

Sara F L Kirk

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8208497/publications.pdf>

Version: 2024-02-01

127
papers

4,097
citations

117571

34
h-index

138417

58
g-index

131
all docs

131
docs citations

131
times ranked

5480
citing authors

#	ARTICLE	IF	CITATIONS
1	Obesity in adults: a clinical practice guideline. <i>Cmaj</i> , 2020, 192, E875-E891.	0.9	592
2	Characterizing the obesogenic environment: the state of the evidence with directions for future research. <i>Obesity Reviews</i> , 2010, 11, 109-117.	3.1	196
3	Why do women use dietary supplements? The use of the theory of planned behaviour to explore beliefs about their use. <i>Social Science and Medicine</i> , 2001, 52, 621-633.	1.8	186
4	Use of BMI in the assessment of undernutrition in older subjects: reflecting on practice. <i>Proceedings of the Nutrition Society</i> , 2005, 64, 313-317.	0.4	128
5	Diet and lifestyle characteristics associated with dietary supplement use in women. <i>Public Health Nutrition</i> , 1999, 2, 69-73.	1.1	118
6	Understanding gender norms, nutrition, and physical activity in adolescent girls: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 6.	2.0	118
7	The Internet for weight control in an obese sample: results of a randomised controlled trial. <i>BMC Health Services Research</i> , 2007, 7, 206.	0.9	112
8	Effective weight management practice: a review of the lifestyle intervention evidence. <i>International Journal of Obesity</i> , 2012, 36, 178-185.	1.6	106
9	The impact of a population-level school food and nutrition policy on dietary intake and body weights of Canadian children. <i>Preventive Medicine</i> , 2013, 57, 934-940.	1.6	85
10	Blame, Shame, and Lack of Support. <i>Qualitative Health Research</i> , 2014, 24, 790-800.	1.0	84
11	Moving Canadian governmental policies beyond a focus on individual lifestyle: some insights from complexity and critical theories. <i>Health Promotion International</i> , 2011, 26, 91-99.	0.9	77
12	The Health at Every Size Paradigm and Obesity: Missing Empirical Evidence May Help Push the Reframing Obesity Debate Forward. <i>American Journal of Public Health</i> , 2015, 105, e38-e42.	1.5	76
13	Dietitians' views of overweight and obese people and reported management practices. <i>Journal of Human Nutrition and Dietetics</i> , 2002, 15, 331-347.	1.3	75
14	Environmental Influences: Factors Influencing a Woman's Decision to Use Dietary Supplements. <i>Journal of Nutrition</i> , 2003, 133, 1978S-1982S.	1.3	75
15	Public perception of a range of potential food risks in the United Kingdom. <i>Appetite</i> , 2002, 38, 189-197.	1.8	74
16	Are sleep duration and sleep quality associated with diet quality, physical activity, and body weight status? A population-based study of Canadian children. <i>Canadian Journal of Public Health</i> , 2015, 106, e277-e282.	1.1	72
17	Health and social factors affecting the food choice and nutritional intake of elderly people with restricted mobility. <i>Journal of Human Nutrition and Dietetics</i> , 1999, 12, 375-380.	1.3	71
18	Lifestyle factors affecting fruit and vegetable consumption in the UK Women's Cohort Study. <i>Appetite</i> , 2001, 37, 71-79.	1.8	70

