

Michael E J Lean

List of Publications by Year in descending order

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Version: 2024-02-01

294
papers

24,729
citations

8181

76
h-index

7950

149
g-index

299
all docs

299
docs citations

299
times ranked

27091
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|------|-----------|
| 1 | Waist circumference as a measure for indicating need for weight management. <i>BMJ: British Medical Journal</i> , 1995, 311, 158-161. | 2.3 | 1,331 |
| 2 | Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , 2018, 391, 541-551. | 13.7 | 1,282 |
| 3 | Identification of Late-Onset Hypogonadism in Middle-Aged and Elderly Men. <i>New England Journal of Medicine</i> , 2010, 363, 123-135. | 27.0 | 1,274 |
| 4 | Effects of liraglutide in the treatment of obesity: a randomised, double-blind, placebo-controlled study. <i>Lancet, The</i> , 2009, 374, 1606-1616. | 13.7 | 931 |
| 5 | Plant Foods and Herbal Sources of Resveratrol. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 3337-3340. | 5.2 | 840 |
| 6 | Waist circumference action levels in the identification of cardiovascular risk factors: prevalence study in a random sample. <i>BMJ: British Medical Journal</i> , 1995, 311, 1401-1405. | 2.3 | 733 |
| 7 | Quantitative Analysis of the Flavonoid Content of Commercial Tomatoes, Onions, Lettuce, and Celery. <i>Journal of Agricultural and Food Chemistry</i> , 1997, 45, 590-595. | 5.2 | 596 |
| 8 | Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology, the</i> , 2019, 7, 344-355. | 11.4 | 569 |
| 9 | Safety, tolerability and sustained weight loss over 2 years with the once-daily human GLP-1 analog, liraglutide. <i>International Journal of Obesity</i> , 2012, 36, 843-854. | 3.4 | 532 |
| 10 | 3 years of liraglutide versus placebo for type 2 diabetes risk reduction and weight management in individuals with prediabetes: a randomised, double-blind trial. <i>Lancet, The</i> , 2017, 389, 1399-1409. | 13.7 | 502 |
| 11 | Characteristics of Secondary, Primary, and Compensated Hypogonadism in Aging Men: Evidence from the European Male Ageing Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 1810-1818. | 3.6 | 481 |
| 12 | Prospective Study of C-Reactive Protein in Relation to the Development of Diabetes and Metabolic Syndrome in the Mexico City Diabetes Study. <i>Diabetes Care</i> , 2002, 25, 2016-2021. | 8.6 | 453 |
| 13 | Occurrence of Flavonols in Tomatoes and Tomato-Based Products. <i>Journal of Agricultural and Food Chemistry</i> , 2000, 48, 2663-2669. | 5.2 | 404 |
| 14 | HPLC-MSn Analysis of Phenolic Compounds and Purine Alkaloids in Green and Black Tea. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 2807-2815. | 5.2 | 387 |
| 15 | Age-Related Changes in General and Sexual Health in Middle-Aged and Older Men: Results from the European Male Ageing Study (EMAS). <i>Journal of Sexual Medicine</i> , 2010, 7, 1362-1380. | 0.6 | 377 |
| 16 | Coffee: biochemistry and potential impact on health. <i>Food and Function</i> , 2014, 5, 1695-1717. | 4.6 | 376 |
| 17 | Relationship among Antioxidant Activity, Vasodilation Capacity, and Phenolic Content of Red Wines. <i>Journal of Agricultural and Food Chemistry</i> , 2000, 48, 220-230. | 5.2 | 369 |
| 18 | Ellagitannins, Flavonoids, and Other Phenolics in Red Raspberries and Their Contribution to Antioxidant Capacity and Vasorelaxation Properties. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 5191-5196. | 5.2 | 312 |

