

# Paul Kelly

## List of Publications by Year in descending order

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Version: 2024-02-01

95  
papers

6,429  
citations

126708

33  
h-index

71532

76  
g-index

96  
all docs

96  
docs citations

96  
times ranked

8754  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. <i>Pediatrics</i> , 2016, 138, .	1.0	702
2	Progress in physical activity over the Olympic quadrennium. <i>Lancet, The</i> , 2016, 388, 1325-1336.	6.3	676
3	Quantifying the Association Between Physical Activity and Cardiovascular Disease and Diabetes: A Systematic Review and Meta-Analysis. <i>Journal of the American Heart Association</i> , 2016, 5, .	1.6	411
4	Systematic review and meta-analysis of reduction in all-cause mortality from walking and cycling and shape of dose response relationship. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 132.	2.0	376
5	Can air pollution negate the health benefits of cycling and walking?. <i>Preventive Medicine</i> , 2016, 87, 233-236.	1.6	304
6	Association Between Physical Activity and Risk of Depression. <i>JAMA Psychiatry</i> , 2022, 79, 550.	6.0	264
7	The relationship between active travel to school and health-related fitness in children and adolescents: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 5.	2.0	242
8	Health benefits of different sport disciplines for adults: systematic review of observational and intervention studies with meta-analysis. <i>British Journal of Sports Medicine</i> , 2015, 49, 434-440.	3.1	234
9	An Ethical Framework for Automated, Wearable Cameras in Health Behavior Research. <i>American Journal of Preventive Medicine</i> , 2013, 44, 314-319.	1.6	189
10	Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15 European countries. <i>BMC Public Health</i> , 2015, 15, 53.	1.2	162
11	Wearable Cameras in Health. <i>American Journal of Preventive Medicine</i> , 2013, 44, 320-323.	1.6	155
12	Using the SenseCam to Improve Classifications of Sedentary Behavior in Free-Living Settings. <i>American Journal of Preventive Medicine</i> , 2013, 44, 290-296.	1.6	148
13	Should we reframe how we think about physical activity and sedentary behaviour measurement? Validity and reliability reconsidered. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 32.	2.0	134
14	Walking on sunshine: scoping review of the evidence for walking and mental health. <i>British Journal of Sports Medicine</i> , 2018, 52, 800-806.	3.1	134
15	Associations of specific types of sports and exercise with all-cause and cardiovascular-disease mortality: a cohort study of 80â€¦306 British adults. <i>British Journal of Sports Medicine</i> , 2017, 51, 812-817.	3.1	128
16	The role of social support on physical activity behaviour in adolescent girls: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 79.	2.0	117
17	Can we use digital life-log images to investigate active and sedentary travel behaviour? Results from a pilot study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 44.	2.0	110
18	Using wearable cameras to categorise type and context of accelerometer-identified episodes of physical activity. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 22.	2.0	100

