Falko F Sniehotta

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

13,485 214 112 54 h-index g-index citations papers 16,168 6.79 253 5.1 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
214	A dual process model to predict adolescents' screen time and physical activity. <i>Psychology and Health</i> , 2021 , 1-20	2.9	1
213	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. <i>Journal of Medical Internet Research</i> , 2021 , 23, e25305	7.6	3
212	Delivering the Diabetes Remission Clinical Trial (DiRECT) in primary care: A mixed-methods study of experiences of health care professionals. <i>Diabetic Medicine</i> , 2021 , e14752	3.5	2
211	Predictors of lapse and relapse in physical activity and dietary behaviour: a systematic search and review on prospective studies. <i>Psychology and Health</i> , 2021 , 1-24	2.9	1
210	Public understanding of COVID-19 antibody testing and test results: A qualitative study conducted in the U.K. early in the pandemic. <i>Social Science and Medicine</i> , 2021 , 273, 113778	5.1	8
209	Effectiveness of personal letters to healthcare professionals in changing professional behaviours: a systematic review protocol. <i>Systematic Reviews</i> , 2021 , 10, 94	3	
208	Codesign and development of a primary school based pathway for child anxiety screening and intervention delivery: a protocol, mixed-methods feasibility study. <i>BMJ Open</i> , 2021 , 11, e044852	3	3
207	Setting performance and learning goals is useful for active and inactive individuals, if goals are personalized and flexible: commentary on Swann et al. (2020). <i>Health Psychology Review</i> , 2021 , 15, 51-5	5 ^{7.1}	6
206	Investigating which behaviour change techniques work for whom in which contexts delivered by what means: Proposal for an international collaboratory of Centres for Understanding Behaviour Change (CUBiC). <i>British Journal of Health Psychology</i> , 2021 , 26, 1-14	8.3	7
205	Cancer prevention through weight control-where are we in 2020?. <i>British Journal of Cancer</i> , 2021 , 124, 1049-1056	8.7	3
204	The H2020 "NoHoW Project": A Position Statement on Behavioural Approaches to Longer-Term Weight Management. <i>Obesity Facts</i> , 2021 , 14, 246-258	5.1	1
203	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021 , 14, 320-333	5.1	2
202	Barriers and facilitators to implementation of shared medical appointments in primary care for the management of long-term conditions: a systematic review and synthesis of qualitative studies. <i>BMJ Open</i> , 2021 , 11, e046842	3	1
201	Association between characteristics of behavioural weight loss programmes and weight change after programme end: systematic review and meta-analysis. <i>BMJ, The</i> , 2021 , 374, n1840	5.9	3
200	Participant experiences in the Diabetes REmission Clinical Trial (DiRECT). Diabetic Medicine, 2021, e1468	8 9 .5	1
199	Reducing bias in trials due to reactions to measurement: experts produced recommendations informed by evidence. <i>Journal of Clinical Epidemiology</i> , 2021 , 139, 130-139	5.7	8
198	Factors associated with vaccine intention in adults living in England who either did not want or had not yet decided to be vaccinated against COVID-19 <i>Human Vaccines and Immunotherapeutics</i> , 2021 , 1-13	4.4	1

(2019-2020)

197	Active travelling to school is not associated with increased total daily physical activity levels, or reduced obesity and cardiovascular/pulmonary health parameters in 10-12-year olds: a cross-sectional cohort study. <i>International Journal of Obesity</i> , 2020 , 44, 1452-1466	5.5	3
196	From Boulder to Stockholm in 70 Years: Single Case Experimental Designs in Clinical Research. <i>Psychological Record</i> , 2020 , 70, 659-670	1.1	13
195	Asking questions changes health-related behavior: an updated systematic review and meta-analysis. <i>Journal of Clinical Epidemiology</i> , 2020 , 123, 59-68	5.7	11
194	The National Endoscopy Database (NED) Automated Performance Reports to Improve Quality Outcomes Trial (APRIQOT) randomized controlled trial design. <i>Endoscopy International Open</i> , 2020 , 8, E1545-E1552	3	1
193	The Recognition-Response Gap in Acute Stroke: Examining the Relationship between Stroke Recognition and Response in a General Population Survey. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2020 , 29, 104499	2.8	3