| # | ARTICLE | IF | CITATIONS |
|----|---|------|-----------|
| 19 | Polyphenols and health: What compounds are involved?. Nutrition, Metabolism and Cardiovascular Diseases, 2010, 20, 1-6. | 2.6 | 285 |
| 20 | Remission of Human Type 2 Diabetes Requires Decrease in Liver and Pancreas Fat Content but Is Dependent upon Capacity for I ² Cell Recovery. Cell Metabolism, 2018, 28, 547-556.e3. | 16.2 | 257 |
| 21 | Obesity and weight management in the elderly. British Medical Bulletin, 2011, 97, 169-196. | 6.9 | 249 |
| 22 | Analysis of ellagitannins and conjugates of ellagic acid and quercetin in raspberry fruits by LC-MSn. Phytochemistry, 2003, 64, 617-624. | 2.9 | 230 |
| 23 | Green Tea Flavan-3-ols: Colonic Degradation and Urinary Excretion of Catabolites by Humans. Journal of Agricultural and Food Chemistry, 2010, 58, 1296-1304. | 5.2 | 229 |
| 24 | Intermittent fasting interventions for treatment of overweight and obesity in adults: a systematic review and meta-analysis. JBI Database of Systematic Reviews and Implementation Reports, 2018, 16, 507-547. | 1.7 | 191 |
| 25 | Survey of the Free and Conjugated Myricetin and Quercetin Content of Red Wines of Different Geographical Origins. Journal of Agricultural and Food Chemistry, 1998, 46, 368-375. | 5.2 | 181 |
| 26 | Narrow hips and broad waist circumferences independently contribute to increased risk of non-insulin-dependent diabetes mellitus. Journal of Internal Medicine, 1997, 242, 401-406. | 6.0 | 173 |
| 27 | Comparison of serum testosterone and estradiol measurements in 3174 European men using platform immunoassay and mass spectrometry; relevance for the diagnostics in aging men. European Journal of Endocrinology, 2012, 166, 983-991. | 3.7 | 169 |
| 28 | Variations in caffeine and chlorogenic acid contents of coffees: what are we drinking?. Food and Function, 2014, 5, 1718-1726. | 4.6 | 168 |
| 29 | Altered gut and adipose tissue hormones in overweight and obese individuals: cause or consequence?. International Journal of Obesity, 2016, 40, 622-632. | 3.4 | 168 |
| 30 | Absorption and excretion of conjugated flavonols, including quercetin-4-O-β-glucoside and isorhamnetin-4-O-β-glucoside by human volunteers after the consumption of onions. Free Radical Research, 1998, 29, 257-269. | 3.3 | 167 |
| 31 | Association of hypogonadism with vitamin D status: the European Male Ageing Study. European Journal of Endocrinology, 2012, 166, 77-85. | 3.7 | 166 |
| 32 | Weight gain as an adverse effect of some commonly prescribed drugs: a systematic review. QJM - Monthly Journal of the Association of Physicians, 2007, 100, 395-404. | 0.5 | 165 |
| 33 | Brown adipose tissue in humans. Proceedings of the Nutrition Society, 1989, 48, 243-257. | 1.0 | 161 |
| 34 | Analysis of Obesity and Hyperinsulinemia in the Development of Metabolic Syndrome: San Antonio Heart Study. Obesity, 2002, 10, 923-931. | 4.0 | 155 |
| 35 | Patients on Atypical Antipsychotic Drugs: Another high-risk group for type 2 diabetes. Diabetes Care, 2003, 26, 1597-1605. | 8.6 | 152 |
| 36 | New insights into the bioavailability of red raspberry anthocyanins and ellagitannins. Free Radical Biology and Medicine, 2015, 89, 758-769. | 2.9 | 150 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 37 | Effect of Freezing and Storage on the Phenolics, Ellagitannins, Flavonoids, and Antioxidant Capacity of Red Raspberries. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 5197-5201. | 5.2 | 146 |
| 38 | Espresso coffees, caffeine and chlorogenic acid intake: potential health implications. <i>Food and Function</i> , 2012, 3, 30-33. | 4.6 | 142 |
| 39 | Tolerability of nausea and vomiting and associations with weight loss in a randomized trial of liraglutide in obese, non-diabetic adults. <i>International Journal of Obesity</i> , 2014, 38, 689-697. | 3.4 | 138 |
| 40 | Quantitative analysis of flavonoids by reversed-phase high-performance liquid chromatography. <i>Journal of Chromatography A</i> , 1997, 761, 315-321. | 3.7 | 137 |
| 41 | Orange juice (poly)phenols are highly bioavailable in humans. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1378-1384. | 4.7 | 133 |
| 42 | Association between 25-hydroxyvitamin D levels and cognitive performance in middle-aged and older European men. <i>Journal of Neurology, Neurosurgery and Psychiatry</i> , 2009, 80, 722-729. | 1.9 | 130 |
| 43 | Low Free Testosterone Is Associated with Hypogonadal Signs and Symptoms in Men with Normal Total Testosterone. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 2647-2657. | 3.6 | 129 |
| 44 | Increased Estrogen Rather Than Decreased Androgen Action Is Associated with Longer Androgen Receptor CAG Repeats. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 277-284. | 3.6 | 125 |
| 45 | Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on attitudes towards dietary change. <i>British Journal of Nutrition</i> , 1998, 80, 133-140. | 2.3 | 124 |
| 46 | The ability of three different models of frailty to predict all-cause mortality: Results from the European Male Aging Study (EMAS). <i>Archives of Gerontology and Geriatrics</i> , 2013, 57, 360-368. | 3.0 | 121 |
| 47 | Effect of three treatment schedules of recombinant methionyl human leptin on body weight in obese adults: a randomized, placebo-controlled trial. <i>Diabetes, Obesity and Metabolism</i> , 2005, 7, 755-761. | 4.4 | 119 |
| 48 | Relationships between cigarette smoking, body size and body shape. <i>International Journal of Obesity</i> , 2005, 29, 236-243. | 3.4 | 119 |
| 49 | Development of and Recovery from Secondary Hypogonadism in Aging Men: Prospective Results from the EMAS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 3172-3182. | 3.6 | 118 |
| 50 | Antioxidant flavonols from fruits, vegetables and beverages: measurements and bioavailability. <i>Biological Research</i> , 2000, 33, 79-88. | 3.4 | 118 |
| 51 | Determination of Flavonol Metabolites in Plasma and Tissues of Rats by HPLC-Radiocounting and Tandem Mass Spectrometry Following Oral Ingestion of [2-14C]Quercetin-4-glucoside. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 6902-6909. | 5.2 | 117 |
| 52 | In vitro catabolism of rutin by human fecal bacteria and the antioxidant capacity of its catabolites. <i>Free Radical Biology and Medicine</i> , 2009, 47, 1180-1189. | 2.9 | 117 |
| 53 | Pathophysiology of obesity. <i>Proceedings of the Nutrition Society</i> , 2000, 59, 331-336. | 1.0 | 114 |
| 54 | Milk decreases urinary excretion but not plasma pharmacokinetics of cocoa flavan-3-ol metabolites in humans. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1784-1791. | 4.7 | 114 |