#	ARTICLE	IF	CITATIONS
19	Interventions to change the behaviour of health professionals and the organisation of care to promote weight reduction in overweight and obese adults. <i>The Cochrane Library</i> , 2010, , CD000984.	1.5	68
20	Measuring food availability and accessibility among adolescents: Moving beyond the neighbourhood boundary. <i>Social Science and Medicine</i> , 2015, 133, 322-330.	1.8	60
21	“It is not the diet; it is the mental part we need help with.” A multilevel analysis of psychological, emotional, and social well-being in obesity. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2017, 12, 1306421.	0.6	60
22	Caffeine intake during pregnancy, late miscarriage and stillbirth. <i>European Journal of Epidemiology</i> , 2010, 25, 275-280.	2.5	55
23	Prevalance and Associations of Food Insecurity in Children with Diabetes Mellitus. <i>Journal of Pediatrics</i> , 2011, 158, 607-611.	0.9	55
24	Culture matters: a case of school health promotion in Canada. <i>Health Promotion International</i> , 2017, 32, 207-217.	0.9	55
25	Vegetarianism in young women: Another means of weight control?. , 1999, 26, 87-90.		53
26	Eating at food outlets and leisure places and “on the go” is associated with less-healthy food choices than eating at home and in school in children: cross-sectional data from the UK National Diet and Nutrition Survey Rolling Program (2008–2014). <i>American Journal of Clinical Nutrition</i> , 2018, 107, 992-1003.	2.2	51
27	Modifying the food environment for childhood obesity prevention: challenges and opportunities. <i>Proceedings of the Nutrition Society</i> , 2014, 73, 226-236.	0.4	50
28	Diet quality and mental health in subsequent years among Canadian youth. <i>Public Health Nutrition</i> , 2012, 15, 2253-2258.	1.1	48
29	Comparison of ICD code-based diagnosis of obesity with measured obesity in children and the implications for health care cost estimates. <i>BMC Medical Research Methodology</i> , 2011, 11, 173.	1.4	43
30	An updated systematic review of interventions to improve health professionals' management of obesity. <i>Obesity Reviews</i> , 2002, 3, 45-55.	3.1	41
31	Use and cost of health services among overweight and obese Canadian children. <i>Pediatric Obesity</i> , 2011, 6, 142-148.	3.2	40
32	Assessing caffeine exposure in pregnant women. <i>British Journal of Nutrition</i> , 2008, 100, 875-882.	1.2	39
33	Can peer educators influence healthy eating in people with diabetes? Results of a randomized controlled trial. <i>Diabetic Medicine</i> , 2009, 26, 1048-1054.	1.2	38
34	Factors Influencing the Implementation of Nutrition Policies in Schools: A Scoping Review. <i>Health Education and Behavior</i> , 2019, 46, 224-250.	1.3	38
35	Motivations for fruit and vegetable consumption in the UK Women's Cohort Study. <i>Public Health Nutrition</i> , 2002, 5, 479-486.	1.1	36
36	Process Evaluation of an Internet-based Resource for Weight Control: Use and Views of an Obese Sample. <i>Journal of Nutrition Education and Behavior</i> , 2009, 41, 261-267.	0.3	35

