

# Paul Kelly

## List of Publications by Year in descending order

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Version: 2024-02-01

95  
papers

6,429  
citations

126708

33  
h-index

71532

76  
g-index

96  
all docs

96  
docs citations

96  
times ranked

8754  
citing authors

#	ARTICLE	IF	CITATIONS
1	Benefits outweigh the risks: a consensus statement on the risks of physical activity for people living with long-term conditions. <i>British Journal of Sports Medicine</i> , 2022, 56, 427-438.	3.1	36
2	Population level physical activity before and during the first national COVID-19 lockdown: A nationally representative repeat cross-sectional study of 5 years of Active Lives data in England. <i>Lancet Regional Health - Europe</i> , The, 2022, 12, 100265.	3.0	44
3	Public attitudes to, and perceived impacts of 20mph (32km/h) speed limits in Edinburgh: An exploratory study using the Speed Limits Perceptions Survey (SLIPS). <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2022, 84, 99-113.	1.8	3
4	Measuring Productivity, Perceived Stress and Work Engagement of a Nationally Delivered Workplace Step Count Challenge. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1843.	1.2	2
5	Declines in Physical Activity among New Zealand Adults during the COVID-19 Pandemic: Longitudinal Analyses of Five Data Waves from Pre-Pandemic through April 2021. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4041.	1.2	3
6	Association Between Physical Activity and Risk of Depression. <i>JAMA Psychiatry</i> , 2022, 79, 550.	6.0	264
7	Continuous walking and time- and intensity-matched interval walking: Cardiometabolic demand and post-exercise enjoyment in insufficiently active, healthy adults. <i>Journal of Sports Sciences</i> , 2021, 39, 23-30.	1.0	2
8	The relationships between rugby union, and health and well-being: a scoping review. <i>British Journal of Sports Medicine</i> , 2021, 55, 319-326.	3.1	20
9	Physical activity self-reports: past or future?. <i>British Journal of Sports Medicine</i> , 2021, 55, 889-890.	3.1	30
10	Understanding Leisure Centre-Based Physical Activity after Physical Activity Referral: Evidence from Scheme Participants and Completers in Northumberland UK. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2957.	1.2	3
11	The Contribution of Leisure Center Usage to Physical Activity in the United Kingdom: Evidence From a Large Population-Based Cohort. <i>Journal of Physical Activity and Health</i> , 2021, 18, 382-390.	1.0	2
12	Eight Investments That Work for Physical Activity. <i>Journal of Physical Activity and Health</i> , 2021, 18, 625-630.	1.0	71
13	Do Framed Mental Health Messages on Social Media Influence University Students' Motivation for Physical Activity?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8671.	1.2	7
14	A modified Delphi study to enhance and gain international consensus on the Physical Activity Messaging Framework (PAMF) and Checklist (PAMC). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 108.	2.0	7
15	Quantifying the health and economic benefits of active commuting in scotland. <i>Journal of Transport and Health</i> , 2021, 22, 101111.	1.1	10
16	Adaptation and testing of a microscale audit tool to assess liveability using google street view: MAPS-liveability. <i>Journal of Transport and Health</i> , 2021, 22, 101226.	1.1	7
17	Use of natural experimental studies to evaluate 20mph speed limits in two major UK cities. <i>Journal of Transport and Health</i> , 2021, 22, 101141.	1.1	10
18	Barriers and facilitators to implementing community-based physical activity interventions: a qualitative systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 118.	2.0	27