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|----|--|------|-----------|
| 55 | The influence of moderate red wine consumption on antioxidant status and indices of oxidative stress associated with CHD in healthy volunteers. <i>British Journal of Nutrition</i> , 2005, 93, 233-240. | 2.3 | 110 |
| 56 | Effect of a lifestyle intervention on weight change in south Asian individuals in the UK at high risk of type 2 diabetes: a family-cluster randomised controlled trial. <i>Lancet Diabetes and Endocrinology</i> , 2014, 2, 218-227. | 11.4 | 110 |
| 57 | Creatine supplementation during pulmonary rehabilitation in chronic obstructive pulmonary disease. <i>Thorax</i> , 2005, 60, 531-537. | 5.6 | 109 |
| 58 | Assessment of obesity and its clinical implications. <i>BMJ: British Medical Journal</i> , 2006, 333, 695-698. | 2.3 | 106 |
| 59 | UK consumer attitudes, beliefs and barriers to increasing fruit and vegetable consumption. <i>Public Health Nutrition</i> , 1998, 1, 61-68. | 2.2 | 104 |
| 60 | The Relationships between Sex Hormones and Sexual Function in Middle-Aged and Older European Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011, 96, E1577-E1587. | 3.6 | 103 |
| 61 | Hepatic Lipoprotein Export and Remission of Human Type 2 Diabetes after Weight Loss. <i>Cell Metabolism</i> , 2020, 31, 233-249.e4. | 16.2 | 102 |
| 62 | Intentional mis-reporting of food consumption and its relationship with body mass index and psychological scores in women. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 209-218. | 2.5 | 100 |
| 63 | Vitamin D, parathyroid hormone and the metabolic syndrome in middle-aged and older European men. <i>European Journal of Endocrinology</i> , 2009, 161, 947-954. | 3.7 | 99 |
| 64 | Lower vitamin D levels are associated with depression among community-dwelling European men. <i>Journal of Psychopharmacology</i> , 2011, 25, 1320-1328. | 4.0 | 99 |
| 65 | Associations Between Sex Steroids and the Development of Metabolic Syndrome: A Longitudinal Study in European Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 1396-1404. | 3.6 | 97 |
| 66 | Bioavailability of Black Tea Theaflavins: Absorption, Metabolism, and Colonic Catabolism. <i>Journal of Agricultural and Food Chemistry</i> , 2017, 65, 5365-5374. | 5.2 | 94 |
| 67 | Rapid characterization of anthocyanins in red raspberry fruit by high-performance liquid chromatography coupled to single quadrupole mass spectrometry. <i>Journal of Chromatography A</i> , 2002, 966, 63-70. | 3.7 | 93 |
| 68 | Low-carbohydrate diets for overweight and obesity: a systematic review of the systematic reviews. <i>Obesity Reviews</i> , 2018, 19, 1700-1718. | 6.5 | 93 |
| 69 | Measurement of rat brown-adipose-tissue mitochondrial uncoupling protein by radioimmunoassay: Increased concentration after cold acclimation. <i>Bioscience Reports</i> , 1983, 3, 61-71. | 2.4 | 92 |
| 70 | Chronic widespread pain is associated with slower cognitive processing speed in middle-aged and older European men. <i>Pain</i> , 2010, 151, 30-36. | 4.2 | 92 |
| 71 | Bioavailability of dietary (poly)phenols: a study with ileostomists to discriminate between absorption in small and large intestine. <i>Food and Function</i> , 2013, 4, 754. | 4.6 | 91 |
| 72 | Impaired quality of life and sexual function in overweight and obese men: the European Male Ageing Study. <i>European Journal of Endocrinology</i> , 2011, 164, 1003-1011. | 3.7 | 90 |