192	The effect of traffic-light labels and time pressure on estimating kilocalories and carbon footprint of food. <i>Appetite</i> , 2020 , 155, 104794	4.5	7
191	The development of health behaviour change interventions for childhood cancer survivors: The need for a behavioural science approach. <i>Pediatric Blood and Cancer</i> , 2020 , 67, e28500	3	6
190	Perceived influences on smoking behaviour and perceptions of dentist-delivered smoking cessation advice: A qualitative interview study. <i>Community Dentistry and Oral Epidemiology</i> , 2020 , 48, 433-439	2.8	2
189	Do compensatory health beliefs predict behavioural intention in a multiple health behaviour change context? Evidence in individuals with cardiovascular diseases?. <i>Psychology, Health and Medicine</i> , 2020 , 25, 593-600	2.1	3
188	Behaviour change during dietary Type 2 diabetes remission: a longitudinal qualitative evaluation of an intervention using a very low energy diet. <i>Diabetic Medicine</i> , 2020 , 37, 953-962	3.5	13
187	Stakeholders' perceptions and experiences of the National Health Service diabetes prevention programme in England: qualitative study with service users, intervention providers and deliverers, commissioners and referrers. <i>BMC Health Services Research</i> , 2020 , 20, 307	2.9	7
186	Exploring the role of competing demands and routines during the implementation of a self-management tool for type 2 diabetes: a theory-based qualitative interview study. <i>BMC Medical Informatics and Decision Making</i> , 2019 , 19, 23	3.6	6
185	A feasibility study with embedded pilot randomised controlled trial and process evaluation of electronic cigarettes for smoking cessation in patients with periodontitis. <i>Pilot and Feasibility Studies</i> , 2019 , 5, 74	1.9	16
184	Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). <i>PLoS Medicine</i> , 2019 , 16, e1002793	11.6	12
183	Using the critical incident technique for qualitative process evaluation of interventions: The example of the "Let's Move It" trial. <i>Social Science and Medicine</i> , 2019 , 232, 389-397	5.1	7
182	'It's not a diet, it's a lifestyle': a longitudinal, data-prompted interview study of weight loss maintenance. <i>Psychology and Health</i> , 2019 , 34, 963-982	2.9	21
181	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology,the</i> , 2019 , 7, 344-355	18.1	273
180	Prevalence and predictors of weight loss maintenance: alretrospective population-based survey of European adults with overweight and obesity. <i>Journal of Human Nutrition and Dietetics</i> , 2019 , 32, 745-75	31	4

179	Psychological correlates of adherence to photoprotection in a rare disease: International survey of people with Xeroderma Pigmentosum. <i>British Journal of Health Psychology</i> , 2019 , 24, 668-686	8.3	6
178	Exploring patient attitudes to behaviour change before surgery to reduce peri-operative risk: preferences for short- vs. long-term behaviour change. <i>Anaesthesia</i> , 2019 , 74, 1580-1588	6.6	19
177	Evaluation of a personalised adherence intervention to improve photoprotection in adults with Xeroderma Pigmentosum (XP): protocol for the trial of XPAND. <i>BMJ Open</i> , 2019 , 9, e028577	3	3
176	Developing Behavior Change Interventions for Self-Management in Chronic Illness: An Integrative Overview. <i>European Psychologist</i> , 2019 , 24, 7-25	4.4	90
175	The NoHoW protocol: a multicentre 2½ factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. <i>BMJ Open</i> , 2019 , 9, e029	9425	20
174	The relationship between habit and healthcare professional behaviour in clinical practice: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2019 , 13, 73-90	7.1	25
173	Combining the reasoned action approach and habit formation to reduce sitting time in classrooms: Outcome and process evaluation of the Let's Move It teacher intervention. <i>Journal of Experimental Social Psychology</i> , 2019 , 81, 27-38	2.6	6
172	Attribution of weight regain to emotional reasons amongst European adults with overweight and obesity who regained weight following a weight loss attempt. <i>Eating and Weight Disorders</i> , 2019 , 24, 351-361	3.6	28
171	Intervention strategies to improve nutrition and health behaviours before conception. <i>Lancet, The</i> , 2018 , 391, 1853-1864	40	159
