

# Sara F L Kirk

## List of Publications by Year in descending order

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Version: 2024-02-01

127  
papers

4,097  
citations

134610

34  
h-index

156644

58  
g-index

131  
all docs

131  
docs citations

131  
times ranked

5853  
citing authors

#	ARTICLE	IF	CITATIONS
1	Play-Friendly Communities in Nova Scotia, Canada: A Content Analysis of Physical Activity and Active Transportation Strategies. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2984.	1.2	1
2	Parents and Children Should Be More Active Together to Address Physical Inactivity and Sedentary Behaviours. <i>Frontiers in Public Health</i> , 2022, 10, 633111.	1.3	3
3	Exploring parents' perceptions of preschoolers' risky outdoor play using a socio-ecological lens. <i>European Early Childhood Education Research Journal</i> , 2022, 30, 372-387.	1.2	4
4	Regional differences in movement behaviours of children and youth during the second wave of the COVID-19 pandemic in Canada: follow-up from a national study. <i>Canadian Journal of Public Health</i> , 2022, 113, 535-546.	1.1	15
5	Bodies becoming art: Using a Deleuzian approach to explore the bodies and health of gay men. <i>Journal of Applied Arts and Health</i> , 2022, 13, 231-248.	0.2	1
6	Early childhood educator perceptions of risky play in an outdoor loose parts intervention. <i>AIMS Public Health</i> , 2021, 8, 213-228.	1.1	11
7	Picture perfect? Gazing into girls' health, physical activity, and nutrition through photovoice. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2021, 16, 1874771.	0.6	5
8	Fare well to Nova Scotia? Public health investments remain chronically underfunded. <i>Canadian Journal of Public Health</i> , 2021, 112, 186-190.	1.1	4
9	Appetite for change? Facilitators and barriers to nutrition guideline implementation in Canadian recreational facilities. <i>Health Promotion International</i> , 2021, 36, 1672-1682.	0.9	8
10	Understanding the Environment for Health-Promoting Schools Policies in Nova Scotia: A Comprehensive Scan at the Provincial and Regional School Level. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3411.	1.2	4
11	Recreation Facility Food and Beverage Environments in Ontario, Canada: An Appeal for Policy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8174.	1.2	2
12	The Good Food for Learning Universal Curriculum-Integrated Healthy School Lunch Intervention: Protocol for a Two-Year Matched Control Pre-Post and Case Study. <i>JMIR Research Protocols</i> , 2021, 10, e30899.	0.5	0
13	Compassionate Bodies, Compassionate Practice: Navigating Body Image Tensions among Gay Men. <i>Canadian Journal of Dietetic Practice and Research</i> , 2021, 82, 115-120.	0.5	2
14	Breastfeeding experiences among mothers living with food insecurity in high resource, Western countries: a qualitative systematic review protocol. <i>JBIC Evidence Synthesis</i> , 2021, 19, 675-681.	0.6	0
15	Mapping changes in the obesity stigma discourse through Obesity Canada: a content analysis. <i>AIMS Public Health</i> , 2021, 9, 41-52.	1.1	3
16	Impact of an outdoor loose parts intervention on Nova Scotia preschoolers' fundamental movement skills: a multi-methods randomized controlled trial. <i>AIMS Public Health</i> , 2021, 9, 194-215.	1.1	9
17	Evaluating an engaged scholarship approach to improve health promotion within the education system. <i>Management in Education</i> , 2020, 34, 16-23.	0.9	1
18	Fragmented Food Habits and the Disintegration of Traditional Meal Patterns: A Challenge to Public Health Nutrition in Canada?. <i>Journal of International Food and Agribusiness Marketing</i> , 2020, 32, 69-78.	1.0	4

