

Maha Sellami

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

33
papers

373
citations

10
h-index

18
g-index

33
ext. papers

583
ext. citations

4.4
avg, IF

4.01
L-index

#	Paper	IF	Citations
33	Comparing metabolic profiles between endurance athlete and non-athlete females reveals differences in androgenic and corticosteroids levels.. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2022 , 106081	5.1	0
32	Molecular Big Data in Sports Sciences: State-of-Art and Future Prospects of OMICS-Based Sports Sciences.. <i>Frontiers in Molecular Biosciences</i> , 2021 , 8, 815410	5.6	2
31	Effects of COVID-19 Lockdown on Physical Activity, Sedentary Behavior, and Satisfaction with Life in Qatar: A Preliminary Study. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	8
30	The Impact of Acute and Chronic Exercise on Immunoglobulins and Cytokines in Elderly: Insights From a Critical Review of the Literature. <i>Frontiers in Immunology</i> , 2021 , 12, 631873	8.4	8
29	Age and Sport Intensity-Dependent Changes in Cytokines and Telomere Length in Elite Athletes. <i>Antioxidants</i> , 2021 , 10,	7.1	5
28	Hemoglobin, hematocrit and plasma volume variations following combined sprint and strength: Effect of advanced age. <i>Science and Sports</i> , 2021 , 36, e13-e21	0.8	2
27	Regular, Intense Exercise Training as a Healthy Aging Lifestyle Strategy: Preventing DNA Damage, Telomere Shortening and Adverse DNA Methylation Changes Over a Lifetime. <i>Frontiers in Genetics</i> , 2021 , 12, 652497	4.5	6
26	Exercise training increases telomerase reverse transcriptase gene expression and telomerase activity: A systematic review and meta-analysis. <i>Ageing Research Reviews</i> , 2021 , 70, 101411	12	3
25	High Endurance Elite Athletes Show Age-dependent Lower Levels of Circulating Complement C3 Compared to Low/Moderate Endurance Elite Athletes. <i>Frontiers in Molecular Biosciences</i> , 2021 , 8, 715035	5.6	1
24	Metabolic Signature of Leukocyte Telomere Length in Elite Male Soccer Players.. <i>Frontiers in Molecular Biosciences</i> , 2021 , 8, 727144	5.6	0
23	Nutrigenomics and Breast Cancer: State-of-Art, Future Perspectives and Insights for Prevention. <i>Nutrients</i> , 2020 , 12,	6.7	7
22	Assessment of Serum Cytokines and Oxidative Stress Markers in Elite Athletes Reveals Unique Profiles Associated With Different Sport Disciplines. <i>Frontiers in Physiology</i> , 2020 , 11, 600888	4.6	6
21	Differences in Body Fat, Body Mass Index, and Physical Performance of Specific Field Tests in 10-to-12-Year-Old School-Aged Team Handball Players. <i>Applied Sciences (Switzerland)</i> , 2020 , 10, 9022	2.6	4
20	Explosive Push-ups: From Popular Simple Exercises to Valid Tests for Upper-Body Power. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 2877-2885	3.2	7
19	The Associations between Mental Well-Being and Adherence to Physical Activity Guidelines in Patients with Cardiovascular Disease: Results from the Scottish Health Survey. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	4
18	Fasting and Its Impact on Skin Anatomy, Physiology, and Physiopathology: A Comprehensive Review of the Literature. <i>Nutrients</i> , 2019 , 11,	6.7	22
17	The ball kicking speed: A new, efficient performance indicator in youth soccer. <i>PLoS ONE</i> , 2019 , 14, e0217401	3.7	11

16	The Effect of Exercise on Glucoregulatory Hormones: A Countermeasure to Human Aging: Insights from a Comprehensive Review of the Literature. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	10
15	Do Older Adults with Multimorbidity Meet the Recommended Levels of Physical Activity? An Analysis of Scottish Health Survey. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	4
14	Racial differences in hemoglobin and plasma volume variation: implications for muscle performance and recovery. <i>Ethnicity and Health</i> , 2019 , 24, 182-193	2.2	3
13	The effect of acute and chronic exercise on steroid hormone fluctuations in young and middle-aged men. <i>Steroids</i> , 2018 , 132, 18-24	2.8	12
12	Time-restricted feeding influences immune responses without compromising muscle performance in older men. <i>Nutrition</i> , 2018 , 51-52, 29-37	4.8	19
11	Herbal medicine for sports: a review. <i>Journal of the International Society of Sports Nutrition</i> , 2018 , 15, 14	4.5	57
10	Short-term maximal performance depend on post-activation potentiation stimuli type and recovery period. <i>Sport Sciences for Health</i> , 2018 , 14, 235-243	1.3	
9	Validity and Reliability of the 30-s Continuous Jump for Anaerobic Power and Capacity Assessment in Combat Sport. <i>Frontiers in Physiology</i> , 2018 , 9, 543	4.6	7
8	Enhancing motor learning of young soccer players through preventing an internal focus of attention: The effect of shoes colour. <i>PLoS ONE</i> , 2018 , 13, e0200689	3.7	13
7	Effects of Acute and Chronic Exercise on Immunological Parameters in the Elderly Aged: Can Physical Activity Counteract the Effects of Aging?. <i>Frontiers in Immunology</i> , 2018 , 9, 2187	8.4	96
6	The Effects of Physical Training on Quality of Life, Aerobic Capacity, and Cardiac Function in Older Patients With Heart Failure: A Meta-Analysis. <i>Frontiers in Physiology</i> , 2018 , 9, 1564	4.6	11
5	Heart rate monitoring during combat sports matches: a brief review. <i>International Journal of Performance Analysis in Sport</i> , 2018 , 18, 273-292	1.8	3
4	A new integrative approach to increase quality of life by reducing pain and fear of movement in patients undergoing total hip arthroplasty: the IARA model. <i>Psychology, Health and Medicine</i> , 2018 , 23, 1223-1230	2.1	7
3	Original Research: Effect of sprint and strength training on glucoregulatory hormones: Effect of advanced age. <i>Experimental Biology and Medicine</i> , 2017 , 242, 113-123	3.7	7
2	Combined sprint and resistance training abrogates age differences in somatotrophic hormones. <i>PLoS ONE</i> , 2017 , 12, e0183184	3.7	15
1	Effect of age and combined sprint and strength training on plasma catecholamine responses to a Wingate-test. <i>European Journal of Applied Physiology</i> , 2014 , 114, 969-82	3.4	13