

Michael E J Lean

List of Publications by Citations

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277
papers

18,863
citations

70
h-index

131
g-index

299
ext. papers

21,563
ext. citations

5.9
avg, IF

6.61
L-index

#	Paper	IF	Citations
277	Waist circumference as a measure for indicating need for weight management. <i>BMJ: British Medical Journal</i> , 1995 , 311, 158-61		1023
276	Identification of late-onset hypogonadism in middle-aged and elderly men. <i>New England Journal of Medicine</i> , 2010 , 363, 123-35	59.2	1005
275	Effects of liraglutide in the treatment of obesity: a randomised, double-blind, placebo-controlled study. <i>Lancet, The</i> , 2009 , 374, 1606-16	40	741
274	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , 2018 , 391, 541-551	40	713
273	Plant foods and herbal sources of resveratrol. <i>Journal of Agricultural and Food Chemistry</i> , 2002 , 50, 3337-40	40	692
272	Waist circumference action levels in the identification of cardiovascular risk factors: prevalence study in a random sample. <i>BMJ: British Medical Journal</i> , 1995 , 311, 1401-5		554
271	Quantitative Analysis of the Flavonoid Content of Commercial Tomatoes, Onions, Lettuce, and Celery. <i>Journal of Agricultural and Food Chemistry</i> , 1997 , 45, 590-595	5.7	521
270	Safety, tolerability and sustained weight loss over 2 years with the once-daily human GLP-1 analog, liraglutide. <i>International Journal of Obesity</i> , 2012 , 36, 843-54	5.5	408
269	Characteristics of secondary, primary, and compensated hypogonadism in aging men: evidence from the European Male Ageing Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010 , 95, 1810-8	5.6	402
268	Prospective study of C-reactive protein in relation to the development of diabetes and metabolic syndrome in the Mexico City Diabetes Study. <i>Diabetes Care</i> , 2002 , 25, 2016-21	14.6	395
267	HPLC-MSn analysis of phenolic compounds and purine alkaloids in green and black tea. <i>Journal of Agricultural and Food Chemistry</i> , 2004 , 52, 2807-15	5.7	350
266	Occurrence of flavonols in tomatoes and tomato-based products. <i>Journal of Agricultural and Food Chemistry</i> , 2000 , 48, 2663-9	5.7	333
265	Relationship among antioxidant activity, vasodilation capacity, and phenolic content of red wines. <i>Journal of Agricultural and Food Chemistry</i> , 2000 , 48, 220-30	5.7	328
264	3 years of liraglutide versus placebo for type 2 diabetes risk reduction and weight management in individuals with prediabetes: a randomised, double-blind trial. <i>Lancet, The</i> , 2017 , 389, 1399-1409	40	324
263	Age-related changes in general and sexual health in middle-aged and older men: results from the European Male Ageing Study (EMAS). <i>Journal of Sexual Medicine</i> , 2010 , 7, 1362-80	1.1	290
262	Coffee: biochemistry and potential impact on health. <i>Food and Function</i> , 2014 , 5, 1695-717	6.1	287
261	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology, the</i> , 2019 , 7, 344-355	18.1	273