170	GestationaL Obesity Weight management: Implementation of National Guidelines (GLOWING): a pilot cluster randomised controlled trial of a guideline implementation intervention for the management of maternal obesity by midwives. <i>Pilot and Feasibility Studies</i> , 2018 , 4, 47	1.9	1
169	NHS Diabetes Prevention Programme in England: formative evaluation of the programme in early phase implementation. <i>BMJ Open</i> , 2018 , 8, e019467	3	37
168	Design and development of a complex narrative intervention delivered by text messages to reduce binge drinking among socially disadvantaged men. <i>Pilot and Feasibility Studies</i> , 2018 , 4, 105	1.9	2
167	Support needs of patients with obesity in primary care: a practice-list survey. <i>BMC Family Practice</i> , 2018 , 19, 6	2.6	11
166	Cluster randomised controlled trial of a theory-based multiple behaviour change intervention aimed at healthcare professionals to improve their management of type 2 diabetes in primary care. <i>Implementation Science</i> , 2018 , 13, 65	8.4	19
165	Association Between Objectively Measured Physical Activity and Opioid, Hypnotic, or Anticholinergic Medication Use in Older People: Data from the Physical Activity Cohort Scotland Study. <i>Drugs and Aging</i> , 2018 , 35, 835-842	4.7	4
164	Texting to Reduce Alcohol Misuse (TRAM): main findings from a randomized controlled trial of a text message intervention to reduce binge drinking among disadvantaged men. <i>Addiction</i> , 2018 , 113, 1609	4.6	13
163	Acceptability and Feasibility of a Trial Testing Allocation to Sunscreen and a Smartphone App for Sun Protection: Discontinued Randomized Controlled Trial. <i>JMIR Dermatology</i> , 2018 , 1, e1	1.8	2
162	Text message intervention to reduce frequency of binge drinking among disadvantaged men: the TRAM RCT. <i>Public Health Research</i> , 2018 , 6, 1-156	1.7	2

161	Understanding and predicting a complex behavior using n-of-1 methods: Photoprotection in xeroderma pigmentosum. <i>Health Psychology</i> , 2018 , 37, 1145-1158	5	7
160	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , 2018 , 61, 589-598	10.3	27
159	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , 2018 , 391, 541-551	40	713
158	Creating and Breaking Habit in Healthcare Professional Behaviours to Improve Healthcare and Health 2018 , 247-265		4
157	Using evidence-based guidelines to inform service provision: a structured mapping exercise within the National Health Service Diabetes Prevention Programme in England. <i>BMC Research Notes</i> , 2018 , 11, 510	2.3	1
156	The complexity of self-regulating food intake in weight loss maintenance. A qualitative study among short- and long-term weight loss maintainers. <i>Social Science and Medicine</i> , 2018 , 208, 18-24	5.1	18
155	Supporting the transition from weight loss to maintenance: development and optimisation of a face-to-face behavioural intervention component. <i>Health Psychology and Behavioral Medicine</i> , 2017 , 5, 66-84	2.2	4
154	The state of the art and future opportunities for using longitudinal n-of-1 methods in health behaviour research: a systematic literature overview. <i>Health Psychology Review</i> , 2017 , 11, 307-323	7.1	123
153	Dynamic modelling of n-of-1 data: powerful and flexible data analytics applied to individualised studies. <i>Health Psychology Review</i> , 2017 , 11, 222-234	7.1	37
152	Predictors of Physical Activity After Gastric Bypass-a Prospective Study. <i>Obesity Surgery</i> , 2017 , 27, 2050)-30/57	16
151	Randomised controlled feasibility study of a school-based multi-level intervention to increase physical activity and decrease sedentary behaviour among vocational school students. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 37	8.4	23
150	N-of-1 study of weight loss maintenance assessing predictors of physical activity, adherence to weight loss plan and weight change. <i>Psychology and Health</i> , 2017 , 32, 686-708	2.9	24
149	Factors associated with change in objectively measured physical activity in older people - data from the physical activity cohort Scotland study. <i>BMC Geriatrics</i> , 2017 , 17, 180	4.1	14
148	Changes in physical activity during the retirement transition: a series of novel n-of-1 natural experiments. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 167	8.4	21
