

# Serge Brand

## List of Publications by Year in descending order

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383  
papers

11,771  
citations

31976

53  
h-index

56724

83  
g-index

413  
all docs

413  
docs citations

413  
times ranked

12046  
citing authors

#	ARTICLE	IF	CITATIONS
1	Adolescents'™ Electronic Media Use at Night, Sleep Disturbance, and Depressive Symptoms in the Smartphone Age. <i>Journal of Youth and Adolescence</i> , 2015, 44, 405-418.	3.5	600
2	EPA guidance on physical activity as a treatment for severe mental illness: a meta-review of the evidence and Position Statement from the European Psychiatric Association (EPA), supported by the International Organization of Physical Therapists in Mental Health (IOPTMH). <i>European Psychiatry</i> , 2018, 54, 124-144.	0.2	377
3	Acute effects of moderate aerobic exercise on specific aspects of executive function in different age and fitness groups: A meta-analysis. <i>Psychophysiology</i> , 2016, 53, 1611-1626.	2.4	361
4	Sleep and its importance in adolescence and in common adolescent somatic and psychiatric conditions. <i>International Journal of General Medicine</i> , 2011, 4, 425.	1.8	217
5	High Exercise Levels Are Related to Favorable Sleep Patterns and Psychological Functioning in Adolescents: A Comparison of Athletes and Controls. <i>Journal of Adolescent Health</i> , 2010, 46, 133-141.	2.5	213
6	Facing depression with botulinum toxin: A randomized controlled trial. <i>Journal of Psychiatric Research</i> , 2012, 46, 574-581.	3.1	175
7	Daily Morning Running for 3 Weeks Improved Sleep and Psychological Functioning in Healthy Adolescents Compared With Controls. <i>Journal of Adolescent Health</i> , 2012, 51, 615-622.	2.5	161
8	Increased self-reported and objectively assessed physical activity predict sleep quality among adolescents. <i>Physiology and Behavior</i> , 2013, 120, 46-53.	2.1	151
9	Increased objectively assessed vigorous-intensity exercise is associated with reduced stress, increased mental health and good objective and subjective sleep in young adults. <i>Physiology and Behavior</i> , 2014, 135, 17-24.	2.1	137
10	Validation of the German version of the insomnia severity index in adolescents, young adults and adult workers: results from three cross-sectional studies. <i>BMC Psychiatry</i> , 2016, 16, 174.	2.6	132
11	The relationship between physical activity and sleep from mid adolescence to early adulthood. A systematic review of methodological approaches and meta-analysis. <i>Sleep Medicine Reviews</i> , 2016, 28, 32-45.	8.5	131
12	Influence of Mindfulness Practice on Cortisol and Sleep in Long-Term and Short-Term Meditators. <i>Neuropsychobiology</i> , 2012, 65, 109-118.	1.9	124
13	Are Adolescents With High Mental Toughness Levels More Resilient Against Stress?. <i>Stress and Health</i> , 2013, 29, 164-171.	2.6	113
14	Perceived parenting styles, personality traits and sleep patterns in adolescents. <i>Journal of Adolescence</i> , 2009, 32, 1189-1207.	2.4	111
15	Sleep problems and their effect in ADHD. <i>Expert Review of Neurotherapeutics</i> , 2014, 14, 287-299.	2.8	107
16	Physical activity and self-esteem: testing direct and indirect relationships associated with psychological and physical mechanisms. <i>Neuropsychiatric Disease and Treatment</i> , 2016, Volume 12, 2617-2625.	2.2	102
17	Electroencephalographic sleep profiles in treatment course and long-term outcome of major depression: association with DEX/CRH-test response. <i>Journal of Psychiatric Research</i> , 2004, 38, 453-465.	3.1	94
18	How do we learn in a negative mood? Effects of a negative mood on transfer and learning. <i>Learning and Instruction</i> , 2007, 17, 1-16.	3.2	93

