

# Irfan Ahmed

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8208481/publications.pdf>

Version: 2024-02-01

15  
papers

270  
citations

1937685  
4  
h-index

1372567  
10  
g-index

15  
all docs

15  
docs citations

15  
times ranked

363  
citing authors

#	ARTICLE	IF	CITATIONS
1	Intermittent fasting: eating by the clock for health and exercise performance. <i>BMJ Open Sport and Exercise Medicine</i> , 2022, 8, e001206.	2.9	7
2	Are Circadian Rhythms a New Frontier in Athletic Performance?. <i>Current Sports Medicine Reports</i> , 2022, 21, 5-7.	1.2	5
3	Competing in the Ramadan fasted state: for spirituality, health and performance. <i>British Journal of Sports Medicine</i> , 2022, 56, 1001-1002.	6.7	2
4	“Injury prevention versus performance”: has the time come to mandate the use of mouthguards in all contact sports?. <i>BMJ Open Sport and Exercise Medicine</i> , 2021, 7, e000828.	2.9	9
5	Investigating the effect of mouth guard use on aerobic performance in amateur boxers. <i>Clinical and Experimental Dental Research</i> , 2021, 7, 888-893.	1.9	3
6	COVID-19: Hands, face, space, fresh air ... and exercise! The missing intervention to reduce disease burden. <i>BJGP Open</i> , 2021, 5, BJGPO.2021.0088.	1.8	0
7	325...Concussion knowledge and experience amongst football referees in England. , 2021, , .		0
8	When is it safe to return to exercise post-COVID-19?. <i>British Journal of General Practice</i> , 2020, 70, 580.3-581.	1.4	0
9	COVID-19 “ Is It Time for Exercise Clinicians to Prehabilitate “High Risk” Respiratory Patients?. <i>Current Sports Medicine Reports</i> , 2020, 19, 281-283.	1.2	2
10	Covid-19: prioritising rehabilitation when mortality figures dominate the headlines. <i>BMJ, The</i> , 2020, 370, m3381.	6.0	1
11	Exercise: a persistently underused intervention. <i>BMJ, The</i> , 2020, 370, m3207.	6.0	0
12	Sarcopenia: hand grip dynamometers, the latest addition to the doctor’s bag. <i>British Journal of General Practice</i> , 2020, 70, 279.2-280.	1.4	1
13	COVID-19 “ does exercise prescription and maximal oxygen uptake ( $VO_{2\max}$ ) have a role in risk-stratifying patients?. <i>Clinical Medicine</i> , 2020, 20, 282-284.	1.9	32
14	Investigating The Effect Of Mouth Guard Use On Aerobic Performance In Amateur Boxers.. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 976-976.	0.4	0
15	Artificial intelligence in medicine: current trends and future possibilities. <i>British Journal of General Practice</i> , 2018, 68, 143-144.	1.4	208