147	An investigation of the predictors of photoprotection and UVR dose to the face in patients with XP: a protocol using observational mixed methods. <i>BMJ Open</i> , 2017 , 7, e018364	3	9
146	Complex systems and individual-level approaches to population health: a false dichotomy?. <i>Lancet Public Health, The</i> , 2017 , 2, e396-e397	22.4	49
145	Acceptability of a very-low-energy diet in Type 2 diabetes: patient experiences and behaviour regulation. <i>Diabetic Medicine</i> , 2017 , 34, 1554-1567	3.5	30
144	Real Time Monitoring of Engagement with a Text Message Intervention to Reduce Binge Drinking Among Men Living in Socially Disadvantaged Areas of Scotland. <i>International Journal of Behavioral Medicine</i> , 2017 , 24, 713-721	2.6	7

143	Aware, motivated and striving for a 'safe tan': an exploratory mixed-method study of sun-protection during holidays. <i>Health Psychology and Behavioral Medicine</i> , 2017 , 5, 276-298	2.2	11
142	Planning to be routine: habit as a mediator of the planning-behaviour relationship in healthcare professionals. <i>Implementation Science</i> , 2017 , 12, 24	8.4	32
141	Prevalence of personal weight control attempts in adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017 , 18, 32-50	10.6	125
140	Modifying Alcohol Consumption to Reduce Obesity: A Randomized Controlled Feasibility Study of a Complex Community-based Intervention for Men. <i>Alcohol and Alcoholism</i> , 2017 , 52, 677-684	3.5	8
139	Systematic and Iterative Development of a Smartphone App to Promote Sun-Protection Among Holidaymakers: Design of a Prototype and Results of Usability and Acceptability Testing. <i>JMIR Research Protocols</i> , 2017 , 6, e112	2	15
138	Modifying Alcohol Consumption to Reduce Obesity (MACRO): development and feasibility trial of a complex community-based intervention for men. <i>Health Technology Assessment</i> , 2017 , 21, 1-150	4.4	4
137	Quantitative data analysis of perceived barriers and motivators to physical activity in stroke survivors. <i>Journal of the Royal College of Physicians of Edinburgh, The</i> , 2017 , 47, 231-236	0.9	10
136	P65 Acceptability of financial incentives for health behaviours in UK adults: a discrete choice experiment. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A82.2-A82	5.1	
135	OP80 Formative evaluation of the UK NHS diabetes prevention programme demonstrator phase: review of baseline information. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A44.2-A45	5.1	
134	Motivational, volitional and multiple goal predictors of walking in people with type 2 diabetes. <i>Psychology of Sport and Exercise</i> , 2016 , 26, 83-93	4.2	5
133	'Let's Move It' - a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. <i>BMC Public Health</i> , 2016 , 16, 451	4.1	73
132	The Diabetes Remission Clinical Trial (DiRECT): protocol for a cluster randomised trial. <i>BMC Family Practice</i> , 2016 , 17, 20	2.6	54
131	N-of-1 randomised controlled trials in health psychology and behavioural medicine: A commentary on Nyman et al., 2016. <i>Psychology and Health</i> , 2016 , 31, 331-3	2.9	7
130	Preoperative predictors of adherence to dietary and physical activity recommendations and weight loss one year after surgery. <i>Surgery for Obesity and Related Diseases</i> , 2016 , 12, 910-918	3	18
129	Theoretical explanations for maintenance of behaviour change: a systematic review of behaviour theories. <i>Health Psychology Review</i> , 2016 , 10, 277-96	7.1	537
128	A systematic review of school-based interventions targeting physical activity and sedentary behaviour among older adolescents. <i>International Review of Sport and Exercise Psychology</i> , 2016 , 9, 22-4	14 ^{.8}	86
127	Estimating cut points: A simple method for new wearables. <i>Maturitas</i> , 2016 , 83, 78-82	5	8
126	Systematic development of a theory-informed multifaceted behavioural intervention to increase physical activity of adults with type 2 diabetes in routine primary care: Movement as Medicine for Type 2 Diabetes. Implementation Science 2016, 11, 99	8.4	16

125	Acceptability of Financial Incentives for Health Behaviours: A Discrete Choice Experiment. <i>PLoS ONE</i> , 2016 , 11, e0157403	3.7	33