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19	BDNF: an indicator of insomnia?. <i>Molecular Psychiatry</i> , 2014, 19, 151-152.	7.9	92
20	The combined DEX-CRH test in treatment course and long-term outcome of major depression. <i>Journal of Psychiatric Research</i> , 2002, 36, 287-297.	3.1	91
21	Exercising, sleep-EEG patterns, and psychological functioning are related among adolescents. <i>World Journal of Biological Psychiatry</i> , 2010, 11, 129-140.	2.6	91
22	Adolescents with high mental toughness adapt better to perceived stress: A longitudinal study with Swiss vocational students. <i>Personality and Individual Differences</i> , 2013, 54, 808-814.	2.9	91
23	In a double-blind, randomized and placebo-controlled trial, adjuvant memantine improved symptoms in inpatients suffering from refractory obsessive-compulsive disorders (OCD). <i>Psychopharmacology</i> , 2013, 228, 633-640.	3.1	88
24	Adolescents' exercise and physical activity are associated with mental toughness. <i>Mental Health and Physical Activity</i> , 2012, 5, 35-42.	1.8	87
25	Aerobic exercise training and burnout: a pilot study with male participants suffering from burnout. <i>BMC Research Notes</i> , 2013, 6, 78.	1.4	87
26	Adolescents With Greater Mental Toughness Show Higher Sleep Efficiency, More Deep Sleep and Fewer Awakenings After Sleep Onset. <i>Journal of Adolescent Health</i> , 2014, 54, 109-113.	2.5	85
27	Effects of stress and mental toughness on burnout and depressive symptoms: A prospective study with young elite athletes. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1200-1205.	1.3	84
28	The Interplay of Stress and Sleep Impacts BDNF Level. <i>PLoS ONE</i> , 2013, 8, e76050.	2.5	84
29	Hypothalamic-pituitary-adrenocortical (HPA) activity in kindergarten children: Importance of gender and associations with behavioral/emotional difficulties. <i>Journal of Psychiatric Research</i> , 2007, 41, 861-870.	3.1	83
30	Electroencephalographic sleep profiles and hypothalamic-pituitary-adrenocortical (HPA)-activity in kindergarten children: Early indication of poor sleep quality associated with increased cortisol secretion. <i>Journal of Psychiatric Research</i> , 2008, 42, 532-543.	3.1	83
31	Habitual computer game playing at night is related to depressive symptoms. <i>Personality and Individual Differences</i> , 2011, 51, 117-122.	2.9	82
32	Associations between satisfaction with life, burnout-related emotional and physical exhaustion, and sleep complaints. <i>World Journal of Biological Psychiatry</i> , 2010, 11, 744-754.	2.6	81
33	In a randomized case-control trial with 10-years olds suffering from attention deficit/hyperactivity disorder (ADHD) sleep and psychological functioning improved during a 12-week sleep-training program. <i>World Journal of Biological Psychiatry</i> , 2014, 15, 609-619.	2.6	80
34	Fitness and Exercise as Correlates of Sleep Complaints. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 893-901.	0.4	76
35	The relationship between shift work, perceived stress, sleep and health in Swiss police officers. <i>Journal of Criminal Justice</i> , 2010, 38, 1167-1175.	2.3	76
36	The relation of objective sleep patterns, depressive symptoms, and sleep disturbances in adolescent children and their parents: A sleep-EEG study with 47 families. <i>Journal of Psychiatric Research</i> , 2012, 46, 1374-1382.	3.1	72



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55	Dual-task training on cognition and resistance training improved both balance and working memory in older people. <i>Physician and Sportsmedicine</i> , 2019, 47, 471-478.	2.1	56
56	Repetitive Transcranial Magnetic Stimulation (rTMS) improves symptoms and reduces clinical illness in patients suffering from OCD – Results from a single-blind, randomized clinical trial with sham cross-over condition. <i>Journal of Psychiatric Research</i> , 2015, 68, 238-244.	3.1	55
57	Clinical Characteristics and Disability Progression of Early- and Late-Onset Multiple Sclerosis Compared to Adult-Onset Multiple Sclerosis. <i>Journal of Clinical Medicine</i> , 2020, 9, 1326.	2.4	55
58	Evidence of favorable sleep-EEG patterns in adolescent male vigorous football players compared to controls. <i>World Journal of Biological Psychiatry</i> , 2010, 11, 465-475.	2.6	53
59	Burnout and Mental Health in Swiss Vocational Students: The Moderating Role of Physical Activity. <i>Journal of Research on Adolescence</i> , 2015, 25, 63-74.	3.7	53
60	Exercise is medicine for patients with major depressive disorders : but only if the &ldquo;pill&rdquo; is taken!. <i>Neuropsychiatric Disease and Treatment</i> , 2016, Volume 12, 1977-1981.	2.2	53
61	Evaluation of Serum and Plasma Interleukin-6 Levels in Obstructive Sleep Apnea Syndrome: A Meta-Analysis and Meta-Regression. <i>Frontiers in Immunology</i> , 2020, 11, 1343.	4.8	52
62	Examining Dark Triad traits in relation to sleep disturbances, anxiety sensitivity and intolerance of uncertainty in young adults. <i>Comprehensive Psychiatry</i> , 2016, 68, 103-110.	3.1	49
63	Early maladaptive schemas of emotional deprivation, social isolation, shame and abandonment are related to a history of suicide attempts among patients with major depressive disorders. <i>Comprehensive Psychiatry</i> , 2017, 77, 71-79.	3.1	49
64	Clinical, gut microbial and neural effects of a probiotic add-on therapy in depressed patients: a randomized controlled trial. <i>Translational Psychiatry</i> , 2022, 12, .	4.8	49
65	Age-related changes in cognitive conflict processing: An event-related potential study. <i>Neurobiology of Aging</i> , 2007, 28, 1925-1935.	3.1	48
66	Both Hair Cortisol Levels and Perceived Stress Predict Increased Symptoms of Depression: An Exploratory Study in Young Adults. <i>Neuropsychobiology</i> , 2013, 68, 100-109.	1.9	48
67	In a double-blind, randomized and placebo-controlled trial, adjuvant allopurinol improved symptoms of mania in in-patients suffering from bipolar disorder. <i>European Neuropsychopharmacology</i> , 2014, 24, 1210-1221.	0.7	45
68	Perfectionism related to self-reported insomnia severity, but not when controlled for stress and emotion regulation. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 263.	2.2	45
69	During early and mid-adolescence, greater mental toughness is related to increased sleep quality and quality of life. <i>Journal of Health Psychology</i> , 2016, 21, 905-915.	2.3	45
70	In Patients With Multiple Sclerosis, Both Objective and Subjective Sleep, Depression, Fatigue, and Paresthesia Improved After 3 Weeks of Regular Exercise. <i>Frontiers in Psychiatry</i> , 2019, 10, 265.	2.6	45
71	Neuroendocrine Regulation and Metabolism of Glucose and Lipids in Primary Chronic Insomnia: A Prospective Case-Control Study. <i>PLoS ONE</i> , 2013, 8, e61780.	2.5	44
72	Dream Recall and Its Relationship to Sleep, Perceived Stress, and Creativity Among Adolescents. <i>Journal of Adolescent Health</i> , 2011, 49, 525-531.	2.5	43