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19	Infographic. Infographic and digital resources: the relationships between rugby union, and health and well-being. <i>British Journal of Sports Medicine</i> , 2021, 55, 568-569.	3.1	1
20	Interventions for Reducing Sedentary Behavior in People With Stroke. <i>Stroke</i> , 2021, 52, e846-e847.	1.0	0
21	The Physical Activity Messaging Framework (PAMF) and Checklist (PAMC): International consensus statement and user guide. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 164.	2.0	6
22	Evaluating the citywide Edinburgh 20mph speed limit intervention effects on traffic speed and volume: A pre-post observational evaluation. <i>PLoS ONE</i> , 2021, 16, e0261383.	1.1	6
23	Effects of 20 mph interventions on a range of public health outcomes: A meta-narrative evidence synthesis. <i>Journal of Transport and Health</i> , 2020, 17, 100633.	1.1	19
24	“WALK30X5” a feasibility study of a physiotherapy walking programme for people with mild to moderate musculoskeletal conditions. <i>Physiotherapy</i> , 2020, 107, 275-285.	0.2	4
25	Testing Self-Report Time-Use Diaries against Objective Instruments in Real Time. <i>Sociological Methodology</i> , 2020, 50, 318-349.	1.4	31
26	We are failing to improve the evidence base for “exercise referral”™: how a physical activity referral scheme taxonomy can help. <i>British Journal of Sports Medicine</i> , 2020, 54, 696-697.	3.1	5
27	Integrated Impact Assessment of Active Travel: Expanding the Scope of the Health Economic Assessment Tool (HEAT) for Walking and Cycling. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7361.	1.2	25
28	Metabolomics, physical activity, exercise and health: A review of the current evidence. <i>Biochimica Et Biophysica Acta - Molecular Basis of Disease</i> , 2020, 1866, 165936.	1.8	77
29	Maximising the impact of global and national physical activity guidelines: the critical role of communication strategies. <i>British Journal of Sports Medicine</i> , 2020, 54, 1463-1467.	3.1	27
30	The impact of e-cycling on travel behaviour: A scoping review. <i>Journal of Transport and Health</i> , 2020, 19, 100910.	1.1	63
31	A modified Delphi study to gain consensus for a taxonomy to report and classify physical activity referral schemes (PARS). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 158.	2.0	17
32	A Scoping Review of the Relationship between Running and Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8059.	1.2	46
33	Maximising and evaluating the uptake, use and impact of golf and health studies. <i>British Journal of Sports Medicine</i> , 2020, 54, 1217-1224.	3.1	3
34	Use of the prevented fraction for the population to determine deaths averted by existing prevalence of physical activity: a descriptive study. <i>The Lancet Global Health</i> , 2020, 8, e920-e930.	2.9	86
35	The effect of smartphone application interventions on physical activity level among university/college students: a systematic review protocol. <i>Physical Therapy Reviews</i> , 2020, 25, 135-142.	0.3	5
36	Beyond cycle lanes and large-scale infrastructure: a scoping review of initiatives that groups and organisations can implement to promote cycling for the Cycle Nation Project. <i>British Journal of Sports Medicine</i> , 2020, 54, 1405-1415.	3.1	19

