

# Caroline Free

## List of Publications by Year in descending order

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Version: 2024-02-01

76  
papers

4,751  
citations

279701

23  
h-index

110317

64  
g-index

91  
all docs

91  
docs citations

91  
times ranked

7804  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | The Effectiveness of Mobile-Health Technology-Based Health Behaviour Change or Disease Management Interventions for Health Care Consumers: A Systematic Review. <i>PLoS Medicine</i> , 2013, 10, e1001362.  | 3.9 | 1,406     |
| 2  | The Effectiveness of Mobile-Health Technologies to Improve Health Care Service Delivery Processes: A Systematic Review and Meta-Analysis. <i>PLoS Medicine</i> , 2013, 10, e1001363.  | 3.9 | 853       |
| 3  | Smoking cessation support delivered via mobile phone text messaging (txt2stop): a single-blind, randomised trial. <i>Lancet</i> , The, 2011, 378, 49-55.  | 6.3 | 674       |
| 4  | The cost-effectiveness of smoking cessation support delivered by mobile phone text messaging: Txt2stop. <i>European Journal of Health Economics</i> , 2013, 14, 789-797.  | 1.4 | 140       |
| 5  | Developing and Pretesting a Text Messaging Program for Health Behavior Change: Recommended Steps. <i>JMIR MHealth and UHealth</i> , 2015, 3, e107.  | 1.8 | 131       |
| 6  | Mobile Technology for Improved Family Planning (MOTIF): the development of a mobile phone-based (mHealth) intervention to support post-abortion family planning (PAFP) in Cambodia. <i>Reproductive Health</i> , 2015, 13, 1.   | 1.2 | 98        |
| 7  | Internet-accessed sexually transmitted infection (e-STI) testing and results service: A randomised, single-blind, controlled trial. <i>PLoS Medicine</i> , 2017, 14, e1002479.  | 3.9 | 88        |
| 8  | The effectiveness of smoking cessation, physical activity/diet and alcohol reduction interventions delivered by mobile phones for the prevention of non-communicable diseases: A systematic review of randomised controlled trials. <i>PLoS ONE</i> , 2018, 13, e0189801. | 1.1 | 88        |
| 9  | Mobile phone-based interventions for improving contraception use. <i>The Cochrane Library</i> , 2015, 2015, CD011159.   | 1.5 | 86        |
| 10 | Mobile phone text messaging to improve medication adherence in secondary prevention of cardiovascular disease. <i>The Cochrane Library</i> , 2017, 2017, CD011851.  | 1.5 | 85        |
| 11 | Sexual health promotion for young people delivered via digital media: a scoping review. <i>Public Health Research</i> , 2015, 3, 1-120.   | 0.5 | 74        |
| 12 | Effect of a mobile phone-based intervention on post-abortion contraception: a randomized controlled trial in Cambodia. <i>Bulletin of the World Health Organization</i> , 2015, 93, 842-850A.   | 1.5 | 71        |
| 13 | A systematic review of randomised control trials of sexual health interventions delivered by mobile technologies. <i>BMC Public Health</i> , 2016, 16, 778.   | 1.2 | 56        |
| 14 | “Someone battling in my corner”™: experiences of smoking-cessation support via text message. <i>British Journal of General Practice</i> , 2013, 63, e768-e776.  | 0.7 | 55        |
| 15 | Comparing the characteristics of users of an online service for STI self-sampling with clinic service users: a cross-sectional analysis. <i>Sexually Transmitted Infections</i> , 2018, 94, 377-383.  | 0.8 | 39        |
| 16 | A systematic review of randomised controlled trials of interventions promoting effective condom use. <i>Journal of Epidemiology and Community Health</i> , 2011, 65, 100-110.   | 2.0 | 37        |
| 17 | Participant-level meta-analysis of mobile phone-based interventions for smoking cessation across different countries. <i>Preventive Medicine</i> , 2016, 89, 90-97.   | 1.6 | 35        |
| 18 | Text messaging reminders for influenza vaccine in primary care: a cluster randomised controlled trial (TXT4FLUJAB). <i>BMJ Open</i> , 2016, 6, e010069.   | 0.8 | 34        |