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73	“Sleep Well, Our Tough Heroes!” In Adolescence, Greater Mental Toughness is Related to Better Sleep Schedules. <i>Behavioral Sleep Medicine</i> , 2014, 12, 444-454.	2.1	43
74	Examining Dark Triad traits in relation to mental toughness and physical activity in young adults. <i>Neuropsychiatric Disease and Treatment</i> , 2016, 12, 229.	2.2	43
75	In 6- to 8-year-old children, hair cortisol is associated with body mass index and somatic complaints, but not with stress, health-related quality of life, blood pressure, retinal vessel diameters, and cardiorespiratory fitness. <i>Psychoneuroendocrinology</i> , 2017, 76, 1-10.	2.7	43
76	The Relationship between Mental Toughness, Stress, and Burnout among Adolescents: A Longitudinal Study with Swiss Vocational Students. <i>Psychological Reports</i> , 2015, 117, 703-723.	1.7	42
77	Repetitive Transcranial Magnetic Stimulation Improved Symptoms of Obsessive-Compulsive Disorder, but Also Cognitive Performance: Results from a Randomized Clinical Trial with a Cross-Over Design and Sham Condition. <i>Neuropsychobiology</i> , 2016, 73, 224-232.	1.9	42
78	Health Anxiety Predicts Postponing or Cancelling Routine Medical Health Care Appointments among Women in Perinatal Stage during the Covid-19 Lockdown. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8272.	2.6	42
79	Sleep patterns and psychological functioning in families in northeastern Iran; evidence for similarities between adolescent children and their parents. <i>Journal of Adolescence</i> , 2013, 36, 1103-1113.	2.4	41
80	Sleep duration and subjective psychological well-being in adolescence: a longitudinal study in Switzerland and Norway. <i>Neuropsychiatric Disease and Treatment</i> , 2014, 10, 1199.	2.2	41
81	Randomized controlled trial of aripiprazole versus risperidone for the treatment of amphetamine-induced psychosis. <i>American Journal of Drug and Alcohol Abuse</i> , 2014, 40, 10-15.	2.1	41
82	Usefulness of the Athlete Burnout Questionnaire (ABQ) as a screening tool for the detection of clinically relevant burnout symptoms among young elite athletes. <i>Psychology of Sport and Exercise</i> , 2018, 39, 104-113.	2.1	41
83	More than a simple pastime? The potential of physical activity to moderate the relationship between occupational stress and burnout symptoms.. <i>International Journal of Stress Management</i> , 2020, 27, 53-64.	1.2	41
84	Depression, hypomania, and dysfunctional sleep-related cognitions as mediators between stress and insomnia: The best advice is not always found on the pillow!. <i>International Journal of Stress Management</i> , 2010, 17, 114-134.	1.2	39
85	Executive function performance is reduced during occupational burnout but can recover to the level of healthy controls. <i>Journal of Psychiatric Research</i> , 2013, 47, 1824-1830.	3.1	39
86	Morning cortisol secretion in school-age children is related to the sleep pattern of the preceding night. <i>Psychoneuroendocrinology</i> , 2015, 52, 297-301.	2.7	39
87	Acute Bouts of Exercising Improved Mood, Rumination and Social Interaction in Inpatients With Mental Disorders. <i>Frontiers in Psychology</i> , 2018, 9, 249.	2.1	39
88	The Acute Effects of Aerobic Exercise on Cognitive Flexibility and Task-Related Heart Rate Variability in Children With ADHD and Healthy Controls. <i>Journal of Attention Disorders</i> , 2020, 24, 693-703.	2.6	39
89	In pre-school children, sleep objectively assessed via sleep-EEGs remains stable over 12 months and is related to psychological functioning, but not to cortisol secretion. <i>Journal of Psychiatric Research</i> , 2013, 47, 1809-1814.	3.1	38
90	The effects of a school-based exercise program on neurophysiological indices of working memory operations in adolescents. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 833-838.	1.3	37

