 27, 2852-2857.	2.3	2
22	Suturable regenerated silk fibroin scaffold reinforced with 3D-printed polycaprolactone mesh: biomechanical performance and subcutaneous implantation. <i>Journal of Materials Science: Materials in Medicine</i> , 2019, 30, 63.	1.7	29
23	Meniscal allograft transplants and new scaffolding techniques. <i>EFORT Open Reviews</i> , 2019, 4, 279-295.	1.8	43
24	Posterior Impingement and Os Trigonum. , 2019, , 191-206.		1
25	Clinical applications of allografts in foot and ankle surgery. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2019, 27, 1847-1872.	2.3	22
26	The Role of Calcaneofibular Ligament Injury in Ankle Instability: Implications for Surgical Management. <i>American Journal of Sports Medicine</i> , 2019, 47, 431-437.	1.9	39
27	The Role of Arthroscopy in Ankle Instability Treatment. , 2018, , 109-122.		0
28	Return to Play Following Cartilage Injuries. , 2018, , 593-610.		2
29	MRI-Based Laxity Measurement for Return to Play. , 2018, , 205-215.		2
30	Searching for consensus in the approach to patients with chronic lateral ankle instability: ask the expert. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 2095-2102.	2.3	115
31	Orthopaedic regenerative tissue engineering en route to the holy grail: disequilibrium between the demand and the supply in the operating room. <i>Journal of Experimental Orthopaedics</i> , 2018, 5, 14.	0.8	28
32	The ESSKA-AFAS international consensus statement on peroneal tendon pathologies. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 3096-3107.	2.3	49
33	Conservative Management and Biological Treatment Strategies: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 9S-15S.	1.1	49
34	Debridement, Curettage, and Bone Marrow Stimulation: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 16S-22S.	1.1	66
35	Diagnosis: History, Physical Examination, Imaging, and Arthroscopy: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 3S-8S.	1.1	18
36	Fixation Techniques: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 23S-27S.	1.1	37

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37	Osteochondral Allograft: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 35S-40S.	1.1	20
38	Osteochondral Autograft: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 28S-34S.	1.1	36
39	Post-treatment Follow-up, Imaging, and Outcome Scores: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 68S-73S.	1.1	20
40	Rehabilitation and Return to Sports: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 61S-67S.	1.1	21
41	Revision and Salvage Management: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 54S-60S.	1.1	11
42	Scaffold-Based Therapies: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 41S-47S.	1.1	45
43	Subchondral Pathology: Proceedings of the International Consensus Meeting on Cartilage Repair of the Ankle. <i>Foot and Ankle International</i> , 2018, 39, 48S-53S.	1.1	25
44	Management of Chronic Ankle Instability in the Handball Player. , 2018, , 355-364.		0
45	Management of Cartilage Injuries in Handball. , 2018, , 325-340.		0
46	Emerging Concepts in Treating Cartilage, Osteochondral Defects, and Osteoarthritis of the Knee and Ankle. <i>Advances in Experimental Medicine and Biology</i> , 2018, 1059, 25-62.	0.8	12
47	Surgical Treatment Paradigms of Ankle Lateral Instability, Osteochondral Defects and Impingement. <i>Advances in Experimental Medicine and Biology</i> , 2018, 1059, 85-108.	0.8	21
48	Hyaluronic Acid. <i>Advances in Experimental Medicine and Biology</i> , 2018, 1059, 137-153.	0.8	42
49	Caloric restriction rescues yeast cells from alpha-synuclein toxicity through autophagic control of proteostasis. <i>Aging</i> , 2018, 10, 3821-3833.	1.4	13
50	Is the femoral lateral condyle's bone morphology the trochlea of the ACL?. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2017, 25, 207-214.	2.3	24
51	Segmental and regional quantification of 3D cellular density of human meniscus from osteoarthritic knee. <i>Journal of Tissue Engineering and Regenerative Medicine</i> , 2017, 11, 1844-1852.	1.3	20
52	Treatments of Meniscus Lesions of the Knee: Current Concepts and Future Perspectives. <i>Regenerative Engineering and Translational Medicine</i> , 2017, 3, 32-50.	1.6	17
53	Meniscal Lesions: From Basic Science to Clinical Management in Footballers. , 2017, , 145-163.		8
54	Tibialis Posterior and Anterior Tendons. , 2017, , 355-372.		0