260	Ellagitannins, flavonoids, and other phenolics in red raspberries and their contribution to antioxidant capacity and vasorelaxation properties. <i>Journal of Agricultural and Food Chemistry</i> , 2002 , 50, 5191-6	5.7	267
259	Polyphenols and health: what compounds are involved?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010 , 20, 1-6	4.5	241
258	Analysis of ellagitannins and conjugates of ellagic acid and quercetin in raspberry fruits by LC-MSn. <i>Phytochemistry</i> , 2003 , 64, 617-24	4	205
257	Green tea flavan-3-ols: colonic degradation and urinary excretion of catabolites by humans. <i>Journal of Agricultural and Food Chemistry</i> , 2010 , 58, 1296-304	5.7	195
256	Obesity and weight management in the elderly. <i>British Medical Bulletin</i> , 2011 , 97, 169-96	5.4	190
255	Survey of the Free and Conjugated Myricetin and Quercetin Content of Red Wines of Different Geographical Origins. <i>Journal of Agricultural and Food Chemistry</i> , 1998 , 46, 368-375	5.7	161
254	Narrow hips and broad waist circumferences independently contribute to increased risk of non-insulin-dependent diabetes mellitus. <i>Journal of Internal Medicine</i> , 1997 , 242, 401-6	10.8	150
253	Absorption and excretion of conjugated flavonols, including quercetin-4'-O-beta-glucoside and isorhamnetin-4'-O-beta-glucoside by human volunteers after the consumption of onions. <i>Free Radical Research</i> , 1998 , 29, 257-69	4	144
252	Association of hypogonadism with vitamin D status: the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2012 , 166, 77-85	6.5	138
251	Comparison of serum testosterone and estradiol measurements in 3174 European men using platform immunoassay and mass spectrometry; relevance for the diagnostics in aging men. <i>European Journal of Endocrinology</i> , 2012 , 166, 983-91	6.5	135
250	Brown adipose tissue in humans. <i>Proceedings of the Nutrition Society</i> , 1989 , 48, 243-56	2.9	133
249	Remission of Human Type 2 Diabetes Requires Decrease in Liver and Pancreas Fat Content but Is Dependent upon Capacity for β Cell Recovery. <i>Cell Metabolism</i> , 2018 , 28, 547-556.e3	24.6	132
248	Weight gain as an adverse effect of some commonly prescribed drugs: a systematic review. <i>QJM - Monthly Journal of the Association of Physicians</i> , 2007 , 100, 395-404	2.7	132
247	Analysis of obesity and hyperinsulinemia in the development of metabolic syndrome: San Antonio Heart Study. <i>Obesity</i> , 2002 , 10, 923-31		131
246	Patients on atypical antipsychotic drugs: another high-risk group for type 2 diabetes. <i>Diabetes Care</i> , 2003 , 26, 1597-605	14.6	126
245	New insights into the bioavailability of red raspberry anthocyanins and ellagitannins. <i>Free Radical Biology and Medicine</i> , 2015 , 89, 758-69	7.8	125
244	Variations in caffeine and chlorogenic acid contents of coffees: what are we drinking?. <i>Food and Function</i> , 2014 , 5, 1718-26	6.1	124
243	Espresso coffees, caffeine and chlorogenic acid intake: potential health implications. <i>Food and Function</i> , 2012 , 3, 30-3	6.1	124

