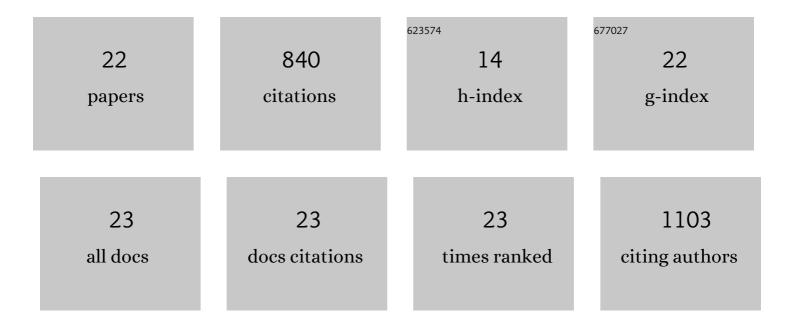
Carly J Wood

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/8006016/publications.pdf

Version: 2024-02-01



#	Article	IF	CITATIONS
1	The great outdoors: how a green exercise environment can benefit all. Extreme Physiology and Medicine, 2013, 2, 3.	2.5	229
2	A case–control study of the health and well-being benefits of allotment gardening. Journal of Public Health, 2016, 38, e336-e344.	1.0	113
3	The Wilderness Expedition. Journal of Experiential Education, 2016, 39, 59-72.	0.6	60
4	Physical fitness and prior physical activity are both associated with less cortisol secretion during psychosocial stress. Anxiety, Stress and Coping, 2018, 31, 135-145.	1.7	46
5	The effect of playground- and nature-based playtime interventions on physical activity and self-esteem in UK school children. International Journal of Environmental Health Research, 2015, 25, 196-206.	1.3	45
6	Regular Doses of Nature: The Efficacy of Green Exercise Interventions for Mental Wellbeing. International Journal of Environmental Research and Public Health, 2020, 17, 1526.	1.2	42
7	A Repeated Measures Experiment of Green Exercise to Improve Self-Esteem in UK School Children. PLoS ONE, 2013, 8, e69176.	1.1	38
8	A randomised control trial of physical activity in a perceived environment on self-esteem and mood in UK adolescents. International Journal of Environmental Health Research, 2013, 23, 311-320.	1.3	35
9	Improving health and well-being independently of GDP: dividends of greener and prosocial economies. International Journal of Environmental Health Research, 2016, 26, 11-36.	1.3	34
10	The effect of Omega-3 polyunsaturated fatty acid supplementation on exercise-induced muscle damage. Journal of the International Society of Sports Nutrition, 2021, 18, 9.	1.7	27
11	A Repeated Measures Experiment of School Playing Environment to Increase Physical Activity and Enhance Self-Esteem in UK School Children. PLoS ONE, 2014, 9, e108701.	1.1	26
12	The effectiveness of Lee Silverman Voice Treatment therapy issued interactively through an iPad device: A non-inferiority study. Journal of Telemedicine and Telecare, 2018, 24, 209-215.	1.4	24
13	Physical education or playtime: which is more effective at promoting physical activity in primary school children?. BMC Research Notes, 2015, 8, 12.	0.6	20
14	Interactions between physical activity and the environment to improve adolescent self-esteem: a randomised controlled trial. International Journal of Environment and Health, 2014, 7, 144.	0.3	16
15	The health impact of nature exposure and green exercise across the life course: a pilot study. International Journal of Environmental Health Research, 2020, 30, 226-235.	1.3	16
16	A cross-sectional study of physical activity behaviour and associations with wellbeing during the UK coronavirus lockdown. Journal of Health Psychology, 2022, 27, 1432-1444.	1.3	13
17	Increased Wellbeing following Engagement in a Group Nature-Based Programme: The Green Gym Programme Delivered by the Conservation Volunteers. Healthcare (Switzerland), 2022, 10, 978.	1.0	12
18	The Current and Retrospective Intentional Nature Exposure Scales: Development and Factorial Validity. International Journal of Environmental Research and Public Health, 2019, 16, 4443.	1.2	11

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#	Article	IF	CITATIONS
19	Attenuated cortisol reactivity to psychosocial stress is associated with greater visual dependency in postural control. Psychoneuroendocrinology, 2019, 104, 185-190.	1.3	10
20	Effectiveness of stress-relieving strategies in regulating patterns of cortisol secretion and promoting brain health. International Review of Neurobiology, 2020, 150, 219-246.	0.9	10
21	Modification of the Rosenberg Scale to Assess Self-Esteem in Children. Frontiers in Public Health, 2021, 9, 655892.	1.3	9
22	The effect of the visual exercise environment on the response to psychological stress: a pilot study. Anxiety, Stress and Coping, 2020, 33, 716-729.	1.7	3