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19	The effects of yoga compared to active and inactive controls on physical function and health related quality of life in older adults- systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 33.	2.0	99
20	Effects of frequency, intensity, duration and volume of walking interventions on CVD risk factors: a systematic review and meta-regression analysis of randomised controlled trials among inactive healthy adults. <i>British Journal of Sports Medicine</i> , 2018, 52, 769-775.	3.1	96
21	The forgotten guidelines: cross-sectional analysis of participation in muscle strengthening and balance & co-ordination activities by adults and older adults in Scotland. <i>BMC Public Health</i> , 2016, 16, 1108.	1.2	90
22	Use of the prevented fraction for the population to determine deaths averted by existing prevalence of physical activity: a descriptive study. <i>The Lancet Global Health</i> , 2020, 8, e920-e930.	2.9	86
23	Quantifying the Difference Between Self-Reported and Global Positioning Systems-Measured Journey Durations: A Systematic Review. <i>Transport Reviews</i> , 2013, 33, 443-459.	4.7	82
24	Epidemiology report: trends in sex-specific cerebrovascular disease mortality in Europe based on WHO mortality data. <i>European Heart Journal</i> , 2019, 40, 755-764.	1.0	78
25	Get the message? A scoping review of physical activity messaging. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 51.	2.0	78
26	Metabolomics, physical activity, exercise and health: A review of the current evidence. <i>Biochimica Et Biophysica Acta - Molecular Basis of Disease</i> , 2020, 1866, 165936.	1.8	77
27	Eight Investments That Work for Physical Activity. <i>Journal of Physical Activity and Health</i> , 2021, 18, 625-630.	1.0	71
28	Self-rated walking pace and all-cause, cardiovascular disease and cancer mortality: individual participant pooled analysis of 50 225 walkers from 11 population British cohorts. <i>British Journal of Sports Medicine</i> , 2018, 52, 761-768.	3.1	66
29	Developing a Method to Test the Validity of 24 Hour Time Use Diaries Using Wearable Cameras: A Feasibility Pilot. <i>PLoS ONE</i> , 2015, 10, e0142198.	1.1	64
30	The impact of e-cycling on travel behaviour: A scoping review. <i>Journal of Transport and Health</i> , 2020, 19, 100910.	1.1	63
31	Evaluating the Feasibility of Measuring Travel to School Using a Wearable Camera. <i>American Journal of Preventive Medicine</i> , 2012, 43, 546-550.	1.6	56
32	A Scoping Review of the Relationship between Running and Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8059.	1.2	46
33	Population level physical activity before and during the first national COVID-19 lockdown: A nationally representative repeat cross-sectional study of 5 years of Active Lives data in England. <i>Lancet Regional Health - Europe</i> , The, 2022, 12, 100265.	3.0	44
34	Utility of passive photography to objectively audit built environment features of active transport journeys: an observational study. <i>International Journal of Health Geographics</i> , 2013, 12, 20.	1.2	37
35	Benefits outweigh the risks: a consensus statement on the risks of physical activity for people living with long-term conditions. <i>British Journal of Sports Medicine</i> , 2022, 56, 427-438.	3.1	36
36	Exploring the opportunities for food and drink purchasing and consumption by teenagers during their journeys between home and school: a feasibility study using a novel method. <i>Public Health Nutrition</i> , 2016, 19, 93-103.	1.1	35

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37	Establishing a causal link between social relationships and health using the Bradford Hill Guidelines. <i>SSM - Population Health</i> , 2019, 8, 100402.	1.3	35
38	Age-related comparisons by sex in the domains of aerobic physical activity for adults in Scotland. <i>Preventive Medicine Reports</i> , 2016, 3, 90-97.	0.8	34
39	Testing Self-Report Time-Use Diaries against Objective Instruments in Real Time. <i>Sociological Methodology</i> , 2020, 50, 318-349.	1.4	31
40	What works to promote walking at the population level? A systematic review. <i>British Journal of Sports Medicine</i> , 2018, 52, 807-812.	3.1	30
41	Physical activity self-reports: past or future?. <i>British Journal of Sports Medicine</i> , 2021, 55, 889-890.	3.1	30
42	Maximising the impact of global and national physical activity guidelines: the critical role of communication strategies. <i>British Journal of Sports Medicine</i> , 2020, 54, 1463-1467.	3.1	27
43	Barriers and facilitators to implementing community-based physical activity interventions: a qualitative systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 118.	2.0	27
44	The Health Benefits of Walking. <i>Transport and Sustainability</i> , 2017, , 61-79.	0.2	25
45	Integrated Impact Assessment of Active Travel: Expanding the Scope of the Health Economic Assessment Tool (HEAT) for Walking and Cycling. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7361.	1.2	25
46	Tomorrow's doctors want more teaching and training on physical activity for health. <i>British Journal of Sports Medicine</i> , 2017, 51, 624.2-625.	3.1	23
47	“When I Go There, I Feel Like I Can Be Myself.” Exploring Programme Theory within the Wave Project Surf Therapy Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2159.	1.2	20
48	The relationships between rugby union, and health and well-being: a scoping review. <i>British Journal of Sports Medicine</i> , 2021, 55, 319-326.	3.1	20
49	2018 International Consensus Statement on Golf and Health to guide action by people, policymakers and the golf industry. <i>British Journal of Sports Medicine</i> , 2018, 52, 1426-14361.	3.1	19
50	Effects of 20 mph interventions on a range of public health outcomes: A meta-narrative evidence synthesis. <i>Journal of Transport and Health</i> , 2020, 17, 100633.	1.1	19
51	Beyond cycle lanes and large-scale infrastructure: a scoping review of initiatives that groups and organisations can implement to promote cycling for the Cycle Nation Project. <i>British Journal of Sports Medicine</i> , 2020, 54, 1405-1415.	3.1	19
52	“Don’t wait for them to come to you, you go to them”. A qualitative study of recruitment approaches in community based walking programmes in the UK. <i>BMC Public Health</i> , 2012, 12, 635.	1.2	18
53	A modified Delphi study to gain consensus for a taxonomy to report and classify physical activity referral schemes (PARS). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 158.	2.0	17
54	An Integrative, Systematic Review Exploring the Research, Effectiveness, Adoption, Implementation, and Maintenance of Interventions to Reduce Sedentary Behaviour in Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2876.	1.2	15

