

Monica Dinu

List of Publications by Year in descending order

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Version: 2024-02-01

77
papers

3,120
citations

393982

19
h-index

168136

53
g-index

80
all docs

80
docs citations

80
times ranked

4588
citing authors

#	ARTICLE	IF	CITATIONS
1	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 30-43.	1.3	628
2	Vegetarian, vegan diets and multiple health outcomes: A systematic review with meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 3640-3649.	5.4	626
3	Consumption of ultra-processed foods and health status: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2021, 125, 308-318.	1.2	463
4	Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile. <i>Circulation</i> , 2018, 137, 1103-1113.	1.6	186
5	Ancient wheat species and human health: Biochemical and clinical implications. <i>Journal of Nutritional Biochemistry</i> , 2018, 52, 1-9.	1.9	145
6	Validation of a literature-based adherence score to Mediterranean diet: the MEDI-LITE score. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 757-762.	1.3	113
7	Active Commuting and Multiple Health Outcomes: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2019, 49, 437-452.	3.1	100
8	Effects of Popular Diets on Anthropometric and Cardiometabolic Parameters: An Umbrella Review of Meta-Analyses of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020, 11, 815-833.	2.9	100
9	Influence of a 3-month low-calorie Mediterranean diet compared to the vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. <i>European Journal of Nutrition</i> , 2020, 59, 2011-2024.	1.8	94
10	100% Fruit juice intake and cardiovascular risk: a systematic review and meta-analysis of prospective and randomised controlled studies. <i>European Journal of Nutrition</i> , 2021, 60, 2449-2467.	1.8	43
11	Chronotype Differences in Energy Intake, Cardiometabolic Risk Parameters, Cancer, and Depression: A Systematic Review with Meta-Analysis of Observational Studies. <i>Advances in Nutrition</i> , 2022, 13, 269-281.	2.9	43
12	Nutritional Interventions in the Management of Fibromyalgia Syndrome. <i>Nutrients</i> , 2020, 12, 2525.	1.7	40
13	Worldwide differences of hospitalization for ST-segment elevation myocardial infarction during COVID-19: A systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2022, 347, 89-96.	0.8	37
14	A khorasan wheat-based replacement diet improves risk profile of patients with type 2 diabetes mellitus (T2DM): a randomized crossover trial. <i>European Journal of Nutrition</i> , 2017, 56, 1191-1200.	1.8	35
15	Adherence to the Mediterranean diet among Italian adults: results from the web-based Medi-Lite questionnaire. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 271-279.	1.3	34
16	Food groups and risk of age-related macular degeneration: a systematic review with meta-analysis. <i>European Journal of Nutrition</i> , 2019, 58, 2123-2143.	1.8	29
17	Mediterranean versus vegetarian diet for cardiovascular disease prevention (the CARDIVEG study): study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 233.	0.7	26
18	Consumption of Ultra-Processed Foods Is Inversely Associated with Adherence to the Mediterranean Diet: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2073.	1.7	26

