

Monica Dinu

List of Publications by Citations

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54
papers

1,586
citations

14
h-index

39
g-index

80
ext. papers

2,341
ext. citations

4.5
avg, IF

5.45
L-index

#	Paper	IF	Citations
54	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 30-43	5.2	394
53	Vegetarian, vegan diets and multiple health outcomes: A systematic review with meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2017 , 57, 3640-3649	11.5	370
52	Consumption of ultra-processed foods and health status: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2021 , 125, 308-318	3.6	131
51	Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile: CARDIVEG Study (Cardiovascular Prevention With Vegetarian Diet). <i>Circulation</i> , 2018 , 137, 1103-1113	16.7	122
50	Ancient wheat species and human health: Biochemical and clinical implications. <i>Journal of Nutritional Biochemistry</i> , 2018 , 52, 1-9	6.3	94
49	Validation of a literature-based adherence score to Mediterranean diet: the MEDI-LITE score. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 757-762	3.7	68
48	Active Commuting and Multiple Health Outcomes: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2019 , 49, 437-452	10.6	58
47	Effects of Popular Diets on Anthropometric and Cardiometabolic Parameters: An Umbrella Review of Meta-Analyses of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020 , 11, 815-833	10	45
46	Influence of a 3-month low-calorie Mediterranean diet compared to the vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. <i>European Journal of Nutrition</i> , 2020 , 59, 2011-2024	5.2	41
45	A khorasan wheat-based replacement diet improves risk profile of patients with type 2 diabetes mellitus (T2DM): a randomized crossover trial. <i>European Journal of Nutrition</i> , 2017 , 56, 1191-1200	5.2	30
44	Mediterranean versus vegetarian diet for cardiovascular disease prevention (the CARDIVEG study): study protocol for a randomized controlled trial. <i>Trials</i> , 2016 , 17, 233	2.8	16
43	Adherence to the Mediterranean diet among Italian adults: results from the web-based Medi-Lite questionnaire. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 271-279	3.7	16
42	A Heart-Healthy Diet: Recent Insights and Practical Recommendations. <i>Current Cardiology Reports</i> , 2017 , 19, 95	4.2	15
41	A Khorasan Wheat-Based Replacement Diet Improves Risk Profile of Patients With Nonalcoholic Fatty Liver Disease (NAFLD): A Randomized Clinical Trial. <i>Journal of the American College of Nutrition</i> , 2018 , 37, 508-514	3.5	14
40	Food groups and risk of age-related macular degeneration: a systematic review with meta-analysis. <i>European Journal of Nutrition</i> , 2019 , 58, 2123-2143	5.2	13
39	Nutritional Interventions in the Management of Fibromyalgia Syndrome. <i>Nutrients</i> , 2020 , 12,	6.7	12
38	Health and Nutrition Studies Related to Cereal Biodiversity: A Participatory Multi-Actor Literature Review Approach. <i>Nutrients</i> , 2018 , 10,	6.7	11

37	100% Fruit juice intake and cardiovascular risk: a systematic review and meta-analysis of prospective and randomised controlled studies. <i>European Journal of Nutrition</i> , 2021 , 60, 2449-2467	5.2	10
36	Exploring the food-gut axis in immunotherapy response of cancer patients. <i>World Journal of Gastroenterology</i> , 2020 , 26, 4919-4932	5.6	10
35	Nutrition and Prevention of Chronic-degenerative Diseases. <i>Agriculture and Agricultural Science Procedia</i> , 2016 , 8, 713-717		10
34	Fecal microbiome as determinant of the effect of diet on colorectal cancer risk: comparison of meat-based versus pesco-vegetarian diets (the MeaTic study). <i>Trials</i> , 2019 , 20, 688	2.8	10
33	CLOCK gene polymorphisms and quality of aging in a cohort of nonagenarians - The MUGELLO Study. <i>Scientific Reports</i> , 2019 , 9, 1472	4.9	9
32	Modulation of gut microbiota through nutritional interventions in Behçet's syndrome patients (the MAMBA study): study protocol for a randomized controlled trial. <i>Trials</i> , 2020 , 21, 511	2.8	9
31	Mediterranean diet and multiple health outcomes: An umbrella review of meta-analyses of observational studies and randomized trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, e21	4.5	7
30	Performance Activities and Match Outcomes of Professional Soccer Teams during the 2016/2017 Serie A Season. <i>Medicina (Lithuania)</i> , 2019 , 55,	3.1	6
29	Worldwide differences of hospitalization for ST-segment elevation myocardial infarction during COVID-19: A systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2022 , 347, 89-96	3.2	6
28	Symptomatic efficacy of buckwheat products in Non-Celiac Gluten Sensitivity (NCGS). <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017 , 26, 630-636	1	6
27	Effectiveness of a Khorasan Wheat-Based Replacement on Pain Symptoms and Quality of Life in Patients with Fibromyalgia. <i>Pain Medicine</i> , 2020 , 21, 2366-2372	2.8	5
26	Effects of an Olive By-Product Called Pīon on Cardiovascular Risk Factors. <i>Journal of the American College of Nutrition</i> , 2021 , 40, 617-623	3.5	5
25	Reproducibility and validity of a food-frequency questionnaire (NFFQ) to assess food consumption based on the NOVA classification in adults. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 861-869	3.7	5
24	Chronotype Differences in Energy Intake, Cardiometabolic Risk Parameters, Cancer and Depression: A Systematic Review with Meta-analysis of Observational Studies. <i>Advances in Nutrition</i> , 2021 ,	10	5
23	Consumption of buckwheat products and cardiovascular risk profile: A randomized, single-blinded crossover trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, e20-e21	4.5	4
22	Consumption of Ultra-Processed Foods Is Inversely Associated with Adherence to the Mediterranean Diet: A Cross-Sectional Study. <i>Nutrients</i> , 2022 , 14, 2073	6.7	4
21	Short-term Exposure to a Mediterranean Environment Influences Attitudes and Dietary Profile in U.S. College Students: The MEDiterranean Diet in AMERICans (A-MED-AME) Pilot Study. <i>Journal of the American College of Nutrition</i> , 2016 , 35, 621-626	3.5	3
20	Relationship between sleep pattern and efficacy of calorie-restricted Mediterranean diet in overweight/obese subjects. <i>International Journal of Food Sciences and Nutrition</i> , 2018 , 69, 93-99	3.7	2