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19	Exploring the foundation for Collaborative Governance to support early childhood in Nova Scotia. <i>European Early Childhood Education Research Journal</i> , 2020, 28, 582-597.	1.2	0
20	Obesity in adults: a clinical practice guideline. <i>Cmaj</i> , 2020, 192, E875-E891.	0.9	592
21	Impact of a Capacity-Building Intervention on Food Marketing Features in Recreation Facilities. <i>Journal of Nutrition Education and Behavior</i> , 2020, 52, 935-943.	0.3	7
22	Mothering at the Intersection of Marginality: Exploring Breastfeeding Beliefs and Practices Among Women From Nova Scotia, Canada Who Identify as Overweight, Low Income, and Food Insecure. <i>Qualitative Health Research</i> , 2020, 30, 1737-1748.	1.0	2
23	Baseline results from the Eat, Play, Live trial: A randomized controlled trial within a natural experiment examining the role of nutrition policy and capacity building in improving food environments in recreation and sport facilities. <i>Food Policy</i> , 2020, 92, 101870.	2.8	6
24	Healthy vending contracts: Do localized policy approaches improve the nutrition environment in publicly funded recreation and sport facilities?. <i>Preventive Medicine Reports</i> , 2019, 16, 100967.	0.8	12
25	Food in Focus: Youth Exploring Food in Schools Using Photovoice. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 1011-1019.	0.3	21
26	The Association between Perceived Adequacy and Capacity for School Food Policy Implementation with Food Availability and Policy Adherence in Nova Scotia, Canada. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1974.	1.2	6
27	A Loose Parts Randomized Controlled Trial to Promote Active Outdoor Play in Preschool-aged Children: Physical Literacy in the Early Years (PLEY) Project. <i>Methods and Protocols</i> , 2019, 2, 27.	0.9	25
28	Understanding System-Level Intervention Points to Support School Food and Nutrition Policy Implementation in Nova Scotia, Canada. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 712.	1.2	8
29	Accelerometry-measured physical activity and sedentary behaviour of preschoolers in Nova Scotia, Canada. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 1005-1011.	0.9	8
30	The relationship between bullying behaviours in childhood and physician-diagnosed internalizing disorders. <i>Canadian Journal of Public Health</i> , 2019, 110, 497-505.	1.1	7
31	Vegetable/Fruit Intakes of Young Children at Home and in Childcare Centres. <i>Canadian Journal of Dietetic Practice and Research</i> , 2019, 81, 1-6.	0.5	3
32	Factors Influencing the Implementation of Nutrition Policies in Schools: A Scoping Review. <i>Health Education and Behavior</i> , 2019, 46, 224-250.	1.3	38
33	Describing Food Availability in Schools Using Different Healthy Eating Guidelines: Moving Forward with Simpler Nutrition Recommendations. <i>Canadian Journal of Dietetic Practice and Research</i> , 2019, 80, 22-29.	0.5	2
34	Educator perceptions on the benefits and challenges of loose parts play in the outdoor environments of childcare centres. <i>AIMS Public Health</i> , 2019, 6, 461-476.	1.1	20
35	A translational approach to characterization and measurement of health-promoting school ethos. <i>Health Promotion International</i> , 2018, 33, 980-989.	0.9	5
36	Framing Obesity as a Health Issue: Differences in Public and Professional Perceptions Between Canada and the United States. <i>Canadian Journal of Diabetes</i> , 2018, 42, 163-165.	0.4	2

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37	Use of Resources for Health Promoting Schools in Rural Nova Scotia. <i>Health Behavior and Policy Review</i> , 2018, 5, 50-56.	0.3	0
38	Reproducing or Reducing Inequity? Considerations for School Food Programs. <i>Canadian Journal of Dietetic Practice and Research</i> , 2018, 79, 18-22.	0.5	9
39	Integrated knowledge translation in population health intervention research: a case study of implementation and outcomes from a school-based project. <i>Health Research Policy and Systems</i> , 2018, 16, 72.	1.1	18
40	Eating at food outlets and leisure places and the risks associated with less-healthy food choices than eating at home and in school in children: cross-sectional data from the UK National Diet and Nutrition Survey Rolling Program (2008–2014). <i>American Journal of Clinical Nutrition</i> , 2018, 107, 992-1003.	2.2	51
41	Reliability and validity of a novel tool to comprehensively assess food and beverage marketing in recreational sport settings. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 38.	2.0	6
42	Moving from Policy to Practice: A Report of School Nutrition Policy Adherence in Nova Scotia. <i>Canadian Journal of Dietetic Practice and Research</i> , 2018, 79, 196-199.	0.5	3
43	Food marketing in recreational sport settings in Canada: a cross-sectional audit in different policy environments using the Food and beverage Marketing Assessment Tool for Settings (FoodMATS). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 39.	2.0	18
44	The case for a Canadian national school food program. , 2018, 5, 208-229.		10
45	At-a-glance - "A tough sell": findings from a qualitative analysis on the provision of healthy foods in recreation and sports settings. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2018, 38, 18-22.	0.8	12
46	Voluntary nutrition guidelines to support healthy eating in recreation and sports settings are ineffective: findings from a prospective study. <i>AIMS Public Health</i> , 2018, 5, 411-420.	1.1	12
47	The picture of health: examining school-based health environments through photographs. <i>Health Promotion International</i> , 2017, 32, daw027.	0.9	7
48	Culture matters: a case of school health promotion in Canada. <i>Health Promotion International</i> , 2017, 32, 207-217.	0.9	55
49	Glucagon-like peptide-1 agonists for weight loss in people with obesity. <i>Obesity Medicine</i> , 2017, 5, 29-43.	0.5	0
50	Evaluation of a health promoting schools program in a school board in Nova Scotia, Canada. <i>Preventive Medicine Reports</i> , 2017, 5, 279-284.	0.8	12
51	"It is not the diet; it is the mental part we need help with." A multilevel analysis of psychological, emotional, and social well-being in obesity. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2017, 12, 1306421.	0.6	60
52	Eating at Food Outlets and the Risks Associated with Less Healthy Food Choices in Adults: Cross-Sectional Data from the UK National Diet and Nutrition Survey Rolling Programme (2008–2014). <i>Nutrients</i> , 2017, 9, 1315.	1.7	23
53	The importance of health behaviours in childhood for the development of internalizing disorders during adolescence. <i>BMC Psychology</i> , 2017, 5, 38.	0.9	14
54	Food for Thought: Engaging Youth in Creative Knowledge Sharing of School Food Experiences. <i>The International Journal of Health, Wellness &amp; Society</i> , 2017, 7, 53-63.	0.1	2