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55	A formative evaluation of a family-based walking intervention-Furness Families Walk4Life. BMC Public Health, 2011, 11, 614.	1.2	14
56	Estimates of the number of people in England who attain or exceed vigorous intensity exercise by walking at 3 mph. Journal of Sports Sciences, 2011, 29, 1629-1634.	1.0	11
57	Developing and refining a programme theory for understanding how twenty mile per hour speed limits impact health. Journal of Transport and Health, 2018, 10, 92-110.	1.1	11
58	Using the SenseCam as an objective tool for evaluating eating patterns. , 2013, , .		10
59	Differences by age and sex in the sedentary time of adults in Scotland. Journal of Sports Sciences, 2018, 36, 732-741.	1.0	10
60	Different analysis methods of Scottish and English child physical activity data explain the majority of the difference between the national prevalence estimates. BMC Public Health, 2019, 19, 171.	1.2	10
61	Quantifying the health and economic benefits of active commuting in scotland. Journal of Transport and Health, 2021, 22, 101111.	1.1	10
62	Use of natural experimental studies to evaluate 20mph speed limits in two major UK cities. Journal of Transport and Health, 2021, 22, 101141.	1.1	10
63	Influencing health-related behaviour with wearable cameras. , 2013, , .		9
64	Measuring time spent outdoors using a wearable camera and GPS. , 2013, , .		9
65	An observational study of spectatorsâ€™ step counts and reasons for attending a professional golf tournament in Scotland. BMJ Open Sport and Exercise Medicine, 2017, 3, e000244.	1.4	7
66	Do Framed Mental Health Messages on Social Media Influence University Studentsâ€™ Motivation for Physical Activity?. International Journal of Environmental Research and Public Health, 2021, 18, 8671.	1.2	7
67	A modified Delphi study to enhance and gain international consensus on the Physical Activity Messaging Framework (PAMF) and Checklist (PAMC). International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 108.	2.0	7
68	Adaptation and testing of a microscale audit tool to assess liveability using google street view: MAPS-liveability. Journal of Transport and Health, 2021, 22, 101226.	1.1	7
69	Infographic. Self-rated walking pace and all-cause, cardiovascular disease and cancer mortality: individual participant pooled analysis of 50 225 walkers from 11 population British cohorts. British Journal of Sports Medicine, 2019, 53, 1381-1382.	3.1	6
70	The Physical Activity Messaging Framework (PAMF) and Checklist (PAMC): International consensus statement and user guide. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 164.	2.0	6
71	Evaluating the citywide Edinburgh 20mph speed limit intervention effects on traffic speed and volume: A pre-post observational evaluation. PLoS ONE, 2021, 16, e0261383.	1.1	6
72	We are failing to improve the evidence base for â€œexercise referralâ€™: how a physical activity referral scheme taxonomy can help. British Journal of Sports Medicine, 2020, 54, 696-697.	3.1	5

