

# Laura Palagini

## List of Publications by Year in descending order

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Version: 2024-02-01

106  
papers

4,253  
citations

185998

28  
h-index

128067

60  
g-index

122  
all docs

122  
docs citations

122  
times ranked

5171  
citing authors

#	ARTICLE	IF	CITATIONS
1	Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105.	3.8	614
2	The neurobiology, investigation, and treatment of chronic insomnia. <i>Lancet Neurology</i> , The, 2015, 14, 547-558.	4.9	385
3	REM sleep dysregulation in depression: State of the art. <i>Sleep Medicine Reviews</i> , 2013, 17, 377-390.	3.8	330
4	Sleep Loss and Hypertension: A Systematic Review. <i>Current Pharmaceutical Design</i> , 2013, 19, 2409-2419.	0.9	216
5	Chronic sleep loss during pregnancy as a determinant of stress: impact on pregnancy outcome. <i>Sleep Medicine</i> , 2014, 15, 853-859.	0.8	161
6	Poor Sleep Quality and Its Consequences on Mental Health During the COVID-19 Lockdown in Italy. <i>Frontiers in Psychology</i> , 2020, 11, 574475.	1.1	159
7	Depression and systemic lupus erythematosus: a systematic review. <i>Lupus</i> , 2013, 22, 409-416.	0.8	150
8	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	1.7	138
9	Systematic Review of Sleep Disturbances and Circadian Sleep Desynchronization in Autism Spectrum Disorder: Toward an Integrative Model of a Self-Reinforcing Loop. <i>Frontiers in Psychiatry</i> , 2019, 10, 366.	1.3	132
10	Stress & sleep: A relationship lasting a lifetime. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 117, 65-77.	2.9	106
11	Poor sleep quality and resistant hypertension. <i>Sleep Medicine</i> , 2013, 14, 1157-1163.	0.8	100
12	The genetics of insomnia – Evidence for epigenetic mechanisms?. <i>Sleep Medicine Reviews</i> , 2014, 18, 225-235.	3.8	92
13	Interventions for sleep problems during pregnancy: A systematic review. <i>Sleep Medicine Reviews</i> , 2020, 50, 101234.	3.8	72
14	The key role of insomnia and sleep loss in the dysregulation of multiple systems involved in mood disorders: A proposed model. <i>Journal of Sleep Research</i> , 2019, 28, e12841.	1.7	70
15	High internight reliability of computer-measured NREM delta, sigma, and beta: biological implications. <i>Biological Psychiatry</i> , 2000, 48, 1010-1019.	0.7	65
16	Sleep disorders and systemic lupus erythematosus. <i>Lupus</i> , 2014, 23, 115-123.	0.8	64
17	Sleep-related cognitive processes, arousal, and emotion dysregulation in insomnia disorder: the role of insomnia-specific rumination. <i>Sleep Medicine</i> , 2017, 30, 97-104.	0.8	64
18	Lack of Resilience Is Related to Stress-Related Sleep Reactivity, Hyperarousal, and Emotion Dysregulation in Insomnia Disorder. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 759-766.	1.4	61