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37	Get the message? A scoping review of physical activity messaging. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 51.	2.0	78
38	Responsiveness of Device-Based and Self-Report Measures of Physical Activity to Detect Behavior Change in Men Taking Part in the Football Fans in Training (FFIT) Program. <i>Journal for the Measurement of Physical Behaviour</i> , 2020, 3, 67-77.	0.5	2
39	Epidemiology report: trends in sex-specific cerebrovascular disease mortality in Europe based on WHO mortality data. <i>European Heart Journal</i> , 2019, 40, 755-764.	1.0	78
40	“When I Go There, I Feel Like I Can Be Myself.” Exploring Programme Theory within the Wave Project Surf Therapy Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2159.	1.2	20
41	Infographic. Walking on sunshine: scoping review of the evidence for walking and mental health. <i>British Journal of Sports Medicine</i> , 2019, 53, 903-904.	3.1	0
42	Establishing a causal link between social relationships and health using the Bradford Hill Guidelines. <i>SSM - Population Health</i> , 2019, 8, 100402.	1.3	35
43	Infographic. Self-rated walking pace and all-cause, cardiovascular disease and cancer mortality: individual participant pooled analysis of 50 225 walkers from 11 population British cohorts. <i>British Journal of Sports Medicine</i> , 2019, 53, 1381-1382.	3.1	6
44	Different analysis methods of Scottish and English child physical activity data explain the majority of the difference between the national prevalence estimates. <i>BMC Public Health</i> , 2019, 19, 171.	1.2	10
45	The effects of yoga compared to active and inactive controls on physical function and health related quality of life in older adults- systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 33.	2.0	99
46	Infographic. The effects of frequency, intensity, duration and volume of walking interventions on CVD risk factors: a systematic review and meta-regression analysis of randomised controlled trials among inactive healthy adults. <i>British Journal of Sports Medicine</i> , 2019, 53, 1379-1380.	3.1	1
47	Do golf fans walk the talk? Follow-up of spectators’ beliefs and self-reported physical activity 3 months after they attended a professional golf tournament in the UK. <i>BMJ Open Sport and Exercise Medicine</i> , 2019, 5, e000503.	1.4	2
48	There is too much traffic for Alex to walk to school, so we drive: a call to action based on a 42-year trend. <i>British Journal of Sports Medicine</i> , 2019, 53, 323-324.	3.1	3
49	Letter: there is too much traffic for Alex to walk to school, so we drive. A call to action based on a 42-year trend. <i>British Journal of Sports Medicine</i> , 2019, 53, 334-334.	3.1	0
50	Differences by age and sex in the sedentary time of adults in Scotland. <i>Journal of Sports Sciences</i> , 2018, 36, 732-741.	1.0	10
51	Infographic. Golf spectating and health. <i>British Journal of Sports Medicine</i> , 2018, 52, 415-416.	3.1	4
52	An Integrative, Systematic Review Exploring the Research, Effectiveness, Adoption, Implementation, and Maintenance of Interventions to Reduce Sedentary Behaviour in Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2876.	1.2	15
53	2018 International Consensus Statement on Golf and Health to guide action by people, policymakers and the golf industry. <i>British Journal of Sports Medicine</i> , 2018, 52, 1426-14361.	3.1	19
54	Developing and refining a programme theory for understanding how twenty mile per hour speed limits impact health. <i>Journal of Transport and Health</i> , 2018, 10, 92-110.	1.1	11

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55	Effects of frequency, intensity, duration and volume of walking interventions on CVD risk factors: a systematic review and meta-regression analysis of randomised controlled trials among inactive healthy adults. <i>British Journal of Sports Medicine</i> , 2018, 52, 769-775.	3.1	96
56	Self-rated walking pace and all-cause, cardiovascular disease and cancer mortality: individual participant pooled analysis of 50 225 walkers from 11 population British cohorts. <i>British Journal of Sports Medicine</i> , 2018, 52, 761-768.	3.1	66
57	Walking on sunshine: scoping review of the evidence for walking and mental health. <i>British Journal of Sports Medicine</i> , 2018, 52, 800-806.	3.1	134
58	What works to promote walking at the population level? A systematic review. <i>British Journal of Sports Medicine</i> , 2018, 52, 807-812.	3.1	30
59	Tomorrow's doctors want more teaching and training on physical activity for health. <i>British Journal of Sports Medicine</i> , 2017, 51, 624.2-625.	3.1	23
60	The associations between participation in certain sports and lower mortality are not explained by affluence and other socioeconomic factors. <i>British Journal of Sports Medicine</i> , 2017, 51, 1514-1515.	3.1	4
61	Associations of specific types of sports and exercise with all-cause and cardiovascular-disease mortality: a cohort study of 80â€¦306 British adults. <i>British Journal of Sports Medicine</i> , 2017, 51, 812-817.	3.1	128
62	An observational study of spectatorsâ€™ step counts and reasons for attending a professional golf tournament in Scotland. <i>BMJ Open Sport and Exercise Medicine</i> , 2017, 3, e000244.	1.4	7
63	The Health Benefits of Walking. <i>Transport and Sustainability</i> , 2017, , 61-79.	0.2	25
64	The role of social support on physical activity behaviour in adolescent girls: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 79.	2.0	117
65	Age-related comparisons by sex in the domains of aerobic physical activity for adults in Scotland. <i>Preventive Medicine Reports</i> , 2016, 3, 90-97.	0.8	34
66	Exploring the opportunities for food and drink purchasing and consumption by teenagers during their journeys between home and school: a feasibility study using a novel method. <i>Public Health Nutrition</i> , 2016, 19, 93-103.	1.1	35
67	Can air pollution negate the health benefits of cycling and walking?. <i>Preventive Medicine</i> , 2016, 87, 233-236.	1.6	304
68	Progress in physical activity over the Olympic quadrennium. <i>Lancet, The</i> , 2016, 388, 1325-1336.	6.3	676
69	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016, 138, .	1.0	702
70	The forgotten guidelines: cross-sectional analysis of participation in muscle strengthening and balance & co-ordination activities by adults and older adults in Scotland. <i>BMC Public Health</i> , 2016, 16, 1108.	1.2	90
71	Quantifying the Association Between Physical Activity and Cardiovascular Disease and Diabetes: A Systematic Review and Meta-Analysis. <i>Journal of the American Heart Association</i> , 2016, 5, .	1.6	411
72	Should we reframe how we think about physical activity and sedentary behaviour measurement? Validity and reliability reconsidered. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 32.	2.0	134

