

Carly J Wood

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8006016/publications.pdf>

Version: 2024-02-01

22
papers

840
citations

623574

14
h-index

677027

22
g-index

23
all docs

23
docs citations

23
times ranked

1103
citing authors

#	ARTICLE	IF	CITATIONS
1	The great outdoors: how a green exercise environment can benefit all. <i>Extreme Physiology and Medicine</i> , 2013, 2, 3.	2.5	229
2	A caseâ€“control study of the health and well-being benefits of allotment gardening. <i>Journal of Public Health</i> , 2016, 38, e336-e344.	1.0	113
3	The Wilderness Expedition. <i>Journal of Experiential Education</i> , 2016, 39, 59-72.	0.6	60
4	Physical fitness and prior physical activity are both associated with less cortisol secretion during psychosocial stress. <i>Anxiety, Stress and Coping</i> , 2018, 31, 135-145.	1.7	46
5	The effect of playground- and nature-based playtime interventions on physical activity and self-esteem in UK school children. <i>International Journal of Environmental Health Research</i> , 2015, 25, 196-206.	1.3	45
6	Regular Doses of Nature: The Efficacy of Green Exercise Interventions for Mental Wellbeing. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1526.	1.2	42
7	A Repeated Measures Experiment of Green Exercise to Improve Self-Esteem in UK School Children. <i>PLoS ONE</i> , 2013, 8, e69176.	1.1	38
8	A randomised control trial of physical activity in a perceived environment on self-esteem and mood in UK adolescents. <i>International Journal of Environmental Health Research</i> , 2013, 23, 311-320.	1.3	35
9	Improving health and well-being independently of GDP: dividends of greener and prosocial economies. <i>International Journal of Environmental Health Research</i> , 2016, 26, 11-36.	1.3	34
10	The effect of Omega-3 polyunsaturated fatty acid supplementation on exercise-induced muscle damage. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 9.	1.7	27
11	A Repeated Measures Experiment of School Playing Environment to Increase Physical Activity and Enhance Self-Esteem in UK School Children. <i>PLoS ONE</i> , 2014, 9, e108701.	1.1	26
12	The effectiveness of Lee Silverman Voice Treatment therapy issued interactively through an iPad device: A non-inferiority study. <i>Journal of Telemedicine and Telecare</i> , 2018, 24, 209-215.	1.4	24
13	Physical education or playtime: which is more effective at promoting physical activity in primary school children?. <i>BMC Research Notes</i> , 2015, 8, 12.	0.6	20
14	Interactions between physical activity and the environment to improve adolescent self-esteem: a randomised controlled trial. <i>International Journal of Environment and Health</i> , 2014, 7, 144.	0.3	16
15	The health impact of nature exposure and green exercise across the life course: a pilot study. <i>International Journal of Environmental Health Research</i> , 2020, 30, 226-235.	1.3	16
16	A cross-sectional study of physical activity behaviour and associations with wellbeing during the UK coronavirus lockdown. <i>Journal of Health Psychology</i> , 2022, 27, 1432-1444.	1.3	13
17	Increased Wellbeing following Engagement in a Group Nature-Based Programme: The Green Gym Programme Delivered by the Conservation Volunteers. <i>Healthcare (Switzerland)</i> , 2022, 10, 978.	1.0	12
18	The Current and Retrospective Intentional Nature Exposure Scales: Development and Factorial Validity. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4443.	1.2	11

#	ARTICLE	IF	CITATIONS
19	Attenuated cortisol reactivity to psychosocial stress is associated with greater visual dependency in postural control. <i>Psychoneuroendocrinology</i> , 2019, 104, 185-190.	1.3	10
20	Effectiveness of stress-relieving strategies in regulating patterns of cortisol secretion and promoting brain health. <i>International Review of Neurobiology</i> , 2020, 150, 219-246.	0.9	10
21	Modification of the Rosenberg Scale to Assess Self-Esteem in Children. <i>Frontiers in Public Health</i> , 2021, 9, 655892.	1.3	9
22	The effect of the visual exercise environment on the response to psychological stress: a pilot study. <i>Anxiety, Stress and Coping</i> , 2020, 33, 716-729.	1.7	3