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|----|--|-----|-----------|
| 19 | Characterising the "Txt2Stop"™ Smoking Cessation Text Messaging Intervention in Terms of Behaviour Change Techniques. <i>Journal of Smoking Cessation</i> , 2012, 7, 55-60.  | 0.3 | 32        |
| 20 | Development of an intervention delivered by mobile phone aimed at decreasing unintended pregnancy among young people in three lower middle income countries. <i>BMC Public Health</i> , 2018, 18, 576.   | 1.2 | 32        |
| 21 | Using Digital Technology for Sexual and Reproductive Health: Are Programs Adequately Considering Risk?. <i>Global Health, Science and Practice</i> , 2019, 7, 507-514.   | 0.6 | 31        |
| 22 | Does internet-accessed STI (e-STI) testing increase testing uptake for chlamydia and other STIs among a young population who have never tested? Secondary analyses of data from a randomised controlled trial. <i>Sexually Transmitted Infections</i> , 2019, 95, 569-574. | 0.8 | 30        |
| 23 | Young People's Views and Experiences of a Mobile Phone Texting Intervention to Promote Safer Sex Behavior. <i>JMIR MHealth and UHealth</i> , 2016, 4, e26.   | 1.8 | 30        |
| 24 | Can text messages increase safer sex behaviours in young people? Intervention development and pilot randomised controlled trial. <i>Health Technology Assessment</i> , 2016, 20, 1-82.   | 1.3 | 30        |
| 25 | MOBILE Technology for Improved Family Planning Services (MOTIF): study protocol for a randomised controlled trial. <i>Trials</i> , 2013, 14, 427.  | 0.7 | 29        |
| 26 | Targeted client communication via mobile devices for improving maternal, neonatal, and child health. <i>The Cochrane Library</i> , 2020, 2020, CD013679.   | 1.5 | 28        |
| 27 | A randomized controlled trial of an intervention delivered by mobile phone app instant messaging to increase the acceptability of effective contraception among young people in Tajikistan. <i>Reproductive Health</i> , 2018, 15, 28.                                     | 1.2 | 27        |
| 28 | Targeted client communication via mobile devices for improving sexual and reproductive health. <i>The Cochrane Library</i> , 2020, 2020, CD013680.   | 1.5 | 26        |
| 29 | Young women's contraception use as a contextual and dynamic behaviour: A qualitative study. <i>Psychology and Health</i> , 2005, 20, 673-690.  | 1.2 | 24        |
| 30 | A randomized controlled trial of an intervention delivered by mobile phone text message to increase the acceptability of effective contraception among young women in Palestine. <i>Trials</i> , 2019, 20, 228.  | 0.7 | 24        |
| 31 | Mobile phone-based interventions for improving adherence to medication prescribed for the primary prevention of cardiovascular disease in adults. <i>The Cochrane Library</i> , 2021, 2021, CD012675.  | 1.5 | 21        |
| 32 | Cross-sectional analysis of chemsex drug use and gonorrhoea diagnosis among men who have sex with men in the UK. <i>Sexual Health</i> , 2019, 16, 464.   | 0.4 | 20        |
| 33 | How online sexual health services could work; generating theory to support development. <i>BMC Health Services Research</i> , 2015, 15, 540.   | 0.9 | 17        |
| 34 | Women's views and experiences of a mobile phone-based intervention to support post-abortion contraception in Cambodia. <i>Reproductive Health</i> , 2017, 14, 72.  | 1.2 | 16        |
| 35 | Assessing the validity and reliability of self-report data on contraception use in the MOBILE Technology for Improved Family Planning (MOTIF) randomised controlled trial. <i>Reproductive Health</i> , 2018, 15, 50.  | 1.2 | 16        |
| 36 | Sexual health interventions delivered to participants by mobile technology: a systematic review and meta-analysis of randomised controlled trials. <i>Sexually Transmitted Infections</i> , 2021, 97, 190-200.   | 0.8 | 16        |