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|----|---|------|-----------|
| 73 | Take Five, a nutrition education intervention to increase fruit and vegetable intakes: impact on consumer choice and nutrient intakes. <i>British Journal of Nutrition</i> , 1998, 80, 123-131. | 2.3 | 88 |
| 74 | Mobile applications for obesity and weight management: current market characteristics. <i>International Journal of Obesity</i> , 2017, 41, 200-202. | 3.4 | 87 |
| 75 | Musculoskeletal pain is associated with very low levels of vitamin D in men: results from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2010, 69, 1448-1452. | 0.9 | 86 |
| 76 | Variations in the Profile and Content of Anthocyanins in Wines Made from Cabernet Sauvignon and Hybrid Grapes. <i>Journal of Agricultural and Food Chemistry</i> , 2002, 50, 4096-4102. | 5.2 | 85 |
| 77 | Waist Circumference as a Screening Tool for Cardiovascular Risk Factors: Evaluation of Receiver Operating Characteristics (ROC). <i>Obesity</i> , 1996, 4, 533-547. | 4.0 | 81 |
| 78 | Is There an Optimal Diet for Weight Management and Metabolic Health?. <i>Gastroenterology</i> , 2017, 152, 1739-1751. | 1.3 | 81 |
| 79 | Feasibility and indicative results from a 12-month low-energy liquid diet treatment and maintenance programme for severe obesity. <i>British Journal of General Practice</i> , 2013, 63, e115-e124. | 1.4 | 79 |
| 80 | Weight losses with low-energy formula diets in obese patients with and without type 2 diabetes: systematic review and meta-analysis. <i>International Journal of Obesity</i> , 2017, 41, 96-101. | 3.4 | 77 |
| 81 | Diets for weight management in adults with type 2 diabetes: an umbrella review of published meta-analyses and systematic review of trials of diets for diabetes remission. <i>Diabetologia</i> , 2022, 65, 14-36. | 6.3 | 77 |
| 82 | Dietary improvement in people with schizophrenia. <i>British Journal of Psychiatry</i> , 2005, 187, 346-351. | 2.8 | 76 |
| 83 | Benefits of salmon eating on traditional and novel vascular risk factors in young, non-obese healthy subjects. <i>Atherosclerosis</i> , 2007, 193, 213-221. | 0.8 | 75 |
| 84 | The association of frailty with serum 25-hydroxyvitamin D and parathyroid hormone levels in older European men. <i>Age and Ageing</i> , 2013, 42, 352-359. | 1.6 | 74 |
| 85 | 2-year remission of type 2 diabetes and pancreas morphology: a post-hoc analysis of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology</i> , 2020, 8, 939-948. | 11.4 | 74 |
| 86 | Time-scarcity, ready-meals, ill-health and the obesity epidemic. <i>Trends in Food Science and Technology</i> , 2012, 27, 4-11. | 15.1 | 73 |
| 87 | Eating habits, beliefs, attitudes and knowledge among health professionals regarding the links between obesity, nutrition and health. <i>Public Health Nutrition</i> , 2004, 7, 337-343. | 2.2 | 69 |
| 88 | DISPOSITION AND METABOLISM OF [2-14C]QUERCETIN-4-GLUCOSIDE IN RATS. <i>Drug Metabolism and Disposition</i> , 2005, 33, 1036-1043. | 3.3 | 69 |
| 89 | Consumption of fish and vascular risk factors: A systematic review and meta-analysis of intervention studies. <i>Atherosclerosis</i> , 2017, 266, 87-94. | 0.8 | 66 |
| 90 | Long-term cost-effectiveness of weight management in primary care. <i>International Journal of Clinical Practice</i> , 2010, 64, 775-783. | 1.7 | 65 |