242	Quantitative analysis of flavonoids by reversed-phase high-performance liquid chromatography. <i>Journal of Chromatography A</i> , 1997 , 761, 315-321	4.5	123
241	Effect of freezing and storage on the phenolics, ellagitannins, flavonoids, and antioxidant capacity of red raspberries. <i>Journal of Agricultural and Food Chemistry</i> , 2002 , 50, 5197-201	5.7	121
240	Increased estrogen rather than decreased androgen action is associated with longer androgen receptor CAG repeats. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009 , 94, 277-84	5.6	116
239	Tolerability of nausea and vomiting and associations with weight loss in a randomized trial of liraglutide in obese, non-diabetic adults. <i>International Journal of Obesity</i> , 2014 , 38, 689-97	5.5	110
238	Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on attitudes towards dietary change. <i>British Journal of Nutrition</i> , 1998 , 80, 133-40	3.6	110
237	Altered gut and adipose tissue hormones in overweight and obese individuals: cause or consequence?. <i>International Journal of Obesity</i> , 2016 , 40, 622-32	5.5	108
236	Milk decreases urinary excretion but not plasma pharmacokinetics of cocoa flavan-3-ol metabolites in humans. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 1784-91	7	108
235	Association between 25-hydroxyvitamin D levels and cognitive performance in middle-aged and older European men. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2009 , 80, 722-9	5.5	108
234	Intermittent fasting interventions for treatment of overweight and obesity in adults: a systematic review and meta-analysis. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2018 , 16, 507-547	1.6	106
233	Orange juice (poly)phenols are highly bioavailable in humans. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 1378-84	7	104
232	Determination of flavonol metabolites in plasma and tissues of rats by HPLC-radiocounting and tandem mass spectrometry following oral ingestion of [2-(14)C]quercetin-4'-glucoside. <i>Journal of Agricultural and Food Chemistry</i> , 2002 , 50, 6902-9	5.7	104
231	In vitro catabolism of rutin by human fecal bacteria and the antioxidant capacity of its catabolites. <i>Free Radical Biology and Medicine</i> , 2009 , 47, 1180-9	7.8	101
230	Low Free Testosterone Is Associated with Hypogonadal Signs and Symptoms in Men with Normal Total Testosterone. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016 , 101, 2647-57	5.6	100
229	Effect of three treatment schedules of recombinant methionyl human leptin on body weight in obese adults: a randomized, placebo-controlled trial. <i>Diabetes, Obesity and Metabolism</i> , 2005 , 7, 755-61	6.7	97
228	Relationships between cigarette smoking, body size and body shape. <i>International Journal of Obesity</i> , 2005 , 29, 236-43	5.5	97
227	The ability of three different models of frailty to predict all-cause mortality: results from the European Male Aging Study (EMAS). <i>Archives of Gerontology and Geriatrics</i> , 2013 , 57, 360-8	4	96
226	The influence of moderate red wine consumption on antioxidant status and indices of oxidative stress associated with CHD in healthy volunteers. <i>British Journal of Nutrition</i> , 2005 , 93, 233-40	3.6	96
225	Antioxidant flavonols from fruits, vegetables and beverages: measurements and bioavailability. <i>Biological Research</i> , 2000 , 33, 79-88	7.6	96

224	Development of and Recovery from Secondary Hypogonadism in Aging Men: Prospective Results from the EMAS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 3172-82	5.6	95
223	Pathophysiology of obesity. <i>Proceedings of the Nutrition Society</i> , 2000 , 59, 331-6	2.9	94
222	UK consumer attitudes, beliefs and barriers to increasing fruit and vegetable consumption. <i>Public Health Nutrition</i> , 1998 , 1, 61-8	3.3	90
221	The relationships between sex hormones and sexual function in middle-aged and older European men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011 , 96, E1577-87	5.6	89
220	Vitamin D, parathyroid hormone and the metabolic syndrome in middle-aged and older European men. <i>European Journal of Endocrinology</i> , 2009 , 161, 947-54	6.5	88
219	Measurement of rat brown-adipose-tissue mitochondrial uncoupling protein by radioimmunoassay: increased concentration after cold acclimation. <i>Bioscience Reports</i> , 1983 , 3, 61-71	4.1	83
218	Lower vitamin D levels are associated with depression among community-dwelling European men. <i>Journal of Psychopharmacology</i> , 2011 , 25, 1320-8	4.6	81
217	ABC of obesity. Assessment of obesity and its clinical implications. <i>BMJ, The</i> , 2006 , 333, 695-8	5.9	81
216	Creatine supplementation during pulmonary rehabilitation in chronic obstructive pulmonary disease. <i>Thorax</i> , 2005 , 60, 531-7	7.3	79
215	Rapid characterization of anthocyanins in red raspberry fruit by high-performance liquid chromatography coupled to single quadrupole mass spectrometry. <i>Journal of Chromatography A</i> , 2002 , 966, 63-70	4.5	76
214	Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on consumer choice and nutrient intakes. <i>British Journal of Nutrition</i> , 1998 , 80, 123-31	3.6	76
213	Effect of a lifestyle intervention on weight change in south Asian individuals in the UK at high risk of type 2 diabetes: a family-cluster randomised controlled trial. <i>Lancet Diabetes and Endocrinology</i> , 2014 , 2, 218-27	18.1	75
212	Bioavailability of dietary (poly)phenols: a study with ileostomists to discriminate between absorption in small and large intestine. <i>Food and Function</i> , 2013 , 4, 754-62	6.1	75
211	Associations between sex steroids and the development of metabolic syndrome: a longitudinal study in European men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 1396-404	5.6	73
210	Intentional mis-reporting of food consumption and its relationship with body mass index and psychological scores in women. <i>Journal of Human Nutrition and Dietetics</i> , 2004 , 17, 209-18	3.1	73
209	Impaired quality of life and sexual function in overweight and obese men: the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2011 , 164, 1003-11	6.5	72
208	Benefits of salmon eating on traditional and novel vascular risk factors in young, non-obese healthy subjects. <i>Atherosclerosis</i> , 2007 , 193, 213-21	3.1	71
207	Chronic widespread pain is associated with slower cognitive processing speed in middle-aged and older European men. <i>Pain</i> , 2010 , 151, 30-36	8	69