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91	Chronic effects of exercise implemented during school-break time on neurophysiological indices of inhibitory control in adolescents. <i>Trends in Neuroscience and Education</i> , 2018, 10, 1-7.	3.1	37
92	Compared to an active control condition, in persons with multiple sclerosis two different types of exercise training improved sleep and depression, but not fatigue, paresthesia, and intolerance of uncertainty. <i>Multiple Sclerosis and Related Disorders</i> , 2019, 36, 101356.	2.0	37
93	Acceptance and Commitment Therapy (ACT) Improves Sleep Quality, Experiential Avoidance, and Emotion Regulation in Individuals with Insomnia—Results from a Randomized Interventional Study. <i>Life</i> , 2021, 11, 133.	2.4	37
94	Salivary and hair glucocorticoids and sleep in very preterm children during school age. <i>Psychoneuroendocrinology</i> , 2016, 72, 166-174.	2.7	36
95	Adjuvant thiamine improved standard treatment in patients with major depressive disorder: results from a randomized, double-blind, and placebo-controlled clinical trial. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2016, 266, 695-702.	3.2	36
96	Electroconvulsive therapy (ECT) and aerobic exercise training (AET) increased plasma BDNF and ameliorated depressive symptoms in patients suffering from major depressive disorder. <i>Journal of Psychiatric Research</i> , 2016, 76, 1-8.	3.1	36
97	“Oh, Baby, Please Don’t Cry!” In Infants Suffering from Infantile Colic Hypothalamic-Pituitary-Adrenocortical Axis Activity Is Related to Poor Sleep and Increased Crying Intensity. <i>Neuropsychobiology</i> , 2011, 64, 15-23.	1.9	35
98	Training emotional intelligence improves both emotional intelligence and depressive symptoms in inpatients with borderline personality disorder and depression. <i>International Journal of Psychiatry in Clinical Practice</i> , 2012, 16, 197-204.	2.4	35
99	Physical activity interventions can improve emotion regulation and dimensions of empathy in persons with multiple sclerosis: An exploratory study. <i>Multiple Sclerosis and Related Disorders</i> , 2020, 37, 101380.	2.0	35
100	Implementation of a mindfulness-based stress reduction (MBSR) program to reduce stress, anxiety, and depression and to improve psychological well-being among retired Iranian football players. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101636.	2.1	35
101	The association of mothers' and fathers' insomnia symptoms with school-aged children's sleep assessed by parent report and in-home sleep-electroencephalography. <i>Sleep Medicine</i> , 2017, 38, 64-70.	1.6	34
102	Influence of adjuvant mindfulness-based cognitive therapy (MBCT) on symptoms of post-traumatic stress disorder (PTSD) in veterans—results from a randomized control study. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 431-446.	3.5	34
103	Brain-derived neurotrophic factor is a biomarker for subjective insomnia but not objectively assessable poor sleep continuity. <i>Journal of Psychiatric Research</i> , 2019, 110, 103-109.	3.1	34
104	Evidence of favorable sleep-EEG patterns in adolescent male vigorous football players compared to controls. <i>World Journal of Biological Psychiatry</i> , 2010, 11, 1-11.	2.6	34
105	The role of sleep and the hypothalamic-pituitary-adrenal axis for behavioral and emotional problems in very preterm children during middle childhood. <i>Journal of Psychiatric Research</i> , 2015, 60, 141-147.	3.1	33
106	Repetitive Transcranial Magnetic Stimulation Improved Symptoms of Obsessive-Compulsive Disorders but Not Executive Functions: Results from a Randomized Clinical Trial with Crossover Design and Sham Condition. <i>Neuropsychobiology</i> , 2016, 74, 115-124.	1.9	33
107	Zumba dancing and aerobic exercise can improve working memory, motor function, and depressive symptoms in female patients with Fibromyalgia. <i>European Journal of Sport Science</i> , 2020, 20, 981-991.	2.7	33
108	Relationship between Sleep Problems and Self-Injury: A Systematic Review. <i>Behavioral Sleep Medicine</i> , 2021, 19, 689-704.	2.1	33