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73	The effect of smartphone application interventions on physical activity level among university/college students: a systematic review protocol. <i>Physical Therapy Reviews</i> , 2020, 25, 135-142.	0.3	5
74	The associations between participation in certain sports and lower mortality are not explained by affluence and other socioeconomic factors. <i>British Journal of Sports Medicine</i> , 2017, 51, 1514-1515.	3.1	4
75	Infographic. Golf spectating and health. <i>British Journal of Sports Medicine</i> , 2018, 52, 415-416.	3.1	4
76	“WALK30X5” a feasibility study of a physiotherapy walking programme for people with mild to moderate musculoskeletal conditions. <i>Physiotherapy</i> , 2020, 107, 275-285.	0.2	4
77	Critique of “The physical activity myth” paper: discussion of flawed logic and inappropriate use of evidence. <i>British Journal of Sports Medicine</i> , 2016, 50, 1230-1231.	3.1	3
78	There is too much traffic for Alex to walk to school, so we drive: a call to action based on a 42-year trend. <i>British Journal of Sports Medicine</i> , 2019, 53, 323-324.	3.1	3
79	Maximising and evaluating the uptake, use and impact of golf and health studies. <i>British Journal of Sports Medicine</i> , 2020, 54, 1217-1224.	3.1	3
80	Understanding Leisure Centre-Based Physical Activity after Physical Activity Referral: Evidence from Scheme Participants and Completers in Northumberland UK. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2957.	1.2	3
81	Public attitudes to, and perceived impacts of 20mph (32km/h) speed limits in Edinburgh: An exploratory study using the Speed Limits Perceptions Survey (SLIPS). <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2022, 84, 99-113.	1.8	3
82	Declines in Physical Activity among New Zealand Adults during the COVID-19 Pandemic: Longitudinal Analyses of Five Data Waves from Pre-Pandemic through April 2021. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4041.	1.2	3
83	Do golf fans walk the talk? Follow-up of spectators’ beliefs and self-reported physical activity 3 months after they attended a professional golf tournament in the UK. <i>BMJ Open Sport and Exercise Medicine</i> , 2019, 5, e000503.	1.4	2
84	Continuous walking and time- and intensity-matched interval walking: Cardiometabolic demand and post-exercise enjoyment in insufficiently active, healthy adults. <i>Journal of Sports Sciences</i> , 2021, 39, 23-30.	1.0	2
85	The Contribution of Leisure Center Usage to Physical Activity in the United Kingdom: Evidence From a Large Population-Based Cohort. <i>Journal of Physical Activity and Health</i> , 2021, 18, 382-390.	1.0	2
86	Responsiveness of Device-Based and Self-Report Measures of Physical Activity to Detect Behavior Change in Men Taking Part in the Football Fans in Training (FFIT) Program. <i>Journal for the Measurement of Physical Behaviour</i> , 2020, 3, 67-77.	0.5	2
87	Measuring Productivity, Perceived Stress and Work Engagement of a Nationally Delivered Workplace Step Count Challenge. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1843.	1.2	2
88	Infographic. The effects of frequency, intensity, duration and volume of walking interventions on CVD risk factors: a systematic review and meta-regression analysis of randomised controlled trials among inactive healthy adults. <i>British Journal of Sports Medicine</i> , 2019, 53, 1379-1380.	3.1	1
89	Children’s Geographies for Activity and Play: An Overview of Measurement Approaches. , 2016, , 67-86.		1
90	Infographic. Infographic and digital resources: the relationships between rugby union, and health and well-being. <i>British Journal of Sports Medicine</i> , 2021, 55, 568-569.	3.1	1

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91	Children's Geographies for Activity and Play: An Overview of Measurement Approaches. , 2014, , 1-20.		1
92	Infographic. Walking on sunshine: scoping review of the evidence for walking and mental health. British Journal of Sports Medicine, 2019, 53, 903-904.	3.1	0
93	Letter: there is too much traffic for Alex to walk to school, so we drive. A call to action based on a 42-year trend. British Journal of Sports Medicine, 2019, 53, 334-334.	3.1	0
94	Interventions for Reducing Sedentary Behavior in People With Stroke. Stroke, 2021, 52, e846-e847.	1.0	0
95	Use of a novel flipped classroom intervention to increase medical students' knowledge of physical activity guidelines. MedEdPublish, 0, 12, 49.	0.3	0