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73	Critique of "The physical activity myth" paper: discussion of flawed logic and inappropriate use of evidence. <i>British Journal of Sports Medicine</i> , 2016, 50, 1230-1231.	3.1	3
74	Children's Geographies for Activity and Play: An Overview of Measurement Approaches. , 2016, , 67-86.		1
75	Health benefits of different sport disciplines for adults: systematic review of observational and intervention studies with meta-analysis. <i>British Journal of Sports Medicine</i> , 2015, 49, 434-440.	3.1	234
76	Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15 European countries. <i>BMC Public Health</i> , 2015, 15, 53.	1.2	162
77	Developing a Method to Test the Validity of 24 Hour Time Use Diaries Using Wearable Cameras: A Feasibility Pilot. <i>PLoS ONE</i> , 2015, 10, e0142198.	1.1	64
78	Systematic review and meta-analysis of reduction in all-cause mortality from walking and cycling and shape of dose response relationship. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 132.	2.0	376
79	Children's Geographies for Activity and Play: An Overview of Measurement Approaches. , 2014, , 1-20.		1
80	Using wearable cameras to categorise type and context of accelerometer-identified episodes of physical activity. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 22.	2.0	100
81	Utility of passive photography to objectively audit built environment features of active transport journeys: an observational study. <i>International Journal of Health Geographics</i> , 2013, 12, 20.	1.2	37
82	Wearable Cameras in Health. <i>American Journal of Preventive Medicine</i> , 2013, 44, 320-323.	1.6	155
83	An Ethical Framework for Automated, Wearable Cameras in Health Behavior Research. <i>American Journal of Preventive Medicine</i> , 2013, 44, 314-319.	1.6	189
84	Using the SenseCam to Improve Classifications of Sedentary Behavior in Free-Living Settings. <i>American Journal of Preventive Medicine</i> , 2013, 44, 290-296.	1.6	148
85	Influencing health-related behaviour with wearable cameras. , 2013, , .		9
86	Quantifying the Difference Between Self-Reported and Global Positioning Systems-Measured Journey Durations: A Systematic Review. <i>Transport Reviews</i> , 2013, 33, 443-459.	4.7	82
87	Measuring time spent outdoors using a wearable camera and GPS. , 2013, , .		9
88	Using the SenseCam as an objective tool for evaluating eating patterns. , 2013, , .		10
89	"Don't wait for them to come to you, you go to them": A qualitative study of recruitment approaches in community based walking programmes in the UK. <i>BMC Public Health</i> , 2012, 12, 635.	1.2	18
90	Evaluating the Feasibility of Measuring Travel to School Using a Wearable Camera. <i>American Journal of Preventive Medicine</i> , 2012, 43, 546-550.	1.6	56

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91	The relationship between active travel to school and health-related fitness in children and adolescents: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 5.	2.0	242
92	A formative evaluation of a family-based walking intervention-Furness Families Walk4Life. <i>BMC Public Health</i> , 2011, 11, 614.	1.2	14
93	Can we use digital life-log images to investigate active and sedentary travel behaviour? Results from a pilot study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 44.	2.0	110
94	Estimates of the number of people in England who attain or exceed vigorous intensity exercise by walking at 3 mph. <i>Journal of Sports Sciences</i> , 2011, 29, 1629-1634.	1.0	11
95	Use of a novel flipped classroom intervention to increase medical students's knowledge of physical activity guidelines. <i>MedEdPublish</i> , 0, 12, 49.	0.3	0