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|-----|--|-----|-----------|
| 91 | Strategies for preventing obesity. <i>BMJ: British Medical Journal</i> , 2006, 333, 959-962. | 2.3 | 63 |
| 92 | A physically active occupation does not result in compensatory inactivity during out-of-work hours. <i>Preventive Medicine</i> , 2011, 53, 48-52. | 3.4 | 63 |
| 93 | Changing distributions of body size and adiposity with age. <i>International Journal of Obesity</i> , 2014, 38, 857-864. | 3.4 | 62 |
| 94 | Active Vitamin D (1,25-Dihydroxyvitamin D) and Bone Health in Middle-Aged and Elderly Men: The European Male Aging Study (EMAS). <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013, 98, 995-1005. | 3.6 | 61 |
| 95 | Thyroid hormones and male sexual function. <i>Journal of Developmental and Physical Disabilities</i> , 2012, 35, 668-679. | 3.6 | 58 |
| 96 | Comparisons of Immunoassay and Mass Spectrometry Measurements of Serum Estradiol Levels and Their Influence on Clinical Association Studies in Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013, 98, E1097-E1102. | 3.6 | 58 |
| 97 | Derivation and validation of simple equations to predict total muscle mass from simple anthropometric and demographic data. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1041-1051. | 4.7 | 58 |
| 98 | Iodine and pregnancy – a UK cross-sectional survey of dietary intake, knowledge and awareness. <i>British Journal of Nutrition</i> , 2015, 114, 108-117. | 2.3 | 57 |
| 99 | Empowering primary care to tackle the obesity epidemic: the Counterweight Programme. <i>European Journal of Clinical Nutrition</i> , 2005, 59, S93-S101. | 2.9 | 56 |
| 100 | Role of oxidative stress in physiological albumin glycation: A neglected interaction. <i>Free Radical Biology and Medicine</i> , 2013, 60, 318-324. | 2.9 | 56 |
| 101 | Why lose weight? Reasons for seeking weight loss by overweight but otherwise healthy men. <i>International Journal of Obesity</i> , 2002, 26, 880-882. | 3.4 | 55 |
| 102 | Predictors of type 2 diabetes remission in the Diabetes Remission Clinical Trial (DiRECT). <i>Diabetic Medicine</i> , 2021, 38, e14395. | 2.3 | 53 |
| 103 | Berry juices, teas, antioxidants and the prevention of atherosclerosis in hamsters. <i>Food Chemistry</i> , 2010, 118, 266-271. | 8.2 | 52 |
| 104 | Frailty in Relation to Variations in Hormone Levels of the Hypothalamic-Pituitary-Testicular Axis in Older Men: Results From the European Male Aging Study. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 814-821. | 2.6 | 52 |
| 105 | Sugar and Type 2 diabetes. <i>British Medical Bulletin</i> , 2016, 120, 43-53. | 6.9 | 49 |
| 106 | Association of cognitive performance with the metabolic syndrome and with glycaemia in middle-aged and older European men: the European Male Ageing Study. <i>Diabetes/Metabolism Research and Reviews</i> , 2010, 26, 668-676. | 4.0 | 47 |
| 107 | Influence of age and sex steroids on bone density and geometry in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2011, 22, 1513-1523. | 3.1 | 46 |
| 108 | Weight changes in young adults: a mixed-methods study. <i>International Journal of Obesity</i> , 2015, 39, 508-513. | 3.4 | 46 |

