

# Falko F Sniehotta

## List of Publications by Citations

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214  
papers

13,485  
citations

54  
h-index

112  
g-index

253  
ext. papers

16,168  
ext. citations

5.1  
avg. IF

6.79  
L-index

#	Paper	IF	Citations
214	A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours: the CALO-RE taxonomy. <i>Psychology and Health</i> , <b>2011</b> , 26, 1479-98	2.9	1053
213	Bridging the intention-behaviour gap: Planning, self-efficacy, and action control in the adoption and maintenance of physical exercise. <i>Psychology and Health</i> , <b>2005</b> , 20, 143-160	2.9	758
212	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , <b>2018</b> , 391, 541-551	40	713
211	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , <b>2005</b> , 35, 565-576	2.9	598
210	Theoretical explanations for maintenance of behaviour change: a systematic review of behaviour theories. <i>Health Psychology Review</i> , <b>2016</b> , 10, 277-96	7.1	537
209	Long term maintenance of weight loss with non-surgical interventions in obese adults: systematic review and meta-analyses of randomised controlled trials. <i>BMJ, The</i> , <b>2014</b> , 348, g2646	5.9	431
208	Identifying active ingredients in complex behavioural interventions for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: a systematic review. <i>Health Psychology Review</i> , <b>2012</b> , 6, 7-32	7.1	329
207	Does theory influence the effectiveness of health behavior interventions? Meta-analysis. <i>Health Psychology</i> , <b>2014</b> , 33, 465-74	5	324
206	Action plans and coping plans for physical exercise: A longitudinal intervention study in cardiac rehabilitation. <i>British Journal of Health Psychology</i> , <b>2006</b> , 11, 23-37	8.3	303
205	The effectiveness of financial incentives for health behaviour change: systematic review and meta-analysis. <i>PLoS ONE</i> , <b>2014</b> , 9, e90347	3.7	290
204	Towards a theory of intentional behaviour change: plans, planning, and self-regulation. <i>British Journal of Health Psychology</i> , <b>2009</b> , 14, 261-73	8.3	284
203	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology, the</i> , <b>2019</b> , 7, 344-355	18.1	273
202	Changing physical activity behavior in type 2 diabetes: a systematic review and meta-analysis of behavioral interventions. <i>Diabetes Care</i> , <b>2012</b> , 35, 2681-9	14.6	216
201	Using theories of behaviour change to inform interventions for addictive behaviours. <i>Addiction</i> , <b>2010</b> , 105, 1879-92	4.6	204
200	Predicting Physical Exercise in Cardiac Rehabilitation: The Role of Phase-Specific Self-Efficacy Beliefs. <i>Journal of Sport and Exercise Psychology</i> , <b>2005</b> , 27, 135-151	1.5	195
199	Does planning how to cope with anticipated barriers facilitate health-related behaviour change? A systematic review. <i>Health Psychology Review</i> , <b>2013</b> , 7, 129-145	7.1	166
198	Intervention strategies to improve nutrition and health behaviours before conception. <i>Lancet, The</i> , <b>2018</b> , 391, 1853-1864	40	159