19	Adherence to Mediterranean Diet Measured through Medi-Lite Score and Obesity: A Retrospective Study. <i>Nutrients</i> , 2021 , 13,	6.7	2
18	Effects of a 3-month dietary intervention with a lacto-ovo-vegetarian diet on vitamin B levels in a group of omnivores: results from the CARDIVEG (Cardiovascular Prevention with Vegetarian Diet) study. <i>British Journal of Nutrition</i> , 2019 , 121, 756-762	3.6	2
17	Effects of a dietary intervention with Mediterranean and vegetarian diets on hormones that influence energy balance: results from the CARDIVEG study. <i>International Journal of Food Sciences and Nutrition</i> , 2020 , 71, 362-369	3.7	2
16	Effect of consumption of ancient grain bread leavened with sourdough or with baker's yeast on cardio-metabolic risk parameters: a dietary intervention trial. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 367-374	3.7	2
15	Adherence to mediterranean diet in patients with inflammatory bowel disease. <i>Clinical Nutrition ESPEN</i> , 2021 , 46, 416-423	1.3	2
14	Functional performance, anthropometric parameters and contribution to team success among Italian "Serie A" elite goalkeepers during season 2016-2017. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019 , 59, 969-974	1.4	1
13	Adherence to the Mediterranean diet increased during the COVID-19 lockdown in Italy: results from the web-based Medi-Lite questionnaire. <i>International Journal of Food Sciences and Nutrition</i> , 2022 , 1-7	3.7	1
12	Alpine junior world ski championship: nutritional habits and performance in elite skiers. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019 , 59, 1339-1345	1.4	1
11	Influence of a 3-months low-calorie Mediterranean diet vs. Vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. <i>Proceedings of the Nutrition Society</i> , 2020 , 79,	2.9	1
10	Effects of vegetarian versus Mediterranean diet on kidney function: Findings from the CARDIVEG study. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13576	4.6	1
9	Study Design in Experimental Settings 2019 , 23-41		1
8	BMI, functional and cognitive status in a cohort of nonagenarians: results from the Mugello study. <i>European Geriatric Medicine</i> , 2021 , 12, 379-386	3	1
7	Mediterranean Diet Adherence in a Sample of Italian Adolescents Attending Secondary School-The "#facciamoComunicazione" Project. <i>Nutrients</i> , 2021 , 13,	6.7	1
6	Association between Daily Pattern of Physical Activity and Depression: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 6505	4.6	1
5	Mediterranean, but not lacto-ovo-vegetarian, diet positively influence circulating progenitor cells for cardiovascular prevention: The CARDIVEG study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 604-610	4.5	0
4	Occurrence of Dysgeusia in Patients Being Treated for Cancer. <i>Nutrition and Cancer</i> , 2022 , 1-7	2.8	0
3	Effect of ancient Khorasan wheat on gut microbiota, inflammation, and short-chain fatty acid production in patients with fibromyalgia. <i>World Journal of Gastroenterology</i> , 2022 , 28, 1965-1980	5.6	0
2	Response by Dinu et al to Letters Regarding Article, "Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile: CARDIVEG Study (Cardiovascular Prevention With Vegetarian Diet)". <i>Circulation</i> , 2018 , 138, 655	16.7	

- 1 Diet and Health From reGistered Trials on ClinicalTrials.gov: The DIGIT Study.. *Frontiers in Nutrition*, **2022**, 9, 870776 6.2