#	ARTICLE	IF	CITATIONS
37	A systematic review of interventions to improve health professionals' management of obesity. <i>International Journal of Obesity</i> , 1999, 23, 1213-1222.	1.6	31
38	Breast, Formula and Combination Feeding in Relation to Childhood Obesity in Nova Scotia, Canada. <i>Maternal and Child Health Journal</i> , 2015, 19, 2048-2056.	0.7	31
39	Let the Children Play: Scoping Review on the Implementation and Use of Loose Parts for Promoting Physical Activity Participation. <i>AIMS Public Health</i> , 2016, 3, 781-799.	1.1	30
40	The Association between Health Behaviours and Academic Performance in Canadian Elementary School Students: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 14857-14871.	1.2	28
41	Food security status among grade 5 students in Nova Scotia, Canada and its association with health outcomes. <i>Public Health Nutrition</i> , 2015, 18, 2943-2951.	1.1	27
42	Interventions to Support System-level Implementation of Health Promoting Schools: A Scoping Review. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 200.	1.2	27
43	A Loose Parts Randomized Controlled Trial to Promote Active Outdoor Play in Preschool-aged Children: Physical Literacy in the Early Years (PLEY) Project. <i>Methods and Protocols</i> , 2019, 2, 27.	0.9	25
44	Eating at Food Outlets and "On the Go" Is Associated with Less Healthy Food Choices in Adults: Cross-Sectional Data from the UK National Diet and Nutrition Survey Rolling Programme (2008-2014). <i>Nutrients</i> , 2017, 9, 1315.	1.7	23
45	Food in Focus: Youth Exploring Food in Schools Using Photovoice. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 1011-1019.	0.3	21
46	Privileging physical activity over healthy eating: "Time" to Choose?. <i>Health Promotion International</i> , 2015, 30, 418-426.	0.9	20
47	Educator perceptions on the benefits and challenges of loose parts play in the outdoor environments of childcare centres. <i>AIMS Public Health</i> , 2019, 6, 461-476.	1.1	20
48	Physical Activity and Nutrition Among Youth in Rural, Suburban and Urban Neighbourhood Types. <i>Canadian Journal of Public Health</i> , 2012, 103, S55-S60.	1.1	19
49	Health Care Utilization from Prevalent Medical Conditions in Normal-Weight, Overweight, and Obese Children. <i>Journal of Pediatrics</i> , 2012, 160, 216-221.e1.	0.9	19
50	Policy outcomes of applying different nutrient profiling systems in recreational sports settings: the case for national harmonization in Canada. <i>Public Health Nutrition</i> , 2015, 18, 2251-2262.	1.1	19
51	A randomised trial of an internet weight control resource: The UK Weight Control Trial [ISRCTN58621669]. <i>BMC Health Services Research</i> , 2003, 3, 19.	0.9	18
52	Peer Mentoring Is Associated With Positive Change in Physical Activity and Aerobic Fitness of Grades 4, 5, and 6 Students in the Heart Healthy Kids Program. <i>Health Promotion Practice</i> , 2014, 15, 803-811.	0.9	18
53	Integrated knowledge translation in population health intervention research: a case study of implementation and outcomes from a school-based project. <i>Health Research Policy and Systems</i> , 2018, 16, 72.	1.1	18
54	Food marketing in recreational sport settings in Canada: a cross-sectional audit in different policy environments using the Food and beverage Marketing Assessment Tool for Settings (FoodMATS). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 39.	2.0	18

#	ARTICLE	IF	CITATIONS
55	The relationship between nutritional knowledge, attitudes and dietary fat consumption in male students. <i>Journal of Human Nutrition and Dietetics</i> , 2000, 13, 389-395.	1.3	17
56	Dietitians and the internet: are dietitians embracing the new technology?. <i>Journal of Human Nutrition and Dietetics</i> , 2001, 14, 477-484.	1.3	17
57	Health behaviours, body weight and self-esteem among grade five students in Canada. SpringerPlus, 2016, 5, 1099.	1.2	17
58	Successful childhood obesity management in primary care in Canada: what are the odds?. <i>PeerJ</i> , 2015, 3, e1327.	0.9	16
59	The role of underestimating body size for self-esteem and self-efficacy among grade five children in Canada. <i>Annals of Epidemiology</i> , 2015, 25, 753-759.	0.9	16
60	Moving Forward with School Nutrition Policies: A Case Study of Policy Adherence in Nova Scotia. <i>Canadian Journal of Dietetic Practice and Research</i> , 2015, 76, 172-177.	0.5	15
61	Applying theoretical components to the implementation of health-promoting schools. <i>Health Education Journal</i> , 2015, 74, 131-143.	0.6	15
62	Regional differences in movement behaviours of children and youth during the second wave of the COVID-19 pandemic in Canada: follow-up from a national study. <i>Canadian Journal of Public Health</i> , 2022, 113, 535-546.	1.1	15
63	The importance of health behaviours in childhood for the development of internalizing disorders during adolescence. <i>BMC Psychology</i> , 2017, 5, 38.	0.9	14
64	Providing context to the implementation of health promoting schools: A case study. <i>Evaluation and Program Planning</i> , 2015, 53, 65-71.	0.9	13
65	A substitution model of dietary manipulation is an effective means of optimising lipid profile, reducing C-reactive protein and increasing insulin-like growth factor-1. <i>British Journal of Nutrition</i> , 2004, 92, 809-818.	1.2	12
66	The impact of school policies and practices on students' diets, physical activity levels and body weights: A province-wide practice-based evaluation. <i>Canadian Journal of Public Health</i> , 2015, 106, e43-e51.	1.1	12
67	Evaluation of a health promoting schools program in a school board in Nova Scotia, Canada. <i>Preventive Medicine Reports</i> , 2017, 5, 279-284.	0.8	12
68	Healthy vending contracts: Do localized policy approaches improve the nutrition environment in publicly funded recreation and sport facilities?. <i>Preventive Medicine Reports</i> , 2019, 16, 100967.	0.8	12
69	At-a-glance - "A tough sell": findings from a qualitative analysis on the provision of healthy foods in recreation and sports settings. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2018, 38, 18-22.	0.8	12
70	Voluntary nutrition guidelines to support healthy eating in recreation and sports settings are ineffective: findings from a prospective study. <i>AIMS Public Health</i> , 2018, 5, 411-420.	1.1	12
71	Obesity in Tonga: A cross-sectional comparative study of perceptions of body size and beliefs about obesity in lay people and nurses. <i>Obesity Research and Clinical Practice</i> , 2008, 2, 35-41.	0.8	11
72	Early childhood educator perceptions of risky play in an outdoor loose parts intervention. <i>AIMS Public Health</i> , 2021, 8, 213-228.	1.1	11