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109	Physical and mental health impact of COVID-19 on children, adolescents, and their families: The Collaborative Outcomes study on Health and Functioning during Infection Times - Children and Adolescents (COH-FIT&A). <i>Journal of Affective Disorders</i> , 2022, 299, 367-376.	4.1	33
110	Low Frequency of Colorectal Dysplasia in Patients with Long-Standing Inflammatory Bowel Disease Colitis: Detection by Fluorescence Endoscopy. <i>Endoscopy</i> , 2006, 38, 477-482.	1.8	32
111	Does Cardiorespiratory Fitness Moderate the Association between Occupational Stress, Cardiovascular Risk, and Mental Health in Police Officers?. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2349.	2.6	32
112	Objectively assessed physical activity is associated with increased hair cortisol content in young adults. <i>Stress</i> , 2013, 16, 593-599.	1.8	31
113	Perceived Fitness Protects against Stress-based Mental Health Impairments among Police Officers Who Report Good Sleep. <i>Journal of Occupational Health</i> , 2013, 55, 376-384.	2.1	31
114	The Origins of Mental Toughness – Prosocial Behavior and Low Internalizing and Externalizing Problems at Age 5 Predict Higher Mental Toughness Scores at Age 14. <i>Frontiers in Psychology</i> , 2016, 7, 1221.	2.1	31
115	Children suffering from separation anxiety disorder (SAD) show increased HPA axis activity compared to healthy controls. <i>Journal of Psychiatric Research</i> , 2011, 45, 452-459.	3.1	30
116	“Bright side” and “dark side” hypomania are associated with differences in psychological functioning, sleep and physical activity in a non-clinical sample of young adults. <i>Journal of Affective Disorders</i> , 2011, 131, 68-78.	4.1	30
117	In pre-school children, sleep objectively assessed via actigraphy remains stable over 12 months and is related to psychological functioning, but not to cortisol secretion. <i>Journal of Psychiatric Research</i> , 2014, 55, 22-28.	3.1	30
118	The Relationship Between Meeting Vigorous Physical Activity Recommendations and Burnout Symptoms Among Adolescents: An Exploratory Study With Vocational Students. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 180-192.	1.2	30
119	Prenatal and Postnatal Hair Steroid Levels Predict Post-Partum Depression 12 Weeks after Delivery. <i>Journal of Clinical Medicine</i> , 2019, 8, 1290.	2.4	30
120	Concerns regarding hair cortisol as a biomarker of chronic stress in exercise and sport science. <i>Journal of Sports Science and Medicine</i> , 2012, 11, 571-81.	1.6	30
121	Changes of symptoms of eating disorders (ED) and their related psychological health issues during the COVID-19 pandemic: a systematic review and meta-analysis. <i>Journal of Eating Disorders</i> , 2022, 10, 51.	2.7	30
122	The Farsi version of the Hypomania Check-List 32 (HCL-32): Applicability and indication of a four-factorial solution. <i>BMC Psychiatry</i> , 2011, 11, 14.	2.6	29
123	Pre-schoolers suffering from psychiatric disorders show increased cortisol secretion and poor sleep compared to healthy controls. <i>Journal of Psychiatric Research</i> , 2012, 46, 590-599.	3.1	29
124	Effects of a physical education-based coping training on adolescents’ coping skills, stress perceptions and quality of sleep. <i>Physical Education and Sport Pedagogy</i> , 2017, 22, 213-230.	3.0	29
125	Stability of Mental Toughness, Sleep Disturbances, and Physical Activity in Patients With Multiple Sclerosis (MS) – A Longitudinal and Pilot Study. <i>Frontiers in Psychiatry</i> , 2018, 9, 182.	2.6	29
126	Crocus Sativus L. (saffron) versus sertraline on symptoms of depression among older people with major depressive disorders – a double-blind, randomized intervention study. <i>Psychiatry Research</i> , 2019, 282, 112613.	3.3	29

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127	The impact of lifestyle Physical Activity Counselling in IN-PATients with major depressive disorders on physical activity, cardiorespiratory fitness, depression, and cardiovascular health risk markers: study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 367.	1.6	29
128	Elite Sport is Not an Additional Source of Distress for Adolescents with High Stress Levels. Perceptual and Motor Skills, 2011, 112, 581-599.	1.3	28
129	The interaction of social risk factors and HPA axis dysregulation in predicting emotional symptoms of five- and six-year-old children. <i>Journal of Psychiatric Research</i> , 2012, 46, 290-297.	3.1	28
130	Does objectively assessed sleep at five years predict sleep and psychological functioning at 14 years? â€œ“ Hmm, yes and no!. <i>Journal of Psychiatric Research</i> , 2015, 60, 148-155.	3.1	28
131	Visually detected <scp>NREM</scp> Stage 2 sleep spindles in kindergarten children are associated with current and future emotional and behavioural characteristics. <i>Journal of Sleep Research</i> , 2013, 22, 129-136.	3.2	27
132	Rosa damascena oil improves SSRI-induced sexual dysfunction in male patients suffering from major depressive disorders: results from a double-blind, randomized, and placebo-controlled clinical trial. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 625.	2.2	27
133	Mental toughness, sleep disturbances, and physical activity in patients with multiple sclerosis compared to healthy adolescents and young adults. <i>Neuropsychiatric Disease and Treatment</i> , 2016, Volume 12, 1571-1579.	2.2	27
134	The current state of physical activity and exercise programs in German-speaking, Swiss psychiatric hospitals: results from a brief online survey. <i>Neuropsychiatric Disease and Treatment</i> , 2016, 12, 1309.	2.2	27
135	Cross-Sectional and Longitudinal Associations Between Athlete Burnout, Insomnia, and Polysomnographic Indices in Young Elite Athletes. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 312-324.	1.2	27
136	Emerging Standards and the Hybrid Model for Organizing Scientific Events During and After the COVID-19 Pandemic. <i>Disaster Medicine and Public Health Preparedness</i> , 2022, 16, 1172-1177.	1.3	27
137	The relationship between lifetime suicide attempts, serum lipid levels, and metabolic syndrome in patients with bipolar disorders. <i>International Journal of Psychiatry in Clinical Practice</i> , 2015, 19, 124-131.	2.4	26
138	Differential effects of exercise on brain opioid receptor binding and activation in rats. <i>Journal of Neurochemistry</i> , 2015, 132, 206-217.	3.9	26
139	Among middle-aged adults, snoring predicted hypertension independently of sleep apnoea. <i>Journal of International Medical Research</i> , 2018, 46, 1187-1196.	1.0	25
140	Patients with OCD report lower quality of life after controlling for expert-rated symptoms of depression and anxiety. <i>Psychiatry Research</i> , 2018, 260, 318-323.	3.3	25
141	Psychometric properties of the Shirom-Melamed Burnout Measure (SMBM) among adolescents: results from three cross-sectional studies. <i>BMC Psychiatry</i> , 2018, 18, 266.	2.6	25
142	Modafinil reduces microsleep during partial sleep deprivation in depressed patients. <i>Journal of Psychiatric Research</i> , 2010, 44, 853-864.	3.1	24
143	One-stage cleft repair outcome at age 6- to 18-years â€œ“ a comparison to the Eurocleft study data. <i>British Journal of Oral and Maxillofacial Surgery</i> , 2012, 50, 762-768.	0.8	24
144	Agitation Predicts Response of Depression to Botulinum Toxin Treatment in a Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2014, 5, 36.	2.6	24