206	Musculoskeletal pain is associated with very low levels of vitamin D in men: results from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2010 , 69, 1448-52	2.4	68
205	Dietary improvement in people with schizophrenia: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2005 , 187, 346-51	5.4	67
204	Variations in the profile and content of anthocyanins in wines made from cabernet sauvignon and hybrid grapes. <i>Journal of Agricultural and Food Chemistry</i> , 2002 , 50, 4096-102	5.7	67
203	Bioavailability of Black Tea Theaflavins: Absorption, Metabolism, and Colonic Catabolism. <i>Journal of Agricultural and Food Chemistry</i> , 2017 , 65, 5365-5374	5.7	65
202	The association of frailty with serum 25-hydroxyvitamin D and parathyroid hormone levels in older European men. <i>Age and Ageing</i> , 2013 , 42, 352-9	3	65
201	Disposition and metabolism of [2-14C]quercetin-4'-glucoside in rats. <i>Drug Metabolism and Disposition</i> , 2005 , 33, 1036-43	4	65
200	Feasibility and indicative results from a 12-month low-energy liquid diet treatment and maintenance programme for severe obesity. <i>British Journal of General Practice</i> , 2013 , 63, e115-24	1.6	58
199	A physically active occupation does not result in compensatory inactivity during out-of-work hours. <i>Preventive Medicine</i> , 2011 , 53, 48-52	4.3	58
198	Eating habits, beliefs, attitudes and knowledge among health professionals regarding the links between obesity, nutrition and health. <i>Public Health Nutrition</i> , 2004 , 7, 337-43	3.3	57
197	Waist circumference as a screening tool for cardiovascular risk factors: evaluation of receiver operating characteristics (ROC). <i>Obesity</i> , 1996 , 4, 533-47		57
196	Time-scarcity, ready-meals, ill-health and the obesity epidemic. <i>Trends in Food Science and Technology</i> , 2012 , 27, 4-11	15.3	56
195	Active vitamin D (1,25-dihydroxyvitamin D) and bone health in middle-aged and elderly men: the European Male Aging Study (EMAS). <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013 , 98, 995-1005	5.6	55
194	Long-term cost-effectiveness of weight management in primary care. <i>International Journal of Clinical Practice</i> , 2010 , 64, 775-83	2.9	55
193	Why lose weight? Reasons for seeking weight loss by overweight but otherwise healthy men. <i>International Journal of Obesity</i> , 2002 , 26, 880-2	5.5	51
192	Is There an Optimal Diet for Weight Management and Metabolic Health?. <i>Gastroenterology</i> , 2017 , 152, 1739-1751	13.3	50
191	Frailty in relation to variations in hormone levels of the hypothalamic-pituitary-testicular axis in older men: results from the European male aging study. <i>Journal of the American Geriatrics Society</i> , 2011 , 59, 814-21	5.6	49
190	ABC of obesity. Strategies for preventing obesity. <i>BMJ, The</i> , 2006 , 333, 959-62	5.9	49
189	Thyroid hormones and male sexual function. <i>Journal of Developmental and Physical Disabilities</i> , 2012 , 35, 668-79		47