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19	Sleep, insomnia and mental health. <i>Journal of Sleep Research</i> , 2022, 31, e13628.	1.7	57
20	Early-life origin of adult insomnia: does prenatal "early-life stress play a role?. <i>Sleep Medicine</i> , 2015, 16, 446-456.	0.8	53
21	Sleep, dreaming, and mental health: A review of historical and neurobiological perspectives. <i>Sleep Medicine Reviews</i> , 2011, 15, 179-186.	3.8	50
22	Stress-related sleep reactivity is associated with insomnia, psychopathology and suicidality in pregnant women: preliminary results. <i>Sleep Medicine</i> , 2019, 56, 145-150.	0.8	48
23	Insomnia symptoms predict emotional dysregulation, impulsivity and suicidality in depressive bipolar II patients with mixed features. <i>Comprehensive Psychiatry</i> , 2019, 89, 46-51.	1.5	45
24	Insomnia and menopause: a narrative review on mechanisms and treatments. <i>Climacteric</i> , 2020, 23, 539-549.	1.1	45
25	Maternal "foetal attachment independently predicts the quality of maternal "infant bonding and post-partum psychopathology. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2018, 31, 3153-3159.	0.7	42
26	Expert Opinions and Consensus Recommendations for the Evaluation and Management of Insomnia in Clinical Practice: Joint Statements of Five Italian Scientific Societies. <i>Frontiers in Psychiatry</i> , 2020, 11, 558.	1.3	42
27	Biological rhythms and chronotherapeutics in depression. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2021, 106, 110158.	2.5	38
28	International Expert Opinions and Recommendations on the Use of Melatonin in the Treatment of Insomnia and Circadian Sleep Disturbances in Adult Neuropsychiatric Disorders. <i>Frontiers in Psychiatry</i> , 2021, 12, 688890.	1.3	37
29	&lt;p&gt;Insomnia, Short Sleep, And Snoring In Mid-To-Late Pregnancy: Disparities Related To Poverty, Race, And Obesity&lt;/p&gt;. <i>Nature and Science of Sleep</i> , 2019, Volume 11, 301-315.	1.4	34
30	Developmental pathways towards mood disorders in adult life: Is there a role for sleep disturbances?. <i>Journal of Affective Disorders</i> , 2019, 243, 121-132.	2.0	34
31	Eating Disorders Spectrum During the COVID Pandemic: A Systematic Review. <i>Frontiers in Psychology</i> , 2021, 12, 663376.	1.1	34
32	Poor sleep quality in systemic lupus erythematosus: does it depend on depressive symptoms?. <i>Lupus</i> , 2014, 23, 1350-1357.	0.8	33
33	Trait- and pre-sleep-state-dependent arousal in insomnia disorders: what role may sleep reactivity and sleep-related metacognitions play? A pilot study. <i>Sleep Medicine</i> , 2016, 25, 42-48.	0.8	31
34	Relationship between insomnia symptoms, perceived stress and coping strategies in subjects with arterial hypertension: psychological factors may play a modulating role. <i>Sleep Medicine</i> , 2016, 19, 108-115.	0.8	30
35	Chronobiological dis-rhythmicity is related to emotion dysregulation and suicidality in depressive bipolar II disorder with mixed features. <i>Psychiatry Research</i> , 2019, 271, 272-278.	1.7	28
36	Italian validation of the Sleep Condition Indicator: A clinical screening tool to evaluate Insomnia Disorder according to DSM-5 criteria. <i>International Journal of Psychophysiology</i> , 2015, 98, 435-440.	0.5	26

