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List of Publications by Year in descending order

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Version: 2024-02-01

32
papers

921
citations

758635

12
h-index

476904

29
g-index

34
all docs

34
docs citations

34
times ranked

1494
citing authors

#	ARTICLE	IF	CITATIONS
1	A Multicomponent Exercise Intervention that Reverses Frailty and Improves Cognition, Emotion, and Social Networking in the Community-Dwelling Frail Elderly: A Randomized Clinical Trial. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 426-433.	1.2	362
2	Beneficial Effects of Leucine Supplementation on Criteria for Sarcopenia: A Systematic Review. <i>Nutrients</i> , 2019, 11, 2504.	1.7	67
3	Biology of frailty: Modulation of ageing genes and its importance to prevent age-associated loss of function. <i>Molecular Aspects of Medicine</i> , 2016, 50, 88-108.	2.7	58
4	Effects of Leucine Administration in Sarcopenia: A Randomized and Placebo-controlled Clinical Trial. <i>Nutrients</i> , 2020, 12, 932.	1.7	58
5	Nutritional Status and Risk Factors for Frailty in Community-Dwelling Older People: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 1041.	1.7	35
6	Preferred Music Listening Intervention in Nursing Home Residents with Cognitive Impairment: A Randomized Intervention Study. <i>Journal of Alzheimer's Disease</i> , 2019, 70, 433-442.	1.2	25
7	Risk Factors and Number of Falls as Determinants of Quality of Life of Community-Dwelling Older Adults. <i>Journal of Geriatric Physical Therapy</i> , 2019, 42, 63-72.	0.6	25
8	Factors Affecting Attitudes towards Older People in Undergraduate Nursing Students. <i>Healthcare (Switzerland)</i> , 2021, 9, 1231.	1.0	25
9	Changes in Salivary Amylase and Glucose in Diabetes: A Scoping Review. <i>Diagnostics</i> , 2021, 11, 453.	1.3	24
10	Delirium Assessment in Older People in Emergency Departments. A Literature Review. <i>Diseases (Basel)</i> , 2021, 10, 1020.	1.0	20
11	Interventions to improve attitudes toward older people in undergraduate health and social sciences students. A systematic review and meta-analysis. <i>Nurse Education Today</i> , 2022, 110, 105269.	1.4	20
12	Improved Nutritional Knowledge in the Obese Adult Population Modifies Eating Habits and Serum and Anthropometric Markers. <i>Nutrients</i> , 2020, 12, 3355.	1.7	17
13	The Role of Imaging Biomarkers in the Assessment of Sarcopenia. <i>Diagnostics</i> , 2020, 10, 534.	1.3	15
14	Factors associated with fear of falling among frail older adults. <i>Geriatric Nursing</i> , 2021, 42, 1035-1041.	0.9	15
15	A predictive model of isolated and recurrent falls in functionally independent community-dwelling older adults. <i>Brazilian Journal of Physical Therapy</i> , 2019, 23, 19-26.	1.1	14
16	Delirium Predisposing and Triggering Factors in Nursing Home Residents: A Cohort Trial-Nested Case-Control Study. <i>Journal of Alzheimer's Disease</i> , 2019, 70, 1113-1122.	1.2	14
17	Protective Effects of Foam Rolling against Inflammation and Notexin Induced Muscle Damage in Rats. <i>International Journal of Medical Sciences</i> , 2020, 17, 71-81.	1.1	14
18	A one-year proprioceptive exercise programme reduces the incidence of falls in community-dwelling elderly people: A before-after non-randomised intervention study. <i>Maturitas</i> , 2016, 94, 155-160.	1.0	13

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19	Efficacy of manual therapy on anxiety and depression in patients with tension-type headache. A randomized controlled clinical trial. <i>International Journal of Osteopathic Medicine</i> , 2016, 22, 11-20.	0.4	13
20	Blood zinc levels and cognitive and functional evaluation in non-demented older patients. <i>Experimental Gerontology</i> , 2018, 108, 28-34.	1.2	12
21	EQ-5D-3L for Assessing Quality of Life in Older Nursing Home Residents with Cognitive Impairment. <i>Life</i> , 2020, 10, 100.	1.1	12
22	Effectiveness of the PROMUFRA program in pre-frail, community-dwelling older people: A randomized controlled trial. <i>Geriatric Nursing</i> , 2021, 42, 582-591.	0.9	11
23	Respiratory Muscle Strengths and Their Association with Lean Mass and Handgrip Strengths in Older Institutionalized Individuals. <i>Journal of Clinical Medicine</i> , 2020, 9, 2727.	1.0	9
24	A home-based exercise program focused on proprioception to reduce falls in frail and pre-frail community-dwelling older adults. <i>Geriatric Nursing</i> , 2020, 41, 436-444.	0.9	9
25	The Impact of Charlson Comorbidity Index on the Functional Capacity of COVID-19 Survivors: A Prospective Cohort Study with One-Year Follow-Up. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7473.	1.2	7
26	Interventions to Improve Health among Reproductive-Age Women of Low Health Literacy: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7405.	1.2	6
27	Health-Related Quality of Life in Community-Dwelling Older People with Cognitive Impairment: EQ-5D-3L Measurement Properties. <i>Journal of Alzheimer's Disease</i> , 2020, 77, 1523-1532.	1.2	6
28	A Predictive Model of the Prevalence of Delirium in Elderly Subjects Admitted to Nursing Homes. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2018, 18, 355-361.	0.6	4
29	FallSkip device is a useful tool for fall risk assessment in sarcopenic older community people. <i>International Journal of Older People Nursing</i> , 2022, 17, e12431.	0.6	3
30	Relationship between the Risk of Falling and Prescribed Medication in Community-Dwelling Elderly Subjects. <i>Advances in Pharmacology and Pharmacy</i> , 2013, 1, 29-36.	0.1	3
31	Identification through the Manchester Triage System of the older population at risk of delirium: A case-control study. <i>Journal of Clinical Nursing</i> , 2022, , .	1.4	3
32	Frailty Status Improvement after 5-Month Multicomponent Program PROMUFRA in Community-Dwelling Older People: A Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 4077.	1.0	2