188	Role of oxidative stress in physiological albumin glycation: a neglected interaction. <i>Free Radical Biology and Medicine</i> , 2013 , 60, 318-24	7.8	47
187	Hepatic Lipoprotein Export and Remission of Human Type 2 Diabetes after Weight Loss. <i>Cell Metabolism</i> , 2020 , 31, 233-249.e4	24.6	47
186	Consumption of fish and vascular risk factors: A systematic review and meta-analysis of intervention studies. <i>Atherosclerosis</i> , 2017 , 266, 87-94	3.1	46
185	Mobile applications for obesity and weight management: current market characteristics. <i>International Journal of Obesity</i> , 2017 , 41, 200-202	5.5	46
184	Empowering primary care to tackle the obesity epidemic: the Counterweight Programme. <i>European Journal of Clinical Nutrition</i> , 2005 , 59 Suppl 1, S93-100; discussion S101	5.2	46
183	Low-carbohydrate diets for overweight and obesity: a systematic review of the systematic reviews. <i>Obesity Reviews</i> , 2018 , 19, 1700-1718	10.6	46
182	Changing distributions of body size and adiposity with age. <i>International Journal of Obesity</i> , 2014 , 38, 857-64	5.5	45
181	Weight losses with low-energy formula diets in obese patients with and without type 2 diabetes: systematic review and meta-analysis. <i>International Journal of Obesity</i> , 2017 , 41, 96-101	5.5	45
180	Berry juices, teas, antioxidants and the prevention of atherosclerosis in hamsters. <i>Food Chemistry</i> , 2010 , 118, 266-271	8.5	45
179	Weight changes in young adults: a mixed-methods study. <i>International Journal of Obesity</i> , 2015 , 39, 508-13	5.5	43
178	Iodine and pregnancy - a UK cross-sectional survey of dietary intake, knowledge and awareness. <i>British Journal of Nutrition</i> , 2015 , 114, 108-17	3.6	43
177	Comparisons of immunoassay and mass spectrometry measurements of serum estradiol levels and their influence on clinical association studies in men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013 , 98, E1097-102	5.6	43
176	Derivation and validation of simple equations to predict total muscle mass from simple anthropometric and demographic data. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 1041-51	7	42
175	Identification of metabolites in human plasma and urine after consumption of a polyphenol-rich juice drink. <i>Journal of Agricultural and Food Chemistry</i> , 2010 , 58, 2586-95	5.7	42
174	Influence of age and sex steroids on bone density and geometry in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2011 , 22, 1513-23	5.3	39
173	Evaluation of a dietary targets monitor. <i>European Journal of Clinical Nutrition</i> , 2003 , 57, 667-73	5.2	39
172	Moderate physical activity permits acute coupling between serum leptin and appetite-satiety measures in obese women. <i>International Journal of Obesity</i> , 2003 , 27, 1332-9	5.5	39
171	Association of cognitive performance with the metabolic syndrome and with glycaemia in middle-aged and older European men: the European Male Ageing Study. <i>Diabetes/Metabolism Research and Reviews</i> , 2010 , 26, 668-76	7.5	38

