

# Anna Maria Rangan, Apd

## List of Publications by Year in descending order

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Version: 2024-02-01

81  
papers

2,054  
citations

218592

26  
h-index

276775

41  
g-index

82  
all docs

82  
docs citations

82  
times ranked

3110  
citing authors

#	ARTICLE	IF	CITATIONS
1	Ultra-processed foods and recommended intake levels of nutrients linked to non-communicable diseases in Australia: evidence from a nationally representative cross-sectional study. <i>BMJ Open</i> , 2019, 9, e029544.	0.8	144
2	Dietary intake and food sources of added sugar in the Australian population. <i>British Journal of Nutrition</i> , 2016, 115, 868-877.	1.2	101
3	Validity of self-reported weight and height for BMI classification: A cross-sectional study among young adults. <i>Nutrition</i> , 2020, 71, 110622.	1.1	92
4	Electronic Dietary Intake Assessment (e-DIA): Comparison of a Mobile Phone Digital Entry App for Dietary Data Collection With 24-Hour Dietary Recalls. <i>JMIR MHealth and UHealth</i> , 2015, 3, e98.	1.8	85
5	Ultra-processed food consumption and obesity in the Australian adult population. <i>Nutrition and Diabetes</i> , 2020, 10, 39.	1.5	80
6	Substitution of Sugar-Sweetened Beverages with Other Beverage Alternatives: A Review of Long-Term Health Outcomes. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 767-779.	0.4	78
7	Contribution of Discretionary Foods and Drinks to Australian Children's Intake of Energy, Saturated Fat, Added Sugars and Salt. <i>Children</i> , 2017, 4, 104.	0.6	65
8	Substituting sugar-sweetened beverages with water or milk is inversely associated with body fatness development from childhood to adolescence. <i>Nutrition</i> , 2015, 31, 38-44.	1.1	64
9	Randomised controlled trial to determine the efficacy and safety of prescribed water intake to prevent kidney failure due to autosomal dominant polycystic kidney disease (PREVENT-ADPKD). <i>BMJ Open</i> , 2018, 8, e018794.	0.8	60
10	The development, application, and validation of a Healthy eating index for Australian Adults (HEIFA-2013). <i>Nutrition</i> , 2016, 32, 432-440.	1.1	55
11	Misreporting of Energy Intake in the 2007 Australian Children's Survey: Identification, Characteristics and Impact of Misreporters. <i>Nutrients</i> , 2011, 3, 186-199.	1.7	54
12	Discretionary food and beverage consumption and its association with demographic characteristics, weight status, and fruit and vegetable intakes in Australian adults. <i>Public Health Nutrition</i> , 2017, 20, 274-281.	1.1	54
13	Association between Haem and Non-Haem Iron Intake and Serum Ferritin in Healthy Young Women. <i>Nutrients</i> , 2018, 10, 81.	1.7	53
14	A review of food reformulation of baked products to reduce added sugar intake. <i>Trends in Food Science and Technology</i> , 2019, 86, 412-425.	7.8	53
15	Electronic Dietary Intake Assessment (e-DIA): relative validity of a mobile phone application to measure intake of food groups. <i>British Journal of Nutrition</i> , 2016, 115, 2219-2226.	1.2	52
16	Socio-Demographic Determinants of Diet Quality in Australian Adults Using the Validated Healthy Eating Index for Australian Adults (HEIFA-2013). <i>Healthcare (Switzerland)</i> , 2017, 5, 7.	1.0	51
17	The fruit and vegetable intake of young Australian adults: a population perspective. <i>Public Health Nutrition</i> , 2017, 20, 2499-2512.	1.1	47
18	Water and Beverage Consumption: Analysis of the Australian 2011-2012 National Nutrition and Physical Activity Survey. <i>Nutrients</i> , 2016, 8, 678.	1.7	45