197	A systematic review of perceived barriers and motivators to physical activity after stroke. <i>International Journal of Stroke</i> , <b>2013</b> , 8, 357-64	6.3	141
196	Are behavioral interventions effective in increasing physical activity at 12 to 36 months in adults aged 55 to 70 years? A systematic review and meta-analysis. <i>BMC Medicine</i> , <b>2013</b> , 11, 75	11.4	140
195	Long-term effects of two psychological interventions on physical exercise and self-regulation following coronary rehabilitation. <i>International Journal of Behavioral Medicine</i> , <b>2005</b> , 12, 244-55	2.6	136
194	Prevalence of personal weight control attempts in adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2017</b> , 18, 32-50	10.6	125
193	The state of the art and future opportunities for using longitudinal n-of-1 methods in health behaviour research: a systematic literature overview. <i>Health Psychology Review</i> , <b>2017</b> , 11, 307-323	7.1	123
192	Carrots, sticks and health behaviours: a framework for documenting the complexity of financial incentive interventions to change health behaviours. <i>Health Psychology Review</i> , <b>2014</b> , 8, 286-95	7.1	121
191	The role of action control in implementing intentions during the first weeks of behaviour change. <i>British Journal of Social Psychology</i> , <b>2006</b> , 45, 87-106	6.8	120
190	An intervention to promote walking amongst the general population based on an 'extended' theory of planned behaviour: a waiting list randomised controlled trial. <i>Psychology and Health</i> , <b>2010</b> , 25, 71-88	2.9	114
189	The habitual use of the Self-report Habit Index. <i>Annals of Behavioral Medicine</i> , <b>2012</b> , 43, 139-40; author reply 141-2	4.5	112
188	Reflective and automatic processes in health care professional behaviour: a dual process model tested across multiple behaviours. <i>Annals of Behavioral Medicine</i> , <b>2014</b> , 48, 347-58	4.5	109
187	An Experimental Test of the Theory of Planned Behavior. <i>Applied Psychology: Health and Well-Being</i> , <b>2009</b> , 1, 257-270	6.8	104
186	Predicting binge-drinking behaviour using an extended TPB: examining the impact of anticipated regret and descriptive norms. <i>Alcohol and Alcoholism</i> , <b>2007</b> , 42, 84-91	3.5	104
185	Community pharmacy-delivered interventions for public health priorities: a systematic review of interventions for alcohol reduction, smoking cessation and weight management, including meta-analysis for smoking cessation. <i>BMJ Open</i> , <b>2016</b> , 6, e009828	3	98
184	Behavioural interventions for obese adults with additional risk factors for morbidity: systematic review of effects on behaviour, weight and disease risk factors. <i>Obesity Facts</i> , <b>2010</b> , 3, 377-96	5.1	97
183	Disentangling the relation between intentions, planning, and behaviour: a moderated mediation analysis. <i>Psychology and Health</i> , <b>2009</b> , 24, 67-79	2.9	97
182	Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , <b>2006</b> , 33, 612-9	7.7	92
181	Developing Behavior Change Interventions for Self-Management in Chronic Illness: An Integrative Overview. <i>European Psychologist</i> , <b>2019</b> , 24, 7-25	4.4	90
180	The best laid plans: planning skill determines the effectiveness of action plans and implementation intentions. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 46, 114-20	4.5	88

179	A systematic review of school-based interventions targeting physical activity and sedentary behaviour among older adolescents. <i>International Review of Sport and Exercise Psychology</i> , <b>2016</b> , 9, 22-44	4.8	86
178	Randomized controlled trial of a one-minute intervention changing oral self-care behavior. <i>Journal of Dental Research</i> , <b>2007</b> , 86, 641-5	8.1	77
177	'Let's Move It' - a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. <i>BMC Public Health</i> , <b>2016</b> , 16, 451	4.1	73
176	Association of behaviour change techniques with effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomised controlled trials. <i>BMC Medicine</i> , <b>2014</b> , 12, 177	11.4	73
175	The features of interventions associated with long-term effectiveness of physical activity interventions in adults aged 55-70 years: a systematic review and meta-analysis. <i>Health Psychology Review</i> , <b>2015</b> , 9, 417-33	7.1	72
174	What helps and hinders midwives in engaging with pregnant women about stopping smoking? A cross-sectional survey of perceived implementation difficulties among midwives in the North East of England. <i>Implementation Science</i> , <b>2012</b> , 7, 36	8.4	72
173	Efficacy of behavioural interventions for transport behaviour change: systematic review, meta-analysis and intervention coding. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 133	8.4	71
172	A qualitative theory guided analysis of stroke survivors' perceived barriers and facilitators to physical activity. <i>Disability and Rehabilitation</i> , <b>2014</b> , 36, 1857-68	2.4	70
171	The importance of making explicit links between theoretical constructs and behaviour change techniques. <i>Addiction</i> , <b>2010</b> , 105, 1897-8	4.6	70
170	Data-prompted interviews: Using individual ecological data to stimulate narratives and explore meanings. <i>Health Psychology</i> , <b>2015</b> , 34, 1191-4	5	69
169	Increasing physical exercise levels: age-specific benefits of planning. <i>Journal of Aging and Health</i> , <b>2007</b> , 19, 851-66	2.6	61
168	Do pedometers increase physical activity in sedentary older women? A randomized controlled trial. <i>Journal of the American Geriatrics Society</i> , <b>2010</b> , 58, 2099-106	5.6	59
167	Physical activity and depressive symptoms in cardiac rehabilitation: long-term effects of a self-management intervention. <i>Social Science and Medicine</i> , <b>2006</b> , 62, 3109-20	5.1	59
166	Predicting automaticity in exercise behaviour: the role of perceived behavioural control, affect, intention, action planning, and behaviour. <i>International Journal of Behavioral Medicine</i> , <b>2014</b> , 21, 767-74	2.6	57
165	Predicting changes in physical activity among adolescents: the role of self-efficacy, intention, action planning and coping planning. <i>Health Education Research</i> , <b>2009</b> , 24, 128-39	1.8	57
164	Acceptability of financial incentives for encouraging uptake of healthy behaviours: A critical review using systematic methods. <i>Preventive Medicine</i> , <b>2015</b> , 73, 145-58	4.3	56
163	The Diabetes Remission Clinical Trial (DiRECT): protocol for a cluster randomised trial. <i>BMC Family Practice</i> , <b>2016</b> , 17, 20	2.6	54
162	Successful behavioural strategies to increase physical activity and improve glucose control in adults with Type2 diabetes. <i>Diabetic Medicine</i> , <b>2015</b> , 32, 1058-62	3.5	54

