

Olga Czerwińska-Ledwig

List of Publications by Year in descending order

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Version: 2024-02-01

20
papers

141
citations

1307594

7
h-index

1281871

11
g-index

23
all docs

23
docs citations

23
times ranked

124
citing authors

#	ARTICLE	IF	CITATIONS
1	Composition of scrub-type cosmetics from the perspective of product ecology and microplastic content. <i>Toxicology and Environmental Health Sciences</i> , 2020, 12, 75-81.	2.1	17
2	The effect of vitamin D supplementation on the muscle damage after eccentric exercise in young men: a randomized, control trial. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 53.	3.9	16
3	The effect of whole-body cryostimulation on body composition and leukocyte expression of HSPA1A, HSPB1, and CRP in obese men. <i>Cryobiology</i> , 2020, 94, 100-106.	0.7	15
4	Blood pro-oxidant/antioxidant balance in young men with class II obesity after 20 sessions of whole body cryostimulation: a preliminary study. <i>Redox Report</i> , 2021, 26, 10-17.	4.5	12
5	Different Changes in Adipokines, Lipid Profile, and TNF-Alpha Levels between 10 and 20 Whole Body Cryostimulation Sessions in Individuals with I and II Degrees of Obesity. <i>Biomedicines</i> , 2022, 10, 269.	3.2	12
6	Effect of six weeks 1000 mg/day vitamin C supplementation and healthy training in elderly women on genes expression associated with the immune response - a randomized controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 19.	3.9	9
7	Effects of Nordic Walking on Oxidant and Antioxidant Status: Levels of Calcidiol and Proinflammatory Cytokines in Middle-Aged Women. <i>Oxidative Medicine and Cellular Longevity</i> , 2018, 2018, 1-6.	4.0	8
8	The Possibilities of Using Chromium Salts as an Agent Supporting Treatment of Polycystic Ovary Syndrome. <i>Biological Trace Element Research</i> , 2019, 192, 91-97.	3.5	6
9	The Impact of Vibration Therapy Interventions on Skin Condition and Skin Temperature Changes in Young Women with Lipodystrophy: A Pilot Study. <i>Evidence-based Complementary and Alternative Medicine</i> , 2019, 2019, 1-9.	1.2	6
10	Complex effects of whole body cryostimulation on hematological markers in patients with obesity. <i>PLoS ONE</i> , 2021, 16, e0249812.	2.5	6
11	Impact of oscillatory-cycloid vibration interventions on body composition, waist and hip circumference, and blood lipid profile in women aged over 65 years with hypercholesterolaemia. <i>Przegląd Menopauzalny</i> , 2018, 17, 161-167.	1.3	5
12	Exercise Training and Vitamin C Supplementation Affects Ferritin mRNA in Leukocytes without Affecting Prooxidative/Antioxidative Balance in Elderly Women. <i>International Journal of Molecular Sciences</i> , 2020, 21, 6469.	4.1	5
13	Changes in Skin Microcirculation Resulting from Vibration Therapy in Women with Cellulite. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3385.	2.6	5
14	The influence of Finnish sauna treatments on the concentrations of nitric oxide, 3-nitrotyrosine and selected markers of oxidative status in training and non-training men. <i>International Journal of Occupational Medicine and Environmental Health</i> , 2020, 33, 173-185.	1.3	4
15	The effects of a 4-week vibrotherapy programme on the reduction of adipose tissue in young women with cellulite - a pilot study. <i>Rehabilitacja Medyczna</i> , 2019, 22, 18-24.	0.1	4
16	Effect of local vibrotherapy in sitting or lying position in two time protocols on the cellulite grade and change of body circumferences in women with cellulite. <i>Journal of Cosmetic Dermatology</i> , 2021, , .	1.6	3
17	P-145: The effect of a 6-week Nordic walking training cycle on myeloma-related blood parameters, vitamin 25(OH)D3 serum concentration and peripheral polyneuropathy symptoms in patients with multiple myeloma. <i>Clinical Lymphoma, Myeloma and Leukemia</i> , 2021, 21, S114-S115.	0.4	2
18	Effect of Three-Week Vibrotherapy on Selected Skin Parameters of Thighs and Buttocks in Women with Cellulite. <i>Cosmetics</i> , 2022, 9, 16.	3.3	1

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19	Analysis of the effect of a one-time vibrotherapy treatment on selected skin characteristics, body composition and body circumferences of women with lipodystrophy. <i>Aesthetic Cosmetology and Medicine</i> , 2021, 10, 79-85.	0.1	0
20	Aktywne formy witaminy D a zdrowie. <i>Polski Przegląd Nauk O Zdrowiu</i> , 2020, 61, 343-351.	0.0	0