

# Stephanie J Crowley

## List of Publications by Year in descending order

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Version: 2024-02-01

59  
papers

3,939  
citations

172207

29  
h-index

205818

48  
g-index

60  
all docs

60  
docs citations

60  
times ranked

3885  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep, circadian rhythms, and delayed phase in adolescence. <i>Sleep Medicine</i> , 2007, 8, 602-612.	0.8	842
2	An update on adolescent sleep: New evidence informing the perfect storm model. <i>Journal of Adolescence</i> , 2018, 67, 55-65.	1.2	369
3	Chronotype Is Independently Associated With Glycemic Control in Type 2 Diabetes. <i>Diabetes Care</i> , 2013, 36, 2523-2529.	4.3	219
4	A Longitudinal Assessment of Sleep Timing, Circadian Phase, and Phase Angle of Entrainment across Human Adolescence. <i>PLoS ONE</i> , 2014, 9, e112199.	1.1	205
5	Combinations of Bright Light, Scheduled Dark, Sunglasses, and Melatonin to Facilitate Circadian Entrainment to Night Shift Work. <i>Journal of Biological Rhythms</i> , 2003, 18, 513-523.	1.4	189
6	Increased Sensitivity of the Circadian System to Light in Early/Mid-Puberty. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 4067-4073.	1.8	172
7	MODIFICATIONS TO WEEKEND RECOVERY SLEEP DELAY CIRCADIAN PHASE IN OLDER ADOLESCENTS. <i>Chronobiology International</i> , 2010, 27, 1469-1492.	0.9	146
8	The Relationship Between Breakfast Skipping, Chronotype, and Glycemic Control in Type 2 Diabetes. <i>Chronobiology International</i> , 2014, 31, 64-71.	0.9	140
9	Preflight Adjustment to Eastward Travel: 3 Days of Advancing Sleep with and without Morning Bright Light. <i>Journal of Biological Rhythms</i> , 2003, 18, 318-328.	1.4	134
10	Estimating Dim Light Melatonin Onset (DLMO) Phase in Adolescents Using Summer or School-Year Sleep/Wake Schedules. <i>Sleep</i> , 2006, 29, 1632-1641.	0.6	133
11	Changes in Sleep Patterns and Depressive Symptoms in First-Time Mothers: Last Trimester to 1-Year Postpartum. <i>Behavioral Sleep Medicine</i> , 2003, 1, 54-67.	1.1	122
12	Advancing Circadian Rhythms Before Eastward Flight: A Strategy to Prevent or Reduce Jet Lag. <i>Sleep</i> , 2005, 28, 33-44.	0.6	120
13	Complete or Partial Circadian Re-entrainment Improves Performance, Alertness, and Mood During Night-Shift Work. <i>Sleep</i> , 2004, 27, 1077-1087.	0.6	102
14	Circadian rhythm phase shifts and endogenous free-running circadian period differ between African-Americans and European-Americans. <i>Scientific Reports</i> , 2015, 5, 8381.	1.6	79
15	Delayed sleep phase disorder in youth. <i>Current Opinion in Psychiatry</i> , 2013, 26, 580-585.	3.1	72
16	Phase advancing human circadian rhythms with morning bright light, afternoon melatonin, and gradually shifted sleep: can we reduce morning bright-light duration?. <i>Sleep Medicine</i> , 2015, 16, 288-297.	0.8	63
17	Human puberty: Salivary melatonin profiles in constant conditions. <i>Developmental Psychobiology</i> , 2012, 54, 468-473.	0.9	58
18	Night shift work is associated with poorer glycaemic control in patients with type 2 diabetes. <i>Journal of Sleep Research</i> , 2017, 26, 764-772.	1.7	53

#	ARTICLE	IF	CITATIONS
19	Workshop report. Circadian rhythm sleep-wake disorders: gaps and opportunities. <i>Sleep</i> , 2021, 44, .	0.6	51
20	Night eating in patients with type 2 diabetes. Associations with glycemic control, eating patterns, sleep, and mood. <i>Appetite</i> , 2014, 79, 91-96.	1.8	49
21	Potential circadian and circannual rhythm contributions to the obesity epidemic in elementary school age children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 25.	2.0	49
22	Human Adolescent Phase Response Curves to Bright White Light. <i>Journal of Biological Rhythms</i> , 2017, 32, 334-344.	1.4	46
23	A week in the life of full-time office workers: Work day and weekend light exposure in summer and winter. <i>Applied Ergonomics</i> , 2015, 46, 193-200.	1.7	45
24	Estimating the dim light melatonin onset of adolescents within a 6-h sampling window: the impact of sampling rate and threshold method. <i>Sleep Medicine</i> , 2016, 20, 59-66.	0.8	45
25	Circadian rhythms of European and African-Americans after a large delay of sleep as in jet lag and night work. <i>Scientific Reports</i> , 2016, 6, 36716.	1.6	41
26	Circadian phase determined from melatonin profiles is reproducible after 1-wk in subjects who sleep later on weekends. <i>Journal of Pineal Research</i> , 2005, 39, 195-200.	3.4	34
27	Melatonin in the afternoons of a gradually advancing sleep schedule enhances the circadian rhythm phase advance. <i>Psychopharmacology</i> , 2013, 225, 825-837.	1.5	34
28	Free-running circadian period in adolescents and adults. <i>Journal of Sleep Research</i> , 2018, 27, e12678.	1.7	34
29	Sex and ancestry determine the free-running circadian period. <i>Journal of Sleep Research</i> , 2017, 26, 547-550.	1.7	33
30	Morning Melatonin Has Limited Benefit as a Soporific For Daytime Sleep After Night Work. <i>Chronobiology International</i> , 2005, 22, 873-888.	0.9	30
31	Relationships among sleep timing, sleep duration and glycemic control in Type 2 diabetes in Thailand. <i>Chronobiology International</i> , 2015, 32, 1469-1476.	0.9	30
32	Sleep and Circadian Rhythms in Adolescence. <i>Current Sleep Medicine Reports</i> , 2019, 5, 181-192.	0.7	23
33	Later sleep timing predicts accelerated summer weight gain among elementary school children: a prospective observational study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 94.	2.0	23
34	Gut microbiota alterations in response to sleep length among African-origin adults. <i>PLoS ONE</i> , 2021, 16, e0255323.	1.1	18
35	Relationship between Intrinsically Photosensitive Ganglion Cell Function and Circadian Regulation in Diabetic Retinopathy. <i>Scientific Reports</i> , 2020, 10, 1560.	1.6	15
36	Advancing the sleep/wake schedule impacts the sleep of African-Americans more than European-Americans. <i>PLoS ONE</i> , 2017, 12, e0186887.	1.1	12