161	The question-behavior effect: genuine effect or spurious phenomenon? A systematic review of randomized controlled trials with meta-analyses. <i>Health Psychology</i> , <b>2015</b> , 34, 61-78	5	52
160	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , <b>2007</b> , 22, 332-41	1.8	51
159	Effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomized controlled trials. <i>BMC Medicine</i> , <b>2014</b> , 12, 60	11.4	49
158	Complex systems and individual-level approaches to population health: a false dichotomy?. <i>Lancet Public Health, The</i> , <b>2017</b> , 2, e396-e397	22.4	49
157	The use of pedometers in stroke survivors: are they feasible and how well do they detect steps?. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2012</b> , 93, 466-70	2.8	48
156	Dog ownership and physical activity in later life: a cross-sectional observational study. <i>Preventive Medicine</i> , <b>2014</b> , 66, 101-6	4.3	47
155	Social support and regular physical activity: does planning mediate this link?. <i>British Journal of Health Psychology</i> , <b>2010</b> , 15, 859-70	8.3	47
154	Do brief online planning interventions increase physical activity amongst university students? A randomised controlled trial. <i>Psychology and Health</i> , <b>2011</b> , 26, 399-417	2.9	45
153	Goal conflict and goal facilitation as predictors of daily accelerometer-assessed physical activity. <i>Health Psychology</i> , <b>2013</b> , 32, 1179-87	5	44
152	Benefits of Incentives for Breastfeeding and Smoking cessation in pregnancy (BIBS): a mixed-methods study to inform trial design. <i>Health Technology Assessment</i> , <b>2015</b> , 19, 1-522, vii-viii	4.4	43
151	Effectiveness and acceptability of parental financial incentives and quasi-mandatory schemes for increasing uptake of vaccinations in preschool children: systematic review, qualitative study and discrete choice experiment. <i>Health Technology Assessment</i> , <b>2015</b> , 19, 1-176	4.4	43
150	The impact of the UK 'Act FAST' stroke awareness campaign: content analysis of patients, witness and primary care clinicians' perceptions. <i>BMC Public Health</i> , <b>2013</b> , 13, 915	4.1	42
149	Multiple goals and time constraints: perceived impact on physicians' performance of evidence-based behaviours. <i>Implementation Science</i> , <b>2009</b> , 4, 77	8.4	41
148	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , <b>2009</b> , 24, 64-75	1.8	41
147	Integrating Evidence From Systematic Reviews, Qualitative Research, and Expert Knowledge Using Co-Design Techniques to Develop a Web-Based Intervention for People in the Retirement Transition. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e210	7.6	41
146	Changes in physical activity during the retirement transition: a theory-based, qualitative interview study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 25	8.4	40
145	Perceived behavioural control and coping planning predict dental brushing behaviour among Iranian adolescents. <i>Journal of Clinical Periodontology</i> , <b>2012</b> , 39, 132-7	7.7	40
144	Development and exploratory cluster-randomised opportunistic trial of a theory-based intervention to enhance physical activity among adolescents. <i>Psychology and Health</i> , <b>2009</b> , 24, 805-22	2.9	39