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145	In School-Age Children Who Were Born Very Preterm Sleep Efficiency Is Associated with Cognitive Function. <i>Neuropsychobiology</i> , 2014, 70, 244-252.	1.9	24
146	Opposite Impact of REM Sleep on Neurobehavioral Functioning in Children with Common Psychiatric Disorders Compared to Typically Developing Children. <i>Frontiers in Psychology</i> , 2017, 7, 2059.	2.1	24
147	Does Cardiorespiratory Fitness Buffer Stress Reactivity and Stress Recovery in Police Officers? A Real-Life Study. <i>Frontiers in Psychiatry</i> , 2020, 11, 594.	2.6	24
148	Adjuvant Rosa Damascena has a Small Effect on SSRI-induced Sexual Dysfunction in Female Patients Suffering from MDD. <i>Pharmacopsychiatry</i> , 2015, 48, 156-163.	3.3	23
149	Effects of psychotherapy in combination with pharmacotherapy, when compared to pharmacotherapy only on blood pressure, depression, and anxiety in female patients with hypertension. <i>Journal of Health Psychology</i> , 2016, 21, 1216-1227.	2.3	23
150	The utility of two interview-based physical activity questionnaires in healthy young adults: Comparison with accelerometer data. <i>PLoS ONE</i> , 2018, 13, e0203525.	2.5	23
151	Contingent Negative Variation and Working Memory Maintenance in Adolescents with Low and High Motor Competencies. <i>Neural Plasticity</i> , 2018, 2018, 1-9.	2.2	23
152	Psychometric Properties and Convergent Validity of the Shiromâ€“Melamed Burnout Measure in Two German-Speaking Samples of Adult Workers and Police Officers. <i>Frontiers in Psychiatry</i> , 2019, 10, 536.	2.6	23
153	The relation between sleep and pain among a non-clinical sample of young adults. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2010, 260, 543-551.	3.2	22
154	Detached mindfulness reduced both depression and anxiety in elderly women with major depressive disorders. <i>Psychiatry Research</i> , 2017, 257, 87-94.	3.3	22
155	Psychological wellbeing and physical activity in children and adolescents with inflammatory bowel disease compared to healthy controls. <i>BMC Gastroenterology</i> , 2017, 17, 160.	2.0	22
156	Is emotional functioning related to academic achievement among university students? Results from a cross-sectional Iranian sample. <i>Revista Brasileira De Psiquiatria</i> , 2018, 40, 290-295.	1.7	22
157	Effects of two types of exercise training on psychological wellâ€“being, sleep, quality of life and physical fitness in patients with highâ€“grade glioma (WHO III and IV): study protocol for a randomized controlled trial. <i>Cancer Communications</i> , 2019, 39, 1-10.	9.2	22
158	Comparing Efficacy of ECT With and Without Concurrent Sodium Valproate Therapy in Manic Patients. <i>Journal of ECT</i> , 2012, 28, 118-123.	0.6	21
159	In Iranian female and male adolescents, romantic love is related to hypomania and low depressive symptoms, but also to higher state anxiety. <i>International Journal of Psychiatry in Clinical Practice</i> , 2013, 17, 98-109.	2.4	21
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195	Poor mental health status and aggression are associated with poor driving behavior among male traffic offenders. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 2071.	2.2	17
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198	A Twelve-Week Moderate Exercise Programme Improved Symptoms of Depression, Insomnia, and Verbal Learning in Post-Aneurysmal Subarachnoid Haemorrhage Patients: A Comparison with Meningioma Patients and Healthy Controls. <i>Neuropsychobiology</i> , 2017, 76, 59-71.	1.9	17