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19	Changes in "extra" food intake among Australian children between 1995 and 2007. <i>Obesity Research and Clinical Practice</i> , 2011, 5, e55-e63.	0.8	43
20	Intake and sources of added sugars among Australian children and adolescents. <i>European Journal of Nutrition</i> , 2016, 55, 2347-2355.	4.6	43
21	The Effects of Legume Consumption on Markers of Glycaemic Control in Individuals with and without Diabetes Mellitus: A Systematic Literature Review of Randomised Controlled Trials. <i>Nutrients</i> , 2020, 12, 2123.	1.7	33
22	Typical food portion sizes consumed by Australian adults: results from the 2011-12 Australian National Nutrition and Physical Activity Survey. <i>Scientific Reports</i> , 2016, 6, 19596.	1.6	32
23	Relative Validity of the Eat and Track (EaT) Smartphone App for Collection of Dietary Intake Data in 18-to-30-Year Olds. <i>Nutrients</i> , 2019, 11, 621.	1.7	31
24	Dairy Consumption and Diet Quality in a Sample of Australian Children. <i>Journal of the American College of Nutrition</i> , 2012, 31, 185-193.	1.1	30
25	Replacing sugary drinks with milk is inversely associated with weight gain among young obesity-predisposed children. <i>British Journal of Nutrition</i> , 2015, 114, 1448-1455.	1.2	28
26	Zinc Intake and Its Dietary Sources: Results of the 2007 Australian National Children's Nutrition and Physical Activity Survey. <i>Nutrients</i> , 2012, 4, 611-624.	1.7	27
27	Dietary contribution of foods and beverages sold within a university campus and its effect on diet quality of young adults. <i>Nutrition</i> , 2017, 34, 118-123.	1.1	27
28	Examining the Frequency and Contribution of Foods Eaten Away From Home in the Diets of 18- to 30-Year-Old Australians Using Smartphone Dietary Assessment (MYMeals): Protocol for a Cross-Sectional Study. <i>JMIR Research Protocols</i> , 2018, 7, e24.	0.5	24
29	Changes in Meat/Poultry/Fish Consumption in Australia: From 1995 to 2011-2012. <i>Nutrients</i> , 2016, 8, 753.	1.7	22
30	Great "app-eal" but not there yet: A review of iPhone nutrition applications relevant to child weight management. <i>Nutrition and Dietetics</i> , 2015, 72, 363-367.	0.9	21
31	Social Determinants and Poor Diet Quality of Energy-Dense Diets of Australian Young Adults. <i>Healthcare (Switzerland)</i> , 2017, 5, 70.	1.0	21
32	Diet-Quality and Socio-Demographic Factors Associated with Non-Nutritive Sweetener Use in the Australian Population. <i>Nutrients</i> , 2018, 10, 833.	1.7	20
33	Consumption patterns of meat, poultry, and fish after disaggregation of mixed dishes: secondary analysis of the Australian National Nutrition and Physical Activity Survey 2011-12. <i>BMC Nutrition</i> , 2017, 3, 52.	0.6	19
34	Changes in Typical Portion Sizes of Commonly Consumed Discretionary Foods among Australian Adults from 1995 to 2011-2012. <i>Nutrients</i> , 2017, 9, 577.	1.7	19
35	Increases in Alcohol Intakes Are Concurrent with Higher Energy Intakes: Trends in Alcohol Consumption in Australian National Surveys from 1983, 1995 and 2012. <i>Nutrients</i> , 2017, 9, 944.	1.7	18
36	Dietary Energy Density in the Australian Adult Population from National Nutrition Surveys 1995 to 2012. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 1887-1899.e2.	0.4	17

