

Irene Coll-Risco

List of Publications by Year in descending order

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Version: 2024-02-01

25
papers

349
citations

858243

12
h-index

993246

17
g-index

26
all docs

26
docs citations

26
times ranked

486
citing authors

#	ARTICLE	IF	CITATIONS
1	The Influence of Exercise, Lifestyle Behavior Components, and Physical Fitness on Maternal Weight Gain, Postpartum Weight Retention, and Excessive Gestational Weight Gain. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, 32, 425-438.	1.0	5
2	Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. <i>Journal of Sport and Health Science</i> , 2021, 10, 379-386.	3.3	29
3	Association of Self-Reported Physical Fitness with Pregnancy Related Symptoms the GESTAFIT Project. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3345.	1.2	1
4	A 16-week concurrent exercise program improves emotional well-being and emotional distress in middle-aged women: the FLAMENCO project randomized controlled trial. <i>Menopause</i> , 2021, 28, 764-771.	0.8	9
5	International Fitness Scaleâ€”IFIS: Validity and association with healthâ€related quality of life in pregnant women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 505-514.	1.3	13
6	Association of sedentary time and physical activity levels with immunometabolic markers in early pregnancy: The GESTAFIT project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 148-158.	1.3	11
7	Influence of dietary habits and Mediterranean diet adherence on menopausal symptoms. The FLAMENCO project. <i>Menopause</i> , 2020, 27, 1015-1021.	0.8	9
8	Association of objectively measured physical fitness during pregnancy with maternal and neonatal outcomes. The GESTAFIT Project. <i>PLoS ONE</i> , 2020, 15, e0229079.	1.1	14
9	Translation and cross-cultural adaptation of the Pregnancy Physical Activity Questionnaire (PPAQ) into Spanish. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2019, 32, 3954-3961.	0.7	6
10	Body Composition Changes Following a Concurrent Exercise Intervention in Perimenopausal Women: The FLAMENCO Project Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2019, 8, 1678.	1.0	7
11	Association of selfâ€reported physical fitness with pain during pregnancy: The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1022-1030.	1.3	25
12	Influence of a Concurrent Exercise Training Intervention during Pregnancy on Maternal and Arterial and Venous Cord Serum Cytokines: The GESTAFIT Project. <i>Journal of Clinical Medicine</i> , 2019, 8, 1862.	1.0	17
13	Doctor, ask your perimenopausal patient about her physical fitness; association of self-reported physical fitness with cardiometabolic and mental health in perimenopausal women: the FLAMENCO project. <i>Menopause</i> , 2019, 26, 1146-1153.	0.8	18
14	Association of sedentary time and physical activity during pregnancy with maternal and neonatal birth outcomes. The GESTAFIT Project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 407-414.	1.3	27
15	Aerobic interval exercise improves renal functionality and affects mineral metabolism in obese Zucker rats. <i>American Journal of Physiology - Renal Physiology</i> , 2019, 316, F90-F100.	1.3	9
16	Association of sedentary time and physical fitness with ideal cardiovascular health in perimenopausal women: The FLAMENCO project. <i>Maturitas</i> , 2019, 120, 53-60.	1.0	21
17	Influence of a Concurrent Exercise Training Program During Pregnancy on Colostrum and Mature Human Milk Inflammatory Markers: Findings From the GESTAFIT Project. <i>Journal of Human Lactation</i> , 2018, 34, 089033441875926.	0.8	10
18	Effects of concurrent exercise on cardiometabolic status during perimenopause: the FLAMENCO Project. <i>Climacteric</i> , 2018, 21, 559-565.	1.1	8

#	ARTICLE	IF	CITATIONS
19	Association of physical fitness, body composition, cardiometabolic markers and adherence to the Mediterranean diet with bone mineral density in perimenopausal women. The FLAMENCO project. <i>Journal of Sports Sciences</i> , 2017, 35, 880-887.	1.0	12
20	Association of objectively measured physical activity and physical fitness with menopause symptoms. The Flamenco Project. <i>Climacteric</i> , 2017, 20, 456-461.	1.1	16
21	Influence of the degree of adherence to the Mediterranean diet on the cardiometabolic risk in peri and menopausal women. The Flamenco project. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, 217-224.	1.1	16
22	Effects of a moderately high-protein diet and interval aerobic training combined with strength-endurance exercise on markers of bone metabolism, microarchitecture and turnover in obese Zucker rats. <i>Bone</i> , 2016, 92, 116-123.	1.4	2
23	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 290.	0.9	39
24	Effects of interval aerobic training combined with strength exercise on body composition, glycaemic and lipid profile and aerobic capacity of obese rats. <i>Journal of Sports Sciences</i> , 2016, 34, 1452-1460.	1.0	17
25	Interval aerobic training combined with strength-endurance exercise improves metabolic markers beyond caloric restriction in Zucker rats. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016, 26, 713-721.	1.1	4