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55	Injury of Ankle Ligaments. , 2017, , 83-104.		0
56	Tenodesis reconstruction in patients with chronic lateral ankle instability is associated with a high risk of complications compared with anatomic repair and reconstruction: a systematic review and meta-analysis. Journal of ISAKOS, 2017, 2, 81-88.	1.1	8
57	Tissue engineering in orthopaedic sports medicine: current concepts. Journal of ISAKOS, 2017, 2, 60-66.	1.1	6
58	Mosaicplasty Using Grafts From the Upper Tibiofibular Joint. Arthroscopy Techniques, 2017, 6, e1979-e1987.	0.5	7
59	Return to sport following lateral ankle ligament repair is under-reported: a systematic review. Journal of ISAKOS, 2017, 2, 234-240.	1.1	21
60	Long Biceps Subpectoral Tenodesis With Suspensory Button and Bicortical Fixation. Arthroscopy Techniques, 2017, 6, e1049-e1055.	0.5	5
61	MRI Laxity Assessment. , 2017, , 49-61.		3
62	Global rotation has high sensitivity in ACL lesions within stress MRI. Knee Surgery, Sports Traumatology, Arthroscopy, 2017, 25, 2993-3003.	2.3	16
63	Fundamentals on Injuries of Knee Ligaments in Footballers. Studies in Mechanobiology, Tissue Engineering and Biomaterials, 2017, , 289-321.	0.7	1
64	Basics of the Meniscus. Studies in Mechanobiology, Tissue Engineering and Biomaterials, 2017, , 237-247.	0.7	7
65	Advanced Regenerative Strategies for Human Knee Meniscus. Studies in Mechanobiology, Tissue Engineering and Biomaterials, 2017, , 271-285.	0.7	10
66	Building the Basis for Patient-Specific Meniscal Scaffolds. , 2017, , 411-418.		7
67	Hyaluronic Acid, PRP/Growth Factors, and Stem Cells in the Treatment of Osteochondral Lesions. , 2017, , 659-677.		0
68	Meniscal Repair: Indications, Techniques, and Outcome. , 2016, , 125-142.		11
69	Arthroscopic Repair of Ankle Instability With All-Soft Knotless Anchors. Arthroscopy Techniques, 2016, 5, e99-e107.	0.5	37
70	Histology-Ultrastructure-Biology. , 2016, , 23-33.		8
71	Gene Therapy, Growth Factors, Mesenchymal Cells, New Trends and Future Perspectives. , 2016, , 559-575.		1
72	Prevalence of Articular Cartilage Lesions and Surgical Clinical Outcomes in Football (Soccer) Players's Knees: A Systematic Review. Arthroscopy - Journal of Arthroscopic and Related Surgery, 2016, 32, 1466-1477.	1.3	35

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73	Physiopathology of the Meniscal Lesions. , 2016, , 47-61.		2
74	Traumatic Meniscal Lesions. , 2016, , 67-78.		4
75	Surgical Adjustment of the Guide Pin to Perform a Correct Tibial Tunnel in Anatomical Anterior Cruciate Ligament Single-Bundle Reconstruction. Arthroscopy Techniques, 2016, 5, e757-e762.	0.5	2
76	Good clinical outcome after osteochondral autologous transplantation surgery for osteochondral lesions of the talus but at the cost of a high rate of complications: a systematic review. Journal of ISAKOS, 2016, 1, 184-191.	1.1	8
77	Notch morphology is a risk factor for ACL injury: a systematic review and meta-analysis. Journal of ISAKOS, 2016, 1, 70-81.	1.1	15
78	Knee donor-site morbidity after mosaicplasty â€œ a systematic review. Journal of Experimental Orthopaedics, 2016, 3, 31.	0.8	92
79	The Role of Arthroscopy in the Treatment of Degenerative Meniscus Tear. , 2016, , 107-117.		6
80	Percutaneous Ankle Reconstruction of Lateral Ligaments (Perc-Anti RoLL). Foot and Ankle International, 2016, 37, 659-664.	1.1	37
81	Posterior Compartment of the Ankle Joint: A Focus on Arthroscopic Treatment (ICL 17). , 2016, , 167-183.		3
82	A Medical Device for Patellofemoral Disorders: Design and Development. , 2015, , .		0
83	Allografts in Posterior Cruciate Ligament Reconstructions. , 2015, , 861-872.		0
84	Partial Anterior Cruciate Ligament Ruptures: Knee Laxity Measurements and Pivot Shift. , 2015, , 1245-1258.		2
85	Bilayered silk/silk-nanoCaP scaffolds for osteochondral tissue engineering: In vitro and in vivo assessment of biological performance. Acta Biomaterialia, 2015, 12, 227-241.	4.1	140
86	Human Meniscus: From Biology to Tissue Engineering Strategies. , 2015, , 1089-1102.		4
87	Patellofemoral Evaluation: Do We Need an Objective Kinematic Approach?. , 2014, , 37-44.		4
88	How to Share Guidelines in Daily Practice on Meniscus Repair, Degenerate Meniscal Lesion, and Meniscectomy. , 2014, , 97-112.		8
89	Peroneal and Posterior Tibial Tendon Pathology. Sports Et Traumatologie, 2014, , 235-251.	0.0	2
90	Failed Anterior Cruciate Ligament Repair. , 2014, , 3113-3128.		3

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91	Systematic Approach from Porto School. , 2014, , 367-386.		3
92	Treatment of Acute Patellar Dislocation: Current Concepts. , 2014, , 101-118.		0
93	Head, Low-Back and Muscle Injuries in Athletes: PRP and Stem Cells in Sports-Related Diseases. , 2014, , 273-311.		0
94	Migration of "bioabsorbable" screws in ACL repair. How much do we know? A systematic review. Knee Surgery, Sports Traumatology, Arthroscopy, 2013, 21, 986-994.	2.3	60
95	Clinical diagnosis of patellofemoral disorders. , 2013, , .		2
96	ACL Injuries Identifiable for Pre-participation Imagiological Analysis: Risk Factors. , 2013, , 1-15.		3
97	Human Meniscus: From Biology to Tissue Engineering Strategies. , 2013, , 1-16.		4
98	Partial ACL Ruptures: Knee Laxity Measurements and Pivot Shift. , 2013, , 1-16.		4
99	Allografts in PCL Reconstructions. , 2013, , 1-13.		0
100	Osteochondral transplantation using autografts from the upper tibio-fibular joint for the treatment of knee cartilage lesions. Knee Surgery, Sports Traumatology, Arthroscopy, 2012, 20, 1136-1142.	2.3	37
101	Assessment of rotatory laxity in anterior cruciate ligament-deficient knees using magnetic resonance imaging with Porto-knee testing device. Knee Surgery, Sports Traumatology, Arthroscopy, 2012, 20, 671-678.	2.3	59
102	Tissue Engineering and Regenerative Medicine Strategies in Meniscus Lesions. Arthroscopy - Journal of Arthroscopic and Related Surgery, 2011, 27, 1706-1719.	1.3	100