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221	Influence of adjuvant detached mindfulness and stress management training compared to pharmacologic treatment in primiparae with postpartum depression. <i>Archives of Women's Mental Health</i> , 2018, 21, 65-73.	2.6	14
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227	Patients Suffering from Restless Legs Syndrome Have Low Internal Locus of Control and Poor Psychological Functioning Compared to Healthy Controls. <i>Neuropsychobiology</i> , 2013, 68, 51-58.	1.9	13
228	Mental health status, aggression, and poor driving distinguish traffic offenders from non-offenders but health status predicts driving behavior in both groups. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 2063.	2.2	13
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233	Implicit and explicit attitudes towards sport among young elite athletes with high versus low burnout symptoms. <i>Journal of Sports Sciences</i> , 2019, 37, 1673-1680.	2.0	13
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247	In Individuals Following Aneurysmal Subarachnoid Haemorrhage, Hair Cortisol Concentrations Are Higher and More Strongly Associated with Psychological Functioning and Sleep Complaints than in Healthy Controls. <i>Neuropsychobiology</i> , 2017, 75, 12-20.	1.9	11
248	Heart rate variability and salivary cortisol in very preterm children during school age. <i>Psychoneuroendocrinology</i> , 2018, 87, 27-34.	2.7	11
249	Workplace-Related Interpersonal Group Psychotherapy to Improve Life at Work in Individuals With Major Depressive Disorders: A Randomized Interventional Pilot Study. <i>Frontiers in Psychiatry</i> , 2020, 11, 168.	2.6	11
250	A Comprehensive Review on the Role of Non-Coding RNAs in the Pathophysiology of Bipolar Disorder. <i>International Journal of Molecular Sciences</i> , 2021, 22, 5156.	4.1	11
251	Sources of Sleep Disturbances and Psychological Strain for Hospital Staff Working during the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6289.	2.6	11
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254	Evaluation of Plasma/Serum Adiponectin (an Anti-Inflammatory Factor) Levels in Adult Patients with Obstructive Sleep Apnea Syndrome: A Systematic Review and Meta-Analysis. <i>Life</i> , 2022, 12, 738.	2.4	11
255	Perceived parenting styles differ between genders but not between elite athletes and controls. <i>Adolescent Health, Medicine and Therapeutics</i> , 2011, 2, 9.	0.9	10
256	Effect of maternal anxiety on maternal serum and fetal cord blood cortisol. <i>Asia-Pacific Psychiatry</i> , 2014, 6, 435-439.	2.2	10
257	Levels of mania and cognitive performance two years after ECT in patients with bipolar I disorder – results from a follow-up study. <i>Comprehensive Psychiatry</i> , 2016, 69, 71-77.	3.1	10
258	Rosa Damascena oil improved methadone-related sexual dysfunction in females with opioid use disorder under methadone maintenance therapy – Results from a double-blind, randomized, and placebo-controlled trial. <i>Journal of Psychiatric Research</i> , 2017, 95, 260-268.	3.1	10
259	Buprenorphine augmentation improved symptoms of OCD, compared to placebo - Results from a randomized, double-blind and placebo-controlled clinical trial. <i>Journal of Psychiatric Research</i> , 2017, 94, 23-28.	3.1	10
260	“œ love you forever (more or less)“ stability and change in adolescents™ romantic love status and associations with mood states. <i>Revista Brasileira De Psiquiatria</i> , 2017, 39, 323-329.	1.7	10
261	Sociocultural Attitudes towards Appearance, Self-Esteem and Symptoms of Body-Dysmorphic Disorders among Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4236.	2.6	10
262	Association between cardiorespiratory fitness and social cognition in healthy adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1722-1728.	2.9	10
263	When Non-Suicidal Self-Injury Predicts Non-Suicidal Self-Injury and Poor Sleep – Results from a Larger Cross-Sectional and Quasi-Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13011.	2.6	10
264	Examining the Effects of Mindfulness – Acceptance – Commitment Training on Self-Compassion and Grit among Elite Female Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 134.	2.6	10
265	Patients with environment-related disorders: Comprehensive results of interdisciplinary diagnostics. <i>International Journal of Hygiene and Environmental Health</i> , 2009, 212, 157-171.	4.3	9
266	Compared to controls, patients with ruptured aneurysm and surgical intervention show increase in symptoms of depression and lower cognitive performance, but their objective sleep is not affected. <i>World Journal of Biological Psychiatry</i> , 2015, 16, 96-105.	2.6	9
267	The relation between anxiety and BMI – is it all in our curves?. <i>Psychiatry Research</i> , 2016, 235, 49-54.	3.3	9
268	The Link Between Sleep, Stress and BDNF. <i>European Psychiatry</i> , 2017, 41, S282-S282.	0.2	9
269	Both melatonin and meloxicam improved sleep and pain in females with primary dysmenorrhea – results from a double-blind cross-over intervention pilot study. <i>Archives of Women's Mental Health</i> , 2018, 21, 601-609.	2.6	9
270	Further evidence of psychological factors underlying choice of elective cesarean delivery (ECD) by primigravidae. <i>Revista Brasileira De Psiquiatria</i> , 2018, 40, 83-88.	1.7	9