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19	A Heart-Healthy Diet: Recent Insights and Practical Recommendations. <i>Current Cardiology Reports</i> , 2017, 19, 95.	1.3	24
20	Reproducibility and validity of a food-frequency questionnaire (NFFQ) to assess food consumption based on the NOVA classification in adults. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 861-869.	1.3	19
21	Modulation of gut microbiota through nutritional interventions in Behçet's syndrome patients (the TjETQq110.784314 rgBT / 0.7)	0.7	18
22	A Khorasan Wheat-Based Replacement Diet Improves Risk Profile of Patients With Nonalcoholic Fatty Liver Disease (NAFLD): A Randomized Clinical Trial. <i>Journal of the American College of Nutrition</i> , 2018, 37, 508-514.	1.1	17
23	CLOCK gene polymorphisms and quality of aging in a cohort of nonagenarians – The MUGELLO Study. <i>Scientific Reports</i> , 2019, 9, 1472.	1.6	17
24	Exploring the food-gut axis in immunotherapy response of cancer patients. <i>World Journal of Gastroenterology</i> , 2020, 26, 4919-4932.	1.4	17
25	Effects of an Olive By-Product Called PÅctÅ© on Cardiovascular Risk Factors. <i>Journal of the American College of Nutrition</i> , 2021, 40, 617-623.	1.1	16
26	Morning chronotype is associated with higher adherence to the Mediterranean diet in a sample of Italian adults. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2022, 32, 2086-2092.	1.1	15
27	Health and Nutrition Studies Related to Cereal Biodiversity: A Participatory Multi-Actor Literature Review Approach. <i>Nutrients</i> , 2018, 10, 1207.	1.7	14
28	Fecal microbiome as determinant of the effect of diet on colorectal cancer risk: comparison of meat-based versus pesco-vegetarian diets (the MeatIc study). <i>Trials</i> , 2019, 20, 688.	0.7	14
29	Nutrition and Prevention of Chronic-degenerative Diseases. <i>Agriculture and Agricultural Science Procedia</i> , 2016, 8, 713-717.	0.6	13
30	Performance Activities and Match Outcomes of Professional Soccer Teams during the 2016/2017 Serie A Season. <i>Medicina (Lithuania)</i> , 2019, 55, 469.	0.8	12
31	Adherence to mediterranean diet in patients with inflammatory bowel disease. <i>Clinical Nutrition ESPEN</i> , 2021, 46, 416-423.	0.5	11
32	Effects of a dietary intervention with Mediterranean and vegetarian diets on hormones that influence energy balance: results from the CARDIVEG study. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 362-369.	1.3	10
33	Association between Daily Pattern of Physical Activity and Depression: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6505.	1.2	10
34	Consumption of buckwheat products and cardiovascular risk profile: A randomized, single-blinded crossover trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, e20-e21.	1.1	9
35	Effect of consumption of ancient grain bread leavened with sourdough or with baker's yeast on cardio-metabolic risk parameters: a dietary intervention trial. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 367-374.	1.3	9
36	What Can We Expect from an Umbrella Review?. <i>Advances in Nutrition</i> , 2022, 13, 684-685.	2.9	9

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37	Effect of ancient Khorasan wheat on gut microbiota, inflammation, and short-chain fatty acid production in patients with fibromyalgia. <i>World Journal of Gastroenterology</i> , 2022, 28, 1965-1980.	1.4	9
38	Mediterranean diet and multiple health outcomes: An umbrella review of meta-analyses of observational studies and randomized trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, e21.	1.1	8
39	Symptomatic efficacy of buckwheat products in Non-Celiac Gluten Sensitivity (NCGS). <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017, 26, 630-636.	0.3	8
40	Adherence to the Mediterranean diet increased during the COVID-19 lockdown in Italy: results from the web-based Medi-Lite questionnaire. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 650-656.	1.3	8
41	Effectiveness of a Khorasan Wheat-Based Replacement on Pain Symptoms and Quality of Life in Patients with Fibromyalgia. <i>Pain Medicine</i> , 2020, 21, 2366-2372.	0.9	7
42	Adherence to Mediterranean Diet Measured through Medi-Lite Score and Obesity: A Retrospective Study. <i>Nutrients</i> , 2021, 13, 2007.	1.7	7
43	Relationship between sleep pattern and efficacy of calorie-restricted Mediterranean diet in overweight/obese subjects. <i>International Journal of Food Sciences and Nutrition</i> , 2018, 69, 93-99.	1.3	6
44	BMI, functional and cognitive status in a cohort of nonagenarians: results from the Mugello study. <i>European Geriatric Medicine</i> , 2021, 12, 379-386.	1.2	6
45	Effects of vegetarian versus Mediterranean diet on kidney function: Findings from the CARDIVEG study. <i>European Journal of Clinical Investigation</i> , 2021, 51, e13576.	1.7	6
46	Influence of a 3-months low-calorie Mediterranean diet vs. Vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	5
47	Mediterranean Diet Adherence in a Sample of Italian Adolescents Attending Secondary School – The “#faciamoComunicazione” Project. <i>Nutrients</i> , 2021, 13, 2806.	1.7	5
48	Oxidative Stress and Inflammation as Targets for Novel Preventive and Therapeutic Approaches in Non-Communicable Diseases II. <i>Antioxidants</i> , 2022, 11, 824.	2.2	5
49	Short-term Exposure to a Mediterranean Environment Influences Attitudes and Dietary Profile in U.S. College Students: The MEDiterranean Diet in AMERICans (A-MED-AME) Pilot Study. <i>Journal of the American College of Nutrition</i> , 2016, 35, 621-626.	1.1	3
50	Mediterranean, but not lacto-ovo-vegetarian, diet positively influence circulating progenitor cells for cardiovascular prevention: The CARDIVEG study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 604-610.	1.1	3
51	Efficacy of Oral Supplementation with Silymarin and S-Adenosyl-L-Methionine in Patients with Non Alcoholic Fatty Liver Disease - A Pilot Study. <i>Alternative & Integrative Medicine</i> , 2016, 05, .	0.1	2
52	Functional performance, anthropometric parameters and contribution to team success among Italian "Serie A" elite goalkeepers during season 2016-2017. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 969-974.	0.4	2
53	Effects of a 3-month dietary intervention with a lacto-ovo-vegetarian diet on vitamin B12 levels in a group of omnivores: results from the CARDIVEG (Cardiovascular Prevention with Vegetarian Diet) study. <i>British Journal of Nutrition</i> , 2019, 121, 756-762.	1.2	2
54	Alpine junior world ski championship: nutritional habits and performance in elite skiers. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1339-1345.	0.4	2