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55	Interventions to Support System-level Implementation of Health Promoting Schools: A Scoping Review. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 200.	1.2	27
56	Let the Children Play: Scoping Review on the Implementation and Use of Loose Parts for Promoting Physical Activity Participation. <i>AIMS Public Health</i> , 2016, 3, 781-799.	1.1	30
57	Health behaviours, body weight and self-esteem among grade five students in Canada. SpringerPlus, 2016, 5, 1099.	1.2	17
58	Validation of the "Quality of Life in School" instrument in Canadian elementary school students. <i>PeerJ</i> , 2016, 4, e1567.	0.9	11
59	Policy outcomes of applying different nutrient profiling systems in recreational sports settings: the case for national harmonization in Canada. <i>Public Health Nutrition</i> , 2015, 18, 2251-2262.	1.1	19
60	The Health at Every Size Paradigm and Obesity: Missing Empirical Evidence May Help Push the Reframing Obesity Debate Forward. <i>American Journal of Public Health</i> , 2015, 105, e38-e42.	1.5	76
61	Feminist post-structural analysis of obesity management: A relational experience. <i>Clinical Nursing Studies</i> , 2015, 3, .	0.1	4
62	Are sleep duration and sleep quality associated with diet quality, physical activity, and body weight status? A population-based study of Canadian children. <i>Canadian Journal of Public Health</i> , 2015, 106, e277-e282.	1.1	72
63	Moving Forward with School Nutrition Policies: A Case Study of Policy Adherence in Nova Scotia. <i>Canadian Journal of Dietetic Practice and Research</i> , 2015, 76, 172-177.	0.5	15
64	The impact of school policies and practices on students' diets, physical activity levels and body weights: A province-wide practicebased evaluation. <i>Canadian Journal of Public Health</i> , 2015, 106, e43-e51.	1.1	12
65	The Association between Health Behaviours and Academic Performance in Canadian Elementary School Students: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 14857-14871.	1.2	28
66	Successful childhood obesity management in primary care in Canada: what are the odds?. <i>PeerJ</i> , 2015, 3, e1327.	0.9	16
67	Privileging physical activity over healthy eating: "Time" to Choose?. <i>Health Promotion International</i> , 2015, 30, 418-426.	0.9	20
68	Applying theoretical components to the implementation of health-promoting schools. <i>Health Education Journal</i> , 2015, 74, 131-143.	0.6	15
69	Breast, Formula and Combination Feeding in Relation to Childhood Obesity in Nova Scotia, Canada. <i>Maternal and Child Health Journal</i> , 2015, 19, 2048-2056.	0.7	31
70	Measuring food availability and accessibility among adolescents: Moving beyond the neighbourhood boundary. <i>Social Science and Medicine</i> , 2015, 133, 322-330.	1.8	60
71	Understanding gender norms, nutrition, and physical activity in adolescent girls: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 6.	2.0	118
72	Food security status among grade 5 students in Nova Scotia, Canada and its association with health outcomes. <i>Public Health Nutrition</i> , 2015, 18, 2943-2951.	1.1	27