143	Pilot Randomised Controlled Trial of a Web-Based Intervention to Promote Healthy Eating, Physical Activity and Meaningful Social Connections Compared with Usual Care Control in People of Retirement Age Recruited from Workplaces. <i>PLoS ONE</i> , <b>2016</b> , 11, e0159703	3.7	38
142	Dynamic modelling of n-of-1 data: powerful and flexible data analytics applied to individualised studies. <i>Health Psychology Review</i> , <b>2017</b> , 11, 222-234	7.1	37
141	Acceptability of financial incentives and penalties for encouraging uptake of healthy behaviours: focus groups. <i>BMC Public Health</i> , <b>2015</b> , 15, 58	4.1	37
140	NHS Diabetes Prevention Programme in England: formative evaluation of the programme in early phase implementation. <i>BMJ Open</i> , <b>2018</b> , 8, e019467	3	37
139	Association of day length and weather conditions with physical activity levels in older community dwelling people. <i>PLoS ONE</i> , <b>2014</b> , 9, e85331	3.7	37
138	Participants' perspectives on making and maintaining behavioural changes in a lifestyle intervention for type 2 diabetes prevention: a qualitative study using the theory domain framework. <i>BMJ Open</i> , <b>2013</b> , 3,	3	34
137	Social, environmental and psychological factors associated with objective physical activity levels in the over 65s. <i>PLoS ONE</i> , <b>2012</b> , 7, e31878	3.7	34
136	The feasibility of using pedometers and brief advice to increase activity in sedentary older women--a pilot study. <i>BMC Health Services Research</i> , <b>2008</b> , 8, 169	2.9	33
135	Acceptability of Financial Incentives for Health Behaviours: A Discrete Choice Experiment. <i>PLoS ONE</i> , <b>2016</b> , 11, e0157403	3.7	33
134	Acceptability of financial incentives for breastfeeding: thematic analysis of readers' comments to UK online news reports. <i>BMC Pregnancy and Childbirth</i> , <b>2015</b> , 15, 116	3.2	32
133	Planning to be routine: habit as a mediator of the planning-behaviour relationship in healthcare professionals. <i>Implementation Science</i> , <b>2017</b> , 12, 24	8.4	32
132	Testing self-regulation interventions to increase walking using factorial randomized N-of-1 trials. <i>Health Psychology</i> , <b>2012</b> , 31, 733-7	5	31
131	Acceptability of a very-low-energy diet in Type 2 diabetes: patient experiences and behaviour regulation. <i>Diabetic Medicine</i> , <b>2017</b> , 34, 1554-1567	3.5	30
130	Adoption of community-based cardiac rehabilitation programs and physical activity following phase III cardiac rehabilitation in Scotland: a prospective and predictive study. <i>Psychology and Health</i> , <b>2010</b> , 25, 839-54	2.9	28
129	Attribution of weight regain to emotional reasons amongst European adults with overweight and obesity who regained weight following a weight loss attempt. <i>Eating and Weight Disorders</i> , <b>2019</b> , 24, 351-361	3.6	28
128	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , <b>2018</b> , 61, 589-598	10.3	27
127	Are interventions to promote sun-protective behaviors in recreational and tourist settings effective? A systematic review with meta-analysis and moderator analysis. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 45, 224-38	4.5	26
126	Parental financial incentives for increasing preschool vaccination uptake: systematic review. <i>Pediatrics</i> , <b>2014</b> , 134, e1117-28	7.4	26