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|-----|--|------|-----------|
| 109 | Nutritional intervention and impact of polyphenol on glycohemoglobin (HbA1c) in non-diabetic and type 2 diabetic subjects: Systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 975-986. | 10.3 | 46 |
| 110 | Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , 2018, 61, 589-598. | 6.3 | 46 |
| 111 | Moderate physical activity permits acute coupling between serum leptin and appetite/satiety measures in obese women. <i>International Journal of Obesity</i> , 2003, 27, 1332-1339. | 3.4 | 45 |
| 112 | Identification of Metabolites in Human Plasma and Urine after Consumption of a Polyphenol-Rich Juice Drink. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 2586-2595. | 5.2 | 45 |
| 113 | Making progress on the global crisis of obesity and weight management. <i>BMJ: British Medical Journal</i> , 2018, 361, k2538. | 2.3 | 45 |
| 114 | Low-level seaweed supplementation improves iodine status in iodine-insufficient women. <i>British Journal of Nutrition</i> , 2014, 112, 753-761. | 2.3 | 44 |
| 115 | Symptomatic androgen deficiency develops only when both total and free testosterone decline in obese men who may have incident biochemical secondary hypogonadism: Prospective results from the EMAS. <i>Clinical Endocrinology</i> , 2018, 89, 459-469. | 2.4 | 44 |
| 116 | Weight management: a comparison of existing dietary approaches in a work-site setting. <i>International Journal of Obesity</i> , 2002, 26, 1469-1475. | 3.4 | 42 |
| 117 | Associations of BMI, waist circumference, body fat, and skeletal muscle with type 2 diabetes in adults. <i>Acta Diabetologica</i> , 2019, 56, 947-954. | 2.5 | 42 |
| 118 | Time Course of Normalization of Functional β -Cell Capacity in the Diabetes Remission Clinical Trial After Weight Loss in Type 2 Diabetes. <i>Diabetes Care</i> , 2020, 43, 813-820. | 8.6 | 42 |
| 119 | Investigating the determinants of international differences in the prevalence of chronic widespread pain: evidence from the European Male Ageing Study. <i>Annals of the Rheumatic Diseases</i> , 2009, 68, 690-695. | 0.9 | 41 |
| 120 | Cohort Profile: The European Male Ageing Study. <i>International Journal of Epidemiology</i> , 2013, 42, 391-401. | 1.9 | 41 |
| 121 | Evaluation of a Dietary Targets Monitor. <i>European Journal of Clinical Nutrition</i> , 2003, 57, 667-673. | 2.9 | 40 |
| 122 | Dietary recommendations for people with diabetes: an update for the 1990s Nutrition Subcommittee of the British Diabetic Association's Professional Advisory Committee. <i>Journal of Human Nutrition and Dietetics</i> , 1991, 4, 393-412. | 2.5 | 39 |
| 123 | Obesity and weight management in the elderly: A focus on men. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2013, 27, 509-525. | 4.7 | 39 |
| 124 | Predictive model of length of stay in hospital among older patients. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 993-999. | 2.9 | 39 |
| 125 | Gonadal sex steroid status and bone health in middle-aged and elderly European men. <i>Osteoporosis International</i> , 2010, 21, 1331-1339. | 3.1 | 37 |
| 126 | Effect of Polymorphisms in Selected Genes Involved in Pituitary-Testicular Function on Reproductive Hormones and Phenotype in Aging Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010, 95, 1898-1908. | 3.6 | 37 |

