

Esther M Gonzalez-Gil

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

54
papers

649
citations

14
h-index

23
g-index

56
ext. papers

904
ext. citations

4.8
avg, IF

3.24
L-index

#	Paper	IF	Citations
54	Parental insulin resistance is associated with unhealthy lifestyle behaviours independently of body mass index in children: The Feel4Diabetes study.. <i>European Journal of Pediatrics</i> , 2022 , 1	4.1	0
53	Frequency of family meals and food consumption in families at high risk of type 2 diabetes: the Feel4Diabetes-study.. <i>European Journal of Pediatrics</i> , 2022 , 1	4.1	0
52	Prepubertal Children With Metabolically Healthy Obesity or Overweight Are More Active Than Their Metabolically Unhealthy Peers Irrespective of Weight Status: GENOBOX Study.. <i>Frontiers in Nutrition</i> , 2022 , 9, 821548	6.2	
51	The Vitamin D Decrease in Children with Obesity Is Associated with the Development of Insulin Resistance during Puberty: The PUBMEP Study.. <i>Nutrients</i> , 2021 , 13,	6.7	1
50	Evaluation of Sedentary Behavior and Physical Activity Levels Using Different Accelerometry Protocols in Children from the GENOBOX Study. <i>Sports Medicine - Open</i> , 2021 , 7, 86	6.1	0
49	Food portion sizes, obesity, and related metabolic complications in children and adolescents. <i>Nutricion Hospitalaria</i> , 2021 , 38, 169-176	1	1
48	Contribution of home availability, parental child-feeding practices and health beliefs on children's sweets and salty snacks consumption in Europe: Feel4Diabetes-Study. <i>British Journal of Nutrition</i> , 2021 , 1-27	3.6	0
47	The Association between Portion Sizes from High-Energy-Dense Foods and Body Composition in European Adolescents: The HELENA Study. <i>Nutrients</i> , 2021 , 13,	6.7	3
46	The Influence of Parental Dietary Behaviors and Practices on Children's Eating Habits. <i>Nutrients</i> , 2021 , 13,	6.7	7
45	Improving cardiorespiratory fitness protects against inflammation in children: the IDEFICS study. <i>Pediatric Research</i> , 2021 ,	3.2	2
44	Longitudinal Associations between Food Parenting Practices and Dietary Intake in Children: The Feel4Diabetes Study. <i>Nutrients</i> , 2021 , 13,	6.7	2
43	Prospective physical fitness status and development of cardiometabolic risk in children according to body fat and lifestyle behaviours: The IDEFICS study. <i>Pediatric Obesity</i> , 2021 , 16, e12819	4.6	1
42	European Childhood Obesity Risk Evaluation (CORE) index based on perinatal factors and maternal sociodemographic characteristics: the Feel4Diabetes-study. <i>European Journal of Pediatrics</i> , 2021 , 180, 2549-2561	4.1	2
41	Impaired metabolic health over-time and high abdominal fat are prospectively associated with high-sensitivity C-reactive protein in children: The IDEFICS study. <i>Pediatric Obesity</i> , 2021 , 16, e12817	4.6	
40	Cardiometabolic Risk is Positively Associated with Underreporting and Inversely Associated with Overreporting of Energy Intake Among European Adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) Study. <i>Journal of Nutrition</i> , 2021 , 151, 675-684	4.1	1
39	The effect of a cluster-randomized controlled trial on lifestyle behaviors among families at risk for developing type 2 diabetes across Europe: the Feel4Diabetes-study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 86	8.4	1
38	Cost-effectiveness analysis of a school- and community-based intervention to promote a healthy lifestyle and prevent type 2 diabetes in vulnerable families across Europe: the Feel4Diabetes-study. <i>Preventive Medicine</i> , 2021 , 153, 106722	4.3	