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|----|---|-----|-----------|
| 37 | Web-Based Activity Within a Sexual Health Economy: Observational Study. <i>Journal of Medical Internet Research</i> , 2018, 20, e74.  | 2.1 | 16        |
| 38 | Emergency contraception use and non-use in young women: The application of a contextual and dynamic model. <i>British Journal of Health Psychology</i> , 2005, 10, 237-253.   | 1.9 | 14        |
| 39 | An Intervention Delivered by Mobile Phone Instant Messaging to Increase Acceptability and Use of Effective Contraception Among Young Women in Bolivia: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e14073.   | 2.1 | 13        |
| 40 | An Intervention Delivered by App Instant Messaging to Increase Acceptability and Use of Effective Contraception Among Young Women in Bolivia: Protocol of a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2017, 6, e252.              | 0.5 | 12        |
| 41 | An intervention delivered by text message to increase the acceptability of effective contraception among young women in Palestine: study protocol for a randomised controlled trial. <i>Trials</i> , 2017, 18, 454.                                   | 0.7 | 11        |
| 42 | Can Internet-Based Sexual Health Services Increase Diagnoses of Sexually Transmitted Infections (STI)? Protocol for a Randomized Evaluation of an Internet-Based STI Testing and Results Service. <i>JMIR Research Protocols</i> , 2016, 5, e9.       | 0.5 | 11        |
| 43 | Process evaluation of a mobile phone-based intervention to support post-abortion contraception in Cambodia. <i>Contraception and Reproductive Medicine</i> , 2017, 2, 16.   | 0.7 | 10        |
| 44 | Safetxt: a pilot randomised controlled trial of an intervention delivered by mobile phone to increase safer sex behaviours in young people. <i>BMJ Open</i> , 2016, 6, e013045.   | 0.8 | 9         |
| 45 | Towards a conceptual framework of the working alliance in a blended low-intensity cognitive behavioural therapy intervention for depression in primary mental health care: a qualitative study. <i>BMJ Open</i> , 2020, 10, e036299.                  | 0.8 | 9         |
| 46 | A cohort study of the service-users of online contraception. <i>BMJ Sexual and Reproductive Health</i> , 2020, 46, 287-293.   | 0.9 | 9         |
| 47 | Safetxt: a safer sex intervention delivered by mobile phone messaging on sexually transmitted infections (STI) among young people in the UK - protocol for a randomised controlled trial. <i>BMJ Open</i> , 2020, 10, e031635.                        | 0.8 | 9         |
| 48 | Efficacy and Safety of Text Messages Targeting Adherence to Cardiovascular Medications in Secondary Prevention: TXT2HEART Colombia Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2021, 9, e25548.                                    | 1.8 | 9         |
| 49 | Simple steps to develop trial follow-up procedures. <i>Trials</i> , 2016, 17, 28.   | 0.7 | 8         |
| 50 | Exploring Barriers to Medication Adherence Using COM-B Model of Behaviour Among Patients with Cardiovascular Diseases in Low- and Middle-Income Countries: A Qualitative Study. <i>Patient Preference and Adherence</i> , 2021, Volume 15, 1359-1371. | 0.8 | 7         |
| 51 | Text messaging to help women with overweight or obesity lose weight after childbirth: the intervention adaptation and SMS feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-152.  | 0.5 | 7         |
| 52 | Mobile phone-based interventions for improving adherence to medication prescribed for the primary prevention of cardiovascular disease in adults. <i>The Cochrane Library</i> , 2017, , .   | 1.5 | 6         |
| 53 | Target women: Equity in access to mHealth technology in a non-communicable disease care intervention in Kenya. <i>PLoS ONE</i> , 2019, 14, e0220834.  | 1.1 | 6         |
| 54 | Expanding choice through online contraception: a theory of change to inform service development and evaluation. <i>BMJ Sexual and Reproductive Health</i> , 2020, 46, 108-115.  | 0.9 | 6         |