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272	Comparisons of Voxel-Based Morphometric Brain Volumes of Individuals with Methamphetamine-Induced Psychotic Disorder and Schizophrenia Spectrum Disorder and Healthy Controls. <i>Neuropsychobiology</i> , 2020, 79, 170-178.	1.9	9
273	Self-Esteem and Symptoms of Eating-Disordered Behavior Among Female Adolescents. <i>Psychological Reports</i> , 2020, 124, 003329412094822.	1.7	9
274	Physical Activity, Mental Health, and Well-Being in Very Pre-Term and Term Born Adolescents: An Individual Participant Data Meta-Analysis of Two Accelerometry Studies. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1735.	2.6	9
275	Compared to Individuals with Mild to Moderate Obstructive Sleep Apnea (OSA), Individuals with Severe OSA Had Higher BMI and Respiratory-Disturbance Scores. <i>Life</i> , 2021, 11, 368.	2.4	9
276	Influence of adjuvant clonidine on mania, sleep disturbances and cognitive performance â€œ Results from a double-blind and placebo-controlled randomized study in individuals with bipolar I disorder during their manic phase. <i>Journal of Psychiatric Research</i> , 2022, 146, 163-171.	3.1	9
277	Sleep Medicine Reviews â€œStay hungry, stay foolish, stay tough and sleep well!â€œ, why resilience and mental toughness and restoring sleep are associated. <i>Sleep Medicine Reviews</i> , 2022, 62, 101618.	8.5	9
278	Reduction of daytime sleepiness in a depressive patient during adjunct treatment with modafinil. <i>Journal of Psychiatric Research</i> , 2002, 36, 49-52.	3.1	8
279	Unfavorable Polysomnographic Sleep Patterns Predict Poor Sleep and Poor Psychological Functioning 3 Years Later in Patients with Restless Legs Syndrome. <i>Neuropsychobiology</i> , 2011, 63, 92-102.	1.9	8
280	Oxybutynin reduces sweating in depressed patients treated with sertraline: a double-blind, placebo-controlled, clinical study. <i>Neuropsychiatric Disease and Treatment</i> , 2012, 8, 407.	2.2	8
281	Intraindividual long-term stability of sleep electroencephalography in school-aged children. <i>Sleep Medicine</i> , 2015, 16, 1348-1351.	1.6	8
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284	Examining the Effectiveness of a PETTLEP Imagery Intervention on the Football Skill Performance of Novice Athletes. <i>Journal of Imagery Research in Sport and Physical Activity</i> , 2019, 14, .	1.1	8
285	Among adolescents, addiction susceptibility and sleep-related dysfunction have a common cognitive-emotional base and predict poor sleep quantity. <i>Journal of Substance Use</i> , 2019, 24, 426-431.	0.7	8
286	The association between sleep and dual-task performance in preterm and full-term children: an exploratory study. <i>Sleep Medicine</i> , 2019, 55, 100-108.	1.6	8
287	Teaching Stress Management in Physical Education: A Quasi-Experimental Study with Vocational Students. <i>Scandinavian Journal of Educational Research</i> , 2019, 63, 245-257.	1.7	8
288	Driving Accidents, Driving Violations, Symptoms of Attention-Deficit-Hyperactivity (ADHD) and Attentional Network Tasks. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5238.	2.6	8

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291	Repeated Cortisol Awakening Response as Predictor of Antidepressant Treatment Outcome with Duloxetine. <i>Neuropsychobiology</i> , 2015, 71, 97-102.	1.9	7
292	Vulnerable Narcissism as Key Link Between Dark Triad Traits, Mental Toughness, Sleep Quality and Stress. <i>European Psychiatry</i> , 2017, 41, S261-S261.	0.2	7
293	Implicit attitudes towards exercise and physical activity behaviour among in-patients with psychiatric disorders. <i>Mental Health and Physical Activity</i> , 2018, 15, 71-77.	1.8	7
294	Psychiatric In-Patients Are More Likely to Meet Recommended Levels of Health-Enhancing Physical Activity If They Engage in Exercise and Sport Therapy Programs. <i>Frontiers in Psychiatry</i> , 2018, 9, 322.	2.6	7
295	Further Evidence of the Zero-Association Between Symptoms of Insomnia and Facial Emotion Recognition—Results From a Sample of Adults in Their Late 30s. <i>Frontiers in Psychiatry</i> , 2018, 9, 754.	2.6	7
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