124	Integrating Evidence From Systematic Reviews, Qualitative Research, and Expert Knowledge Using Co-Design Techniques to Develop a Web-Based Intervention for People in the Retirement Transition. <i>Journal of Medical Internet Research</i> , 2016 , 18, e210	7.6	41
123	Community pharmacy interventions for public health priorities: a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. <i>Public Health Research</i> , 2016 , 4, 1-162	1.7	13
122	Pilot Randomised Controlled Trial of a Web-Based Intervention to Promote Healthy Eating, Physical Activity and Meaningful Social Connections Compared with Usual Care Control in People of Retirement Age Recruited from Workplaces. <i>PLoS ONE</i> , 2016 , 11, e0159703	3.7	38
121	Commentary: The Impact of Asking Intention or Self-Prediction Questions on Subsequent Behavior: A Meta-Analysis. <i>Frontiers in Psychology</i> , 2016 , 7, 879	3.4	7
120	A theory-informed approach to developing visually mediated interventions to change behaviour using an asthma and physical activity intervention exemplar. <i>Pilot and Feasibility Studies</i> , 2016 , 2, 46	1.9	5
119	Community pharmacy-delivered interventions for public health priorities: a systematic review of interventions for alcohol reduction, smoking cessation and weight management, including meta-analysis for smoking cessation. <i>BMJ Open</i> , 2016 , 6, e009828	3	98
118	Acceptability of financial incentives for health behaviour change to public health policymakers: a qualitative study. <i>BMC Public Health</i> , 2016 , 16, 989	4.1	15
117	Social cognitions about food choice in children aged five to eight years: Feasibility and predictive validity of an age appropriate measurement. <i>Appetite</i> , 2016 , 105, 144-50	4.5	3
116	"You Can't Always Get What You Want": A Novel Research Paradigm to Explore the Relationship between Multiple Intentions and Behaviours. <i>Applied Psychology: Health and Well-Being</i> , 2016 , 8, 258-7	5 ^{6.8}	10
115	Efficacy and acceptability of very low energy diets in overweight and obese people with Type 2 diabetes mellitus: a systematic review with meta-analyses. <i>Diabetic Medicine</i> , 2016 , 33, 580-91	3.5	26
114	Predictors of Preoperative Weight Loss in Morbidly Obese Adults Waiting for Bariatric Surgery: A Prospective Cohort Study. <i>Obesity Surgery</i> , 2015 , 25, 1610-7	3.7	12
113	The role of perceived barriers and objectively measured physical activity in adults aged 65-100. <i>Age and Ageing</i> , 2015 , 44, 384-90	3	23
112	On the development, evaluation and evolution of health behaviour theory. <i>Health Psychology Review</i> , 2015 , 9, 176-89	7.1	25
111	Acceptability of financial incentives and penalties for encouraging uptake of healthy behaviours: focus groups. <i>BMC Public Health</i> , 2015 , 15, 58	4.1	37
110	Changes in physical activity during the retirement transition: a theory-based, qualitative interview study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 25	8.4	40
109	The features of interventions associated with long-term effectiveness of physical activity interventions in adults aged 55-70 years: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2015 , 9, 417-33	7.1	72
108	Goal conflict and goal facilitation in community-based cardiac rehabilitation: a theory-based interview study. <i>Psychology, Health and Medicine</i> , 2015 , 20, 227-38	2.1	11

107	Perceived control and intrinsic vs. extrinsic motivation for oral self-care: a full factorial experimental test of theory-based persuasive messages. <i>Annals of Behavioral Medicine</i> , 2015 , 49, 258-68	₃ 4·5	9
106	Acceptability of financial incentives for breastfeeding: thematic analysis of readers' comments to UK online news reports. <i>BMC Pregnancy and Childbirth</i> , 2015 , 15, 116	3.2	32
105	Social cognitions measured in 4 to 6 year olds are predictive of objectively measured physical activity. <i>Psychology and Health</i> , 2015 , 30, 1240-57	2.9	5
104	The stroke 'Act FAST' campaign: remembered but not understood?. <i>International Journal of Stroke</i> , 2015 , 10, 324-30	6.3	25
103	The question-behavior effect: genuine effect or spurious phenomenon? A systematic review of randomized controlled trials with meta-analyses. <i>Health Psychology</i> , 2015 , 34, 61-78	5	52
102	Data-prompted interviews: Using individual ecological data to stimulate narratives and explore meanings. <i>Health Psychology</i> , 2015 , 34, 1191-4	5	69