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|----|--|-----|-----------|
| 55 | A Mobile Phone-Based Support Intervention to Increase Use of Postabortion Family Planning in Cambodia: Cost-Effectiveness Evaluation. <i>JMIR MHealth and UHealth</i> , 2020, 8, e16276.   | 1.8 | 6         |
| 56 | Sex workers' accounts of condom use: implications for condom production, promotion and health policy. <i>Journal of Family Planning and Reproductive Health Care</i> , 2007, 33, 107-111.  | 0.9 | 5         |
| 57 | Knowledge and provision practices regarding medical abortion among public providers in Hanoi, Khanh Hoa, and Ho Chi Minh City, Vietnam. <i>International Journal of Gynecology and Obstetrics</i> , 2014, 124, 216-221.            | 1.0 | 5         |
| 58 | Characteristics and contraceptive outcomes of women seeking medical or surgical abortion in reproductive health clinics in Cambodia. <i>Contraception and Reproductive Medicine</i> , 2019, 4, 5.                                  | 0.7 | 4         |
| 59 | Evaluation of the efficacy and safety of text messages targeting adherence to cardiovascular medications in secondary prevention: the txt2heart Colombia randomised controlled trial protocol. <i>BMJ Open</i> , 2019, 9, e028017. | 0.8 | 4         |
| 60 | Predictors of postabortion contraception use in Cambodia. <i>Contraception</i> , 2019, 99, 155-159.  | 0.8 | 4         |
| 61 | Family planning practices of women working in the Cambodian garment industry: a qualitative study. <i>Contraception and Reproductive Medicine</i> , 2020, 5, 11.   | 0.7 | 4         |
| 62 | Methods to increase response rates for data collected by telephone. <i>The Cochrane Library</i> , 0, , .   | 1.5 | 3         |
| 63 | Service users' attributes associated with the uptake of medical versus surgical abortion at public health facilities in Vietnam. <i>International Journal of Gynecology and Obstetrics</i> , 2014, 125, 247-252.                   | 1.0 | 3         |
| 64 | Assessing loss to follow-up in the MOBILE Technology for Improved Family Planning (MOTIF) randomised controlled trial. <i>Trials</i> , 2017, 18, 577.  | 0.7 | 3         |
| 65 | Cochrane corner: text messaging to improve adherence to drugs for secondary prevention of cardiovascular disease. <i>Heart</i> , 2018, 104, 1814-1816.   | 1.2 | 3         |
| 66 | How do users of a "digital-only" contraceptive service provide biometric measurements and what does this teach us about safe and effective online care? A qualitative interview study. <i>BMJ Open</i> , 2020, 10, e037851.        | 0.8 | 3         |
| 67 | Text messaging to prevent onset of type 2 diabetes. <i>Lancet Diabetes and Endocrinology</i> , 2013, 1, 165-166.   | 5.5 | 2         |
| 68 | Women's perspectives on termination service delivery in Vietnam: a cross-sectional survey in three provinces. <i>International Journal of Women's Health</i> , 2014, 6, 927.   | 1.1 | 2         |
| 69 | Development of an intervention to support reproductive health of garment factory workers in Cambodia: a qualitative study. <i>BMJ Open</i> , 2021, 11, e049254.  | 0.8 | 2         |
| 70 | A dynamic and collaborative approach to trial recruitment in safeTXT, a UK sexual health randomised controlled trial. <i>Clinical Trials</i> , 2022, 19, 251-258.  | 0.7 | 2         |
| 71 | P072...Equity of access to online sexually transmitted infection self-sampling services in Lambeth and Southwark: An early view of the data: Abstract P072 Table 1. <i>Sexually Transmitted Infections</i> , 2016, 92, A43.2-A44.  | 0.8 | 1         |
| 72 | Lb3.259...E-STI testing and results service: a single blind randomised controlled trial. , 2017, , .   |     | 1         |

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|----|---|-----|-----------|
| 73 | Development of an Intervention to Support the Reproductive Health of Cambodian Women Who Seek Medical Abortion: Research Protocol. JMIR Research Protocols, 2020, 9, e17779.  | 0.5 | 1         |
| 74 | Attributes and perspectives of public providers related to provision of medical abortion at public health facilities in Vietnam: a cross-sectional study in three provinces. International Journal of Women's Health, 2014, 6, 789. | 1.1 | 0         |
| 75 | Participant engagement with a text message delivered intervention for weight loss and maintenance of weight loss in the postpartum period. Proceedings of the Nutrition Society, 2020, 79, .  | 0.4 | 0         |
| 76 | Adapting an evidence-based contraceptive behavioural intervention delivered by mobile phone for young people in Zimbabwe. BMC Health Services Research, 2022, 22, 106.  | 0.9 | 0         |