125	Efficacy and acceptability of very low energy diets in overweight and obese people with Type 2 diabetes mellitus: a systematic review with meta-analyses. <i>Diabetic Medicine</i> , <b>2016</b> , 33, 580-91	3.5	26
124	On the development, evaluation and evolution of health behaviour theory. <i>Health Psychology Review</i> , <b>2015</b> , 9, 176-89	7.1	25
123	The stroke 'Act FAST' campaign: remembered but not understood?. <i>International Journal of Stroke</i> , <b>2015</b> , 10, 324-30	6.3	25
122	Intention and planning predicting medication adherence following coronary artery bypass graft surgery. <i>Journal of Psychosomatic Research</i> , <b>2014</b> , 77, 287-95	4.1	25
121	With a little help from my goals: integrating intergoal facilitation with the theory of planned behaviour to predict physical activity. <i>British Journal of Health Psychology</i> , <b>2010</b> , 15, 905-19	8.3	25
120	The relationship between habit and healthcare professional behaviour in clinical practice: a systematic review and meta-analysis. <i>Health Psychology Review</i> , <b>2019</b> , 13, 73-90	7.1	25
119	N-of-1 study of weight loss maintenance assessing predictors of physical activity, adherence to weight loss plan and weight change. <i>Psychology and Health</i> , <b>2017</b> , 32, 686-708	2.9	24
118	Goal conflict, goal facilitation, and health professionals' provision of physical activity advice in primary care: an exploratory prospective study. <i>Implementation Science</i> , <b>2011</b> , 6, 73	8.4	24
117	Discontinuity patterns in stages of the precaution adoption process model: meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , <b>2005</b> , 10, 221-35	8.3	24
116	Randomised controlled feasibility study of a school-based multi-level intervention to increase physical activity and decrease sedentary behaviour among vocational school students. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 37	8.4	23
115	The role of perceived barriers and objectively measured physical activity in adults aged 65-100. <i>Age and Ageing</i> , <b>2015</b> , 44, 384-90	3	23
114	Optimizing acceptability and feasibility of an evidence-based behavioral intervention for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: an open-pilot intervention study in secondary care. <i>Patient Education and Counseling</i> , <b>2012</b> , 87, 108-19	3.1	23
113	Preventive health behavior and adaptive accuracy of risk perceptions. <i>Risk Analysis</i> , <b>2008</b> , 28, 741-8	3.9	23
112	The effectiveness of gain-versus loss-framed health messages in improving oral health in Iranian secondary schools: a cluster-randomized controlled trial. <i>Annals of Behavioral Medicine</i> , <b>2014</b> , 47, 376-87 <sup>4.5</sup>		22
111	'It's not a diet, it's a lifestyle': a longitudinal, data-prompted interview study of weight loss maintenance. <i>Psychology and Health</i> , <b>2019</b> , 34, 963-982	2.9	21
110	Changes in physical activity during the retirement transition: a series of novel n-of-1 natural experiments. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 167	8.4	21
109	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , <b>2007</b> , 37, 2706-2725	2.1	20
108	Unintended consequences of incentive provision for behaviour change and maintenance around childbirth. <i>PLoS ONE</i> , <b>2014</b> , 9, e111322	3.7	20

107	The NoHoW protocol: a multicentre 2x2 factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. <i>BMJ Open</i> , <b>2019</b> , 9, e029425	2.0	20
106	Cluster randomised controlled trial of a theory-based multiple behaviour change intervention aimed at healthcare professionals to improve their management of type 2 diabetes in primary care. <i>Implementation Science</i> , <b>2018</b> , 13, 65	8.4	19
105	Exploring patient attitudes to behaviour change before surgery to reduce peri-operative risk: preferences for short- vs. long-term behaviour change. <i>Anaesthesia</i> , <b>2019</b> , 74, 1580-1588	6.6	19
104	Improving Diabetes care through Examining, Advising, and prescribing (IDEA): protocol for a theory-based cluster randomised controlled trial of a multiple behaviour change intervention aimed at primary healthcare professionals. <i>Implementation Science</i> , <b>2014</b> , 9, 61	8.4	19
103	Preoperative predictors of adherence to dietary and physical activity recommendations and weight loss one year after surgery. <i>Surgery for Obesity and Related Diseases</i> , <b>2016</b> , 12, 910-918	3	18
102	Interventions to change maternity healthcare professionals' behaviours to promote weight-related support for obese pregnant women: a systematic review. <i>Implementation Science</i> , <b>2014</b> , 9, 97	8.4	18
101	Psychological theory in an interdisciplinary context: psychological, demographic, health-related, social, and environmental correlates of physical activity in a representative cohort of community-dwelling older adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2013</b> , 10, 106	8.4	18
100	The complexity of self-regulating food intake in weight loss maintenance. A qualitative study among short- and long-term weight loss maintainers. <i>Social Science and Medicine</i> , <b>2018</b> , 208, 18-24	5.1	18
99	Community pharmacy interventions for public health priorities: protocol for a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. <i>Systematic Reviews</i> , <b>2014</b> , 3, 93	3	17
98	The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , <b>2015</b> , 16, 421	2.8	17
97	Perspectives of UK Pakistani women on their behaviour change to prevent type 2 diabetes: qualitative study using the theory domain framework. <i>BMJ Open</i> , <b>2014</b> , 4, e004530	3	17
96	Predictors of Physical Activity After Gastric Bypass-a Prospective Study. <i>Obesity Surgery</i> , <b>2017</b> , 27, 2050-2057	3.7	16
95	A feasibility study with embedded pilot randomised controlled trial and process evaluation of electronic cigarettes for smoking cessation in patients with periodontitis. <i>Pilot and Feasibility Studies</i> , <b>2019</b> , 5, 74	1.9	16
94	Adolescent sunscreen use in springtime: a prospective predictive study informed by a belief elicitation investigation. <i>Journal of Behavioral Medicine</i> , <b>2013</b> , 36, 109-23	3.6	16
93	Systematic development of a theory-informed multifaceted behavioural intervention to increase physical activity of adults with type 2 diabetes in routine primary care: Movement as Medicine for Type 2 Diabetes. <i>Implementation Science</i> , <b>2016</b> , 11, 99	8.4	16
92	Witness response at acute onset of stroke: a qualitative theory-guided study. <i>PLoS ONE</i> , <b>2012</b> , 7, e39852	3.7	16
91	Wide variation in understanding about what constitutes Binge-drinking. <i>Drugs: Education, Prevention and Policy</i> , <b>2010</b> , 17, 762-775	1.2	15
90	Prediction of Behaviour vs. Prediction of Behaviour Change: The Role of Motivational Moderators in the Theory of Planned Behaviour. <i>Applied Psychology</i> , <b>2008</b> , 57, 609-627	4.3	15