37	Free Sugar Consumption and Obesity in European Adolescents: The HELENA Study. <i>Nutrients</i> , 2020 , 12,	6.7	5
36	Effective strategies for childhood obesity prevention via school based, family involved interventions: a critical review for the development of the Feel4Diabetes-study school based component. <i>BMC Endocrine Disorders</i> , 2020 , 20, 52	3.3	15
35	Evaluation of the Predictive Ability, Environmental Regulation and Pharmacogenetics Utility of a BMI-Predisposing Genetic Risk Score during Childhood and Puberty. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	1
34	Effect of Lifestyle Intervention in the Concentration of Adipoquines and Branched Chain Amino Acids in Subjects with High Risk of Developing Type 2 Diabetes: Feel4Diabetes Study. <i>Cells</i> , 2020 , 9,	7.9	4
33	Development and reliability of questionnaires for the assessment of diet and physical activity behaviors in a multi-country sample in Europe the Feel4Diabetes Study. <i>BMC Endocrine Disorders</i> , 2020 , 20, 135	3.3	10
32	Methodology of the health economic evaluation of the Feel4Diabetes-study. <i>BMC Endocrine Disorders</i> , 2020 , 20, 14	3.3	1
31	Changes in Physical Activity Patterns from Childhood to Adolescence: Genobox Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
30	Dietary Patterns and Their Association with Body Composition and Cardiometabolic Markers in Children and Adolescents: Genobox Cohort. <i>Nutrients</i> , 2020 , 12,	6.7	8
29	Antioxidants and Oxidative Stress in Children: Influence of Puberty and Metabolically Unhealthy Status. <i>Antioxidants</i> , 2020 , 9,	7.1	9
28	Serum 25-hydroxyvitamin D levels and its relationship with sex hormones, puberty and obesity degree in children and adolescents. <i>Child and Adolescent Obesity</i> , 2020 , 3, 150-169	1.1	1
27	Predictive associations between lifestyle behaviours and dairy consumption: The IDEFICS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 514-522	4.5	14
26	Healthy eating determinants and dietary patterns in European adolescents: the HELENA study. <i>Child and Adolescent Obesity</i> , 2019 , 2, 18-39	1.1	5
25	Diet as moderator in the association of adiposity with inflammatory biomarkers among adolescents in the HELENA study. <i>European Journal of Nutrition</i> , 2019 , 58, 1947-1960	5.2	12
24	Diet as a moderator in the association of sedentary behaviors with inflammatory biomarkers among adolescents in the HELENA study. <i>European Journal of Nutrition</i> , 2019 , 58, 2051-2065	5.2	12
23	Do physical activity and screen time mediate the association between European fathers and their children's weight status? Cross-sectional data from the Feel4Diabetes-study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 100	8.4	3
22	Is the Measurement of Blood Pressure by Automatic Monitor in the South American Pediatric Population Accurate? SAYCARE Study. <i>Obesity</i> , 2018 , 26 Suppl 1, S41-S46	8	3
21	Mediterranean diet, diet quality, and bone mineral content in adolescents: the HELENA study. <i>Osteoporosis International</i> , 2018 , 29, 1329-1340	5.3	6
20	Associations between a Mediterranean diet pattern and inflammatory biomarkers in European adolescents. <i>European Journal of Nutrition</i> , 2018 , 57, 1747-1760	5.2	31

19	Prospective associations between dietary patterns and high sensitivity C-reactive protein in European children: the IDEFICS study. <i>European Journal of Nutrition</i> , 2018 , 57, 1397-1407	5.2	11
18	Inflammation in metabolically healthy and metabolically abnormal adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018 , 28, 77-83	4.5	15
17	The Association between Children and Parents Co-TV Viewing and Their Total Screen Time in Six European Countries: Cross-Sectional Data from the Feel4diabetes-Study. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	9
16	Barriers from Multiple Perspectives Towards Physical Activity, Sedentary Behaviour, Physical Activity and Dietary Habits When Living in Low Socio-Economic Areas in Europe. The Feel4Diabetes Study. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	6
15	Folate and vitamin B12 concentrations are associated with plasma DHA and EPA fatty acids in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study. <i>British Journal of Nutrition</i> , 2017 , 117, 124-133	3.6	15
14	Analysis of the association of leptin and adiponectin concentrations with metabolic syndrome in children: Results from the IDEFICS study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 543-551	4.5	28
13	Ideal cardiovascular health and inflammation in European adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 447-455	4.5	10
12	Association between dietary inflammatory index and inflammatory markers in the HELENA study. <i>Molecular Nutrition and Food Research</i> , 2017 , 61, 1600707	5.9	118
11	Inflammation and insulin resistance according to body composition in European adolescents: the HELENA study. <i>Nutricion Hospitalaria</i> , 2017 , 34, 1033-1043	1	6
10	Food intake and inflammation in European children: the IDEFICS study. <i>European Journal of Nutrition</i> , 2016 , 55, 2459-2468		19
9	Whole-blood fatty acids and inflammation in European children: the IDEFICS Study. <i>European Journal of Clinical Nutrition</i> , 2016 , 70, 819-23	5.2	7
8	Intake of water and beverages of children and adolescents in 13 countries. <i>European Journal of Nutrition</i> , 2015 , 54 Suppl 2, 69-79	5.2	57
7	Total fluid intake of children and adolescents: cross-sectional surveys in 13 countries worldwide. <i>European Journal of Nutrition</i> , 2015 , 54 Suppl 2, 57-67	5.2	49
6	Establishing a method to estimate the cost-effectiveness of a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. <i>Obesity Reviews</i> , 2014 , 15 Suppl 3, 81-9	10.6	15
5	C-reactive protein reference percentiles among pre-adolescent children in Europe based on the IDEFICS study population. <i>International Journal of Obesity</i> , 2014 , 38 Suppl 2, S26-31	5.5	19
4	Reliability of primary caregivers reports on lifestyle behaviours of European pre-school children: the ToyBox-study. <i>Obesity Reviews</i> , 2014 , 15 Suppl 3, 61-6	10.6	36
3	High-sensitivity C-reactive protein is a predictive factor of adiposity in children: results of the identification and prevention of dietary- and lifestyle-induced health effects in children and infants (IDEFICS) study. <i>Journal of the American Heart Association</i> , 2013 , 2, e000101	6	36
2	Serum transaminases concentrations in obese children and adolescents. <i>Journal of Physiology and Biochemistry</i> , 2009 , 65, 51-9	5	13

- 1 Abdominal fat and metabolic risk in obese children and adolescents. *Journal of Physiology and Biochemistry*, **2009**, 65, 415-20 5 13