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37	Insomnia and depressive symptoms during the menopausal transition: theoretical and therapeutic implications of a self-reinforcing feedback loop. <i>Maturitas</i> , 2019, 123, 78-81.	1.0	26
38	Insomnia, sleep loss, and circadian sleep disturbances in mood disorders: a pathway toward neurodegeneration and neuroprogression? A theoretical review. <i>CNS Spectrums</i> , 2022, 27, 298-308.	0.7	25
39	Insomnia symptoms, perceived stress and coping strategies in patients with systemic lupus erythematosus. <i>Lupus</i> , 2016, 25, 988-996.	0.8	24
40	Melatonin: From Neurobiology to Treatment. <i>Brain Sciences</i> , 2021, 11, 1121.	1.1	24
41	Metacognitive beliefs relate specifically to sleep quality in primary insomnia: a pilot study. <i>Sleep Medicine</i> , 2014, 15, 918-922.	0.8	23
42	The mediating role of sleep-related metacognitive processes in trait and pre-sleep state hyperarousal in insomnia disorder. <i>Journal of Psychosomatic Research</i> , 2017, 99, 59-65.	1.2	23
43	Pre-sleep arousal and sleep quality during the COVID-19 lockdown in Italy. <i>Sleep Medicine</i> , 2021, 88, 46-57.	0.8	19
44	Epidemiology and Management of Neuropsychiatric Disorders in Behçet's Syndrome. <i>CNS Drugs</i> , 2015, 29, 189-196.	2.7	18
45	Association Between Stress-Related Sleep Reactivity and Metacognitive Beliefs About Sleep in Insomnia Disorder: Preliminary Results. <i>Behavioral Sleep Medicine</i> , 2016, 14, 636-649.	1.1	17
46	Association between stress-related sleep reactivity and cognitive processes in insomnia disorder and insomnia subgroups: preliminary results. <i>Sleep Medicine</i> , 2016, 19, 101-107.	0.8	17
47	Italian Association of Sleep Medicine (AIMS) position statement and guideline on the treatment of menopausal sleep disorders. <i>Maturitas</i> , 2019, 129, 30-39.	1.0	17
48	Mental activity after early afternoon nap awakenings in healthy subjects. <i>Brain Research Bulletin</i> , 2004, 63, 361-368.	1.4	16
49	Transdiagnostic factors across fibromyalgia and mental disorders: sleep disturbances may play a key role. A clinical review. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S140-4.	0.4	16
50	Independence of sleep EEG responses to GABAergic hypnotics: biological implications. <i>Journal of Psychiatric Research</i> , 2000, 34, 293-300.	1.5	15
51	Adult insecure attachment plays a role in hyperarousal and emotion dysregulation in Insomnia Disorder. <i>Psychiatry Research</i> , 2018, 262, 162-167.	1.7	15
52	Multiple phenotypes of resting-state cognition are altered in insomnia disorder. <i>Sleep Health</i> , 2016, 2, 239-245.	1.3	14
53	Adult attention-deficit hyperactivity disorder and clinical correlates of delayed sleep phase disorder. <i>Psychiatry Research</i> , 2020, 291, 113162.	1.7	13
54	Insomnia and circadian sleep disorders in ovarian cancer: Evaluation and management of underestimated modifiable factors potentially contributing to morbidity. <i>Journal of Sleep Research</i> , 2022, 31, e13510.	1.7	13

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55	The Relationship Between Resilience and Sleep Quality During the Second Wave of the COVID-19 Pandemic: A Longitudinal Study. <i>Nature and Science of Sleep</i> , 2022, Volume 14, 41-51.	1.4	13
56	Eveningness and poor sleep quality contribute to depressive residual symptoms and behavioral inhibition in patients with bipolar disorder. <i>Chronobiology International</i> , 2020, 37, 101-110.	0.9	12
57	Exploring the Role of Caffeine Use in Adult-ADHD Symptom Severity of US Army Soldiers. <i>Journal of Clinical Medicine</i> , 2020, 9, 3788.	1.0	12
58	Association between affective temperaments and mood features in bipolar disorder II: The role of insomnia and chronobiological rhythms desynchronization. <i>Journal of Affective Disorders</i> , 2020, 266, 263-272.	2.0	12
59	Association among early life stress, mood features, hopelessness and suicidal risk in bipolar disorder: The potential contribution of insomnia symptoms. <i>Journal of Psychiatric Research</i> , 2021, 135, 52-59.	1.5	12
60	Insomnia and poor sleep quality during peripartum: a family issue with potential long term consequences on mental health. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2020, , 1-9.	0.7	11
61	Longitudinal associations between stress and sleep disturbances during COVID-19. <i>Stress and Health</i> , 2022, 38, 919-926.	1.4	11
62	Time-of-night variations in the story-like organization of dream experience developed during rapid eye movement sleep. <i>Journal of Sleep Research</i> , 2015, 24, 234-240.	1.7	10
63	Association between Type-D Personality and Affective (Anxiety, Depression, Post-traumatic Stress) Symptoms and Maladaptive Coping in Breast Cancer Patients: A Longitudinal Study. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2021, 17, 271-279.	0.6	10
64	Rapid eye movement density shows trends across REM periods but is uncorrelated with NREM delta in young and elderly human subjects. <i>Brain Research Bulletin</i> , 2004, 63, 433-438.	1.4	9
65	The Relationship of Neuroticism with Sleep Quality: The Mediating Role of Emotional, Cognitive and Metacognitive Factors. <i>Behavioral Sleep Medicine</i> , 2022, 20, 74-89.	1.1	9
66	Rehab Rounds: Outcomes of Patients With Schizophrenia in a Family-Style, Residential, Community-Based Program in Italy. <i>Psychiatric Services</i> , 2000, 51, 1113-1115.	1.1	8
67	Insomnia symptoms are associated with impaired resilience in bipolar disorder: Potential links with early life stressors may affect mood features and suicidal risk. <i>Journal of Affective Disorders</i> , 2022, 299, 596-603.	2.0	8
68	Sleep Markers in Psychiatry: Do Insomnia and Disturbed Sleep Play as Markers of Disrupted Neuroplasticity in Mood Disorders? A Proposed Model. <i>Current Medicinal Chemistry</i> , 2022, 29, 5595-5605.	1.2	8
69	Melatonin and pro-hypnotic effectiveness of the antidepressant Trazodone: A preliminary evaluation in insomniac mood-disorder patients. <i>Clinical Biochemistry</i> , 2016, 49, 1152-1158.	0.8	6
70	Knowledge about risk factors for cancer and cancer risk behavior among patients with severe mental illness. <i>Psycho-Oncology</i> , 2021, 30, 2077-2081.	1.0	6
71	Predictors of Suicidal Ideation and Preparatory Behaviors in Individuals With Bipolar Disorder. <i>Journal of Clinical Psychiatry</i> , 2021, 82, .	1.1	6
72	Behçet's syndrome and psychiatric involvement: is it a primary or secondary feature of the disease?. <i>Clinical and Experimental Rheumatology</i> , 2018, 36, 125-128.	0.4	6