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37	Prescribed Water Intake in Autosomal Dominant Polycystic Kidney Disease. , 2022, 1, .		17
38	Whole Grain Consumption and Inflammatory Markers: A Systematic Literature Review of Randomized Control Trials. <i>Nutrients</i> , 2022, 14, 374.	1.7	16
39	The effect of diets delivered into the gastrointestinal tract on gut motility after colorectal surgery—a systematic review and meta-analysis of randomised controlled trials. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1331-1342.	1.3	15
40	Prevalence of Product Claims and Marketing Buzzwords Found on Health Food Snack Products Does Not Relate to Nutrient Profile. <i>Nutrients</i> , 2020, 12, 1513.	1.7	15
41	The Contribution of Foods Prepared Outside the Home to the Diets of 18- to 30-Year-Old Australians: The MYMeals Study. <i>Nutrients</i> , 2021, 13, 1761.	1.7	15
42	Assessment of typical food portion sizes consumed among Australian adults. <i>Nutrition and Dietetics</i> , 2009, 66, 227-233.	0.9	14
43	High variation in manufacturer-declared serving size of packaged discretionary foods in Australia. <i>British Journal of Nutrition</i> , 2016, 115, 1810-1818.	1.2	14
44	Macronutrient Composition of the Australian Population's Diet; Trends from Three National Nutrition Surveys 1983, 1995 and 2012. <i>Nutrients</i> , 2018, 10, 1045.	1.7	14
45	Longitudinal association of nighttime sleep duration with emotional and behavioral problems in early childhood: results from the Danish Healthy Start Study. <i>Sleep</i> , 2021, 44, .	0.6	14
46	Using Wearable Cameras to Assess Foods and Beverages Omitted in 24 Hour Dietary Recalls and a Text Entry Food Record App. <i>Nutrients</i> , 2021, 13, 1806.	1.7	14
47	Energy misreporting is more prevalent for those of lower socio-economic status and is associated with lower reported intake of discretionary foods. <i>British Journal of Nutrition</i> , 2021, 125, 1291-1298.	1.2	13
48	Lupins and Health Outcomes: A Systematic Literature Review. <i>Nutrients</i> , 2022, 14, 327.	1.7	13
49	Clinical characteristics and outcomes of hyponatraemia associated with oral water intake in adults: a systematic review. <i>BMJ Open</i> , 2021, 11, e046539.	0.8	13
50	Evaluating the Nutritional Content of Children's Breakfast Cereals in Australia. <i>Children</i> , 2018, 5, 84.	0.6	12
51	Vitamin D composition of Australian foods. <i>Food Chemistry</i> , 2021, 358, 129836.	4.2	12
52	A systematic review to determine the most effective interventions to increase water intake. <i>Nephrology</i> , 2016, 21, 860-869.	0.7	11
53	Temporal Change in Iron Content of Vegetables and Legumes in Australia: A Scoping Review. <i>Foods</i> , 2022, 11, 56.	1.9	9
54	The association of social and food preparation location context with the quality of meals and snacks consumed by young adults: findings from the MYMeals wearable camera study. <i>European Journal of Nutrition</i> , 2022, 61, 3407-3422.	1.8	9