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37	Sleep behavior across the lifespan: How a model can expand our current understanding. <i>Sleep Medicine Reviews</i> , 2016, 28, 1-4.	3.8	11
38	Circadian Phase Advances in Response to Weekend Morning Light in Adolescents With Short Sleep and Late Bedtimes on School Nights. <i>Frontiers in Neuroscience</i> , 2020, 14, 99.	1.4	11
39	Sleep during Adolescence. , 2014, , 45-51.		10
40	Physiological mechanisms underlying children's circannual growth patterns and their contributions to the obesity epidemic in elementary school age children. <i>Obesity Reviews</i> , 2020, 21, e12973.	3.1	10
41	Meal timing relative to DLMO: Associations with BMI and body fat. <i>Sleep Health</i> , 2021, 7, 339-344.	1.3	10
42	Associations between self-reported sleep duration and cardiometabolic risk factors in young African-origin adults from the five-country modeling the epidemiologic transition study (METS). <i>Sleep Health</i> , 2020, 6, 469-477.	1.3	9
43	Late bedtimes prevent circadian phase advances to morning bright light in adolescents. <i>Chronobiology International</i> , 2018, 35, 1748-1752.	0.9	8
44	Relationship between depression, sleep quality, and hypoglycemia among persons with type 2 diabetes. <i>Journal of Clinical and Translational Endocrinology</i> , 2019, 15, 62-64.	1.0	8
45	Sleep and cognitive performance of African-Americans and European-Americans before and during circadian misalignment produced by an abrupt 9-h delay in the sleep/wake schedule. <i>PLoS ONE</i> , 2017, 12, e0186843.	1.1	7
46	Eveningness Is Associated With Greater Depressive Symptoms in Type 2 Diabetes Patients: A Study in Two Different Ethnic Cohorts. <i>Behavioral Sleep Medicine</i> , 2019, 17, 291-301.	1.1	7
47	A developmental perspective on sleep consistency: Preschool age through emerging adulthood. <i>Behavioral Sleep Medicine</i> , 2023, 21, 97-116.	1.1	6
48	What Time Should Middle and High School Students Start School?. <i>Journal of Biological Rhythms</i> , 2019, 34, 576-578.	1.4	5
49	Seasonality of Children's Height and Weight and Their Contribution to Accelerated Summer Weight Gain. <i>Frontiers in Physiology</i> , 2022, 13, .	1.3	4
50	Light and Melatonin Treatment for Jet Lag Disorder. , 2013, , 74-80.		1
51	Light and melatonin treatment for jet lag. , 2023, , 691-698.		1
52	Evaluation of a Circadian Rhythm and Sleep-Focused Mobile Health Intervention for the Prevention of Accelerated Summer Weight Gain Among Elementary School-Age Children: Protocol for a Randomized Controlled Feasibility Study. <i>JMIR Research Protocols</i> , 2022, 11, e37002.	0.5	1
53	Light and Melatonin Treatment for Jet Lag Disorder. , 2017, , .		0
54	0260 Shifting Late- And Short-sleeping Teens Earlier. <i>Sleep</i> , 2019, 42, A106-A106.	0.6	0

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55	0046 Is Eating Close to the Dim Light Melatonin Onset Associated with Body Mass Index?. Sleep, 2019, 42, A19-A19.	0.6	0
56	0261 Shifting Circadian Phase and School-night Bedtime Earlier Improves Visual Creativity and Inhibition in Adolescents. Sleep, 2019, 42, A106-A107.	0.6	0
57	0799 Acceptability of Weekend Morning Bright Light and Earlier School-Night Bedtimes among Adolescents. Sleep, 2019, 42, A321-A321.	0.6	0
58	Sleep Patterns and Challenges. , 2011, , 300-308.		0
59	Circadian Rhythm Sleep Disorders in Adolescents. , 2013, , 107-112.		0