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73	Insomnia evaluation and treatment during peripartum: a joint position paper from the European Insomnia Network task force "Sleep and Women," the Italian MarCA Society and international experts task force for perinatal mental health. Archives of Women's Mental Health, 2022, 25, 561-575.	1.2	6
74	The increasing challenge of the possible impact of ethnicity on psychopharmacology. CNS Spectrums, 2021, 26, 222-231.	0.7	5
75	Psychometric properties of the Sleep Hygiene Index in a large Italian community sample. Sleep Medicine, 2021, 84, 362-367.	0.8	5
76	Should we target insomnia to treat and prevent postpartum depression?. Journal of Maternal-Fetal and Neonatal Medicine, 2022, 35, 8794-8796.	0.7	5
77	Relationships Among Delayed Sleep Phase Disorder, Emotional Dysregulation, and Affective Temperaments in Adults With Attention Deficit Hyperactivity Disorder and Cyclothymia. Journal of Nervous and Mental Disease, 2020, 208, 857-862.	0.5	4
78	0959 Evening Chronotypes Mediate The Association Between Early Life Stress And Emotion Dysregulation In Bipolar Disorder: A Pilot Study. Sleep, 2018, 41, A356-A356.	0.6	3
79	Early Life Stress and Chronobiological Rhythms Desynchronization. Journal of Nervous and Mental Disease, 2021, 209, 518-524.	0.5	3
80	A comparison of Dignity Therapy narratives among people with severe mental illness and people with cancer. Psycho-Oncology, 2022, 31, 676-679.	1.0	3
81	Decision-Making, Impulsiveness and Temperamental Traits in Eating Disorders.. , 2020, 17, 199-208.		3
82	0363 Insomnia Disorder As A Predictor Of Mental Disorders And Pain: A Meta-analytic Evaluation Of Longitudinal Epidemiological Studies. Sleep, 2018, 41, A139-A139.	0.6	2
83	Post-traumatic stress disorder in train crash survivors in Italy: the role of mood spectrum dysregulations and intrusiveness. CNS Spectrums, 2021, 26, 71-76.	0.7	2
84	Psychopathological aspects of dysphagia: a systematic review on correlations with eating disorders and other psychiatric conditions. Eating and Weight Disorders, 2021, , 1.	1.2	2
85	Insomnia, Fatigue, and Depression: Theoretical and Clinical Implications of a Self-reinforcing Feedback Loop in Cancer. Clinical Practice and Epidemiology in Mental Health, 2021, 17, 257-263.	0.6	2
86	Dysfunctional beliefs about sleep are associated with stress-related sleep reactivity in insomnia disorder: Preliminary data. Sleep Medicine, 2015, 16, S245.	0.8	1
87	1110 A LIFETIME APPROACH TO COMORBIDITY IN SLEEP, MOOD AND ANXIETY DISORDERS. SLEEP DISTURBANCES PLAY A ROLE IN THE NON-REMISSION OF PANIC DISORDERS. Sleep, 2017, 40, A414-A414.	0.6	1
88	0428 Insomnia And Stress: Associations With Mental Resilience And Mood. Sleep, 2018, 41, A162-A162.	0.6	1
89	Can sleep disturbance be a cue of mood spectrum comorbidity? A preliminary study in panic disorder. CNS Spectrums, 2020, 25, 32-37.	0.7	1
90	Primacy of (hypo) mania in the postpartum period: A concept worth considering. Bipolar Disorders, 2020, 22, 553-555.	1.1	1

