

# Birinder S Cheema

## List of Publications by Citations

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**Version:** 2024-04-27

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

19  
papers

529  
citations

12  
h-index

19  
g-index

19  
ext. papers

657  
ext. citations

4.6  
avg, IF

3.78  
L-index

#	Paper	IF	Citations
19	Safety and efficacy of progressive resistance training in breast cancer: a systematic review and meta-analysis. <i>Breast Cancer Research and Treatment</i> , <b>2014</b> , 148, 249-68	4.4	84
18	Multi-omic integrated networks connect DNA methylation and miRNA with skeletal muscle plasticity to chronic exercise in Type 2 diabetic obesity. <i>Physiological Genomics</i> , <b>2014</b> , 46, 747-65	3.6	72
17	Effect of progressive resistance training on measures of skeletal muscle hypertrophy, muscular strength and health-related quality of life in patients with chronic kidney disease: a systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1125-38	10.6	71
16	The effect of resistance training on markers of immune function and inflammation in previously sedentary women recovering from breast cancer: a randomized controlled trial. <i>Breast Cancer Research and Treatment</i> , <b>2016</b> , 155, 471-82	4.4	63
15	Combined Lifestyle and Herbal Medicine in Overweight Women with Polycystic Ovary Syndrome (PCOS): A Randomized Controlled Trial. <i>Phytotherapy Research</i> , <b>2017</b> , 31, 1330-1340	6.7	43
14	Resistance training improves fatigue and quality of life in previously sedentary breast cancer survivors: a randomised controlled trial. <i>European Journal of Cancer Care</i> , <b>2016</b> , 25, 784-94	2.4	40
13	Progressive Resistance Training in End-Stage Renal Disease: Systematic Review. <i>American Journal of Nephrology</i> , <b>2016</b> , 44, 32-45	4.6	37
12	Exercise physiologists emerge as allied healthcare professionals in the era of non-communicable disease pandemics: a report from Australia, 2006-2012. <i>Sports Medicine</i> , <b>2014</b> , 44, 869-77	10.6	27
11	Effect of a 16-week Bikram yoga program on perceived stress, self-efficacy and health-related quality of life in stressed and sedentary adults: A randomised controlled trial. <i>Journal of Science and Medicine in Sport</i> , <b>2018</b> , 21, 352-357	4.4	23
10	Progressive resistance training in polycystic ovary syndrome: can pumping iron improve clinical outcomes?. <i>Sports Medicine</i> , <b>2014</b> , 44, 1197-207	10.6	14
9	No relationship between body mass index and changes in pain and disability after exercise rehabilitation for patients with mild to moderate chronic low back pain. <i>Spine</i> , <b>2013</b> , 38, 2190-5	3.3	13
8	Investigation of the Dietary Intake and Health Status in East Africa in the 1960s: A Systematic Review of the Historic Oltersdorf Collection. <i>Ecology of Food and Nutrition</i> , <b>2008</b> , 47, 1-43	1.9	12
7	Development, feasibility, and efficacy of a customized exercise device to deliver intradialytic resistance training in patients with end stage renal disease: Non-randomized controlled crossover trial. <i>Hemodialysis International</i> , <b>2016</b> , 20, 650-660	1.7	10
6	An Interactive Web Portal for Tracking Oncology Patient Physical Activity and Symptoms: Prospective Cohort Study. <i>JMIR Cancer</i> , <b>2018</b> , 4, e11978	3.2	7
5	Feasibility of an Interactive Patient Portal for Monitoring Physical Activity, Remote Symptom Reporting, and Patient Education in Oncology: Qualitative Study. <i>JMIR Cancer</i> , <b>2019</b> , 5, e15539	3.2	6
4	Predictors of and barriers to adherence in a 16-week randomised controlled trial of Bikram yoga in stressed and sedentary adults. <i>Complementary Therapies in Medicine</i> , <b>2019</b> , 42, 374-380	3.5	3
3	A potent liver-mediated mechanism for loss of muscle mass during androgen deprivation therapy. <i>Endocrine Connections</i> , <b>2019</b> , 8, 605-615	3.5	2

2	Development of a Web Portal for Physical Activity and Symptom Tracking in Oncology Patients: Protocol for a Prospective Cohort Study. <i>JMIR Research Protocols</i> , <b>2018</b> , 7, e136	2	1
1	Supportive Care Interventions for People With Cancer Assisted by Digital Technology: Systematic Review. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e24722	7.6	1