#	ARTICLE	IF	CITATIONS
73	Validation of the "Quality of Life in School" instrument in Canadian elementary school students. <i>PeerJ</i> , 2016, 4, e1567.	0.9	11
74	Health behaviours and health-care utilization in Canadian schoolchildren. <i>Public Health Nutrition</i> , 2013, 16, 358-364.	1.1	10
75	The case for a Canadian national school food program. , 2018, 5, 208-229.		10
76	Treatment of obesity: Theory into practice. <i>Proceedings of the Nutrition Society</i> , 1999, 58, 53-58.	0.4	9
77	Managing Obesity in Healthcare Settings: Stigma or Support?. <i>Obesity and Weight Management</i> , 2010, 6, 21-24.	0.1	9
78	Lessons Learned from the Implementation of a Provincial Breastfeeding Policy in Nova Scotia, Canada and the Implications for Childhood Obesity Prevention. <i>International Journal of Environmental Research and Public Health</i> , 2012, 9, 1308-1318.	1.2	9
79	Reproducing or Reducing Inequity? Considerations for School Food Programs. <i>Canadian Journal of Dietetic Practice and Research</i> , 2018, 79, 18-22.	0.5	9
80	Impact of an outdoor loose parts intervention on Nova Scotia preschoolers' fundamental movement skills: a multi-methods randomized controlled trial. <i>AIMS Public Health</i> , 2021, 9, 194-215.	1.1	9
81	Exploring the food beliefs and eating behaviour of successful and unsuccessful dieters. <i>Journal of Human Nutrition and Dietetics</i> , 1997, 10, 331-341.	1.3	8
82	Targeting Policy for Obesity Prevention: Identifying the Critical Age for Weight Gain in Women. <i>Journal of Obesity</i> , 2012, 2012, 1-7.	1.1	8
83	The Role of Health Systems in Obesity Management and Prevention: Problems and Paradigm Shifts. <i>Current Obesity Reports</i> , 2013, 2, 315-319.	3.5	8
84	Understanding System-Level Intervention Points to Support School Food and Nutrition Policy Implementation in Nova Scotia, Canada. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 712.	1.2	8
85	Accelerometry-measured physical activity and sedentary behaviour of preschoolers in Nova Scotia, Canada. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 1005-1011.	0.9	8
86	Appetite for change? Facilitators and barriers to nutrition guideline implementation in Canadian recreational facilities. <i>Health Promotion International</i> , 2021, 36, 1672-1682.	0.9	8
87	Running away with the facts on food and fatness. <i>Public Health Nutrition</i> , 2010, 13, 147-148.	1.1	7
88	The picture of health: examining school-based health environments through photographs. <i>Health Promotion International</i> , 2017, 32, daw027.	0.9	7
89	The relationship between bullying behaviours in childhood and physician-diagnosed internalizing disorders. <i>Canadian Journal of Public Health</i> , 2019, 110, 497-505.	1.1	7
90	Impact of a Capacity-Building Intervention on Food Marketing Features in Recreation Facilities. <i>Journal of Nutrition Education and Behavior</i> , 2020, 52, 935-943.	0.3	7