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91	Telephone-Delivered Interpersonal Psychotherapy: a systematic review. <i>CNS Spectrums</i> , 2021, , 1-39.	0.7	1
92	Characteristics of psychiatric comorbidities in emergency medicine setting and impact on length of hospitalization: A retrospective study. <i>Emergency Care Journal</i> , 2022, 18, .	0.2	1
93	AB0391 Sleep disorders in systemic lupus erythematosus patients: a cross sectional study. <i>Annals of the Rheumatic Diseases</i> , 2013, 72, A907.1-A907.	0.5	0
94	[OP.8B.04] GENDER DIFFERENCES IN THE IMPACT OF DYSFUNCTIONAL COPING IN A HYPERTENSIVE POPULATION. <i>Journal of Hypertension</i> , 2016, 34, e101.	0.3	0
95	0294 RESILIENCE, EMOTION AND AROUSAL REGULATION IN INSOMNIA DISORDER. <i>Sleep</i> , 2017, 40, A108-A109.	0.6	0
96	0303 INSECURE ATTACHMENT STYLE IS RELATED TO EMOTION DEREGLATION AND HYPERAROUSAL IN INSOMNIA. <i>Sleep</i> , 2017, 40, A112-A112.	0.6	0
97	0960 Evening Chronotypes Are Related To Emotional Negative Polarity, Hyper-reactivity And Instability In Cyclothymic Disorder. <i>Sleep</i> , 2018, 41, A356-A356.	0.6	0
98	0430 Stress-related Sleep Reactivity Predicts Peri-partum Insomnia, Psychopathology And Suicidality. <i>Sleep</i> , 2018, 41, A163-A163.	0.6	0
99	Sleep in Major Depression. <i>Handbook of Behavioral Neuroscience</i> , 2019, 30, 693-706.	0.7	0
100	P.573 Real-world characteristics of patients with suicidal behavior disorder admitted to general hospital emergency departments. <i>European Neuropsychopharmacology</i> , 2019, 29, S400-S401.	0.3	0
101	P.593 Association between affective temperaments and mood features in bipolar disorder II: the role of insomnia and chronobiological rhythms desynchronization. <i>European Neuropsychopharmacology</i> , 2020, 40, S336-S337.	0.3	0
102	Reply to Zhang et Al.: Commentary interventions for sleep problems during pregnancy. <i>Sleep Medicine Reviews</i> , 2020, 51, 101284.	3.8	0
103	Sleep Disorders and Peripartum. , 2022, , 113-125.		0
104	Poor sleep quality may contribute to dysfunctional illness perception, physical and emotional distress in hospitalised patients: results of a national survey of the Italian Society of Consultation-Liaison Psychiatry. <i>Journal of Sleep Research</i> , 2022, , e13617.	1.7	0
105	Bipolar Disorder Treatments and Ovarian Cancer: A Systematic Review.. , 2020, 17, 300-313.		0
106	Interpersonal Problematic Areas in Liaison Psychiatry: A Feasibility Study.. , 2021, 18, 170-175.		0