170	Weight management: a comparison of existing dietary approaches in a work-site setting. <i>International Journal of Obesity</i> , 2002 , 26, 1469-75	5.5	37
169	Investigating the determinants of international differences in the prevalence of chronic widespread pain: evidence from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2009 , 68, 690-5	2.4	36
168	Cohort profile: the European Male Ageing Study. <i>International Journal of Epidemiology</i> , 2013 , 42, 391-401	7.8	33
167	Gonadal sex steroid status and bone health in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2010 , 21, 1331-9	5.3	33
166	Making progress on the global crisis of obesity and weight management. <i>BMJ, The</i> , 2018 , 361, k2538	5.9	32
165	Effect of polymorphisms in selected genes involved in pituitary-testicular function on reproductive hormones and phenotype in aging men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010 , 95, 1898-908	5.6	32
164	The effects of dietary phenolic compounds on cytokine and antioxidant production by A549 cells. <i>Journal of Medicinal Food</i> , 2008 , 11, 382-4	2.8	32
163	Healthy Eating: Fruit and Vegetables in Scotland. <i>British Food Journal</i> , 1994 , 96, 18-24	2.8	32
162	Obesity and weight management in the elderly: a focus on men. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2013 , 27, 509-25	6.5	30
161	Changes in BMI and waist circumference in Scottish adults: use of repeated cross-sectional surveys to explore multiple age groups and birth-cohorts. <i>International Journal of Obesity</i> , 2013 , 37, 800-8	5.5	30
160	Changes in weight and waist circumference over 9 years in a Scottish population. <i>European Journal of Clinical Nutrition</i> , 2008 , 62, 1208-14	5.2	30
159	2-year remission of type 2 diabetes and pancreas morphology: a post-hoc analysis of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology</i> , 2020 , 8, 939-948	18.1	30
158	Symptomatic androgen deficiency develops only when both total and free testosterone decline in obese men who may have incident biochemical secondary hypogonadism: Prospective results from the EMAS. <i>Clinical Endocrinology</i> , 2018 , 89, 459-469	3.4	30
157	Nutritional intervention and impact of polyphenol on glycohemoglobin (HbA1c) in non-diabetic and type 2 diabetic subjects: Systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2017 , 57, 975-986	11.5	29
156	Protein-phenolic interactions and inhibition of glycation - combining a systematic review and experimental models for enhanced physiological relevance. <i>Food and Function</i> , 2014 , 5, 2646-55	6.1	29
155	ABC of obesity. Management: part II--drugs. <i>BMJ, The</i> , 2006 , 333, 794-7	5.9	28
154	Antenatal Waist Circumference and Hypertension Risk. <i>Obstetrics and Gynecology</i> , 2001 , 97, 268-271	4.9	28
153	Associations of BMI, waist circumference, body fat, and skeletal muscle with type 2 diabetes in adults. <i>Acta Diabetologica</i> , 2019 , 56, 947-954	3.9	27

152	Natural history, risk factors and clinical features of primary hypogonadism in ageing men: Longitudinal Data from the European Male Ageing Study. <i>Clinical Endocrinology</i> , 2016 , 85, 891-901	3.4	27
151	Low-level seaweed supplementation improves iodine status in iodine-insufficient women. <i>British Journal of Nutrition</i> , 2014 , 112, 753-61	3.6	27
150	Sitting time and waist circumference are associated with glycemia in U.K. South Asians: data from 1,228 adults screened for the PODOSA trial. <i>Diabetes Care</i> , 2011 , 34, 1214-8	14.6	27
149	Clothing size as an indicator of adiposity, ischaemic heart disease and cardiovascular risks. <i>Journal of Human Nutrition and Dietetics</i> , 2005 , 18, 423-30	3.1	27
148	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , 2018 , 61, 589-598	10.3	27
147	Validation of a short food frequency questionnaire specific for iodine in U.K. females of childbearing age. <i>Journal of Human Nutrition and Dietetics</i> , 2014 , 27, 599-605	3.1	26
146	Improving the dietary intake of under nourished older people in residential care homes using an energy-enriching food approach: a cluster randomised controlled study. <i>Journal of Human Nutrition and Dietetics</i> , 2013 , 26, 387-94	3.1	26
145	Time spent in sedentary posture is associated with waist circumference and cardiovascular risk. <i>International Journal of Obesity</i> , 2017 , 41, 689-696	5.5	25
144	Family Hospitality and Ethnic Tradition Among South Asian, Italian and General Population Women in the West of Scotland. <i>Sociology of Health and Illness</i> , 1998 , 20, 351-380	3	25
143	The associations between current recommendation for physical activity and cardiovascular risks associated with obesity. <i>European Journal of Clinical Nutrition</i> , 2008 , 62, 1-9	5.2	25
142	Sugar and Type 2 diabetes. <i>British Medical Bulletin</i> , 2016 , 120, 43-53	5.4	25
141	Influence of bone remodelling rate on quantitative ultrasound parameters at the calcaneus and DXA BMDa of the hip and spine in middle-aged and elderly European men: the European Male Ageing Study (EMAS). <i>European Journal of Endocrinology</i> , 2011 , 165, 977-86	6.5	24
140	Is long-term weight loss possible?. <i>British Journal of Nutrition</i> , 2000 , 83 Suppl 1, S103-11	3.6	24
139	Contributions of maternal and paternal adiposity and smoking to adult offspring adiposity and cardiovascular risk: the Midspan Family Study. <i>BMJ Open</i> , 2015 , 5, e007682	3	23
138	Lower bone turnover and relative bone deficits in men with metabolic syndrome: a matter of insulin sensitivity? The European Male Ageing Study. <i>Osteoporosis International</i> , 2016 , 27, 3227-3237	5.3	23
137	Changing guards: time to move beyond body mass index for population monitoring of excess adiposity. <i>QJM - Monthly Journal of the Association of Physicians</i> , 2016 , 109, 443-446	2.7	23
136	Intergenerational change and familial aggregation of body mass index. <i>European Journal of Epidemiology</i> , 2012 , 27, 53-61	12.1	23
135	Endogenous hormones, androgen receptor CAG repeat length and fluid cognition in middle-aged and older men: results from the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2010 , 162, 1155-64	6.5	23