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55	Consumption of Buckwheat Products and Cardiovascular Risk Profile: A Randomized, Single-Blinded Crossover Trial. <i>Journal of Nutrition & Food Sciences</i> , 2016, 06, .	1.0	1
56	Study Design in Experimental Settings. , 2019, , 23-41.		1
57	Occurrence of Dysgeusia in Patients Being Treated for Cancer. <i>Nutrition and Cancer</i> , 2022, , 1-7.	0.9	1
58	Diet and Health From reGIstered Trials on ClinicalTrials.gov: The DIGIT Study. <i>Frontiers in Nutrition</i> , 2022, 9, 870776.	1.6	1
59	Validation of a literature-based adherence score to Mediterranean diet: The MEDI-LITE score. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, e21.	1.1	0
60	Comparison between Mediterranean and Vegetarian diets for cardiovascular prevention: The cardiveg study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, e30-e31.	1.1	0
61	Relationship between sleep pattern and efficacy of calorie-restricted Mediterranean diet in overweight/obese subjects. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, e31.	1.1	0
62	Response by Dinu et al to Letters Regarding Article, "Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile: CARDIVEG Study (Cardiovascular Prevention With Vegetarian Diet)". <i>Circulation</i> , 2018, 138, 655-655.	1.6	0
63	Mediterranean, but not lacto-ovo-vegetarian, diet positively influence circulating progenitor cells for cardiovascular prevention: The cardiveg study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 874.	1.1	0
64	Dietary intervention with vegetarian and mediterranean diets for cardiovascular prevention: Effects on hormones involved in the energy balance. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 881.	1.1	0
65	Effects of a 3-months' dietary intervention with lacto-ovo-vegetarian diet on vitamin B12 levels: Results of the CARDIVEG study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 882-883.	1.1	0
66	Food groups and risk of age-related macular degeneration: A systematic review with meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 875-876.	1.1	0
67	Impact of mediterranean vs vegetarian diets on gut microbiota and short chain fatty acids: The CARDIVEG study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 879.	1.1	0
68	Effects of popular diets on anthropometric and metabolic parameters: an umbrella review of meta-analyses of randomized controlled trials. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	0
69	Effectiveness of a replacement diet with cereal products based on ancient wheat Khorasan on the pain symptoms and on the SCFA production in patients with fibromyalgia. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 542.	1.1	0
70	Effects of an olive oil by-product on the cardiovascular risk profile: results of a randomized controlled clinical trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 537.	1.1	0
71	Effect of consumption of ancient grain bread leavened with sourdough or with brewer's yeast on cardio-metabolic risk parameters: a dietary intervention trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 542-543.	1.1	0
72	Is there an obesity paradox in the elderly? Body mass index, functional status and cognitive function in a cohort of nonagenarians: results from the MUGELLO study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 537.	1.1	0

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73	Is there a relationship between chronotype, energy intake and cardiometabolic risk factors? A systematic review with meta-analysis. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 3252.	1.1	0
74	Effect of ancient Khorasan wheat on gut microbiota, inflammation and short-chain fatty acids production in patients with fibromyalgia. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 3254.	1.1	0
75	Effects of a meat-based diet versus pesco-vegetarian diet on biochemical parameters: results from the MeaTlc Study. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 3250.	1.1	0
76	Comparison of meat-based versus pesco-vegetarian diets harmful metabolite content in faeces: preliminary results from the MeaTlc Study. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 3254-3255.	1.1	0
77	Quality of life in liver transplant recipients during the Corona virus disease 19 pandemic: A multicentre study. Liver International, 2022, 42, 1618-1628.	1.9	0