

Andrzej Mastalerz

List of Publications by Year in descending order

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Version: 2024-02-01

44
papers

197
citations

1478505

6
h-index

1281871

11
g-index

58
all docs

58
docs citations

58
times ranked

221
citing authors

#	ARTICLE	IF	CITATIONS
1	Effectiveness of the Power Dry-Land Training Programmes in Youth Swimmers. <i>Journal of Human Kinetics</i> , 2012, 32, 77-86.	1.5	28
2	Benefits of Bandwidth Feedback in Learning a Complex Gymnastic Skill. <i>Journal of Human Kinetics</i> , 2013, 37, 183-193.	1.5	17
3	The effects of combining focus of attention and autonomy support on shot accuracy in the penalty kick. <i>PLoS ONE</i> , 2019, 14, e0213487.	2.5	16
4	The interactions between interleukin-1 family genes: IL1A, IL1B, IL1RN, and obesity parameters. <i>BMC Genomics</i> , 2022, 23, 112.	2.8	10
5	IL-6 Polymorphisms Are Not Related to Obesity Parameters in Physically Active Young Men. <i>Genes</i> , 2021, 12, 1498.	2.4	9
6	Biomechanical Analysis of Successful and Unsuccessful Snatch Lifts in Elite Female Weightlifters. <i>Journal of Human Kinetics</i> , 2019, 68, 69-79.	1.5	8
7	Transfer of Dry-Land Resistance Training Modalities to Swimming Performance. <i>Journal of Human Kinetics</i> , 2020, 74, 195-203.	1.5	8
8	Evaluation of selected indices of gait asymmetry for the assessment of running asymmetry. <i>Gait and Posture</i> , 2021, 86, 1-6.	1.4	7
9	Effects of the cycloergometer exercises on power and jumping ability measured during jumps performed on a dynamometric platform. <i>Biology of Sport</i> , 2010, 27, 35-40.	3.2	7
10	Maximal Grip Force During Holding A Cylindrical Handle with Different Diameters. <i>Human Movement</i> , 2009, 10, .	0.9	5
11	The Effectiveness of Different Types of Verbal Feedback on Learning Complex Movement Tasks. <i>Human Movement</i> , 2013, 14, .	0.9	5
12	FABP2 Ala54Thr Polymorphism and Post-Training Changes of Body Composition and Biochemical Parameters in Caucasian Women. <i>Genes</i> , 2021, 12, 954.	2.4	5
13	Asymmetry Indices in Female Runners as Predictors of Running Velocity. <i>Polish Journal of Sport and Tourism</i> , 2019, 26, 3-8.	0.4	5
14	The Effects of Different Types of Verbal Feedback on Learning a Complex Movement Task. <i>Polish Journal of Sport and Tourism</i> , 2011, 18, 308-310.	0.4	4
15	The Effects Of Swimming And Dry-Land Resistance Training Programme On Non-Swimmers. <i>Polish Journal of Sport and Tourism</i> , 2015, 22, 35-40.	0.4	4
16	Postural stability pattern as an important safety factor of firefighters. <i>Work</i> , 2019, 62, 469-476.	1.1	4
17	Effect of a strength or hypertrophy training protocol, each performed using two different modes of resistance, on biomechanical, biochemical and anthropometric parameters. <i>Biology of Sport</i> , 2020, 37, 85-91.	3.2	4
18	The Hamstring/Quadriceps Ratio in Young Men and Its Relationship with the Functional Symmetry of the Lower Limb in Young Men. <i>Symmetry</i> , 2021, 13, 2033.	2.2	4

