

# Francesco Pagnini

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

94  
papers

1,700  
citations

23  
h-index

38  
g-index

112  
ext. papers

2,067  
ext. citations

3.8  
avg, IF

5.14  
L-index

#	Paper	IF	Citations
94	Relaxation training for anxiety: a ten-years systematic review with meta-analysis. <i>BMC Psychiatry</i> , <b>2008</b> , 8, 41	4.2	220
93	Internet-based behavioral interventions for obesity: an updated systematic review. <i>Clinical Practice and Epidemiology in Mental Health</i> , <b>2011</b> , 7, 19-28	3.2	91
92	Burden, depression, and anxiety in caregivers of people with amyotrophic lateral sclerosis. <i>Psychology, Health and Medicine</i> , <b>2010</b> , 15, 685-93	2.1	86
91	A new compass for health psychology. <i>Frontiers in Psychology</i> , <b>2013</b> , 4,	3.4	78
90	Psychological wellbeing and quality of life in amyotrophic lateral sclerosis: a review. <i>International Journal of Psychology</i> , <b>2013</b> , 48, 194-205	1.9	72
89	Can relaxation training reduce emotional eating in women with obesity? An exploratory study with 3 months of follow-up. <i>Journal of the American Dietetic Association</i> , <b>2009</b> , 109, 1427-32		70
88	Psychological Treatments and Psychotherapies in the Neurorehabilitation of Pain: Evidences and Recommendations from the Italian Consensus Conference on Pain in Neurorehabilitation. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 115	3.4	51
87	Embodied Mindfulness. <i>Mindfulness</i> , <b>2017</b> , 8, 1160-1171	2.9	48
86	Existential well-being and spirituality of individuals with amyotrophic lateral sclerosis is related to psychological well-being of their caregivers. <i>Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders</i> , <b>2011</b> , 12, 105-8		46
85	Being mindful about mindfulness. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 288-9	23.3	45
84	Knowledge, Concerns, and Behaviors of Individuals During the First Week of the Coronavirus Disease 2019 Pandemic in Italy. <i>JAMA Network Open</i> , <b>2020</b> , 3, e2015821	10.4	38
83	Amyotrophic lateral sclerosis: time for research on psychological intervention?. <i>Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders</i> , <b>2012</b> , 13, 416-7		37
82	Mindfulness, physical impairment and psychological well-being in people with amyotrophic lateral sclerosis. <i>Psychology and Health</i> , <b>2015</b> , 30, 503-17	2.9	36
81	Mindfulness as a Protective Factor for the Burden of Caregivers of Amyotrophic Lateral Sclerosis Patients. <i>Journal of Clinical Psychology</i> , <b>2016</b> , 72, 101-11	2.8	35
80	Perceived control and mindfulness: Implications for clinical practice.. <i>Journal of Psychotherapy Integration</i> , <b>2016</b> , 26, 91-102	6.9	32
79	What Is the Role of the Placebo Effect for Pain Relief in Neurorehabilitation? Clinical Implications From the Italian Consensus Conference on Pain in Neurorehabilitation. <i>Frontiers in Neurology</i> , <b>2018</b> , 9, 310	4.1	31
78	Pain in Amyotrophic Lateral Sclerosis: a psychological perspective. <i>Neurological Sciences</i> , <b>2012</b> , 33, 1193-5	3.5	31

77	Online meditation training for people with multiple sclerosis: A randomized controlled trial. <i>Multiple Sclerosis Journal</i> , <b>2019</b> , 25, 610-617	5	30
76	Psychological Considerations in the Assessment and Treatment of Pain in Neurorehabilitation and Psychological Factors Predictive of Therapeutic Response: Evidence and Recommendations from the Italian Consensus Conference on Pain in Neurorehabilitation. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 468	3.4	29
75	Longitudinal associations between mindfulness and well-being in people with multiple sclerosis. <i>International Journal of Clinical and Health Psychology</i> , <b>2019</b> , 19, 22-30	5.1	28
74	Mindful navigation for pedestrians: Improving engagement with augmented reality. <i>Technology in Society</i> , <b>2016</b> , 45, 29-33	6.3	26
73	Symptom changes in multiple sclerosis following psychological interventions: a systematic review. <i>BMC Neurology</i> , <b>2014</b> , 14, 222	3.1	25
72	Meditation training for people with amyotrophic lateral sclerosis: a randomized clinical trial. <i>European Journal of Neurology</i> , <b>2017</b> , 24, 578-586	6	24
71	Do coping strategies discriminate eating disordered individuals better than eating disorder features? An explorative study on female inpatients with anorexia and bulimia nervosa. <i>Journal of Clinical Psychology in Medical Settings</i> , <b>2009</b> , 16, 297-303	2	21
70	Relaxation Techniques for People with Chronic Obstructive Pulmonary Disease: A Systematic Review and a Meta-Analysis. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2015</b> , 2015, 628363	2.3	20
69	Hypnosis-based psychodynamic treatment in ALS: a longitudinal study on patients and their caregivers. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 822	3.4	20
68	Psychological effects of implantable cardioverter defibrillator shocks. A review of study methods. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 39	3.4	19
67	The DSM: mindful science or mindless power? A critical review. <i>Frontiers in Psychology</i> , <b>2014</b> , 5, 602	3.4	18
66	COVID Feel Good-An Easy Self-Help Virtual Reality Protocol to Overcome the Psychological Burden of Coronavirus. <i>Frontiers in Psychiatry</i> , <b>2020</b> , 11, 563319	5	18
65	Depression and disease progression in amyotrophic lateral sclerosis: A comprehensive meta-regression analysis. <i>Journal of Health Psychology</i> , <b>2015</b> , 20, 1107-28	3.1	17
64	Shame proneness and eating disorders: a comparison between clinical and non-clinical samples. <i>Eating and Weight Disorders</i> , <b>2016</b> , 21, 701-707	3.6	15
63	The experience of meditation for people with amyotrophic lateral sclerosis and their caregivers - a qualitative analysis. <i>Psychology, Health and Medicine</i> , <b>2016</b> , 21, 762-8	2.1	15
62	Blood sugar level follows perceived time rather than actual time in people with type 2 diabetes. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , <b>2016</b> , 113, 8168-70	11.5	15
61	Negative social emotions and cognition: Shame, guilt and working memory impairments. <i>Acta Psychologica</i> , <b>2018</b> , 188, 9-15	1.7	15
60	A Mindful Approach to Chronic Illness <b>2014</b> , 852-863		13