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|-----|---|-----|-----------|
| 127 | Time spent in sedentary posture is associated with waist circumference and cardiovascular risk. <i>International Journal of Obesity</i> , 2017, 41, 689-696. | 3.4 | 37 |
| 128 | Family Hospitality and Ethnic Tradition Among South Asian, Italian and General Population Women in the West of Scotland. <i>Sociology of Health and Illness</i> , 1998, 20, 351-380. | 2.1 | 36 |
| 129 | SMARTS (Systematic Monitoring of Adverse events Related to TreatmentS): The development of a pragmatic patient-completed checklist to assess antipsychotic drug side effects. <i>Therapeutic Advances in Psychopharmacology</i> , 2014, 4, 15-21. | 2.7 | 36 |
| 130 | Validation of a short food frequency questionnaire specific for iodine in <scp>UK</scp> females of childbearing age. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 599-605. | 2.5 | 36 |
| 131 | Healthy Eating: Fruit and Vegetables in Scotland. <i>British Food Journal</i> , 1994, 96, 18-24. | 2.9 | 34 |
| 132 | Improving the dietary intake of under nourished older people in residential care homes using an energyâ€enriching food approach: a cluster randomised controlled study. <i>Journal of Human Nutrition and Dietetics</i> , 2013, 26, 387-394. | 2.5 | 34 |
| 133 | Changes in BMI and waist circumference in Scottish adults: use of repeated cross-sectional surveys to explore multiple age groups and birth-cohorts. <i>International Journal of Obesity</i> , 2013, 37, 800-808. | 3.4 | 34 |
| 134 | Filling the intervention gap: service evaluation of an intensive nonsurgical weight management programme for severe and complex obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019, 32, 329-337. | 2.5 | 34 |
| 135 | Clothing size as an indicator of adiposity, ischaemic heart disease and cardiovascular risks. <i>Journal of Human Nutrition and Dietetics</i> , 2005, 18, 423-430. | 2.5 | 33 |
| 136 | The Effects of Dietary Phenolic Compounds on Cytokine and Antioxidant Production by A549 Cells. <i>Journal of Medicinal Food</i> , 2008, 11, 382-384. | 1.5 | 33 |
| 137 | Rising prevalence of BMI ≥ 40 kg/m ² : A highâ€demand epidemic needing better documentation. <i>Obesity Reviews</i> , 2020, 21, e12986. | 6.5 | 33 |
| 138 | Antenatal Waist Circumference and Hypertension Risk. <i>Obstetrics and Gynecology</i> , 2001, 97, 268-271. | 2.4 | 32 |
| 139 | Changes in weight and waist circumference over 9 years in a Scottish population. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 1208-1214. | 2.9 | 32 |
| 140 | Sitting Time and Waist Circumference Are Associated With Glycemia in U.K. South Asians. <i>Diabetes Care</i> , 2011, 34, 1214-1218. | 8.6 | 32 |
| 141 | Management: Part IIâ€Drugs. <i>BMJ: British Medical Journal</i> , 2006, 333, 794-797. | 2.3 | 31 |
| 142 | Proteinâ€phenolic interactions and inhibition of glycation â€ combining a systematic review and experimental models for enhanced physiological relevance. <i>Food and Function</i> , 2014, 5, 2646-2655. | 4.6 | 31 |
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