#	ARTICLE	IF	CITATIONS
19	The influence of the run intensity on bioelectrical activity of selected human leg muscles. Acta of Bioengineering and Biomechanics, 2012, 14, 101-7.	0.4	4
20	Effect of the Neurofeedback-EEG Training During Physical Exercise on the Range of Mental Work Performance and Individual Physiological Parameters in Swimmers. Applied Psychophysiology Biofeedback, 2020, 45, 49-55.	1.7	3
21	The Symmetry of Fatigue of Lower Limb Muscles in 400 m Run Based on Electromyography Signals. Symmetry, 2021, 13, 1698.	2.2	3
22	The Relationship Between Biomechanical Indicators of the Snatch Technique and Female Weightlifters' Levels. Polish Journal of Sport and Tourism, 2015, 21, 218-222.	0.4	3
23	Velocities and joint angles during double backward stretched salto performed with stable landing and in combination with tempo salto. Biology of Sport, 2009, 26, 87-101.	3.2	3
24	Association between peroxisome proliferator-activated receptor-alpha, -delta and -gamma gene (PPARA,) Tj ETQq0 0 0 rgBT /Overlock 10 2021, 38, 767-776.	3.2	3
25	Variability of Performance and Kinematics of Different Shot Put Techniques in Elite and Sub-Elite Athletesâ€™ A Preliminary Study. International Journal of Environmental Research and Public Health, 2022, 19, 1751.	2.6	3
26	The Influence of Different Training Conditions on the Kinematics of Long Jump-Specific Exercise in Young Female Jumpers. Polish Journal of Sport and Tourism, 2015, 22, 241-246.	0.4	2
27	Effects of Surface Type on Balance Control Strategies in Handstand. Polish Journal of Sport and Tourism, 2020, 27, 3-6.	0.4	2
28	Contralateral effects after power training of isolated muscles in women. Acta of Bioengineering and Biomechanics, 2010, 12, 65-71.	0.4	2
29	The Influence of FTO, FABP2, LEP, LEPR, and MC4R Genes on Obesity Parameters in Physically Active Caucasian Men. International Journal of Environmental Research and Public Health, 2022, 19, 6030.	2.6	2
30	Use of a variable-cam for strength training of the elbow flexors. Isokinetics and Exercise Science, 2015, 23, 161-168.	0.4	1
31	Comparison of changes in the load components for intense training on two machines: with a variable-cam and with a disc plate. Journal of Sports Medicine and Physical Fitness, 2017, 57, 782-789.	0.7	1
32	THE EFFECT OF SELF-CONTROLLED AND EXPERIMENTER-CONTROLLED FREQUENCY OF MODEL DEMONSTRATION ON LEARNING A COMPLEX GYMNASTIC ROUTINE. Acta Kinesiologica, 2021, , .	0.2	1
33	Posture and power of quorums muscles of young volleyball players. Polish Journal of Sports Medicine, 2012, 28, 27-37.	0.1	1
34	Effect of two Backpack Designs on Cop Displacement and Plantar Force Distribution in Children during Upright Stance. Polish Journal of Sport and Tourism, 2016, 23, 123-126.	0.4	1
35	Comparison of ground reaction forces during the Basic Step on the Core Board platform at various levels of stability. Acta of Bioengineering and Biomechanics, 2016, 18, 63-70.	0.4	1
36	Efficiency of single and multiple-joint exercises in high intensity training. Gait and Posture, 2009, 30, S148-S149.	1.4	0

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37	Biomechanical Criterions to Estimate Round-Off Tucked Performance Among Acrobats Aged 10-11. Polish Journal of Sport and Tourism, 2011, 18, 296-299.	0.4	0
38	The effect of the menstrual cycle on collagen metabolism, growth hormones and strength in young physically active women. Biology of Sport, 2021, 38, 721-728.	3.2	0
39	Cross education after power training. IFMBE Proceedings, 2009, , 2153-2156.	0.3	0
40	Symmetry during the take-off phase of countermovement jump in fencers. Revista De Artes Marciales Asiáticas, 2016, 11, 26.	0.9	0
41	Direction and Velocity of the Ball in Volleyball Spike Depending on Location on Court. Polish Journal of Sport and Tourism, 2018, 25, 3-7.	0.4	0
42	The effect of unilateral training on contralateral limb power in young women and men. Biology of Sport, 2020, 37, 443-448.	3.2	0
43	Association of Interleukin Genes IL10 and IL10RB with Parameters of Overweight in Military Students. Genes, 2022, 13, 291.	2.4	0
44	Evaluation of the effectiveness of training on a machine with a variable-cam. Acta of Bioengineering and Biomechanics, 2013, 15, 93-102.	0.4	0