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73	The role of underestimating body size for self-esteem and self-efficacy among grade five children in Canada. <i>Annals of Epidemiology</i> , 2015, 25, 753-759.	0.9	16
74	Providing context to the implementation of health promoting schools: A case study. <i>Evaluation and Program Planning</i> , 2015, 53, 65-71.	0.9	13
75	Blame, Shame, and Lack of Support. <i>Qualitative Health Research</i> , 2014, 24, 790-800.	1.0	84
76	Modifying the food environment for childhood obesity prevention: challenges and opportunities. <i>Proceedings of the Nutrition Society</i> , 2014, 73, 226-236.	0.4	50
77	Peer Mentoring Is Associated With Positive Change in Physical Activity and Aerobic Fitness of Grades 4, 5, and 6 Students in the Heart Healthy Kids Program. <i>Health Promotion Practice</i> , 2014, 15, 803-811.	0.9	18
78	The Role of Health Systems in Obesity Management and Prevention: Problems and Paradigm Shifts. <i>Current Obesity Reports</i> , 2013, 2, 315-319.	3.5	8
79	The impact of a population-level school food and nutrition policy on dietary intake and body weights of Canadian children. <i>Preventive Medicine</i> , 2013, 57, 934-940.	1.6	85
80	Health behaviours and health-care utilization in Canadian schoolchildren. <i>Public Health Nutrition</i> , 2013, 16, 358-364.	1.1	10
81	Insights from the evaluation of a provincial healthy eating strategy in Nova Scotia, Canada. <i>Public Health Nutrition</i> , 2013, 16, 1870-1878.	1.1	0
82	Diet quality and mental health in subsequent years among Canadian youth. <i>Public Health Nutrition</i> , 2012, 15, 2253-2258.	1.1	48
83	Targeting Policy for Obesity Prevention: Identifying the Critical Age for Weight Gain in Women. <i>Journal of Obesity</i> , 2012, 2012, 1-7.	1.1	8
84	Lessons Learned from the Implementation of a Provincial Breastfeeding Policy in Nova Scotia, Canada and the Implications for Childhood Obesity Prevention. <i>International Journal of Environmental Research and Public Health</i> , 2012, 9, 1308-1318.	1.2	9
85	Physical Activity and Nutrition Among Youth in Rural, Suburban and Urban Neighbourhood Types. <i>Canadian Journal of Public Health</i> , 2012, 103, S55-S60.	1.1	19
86	Effective weight management practice: a review of the lifestyle intervention evidence. <i>International Journal of Obesity</i> , 2012, 36, 178-185.	1.6	106
87	Health Care Utilization from Prevalent Medical Conditions in Normal-Weight, Overweight, and Obese Children. <i>Journal of Pediatrics</i> , 2012, 160, 216-221.e1.	0.9	19
88	Letter to the Editor. <i>Paediatrics and Child Health</i> , 2011, 16, 245-245.	0.3	0
89	Prevalence and Associations of Food Insecurity in Children with Diabetes Mellitus. <i>Journal of Pediatrics</i> , 2011, 158, 607-611.	0.9	55
90	Use and cost of health services among overweight and obese Canadian children. <i>Pediatric Obesity</i> , 2011, 6, 142-148.	3.2	40

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91	Comparison of ICD code-based diagnosis of obesity with measured obesity in children and the implications for health care cost estimates. BMC Medical Research Methodology, 2011, 11, 173.	1.4	43
92	Moving Canadian governmental policies beyond a focus on individual lifestyle: some insights from complexity and critical theories. Health Promotion International, 2011, 26, 91-99.	0.9	77
93	Interventions to change the behaviour of health professionals and the organisation of care to promote weight reduction in overweight and obese adults. The Cochrane Library, 2010, , CD000984.	1.5	68
94	Caffeine Intake During Pregnancy, Late Miscarriage, and Stillbirth. Obstetrical and Gynecological Survey, 2010, 65, 492-494.	0.2	1
95	The State of Obesity Management for Women Giving Birth in Atlantic Canada. Maternal and Child Health Journal, 2010, 14, 453-458.	0.7	4
96	Caffeine intake during pregnancy, late miscarriage and stillbirth. European Journal of Epidemiology, 2010, 25, 275-280.	2.5	55
97	Characterizing the obesogenic environment: the state of the evidence with directions for future research. Obesity Reviews, 2010, 11, 109-117.	3.1	196
98	Running away with the facts on food and fatness. Public Health Nutrition, 2010, 13, 147-148.	1.1	7
99	Managing Obesity in Healthcare Settings: Stigma or Support?. Obesity and Weight Management, 2010, 6, 21-24.	0.1	9
100	Process Evaluation of an Internet-based Resource for Weight Control: Use and Views of an Obese Sample. Journal of Nutrition Education and Behavior, 2009, 41, 261-267.	0.3	35
101	Can peer educators influence healthy eating in people with diabetes? Results of a randomized controlled trial. Diabetic Medicine, 2009, 26, 1048-1054.	1.2	38
102	Obesity in Tonga: A cross-sectional comparative study of perceptions of body size and beliefs about obesity in lay people and nurses. Obesity Research and Clinical Practice, 2008, 2, 35-41.	0.8	11
103	Assessing caffeine exposure in pregnant women. British Journal of Nutrition, 2008, 100, 875-882.	1.2	39
104	The Internet for weight control in an obese sample: results of a randomised controlled trial. BMC Health Services Research, 2007, 7, 206.	0.9	112
105	Use of BMI in the assessment of undernutrition in older subjects: reflecting on practice. Proceedings of the Nutrition Society, 2005, 64, 313-317.	0.4	128
106	A substitution model of dietary manipulation is an effective means of optimising lipid profile, reducing C-reactive protein and increasing insulin-like growth factor-1. British Journal of Nutrition, 2004, 92, 809-818.	1.2	12
107	A randomised trial of an internet weight control resource: The UK Weight Control Trial [ISRCTN58621669]. BMC Health Services Research, 2003, 3, 19.	0.9	18
108	Comparison of low and high fat consumers in the UK Women's Cohort Study. Nutrition Research, 2003, 23, 377-388.	1.3	3