#	ARTICLE	IF	CITATIONS
91	Reliability and validity of a novel tool to comprehensively assess food and beverage marketing in recreational sport settings. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 38.	2.0	6
92	The Association between Perceived Adequacy and Capacity for School Food Policy Implementation with Food Availability and Policy Adherence in Nova Scotia, Canada. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1974.	1.2	6
93	Baseline results from the Eat, Play, Live trial: A randomized controlled trial within a natural experiment examining the role of nutrition policy and capacity building in improving food environments in recreation and sport facilities. <i>Food Policy</i> , 2020, 92, 101870.	2.8	6
94	The use of a low phenylalanine diet in response to the challenging behaviour of a man with untreated phenylketonuria and profound learning disabilities. <i>Journal of Intellectual Disability Research</i> , 1995, 39, 520-526.	1.2	5
95	A translational approach to characterization and measurement of health-promoting school ethos. <i>Health Promotion International</i> , 2018, 33, 980-989.	0.9	5
96	Picture perfect? Gazing into girls' health, physical activity, and nutrition through photovoice. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2021, 16, 1874771.	0.6	5
97	Supplementary issues for women. <i>Nutrition Bulletin</i> , 1998, 23, 197-202.	0.8	4
98	The State of Obesity Management for Women Giving Birth in Atlantic Canada. <i>Maternal and Child Health Journal</i> , 2010, 14, 453-458.	0.7	4
99	Feminist post-structural analysis of obesity management: A relational experience. <i>Clinical Nursing Studies</i> , 2015, 3, .	0.1	4
100	Fragmented Food Habits and the Disintegration of Traditional Meal Patterns: A Challenge to Public Health Nutrition in Canada?. <i>Journal of International Food and Agribusiness Marketing</i> , 2020, 32, 69-78.	1.0	4
101	Fare well to Nova Scotia? Public health investments remain chronically underfunded. <i>Canadian Journal of Public Health</i> , 2021, 112, 186-190.	1.1	4
102	Understanding the Environment for Health-Promoting Schools Policies in Nova Scotia: A Comprehensive Scan at the Provincial and Regional School Level. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3411.	1.2	4
103	Exploring parents' perceptions of preschoolers' risky outdoor play using a socio-ecological lens. <i>European Early Childhood Education Research Journal</i> , 2022, 30, 372-387.	1.2	4
104	Comparison of low and high fat consumers in the UK Women's Cohort Study. <i>Nutrition Research</i> , 2003, 23, 377-388.	1.3	3
105	The prevalences of overweight and obesity in children aged 4 to 12 years in Gibraltar. <i>Public Health Nutrition</i> , 2003, 6, 329-331.	1.1	3
106	Moving from Policy to Practice: A Report of School Nutrition Policy Adherence in Nova Scotia. <i>Canadian Journal of Dietetic Practice and Research</i> , 2018, 79, 196-199.	0.5	3
107	Vegetable/Fruit Intakes of Young Children at Home and in Childcare Centres. <i>Canadian Journal of Dietetic Practice and Research</i> , 2019, 81, 1-6.	0.5	3
108	Mapping changes in the obesity stigma discourse through Obesity Canada: a content analysis. <i>AIMS Public Health</i> , 2021, 9, 41-52.	1.1	3