89	Systematic and Iterative Development of a Smartphone App to Promote Sun-Protection Among Holidaymakers: Design of a Prototype and Results of Usability and Acceptability Testing. <i>JMIR Research Protocols</i> , <b>2017</b> , 6, e112	2	15
88	Acceptability of financial incentives for health behaviour change to public health policymakers: a qualitative study. <i>BMC Public Health</i> , <b>2016</b> , 16, 989	4.1	15
87	Factors associated with change in objectively measured physical activity in older people - data from the physical activity cohort Scotland study. <i>BMC Geriatrics</i> , <b>2017</b> , 17, 180	4.1	14
86	The systematic development of a brief intervention to increase walking in the general public using an "extended" theory of planned behavior. <i>Journal of Physical Activity and Health</i> , <b>2013</b> , 10, 940-8	2.5	14
85	From Boulder to Stockholm in 70 Years: Single Case Experimental Designs in Clinical Research. <i>Psychological Record</i> , <b>2020</b> , 70, 659-670	1.1	13
84	Texting to Reduce Alcohol Misuse (TRAM): main findings from a randomized controlled trial of a text message intervention to reduce binge drinking among disadvantaged men. <i>Addiction</i> , <b>2018</b> , 113, 1609	4.6	13
83	Community pharmacy interventions for public health priorities: a systematic review of community pharmacy-delivered smoking, alcohol and weight management interventions. <i>Public Health Research</i> , <b>2016</b> , 4, 1-162	1.7	13
82	Behaviour change during dietary Type 2 diabetes remission: a longitudinal qualitative evaluation of an intervention using a very low energy diet. <i>Diabetic Medicine</i> , <b>2020</b> , 37, 953-962	3.5	13
81	Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). <i>PLoS Medicine</i> , <b>2019</b> , 16, e1002793	11.6	12
80	Predictors of Preoperative Weight Loss in Morbidly Obese Adults Waiting for Bariatric Surgery: A Prospective Cohort Study. <i>Obesity Surgery</i> , <b>2015</b> , 25, 1610-7	3.7	12
79	Langzeiteffekte einer Planungs- und Handlungskontrollintervention auf die körperliche Aktivität von Herzpatienten nach der Rehabilitation. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2006</b> , 14, 73-81		12
78	Goal conflict and goal facilitation in community-based cardiac rehabilitation: a theory-based interview study. <i>Psychology, Health and Medicine</i> , <b>2015</b> , 20, 227-38	2.1	11
77	Asking questions changes health-related behavior: an updated systematic review and meta-analysis. <i>Journal of Clinical Epidemiology</i> , <b>2020</b> , 123, 59-68	5.7	11
76	Support needs of patients with obesity in primary care: a practice-list survey. <i>BMC Family Practice</i> , <b>2018</b> , 19, 6	2.6	11
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13	Predictors of lapse and relapse in physical activity and dietary behaviour: a systematic search and review on prospective studies. <i>Psychology and Health</i> , <b>2021</b> , 1-24	2.9	1
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