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109	The prevalences of overweight and obesity in children aged 4 to 12 years in Gibraltar. <i>Public Health Nutrition</i> , 2003, 6, 329-331.	1.1	3
110	Environmental Influences: Factors Influencing a Woman's Decision to Use Dietary Supplements. <i>Journal of Nutrition</i> , 2003, 133, 1978S-1982S.	1.3	75
111	Motivations for fruit and vegetable consumption in the UK Women's Cohort Study. <i>Public Health Nutrition</i> , 2002, 5, 479-486.	1.1	36
112	Public perception of a range of potential food risks in the United Kingdom. <i>Appetite</i> , 2002, 38, 189-197.	1.8	74
113	Dietitians' views of overweight and obese people and reported management practices. <i>Journal of Human Nutrition and Dietetics</i> , 2002, 15, 331-347.	1.3	75
114	An updated systematic review of interventions to improve health professionals' management of obesity. <i>Obesity Reviews</i> , 2002, 3, 45-55.	3.1	41
115	Lifestyle factors affecting fruit and vegetable consumption in the UK Women's Cohort Study. <i>Appetite</i> , 2001, 37, 71-79.	1.8	70
116	Dietitians and the internet: are dietitians embracing the new technology?. <i>Journal of Human Nutrition and Dietetics</i> , 2001, 14, 477-484.	1.3	17
117	Why do women use dietary supplements? The use of the theory of planned behaviour to explore beliefs about their use. <i>Social Science and Medicine</i> , 2001, 52, 621-633.	1.8	186
118	The relationship between nutritional knowledge, attitudes and dietary fat consumption in male students. <i>Journal of Human Nutrition and Dietetics</i> , 2000, 13, 389-395.	1.3	17
119	Health and social factors affecting the food choice and nutritional intake of elderly people with restricted mobility. <i>Journal of Human Nutrition and Dietetics</i> , 1999, 12, 375-380.	1.3	71
120	A systematic review of interventions to improve health professionals' management of obesity. <i>International Journal of Obesity</i> , 1999, 23, 1213-1222.	1.6	31
121	Vegetarianism in young women: Another means of weight control?. , 1999, 26, 87-90.		53
122	Treatment of obesity: Theory into practice. <i>Proceedings of the Nutrition Society</i> , 1999, 58, 53-58.	0.4	9
123	Diet and lifestyle characteristics associated with dietary supplement use in women. <i>Public Health Nutrition</i> , 1999, 2, 69-73.	1.1	118
124	Supplementary issues for women. <i>Nutrition Bulletin</i> , 1998, 23, 197-202.	0.8	4
125	Exploring the food beliefs and eating behaviour of successful and unsuccessful dieters. <i>Journal of Human Nutrition and Dietetics</i> , 1997, 10, 331-341.	1.3	8
126	The use of a low phenylalanine diet in response to the challenging behaviour of a man with untreated phenylketonuria and profound learning disabilities. <i>Journal of Intellectual Disability Research</i> , 1995, 39, 520-526.	1.2	5



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127	Nutritional counselling in bulimia nervosa. A case study. Journal of Human Nutrition and Dietetics, 1993, 6, 57-61.	1.3	2