101	Differences Between US and UK Adults in Stroke Preparedness: Evidence From Parallel Population-Based Community Surveys. <i>Stroke</i> , 2015 , 46, 3220-5	6.7	10
100	Successful behavioural strategies to increase physical activity and improve glucose control in adults with Typel ² diabetes. <i>Diabetic Medicine</i> , 2015 , 32, 1058-62	3.5	54
99	The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , 2015 , 16, 421	2.8	17
98	Acceptability of financial incentives for encouraging uptake of healthy behaviours: A critical review using systematic methods. <i>Preventive Medicine</i> , 2015 , 73, 145-58	4.3	56
97	Benefits of Incentives for Breastfeeding and Smoking cessation in pregnancy (BIBS): a mixed-methods study to inform trial design. <i>Health Technology Assessment</i> , 2015 , 19, 1-522, vii-viii	4.4	43
96	Effectiveness and acceptability of parental financial incentives and quasi-mandatory schemes for increasing uptake of vaccinations in preschool children: systematic review, qualitative study and discrete choice experiment. <i>Health Technology Assessment</i> , 2015 , 19, 1-176	4.4	43
95	Movement as Medicine for Type 2 Diabetes: protocol for an open pilot study and external pilot clustered randomised controlled trial to assess acceptability, feasibility and fidelity of a multifaceted behavioural intervention targeting physical activity in primary care. <i>Trials</i> , 2014 , 15, 46	2.8	9
94	The effectiveness of gain-versus loss-framed health messages in improving oral health in Iranian secondary schools: a cluster-randomized controlled trial. <i>Annals of Behavioral Medicine</i> , 2014 , 47, 376-87	7 4·5	22
93	The push me, pull you of financial incentives and health inequalities: a mixed methods study investigating smoking cessation in pregnancy and breastfeeding. <i>Lancet, The</i> , 2014 , 384, S37	40	6
92	Community pharmacy interventions for public health priorities: protocol for a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. <i>Systematic Reviews</i> , 2014 , 3, 93	3	17
91	Interventions to change maternity healthcare professionals' behaviours to promote weight-related support for obese pregnant women: a systematic review. <i>Implementation Science</i> , 2014 , 9, 97	8.4	18
90	Carrots, sticks and health behaviours: a framework for documenting the complexity of financial incentive interventions to change health behaviours. <i>Health Psychology Review</i> , 2014 , 8, 286-95	7.1	121

89	Dog ownership and physical activity in later life: a cross-sectional observational study. <i>Preventive Medicine</i> , 2014 , 66, 101-6	4.3	47
88	Reflective and automatic processes in health care professional behaviour: a dual process model tested across multiple behaviours. <i>Annals of Behavioral Medicine</i> , 2014 , 48, 347-58	4.5	109
87	Predicting automaticity in exercise behaviour: the role of perceived behavioural control, affect, intention, action planning, and behaviour. <i>International Journal of Behavioral Medicine</i> , 2014 , 21, 767-74	2.6	57
86	Effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomized controlled trials. <i>BMC Medicine</i> , 2014 , 12, 60	11.4	49
85	Improving Diabetes care through Examining, Advising, and prescribing (IDEA): protocol for a theory-based cluster randomised controlled trial of a multiple behaviour change intervention aimed at primary healthcare professionals. <i>Implementation Science</i> , 2014 , 9, 61	8.4	19
84	Intention and planning predicting medication adherence following coronary artery bypass graft surgery. <i>Journal of Psychosomatic Research</i> , 2014 , 77, 287-95	4.1	25
83	P109 Can A Theory-informed Interactive Animation Increase Intentions To Engage In Physical Activity In Young People With Asthma?. <i>Thorax</i> , 2014 , 69, A125-A125	7.3	
82	OP58 Acceptability of financial incentives and penalties for encouraging uptake of healthy behaviours: a systematic review. <i>Journal of Epidemiology and Community Health</i> , 2014 , 68, A30.2-A30	5.1	
81	Association of behaviour change techniques with effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomised controlled trials. <i>BMC Medicine</i> , 2014 , 12, 177	11.4	73