134	Keeping it off: the challenge of weight-loss maintenance. <i>Lancet Diabetes and Endocrinology</i> , 2018 , 6, 681-683	18.1	22
133	Calorie-labelling: does it impact on calorie purchase in catering outlets and the views of young adults?. <i>International Journal of Obesity</i> , 2015 , 39, 542-5	5.5	22
132	SMARTS (Systematic Monitoring of Adverse events Related to Treatments): The development of a pragmatic patient-completed checklist to assess antipsychotic drug side effects. <i>Therapeutic Advances in Psychopharmacology</i> , 2014 , 4, 15-21	4.9	22
131	A patient-centred approach to estimate total annual healthcare cost by body mass index in the UK Counterweight programme. <i>International Journal of Obesity</i> , 2013 , 37, 1135-9	5.5	22
130	Contribution of Midparental BMI and other determinants of obesity in adult offspring. <i>Obesity</i> , 2008 , 16, 1388-93	8	22
129	Schizophrenia and osteoporosis. <i>International Clinical Psychopharmacology</i> , 2004 , 19, 31-5	2.2	22
128	Development of a nutritionally balanced pizza as a functional meal designed to meet published dietary guidelines. <i>Public Health Nutrition</i> , 2014 , 17, 2577-86	3.3	21
127	Influence of smoking and diet on glycated haemoglobin and 'pre-diabetes' categorisation: a cross-sectional analysis. <i>BMC Public Health</i> , 2013 , 13, 1013	4.1	21
126	Dietary flavonols contribute to false-positive elevation of homovanillic acid, a marker of catecholamine-secreting tumors. <i>Clinica Chimica Acta</i> , 2011 , 412, 165-9	6.2	21
125	Unidentified under-nutrition: dietary intake and anthropometric indices in a residential care home population. <i>Journal of Human Nutrition and Dietetics</i> , 2006 , 19, 343-7	3.1	21
124	Predictive model of length of stay in hospital among older patients. <i>Aging Clinical and Experimental Research</i> , 2019 , 31, 993-999	4.8	21
123	Filling the intervention gap: service evaluation of an intensive nonsurgical weight management programme for severe and complex obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019 , 32, 329-337 ^{3.1}	3.1	21
122	Reproductive Hormone Levels Predict Changes in Frailty Status in Community-Dwelling Older Men: European Male Ageing Study Prospective Data. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2018 , 103, 701-709	5.6	20
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