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55	Large Variations in Declared Serving Sizes of Packaged Foods in Australia: A Need for Serving Size Standardisation?. <i>Nutrients</i> , 2018, 10, 139.	1.7	8
56	Evidence of low vitamin D intakes in the Australian population points to a need for data-driven nutrition policy for improving population vitamin D status. <i>Journal of Human Nutrition and Dietetics</i> , 2023, 36, 203-215.	1.3	8
57	Older Australians are eating more protein: Secondary analysis of the 1995 & 2011/12 national nutrition surveys. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 588-597.	1.3	7
58	The Effect of Downsizing Packages of Energy-Dense, Nutrient-Poor Snacks and Drinks on Consumption, Intentions, and Perceptions: A Scoping Review. <i>Nutrients</i> , 2022, 14, 9.	1.7	7
59	Early enteral feeding is beneficial for patients after pelvic exenteration surgery: A randomized controlled trial. <i>Journal of Parenteral and Enteral Nutrition</i> , 2022, 46, 411-421.	1.3	6
60	Perspective: A Framework for Addressing Dynamic Food Consumption Processes. <i>Advances in Nutrition</i> , 2022, 13, 992-1008.	2.9	6
61	Enhancing Nutrition Care Through Real-Time, Sensor-Based Capture of Eating Occasions: A Scoping Review. <i>Frontiers in Nutrition</i> , 2022, 9, 852984.	1.6	6
62	A comparison of the Health Star Rating and nutrient profiles of branded and generic food products in Sydney supermarkets, Australia. <i>Public Health Nutrition</i> , 2019, 22, 2132-2139.	1.1	5
63	Modelling the Effects of Beverage Substitution during Adolescence on Later Obesity Outcomes in Early Adulthood: Results from the Raine Study. <i>Nutrients</i> , 2019, 11, 2928.	1.7	5
64	Breakfast size is associated with daily energy intake and diet quality. <i>Nutrition</i> , 2020, 75-76, 110764.	1.1	5
65	Dietary or supplemental intake of antioxidants and the risk of mortality in older people: A systematic review. <i>Nutrition and Dietetics</i> , 2021, 78, 24-40.	0.9	5
66	Zinc supplement use and contribution to zinc intake in Australian children. <i>Public Health Nutrition</i> , 2015, 18, 589-595.	1.1	4
67	Comparison between serving sizes of cakes and muffins sold in Australian supermarkets and coffee shop chains. <i>Nutrition and Dietetics</i> , 2019, 76, 284-289.	0.9	4
68	Dietary Behaviors That Place Young Adults at Risk for Future Osteoporosis. <i>Nutrients</i> , 2020, 12, 1800.	1.7	4
69	Associations between breakfast consumption from childhood to adulthood and cardiometabolic health: A systematic review. <i>Nutrition and Dietetics</i> , 2021, 78, 6-23.	0.9	4
70	Trends in Sales and Industry Perspectives of Package Sizes of Carbonates and Confectionery Products. <i>Foods</i> , 2021, 10, 1071.	1.9	4
71	Iron content and fortification status of a sample of local and imported pre-packaged baby foods available in Hong Kong. <i>Nutrition and Dietetics</i> , 2020, 78, 424-433.	0.9	3
72	Dietary exposures in childhood and adulthood and cardiometabolic outcomes: a systematic scoping review. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 511-523.	1.3	3

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73	Enablers and barriers of harnessing food waste to address food insecurity: a scoping review. <i>Nutrition Reviews</i> , 2022, 80, 1836-1855.	2.6	3
74	Changes in Dietary Total and Nonheme Iron Intake Is Associated With Incident Frailty in Older Men: The Concord Health and Aging in Men Project. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 1853-1865.	1.7	3
75	Australian Ready Meals: Does a Higher Health Star Rating Mean Lower Sodium Content?. <i>Nutrients</i> , 2022, 14, 1269.	1.7	2
76	Relative Validity of a Beverage Frequency Questionnaire Used to Assess Fluid Intake in the Autosomal Dominant Polycystic Kidney Disease Population. <i>Nutrients</i> , 2018, 10, 1051.	1.7	1
77	Assessment of Dietary Sodium Intake Using the Scored Salt Questionnaire in Autosomal Dominant Polycystic Kidney Disease. <i>Nutrients</i> , 2020, 12, 3376.	1.7	1
78	Short questions for surveys about bread and cereal intake: Comparing measures of quantity versus frequency. <i>NSW Public Health Bulletin</i> , 2006, 17, 39.	0.3	1
79	Vitamin D Fortification of Milk Would Increase Vitamin D Intakes in the Australian Population, but a More Comprehensive Strategy Is Required. <i>Foods</i> , 2022, 11, 1369.	1.9	1
80	Challenges in meeting nutritional requirements. <i>Nutrition and Dietetics</i> , 2016, 73, 401-404.	0.9	0
81	Effect of using commercial pre-packaged baby foods on the Fe intake of 7â€“8 months old infants. <i>Public Health Nutrition</i> , 2021, 24, 4711-4717.	1.1	0