8o	Long term maintenance of weight loss with non-surgical interventions in obese adults: systematic review and meta-analyses of randomised controlled trials. <i>BMJ, The</i> , 2014 , 348, g2646	5.9	431
79	Parental financial incentives for increasing preschool vaccination uptake: systematic review. <i>Pediatrics</i> , 2014 , 134, e1117-28	<i>7</i> ⋅4	26
78	Perspectives of UK Pakistani women on their behaviour change to prevent type 2 diabetes: qualitative study using the theory domain framework. <i>BMJ Open</i> , 2014 , 4, e004530	3	17
77	Does theory influence the effectiveness of health behavior interventions? Meta-analysis. <i>Health Psychology</i> , 2014 , 33, 465-74	5	324
76	Planning predicts dental service attendance and the effect is moderated by dental anxiety and educational status: findings from a one-year prospective study. <i>Applied Psychology: Health and Well-Being</i> , 2014 , 6, 214-29	6.8	7
75	A qualitative theory guided analysis of stroke survivors' perceived barriers and facilitators to physical activity. <i>Disability and Rehabilitation</i> , 2014 , 36, 1857-68	2.4	70
74	A mobile phone intervention to reduce binge drinking among disadvantaged men: study protocol for a randomised controlled cost-effectiveness trial. <i>Trials</i> , 2014 , 15, 494	2.8	9
73	Efficacy of behavioural interventions for transport behaviour change: systematic review, meta-analysis and intervention coding. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 133	8.4	71
72	Association of day length and weather conditions with physical activity levels in older community dwelling people. <i>PLoS ONE</i> , 2014 , 9, e85331	3.7	37

71	The effectiveness of financial incentives for health behaviour change: systematic review and meta-analysis. <i>PLoS ONE</i> , 2014 , 9, e90347	3.7	290
7º	Unintended consequences of incentive provision for behaviour change and maintenance around childbirth. <i>PLoS ONE</i> , 2014 , 9, e111322	3.7	20
69	Can a Theory-Informed Interactive Animation Increase Intentions to Engage in Physical Activity in Young People with Asthma?. <i>Lecture Notes in Computer Science</i> , 2014 , 289-300	0.9	
68	Are behavioral interventions effective in increasing physical activity at 12 to 36 months in adults aged 55 to 70 years? A systematic review and meta-analysis. <i>BMC Medicine</i> , 2013 , 11, 75	11.4	140
67	Are interventions to promote sun-protective behaviors in recreational and tourist settings effective? A systematic review with meta-analysis and moderator analysis. <i>Annals of Behavioral Medicine</i> , 2013 , 45, 224-38	4.5	26
66	Adolescent sunscreen use in springtime: a prospective predictive study informed by a belief elicitation investigation. <i>Journal of Behavioral Medicine</i> , 2013 , 36, 109-23	3.6	16
65	The best laid plans: planning skill determines the effectiveness of action plans and implementation intentions. <i>Annals of Behavioral Medicine</i> , 2013 , 46, 114-20	4.5	88
64	The impact of the UK 'Act FAST' stroke awareness campaign: content analysis of patients, witness and primary care clinicians' perceptions. <i>BMC Public Health</i> , 2013 , 13, 915	4.1	42
63	Psychological theory in an interdisciplinary context: psychological, demographic, health-related, social, and environmental correlates of physical activity in a representative cohort of community-dwelling older adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> ,	8.4	18
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17	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007 , 37, 2706-2725	2.1	20
16	Predicting binge-drinking behaviour using an extended TPB: examining the impact of anticipated regret and descriptive norms. <i>Alcohol and Alcoholism</i> , 2007 , 42, 84-91	3.5	104
15	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , 2007 , 22, 332-41	1.8	51
14	Increasing physical exercise levels: age-specific benefits of planning. <i>Journal of Aging and Health</i> , 2007 , 19, 851-66	2.6	61
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10	The role of action control in implementing intentions during the first weeks of behaviour change. <i>British Journal of Social Psychology</i> , 2006 , 45, 87-106	6.8	120
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1	Development of a theory and evidence-based digital intervention tool for weight loss maintenance: the NoHoW Toolkit (Preprint)		2