#	ARTICLE	IF	CITATIONS
109	Parents and Children Should Be More Active Together to Address Physical Inactivity and Sedentary Behaviours. <i>Frontiers in Public Health</i> , 2022, 10, 633111.	1.3	3
110	Nutritional counselling in bulimia nervosa. A case study. <i>Journal of Human Nutrition and Dietetics</i> , 1993, 6, 57-61.	1.3	2
111	Framing Obesity as a Health Issue: Differences in Public and Professional Perceptions Between Canada and the United States. <i>Canadian Journal of Diabetes</i> , 2018, 42, 163-165.	0.4	2
112	Describing Food Availability in Schools Using Different Healthy Eating Guidelines: Moving Forward with Simpler Nutrition Recommendations. <i>Canadian Journal of Dietetic Practice and Research</i> , 2019, 80, 22-29.	0.5	2
113	Mothering at the Intersection of Marginality: Exploring Breastfeeding Beliefs and Practices Among Women From Nova Scotia, Canada Who Identify as Overweight, Low Income, and Food Insecure. <i>Qualitative Health Research</i> , 2020, 30, 1737-1748.	1.0	2
114	Recreation Facility Food and Beverage Environments in Ontario, Canada: An Appeal for Policy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8174.	1.2	2
115	Compassionate Bodies, Compassionate Practice: Navigating Body Image Tensions among Gay Men. <i>Canadian Journal of Dietetic Practice and Research</i> , 2021, 82, 115-120.	0.5	2
116	Food for Thought: Engaging Youth in Creative Knowledge Sharing of School Food Experiences. <i>The International Journal of Health, Wellness & Society</i> , 2017, 7, 53-63.	0.1	2
117	Caffeine Intake During Pregnancy, Late Miscarriage, and Stillbirth. <i>Obstetrical and Gynecological Survey</i> , 2010, 65, 492-494.	0.2	1
118	Evaluating an engaged scholarship approach to improve health promotion within the education system. <i>Management in Education</i> , 2020, 34, 16-23.	0.9	1
119	Play-Friendly Communities in Nova Scotia, Canada: A Content Analysis of Physical Activity and Active Transportation Strategies. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2984.	1.2	1
120	Bodies becoming art: Using a Deleuzian approach to explore the bodies and health of gay men. <i>Journal of Applied Arts and Health</i> , 2022, 13, 231-248.	0.2	1
121	Letter to the Editor. <i>Paediatrics and Child Health</i> , 2011, 16, 245-245.	0.3	0
122	Insights from the evaluation of a provincial healthy eating strategy in Nova Scotia, Canada. <i>Public Health Nutrition</i> , 2013, 16, 1870-1878.	1.1	0
123	Glucagon-like peptide-1 agonists for weight loss in people with obesity. <i>Obesity Medicine</i> , 2017, 5, 29-43.	0.5	0
124	Use of Resources for Health Promoting Schools in Rural Nova Scotia. <i>Health Behavior and Policy Review</i> , 2018, 5, 50-56.	0.3	0
125	Exploring the foundation for Collaborative Governance to support early childhood in Nova Scotia. <i>European Early Childhood Education Research Journal</i> , 2020, 28, 582-597.	1.2	0
126	The Good Food for Learning Universal Curriculum-Integrated Healthy School Lunch Intervention: Protocol for a Two-Year Matched Control Pre-Post and Case Study. <i>JMIR Research Protocols</i> , 2021, 10, e30899.	0.5	0

#	ARTICLE	IF	CITATIONS
127	Breastfeeding experiences among mothers living with food insecurity in high resource, Western countries: a qualitative systematic review protocol. JBI Evidence Synthesis, 2021, 19, 675-681.	0.6	0