59	Meditation training for people with amyotrophic lateral sclerosis and their caregivers. <i>Journal of Alternative and Complementary Medicine</i> , <b>2014</b> , 20, 272-5	2.4	13
58	Treatment of fatigue in amyotrophic lateral sclerosis/motor neuron disease. <i>The Cochrane Library</i> , <b>2018</b> , 1, CD011005	5.2	12
57	A telemedicine meditation intervention for people with multiple sclerosis and their caregivers: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2016</b> , 17, 4	2.8	11
56	Anxiety and Depression in Patients with Amyotrophic Lateral Sclerosis and Their Caregivers. <i>Current Psychology</i> , <b>2012</b> , 31, 79-87	1.4	11
55	Respiratory function of people with amyotrophic lateral sclerosis and caregiver distress level: a correlational study. <i>BioPsychoSocial Medicine</i> , <b>2012</b> , 6, 14	2.8	11
54	Psychological perspectives of inflammatory bowel disease patients undergoing surgery: rightful concerns and preconceptions. <i>Current Drug Targets</i> , <b>2014</b> , 15, 1074-8	3	11
53	Italian Adult Gambling Behavior: At Risk and Problem Gambler Profiles. <i>Journal of Gambling Studies</i> , <b>2018</b> , 34, 647-657	3	11
52	Mindful Reappraisal: Comment on Mindfulness Broadens Awareness and Builds Eudaimonic Meaning: A Process Model of Mindful Positive Emotion Regulation <i>Psychological Inquiry</i> , <b>2015</b> , 26, 365-367	3.2	10
51	Clinical psychology and amyotrophic lateral sclerosis. <i>Frontiers in Psychology</i> , <b>2010</b> , 1, 33	3.4	10
50	A psychological intervention to promote acceptance and adherence to non-invasive ventilation in people with chronic obstructive pulmonary disease: study protocol of a randomised controlled trial. <i>Trials</i> , <b>2017</b> , 18, 59	2.8	9
49	The potential role of illness expectations in the progression of medical diseases. <i>BMC Psychology</i> , <b>2019</b> , 7, 70	2.8	9
48	Utilizing a Creative Task to Assess Langerian Mindfulness. <i>Creativity Research Journal</i> , <b>2017</b> , 29, 194-199	1.8	8
47	Facebook Use as Access Facilitator for Consulting Psychology. <i>Australian Psychologist</i> , <b>2015</b> , 50, 299-303	1.7	8
46	Emotional intelligence training and evaluation in physicians. <i>JAMA - Journal of the American Medical Association</i> , <b>2009</b> , 301, 600; author reply 601	27.4	8
45	Mindful Learning: A Case Study of Langerian Mindfulness in Schools. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 1372	3.4	8
44	In the Eye of the Covid-19 Storm: A Web-Based Survey of Psychological Distress Among People Living in Lombardy. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 566753	3.4	8
43	Changes in Pain Perception following Psychotherapy: The Mediating Role of Psychological Components. <i>Pain Research and Management</i> , <b>2018</b> , 2018, 8713084	2.6	8
42	A brief literature review about relaxation therapy and anxiety. <i>Body, Movement and Dance in Psychotherapy</i> , <b>2013</b> , 8, 71-81	0.6	7

41	Resentment, hate, and hope in amyotrophic lateral sclerosis. <i>Frontiers in Psychology</i> , <b>2012</b> , 3, 530	3.4	7
40	Mindfulness-Based Interventions for the Improvement of Well-Being in People With Multiple Sclerosis: A Systematic Review and Meta-Analysis. <i>Psychosomatic Medicine</i> , <b>2020</b> , 82, 600-613	3.7	7
39	Ageing as a mindset: a study protocol to rejuvenate older adults with a counterclockwise psychological intervention. <i>BMJ Open</i> , <b>2019</b> , 9, e030411	3	7
38	Prevalence of Posttraumatic Stress Disorder in Patients With Multiple Sclerosis. <i>Journal of Nervous and Mental Disease</i> , <b>2018</b> , 206, 149-151	1.8	6
37	Aggression in mental health residential facilities: A systematic review and meta-analysis. <i>Aggression and Violent Behavior</i> , <b>2018</b> , 41, 119-127	3.9	6
36	A new approach for psychological consultation: the psychologist at the chemist's. <i>BMC Public Health</i> , <b>2012</b> , 12, 501	4.1	6
35	Mindfulness as an Opportunity to Narrow the Grey Digital Divide. <i>Advances in Psychology, Mental Health, and Behavioral Studies</i> , <b>2016</b> , 214-228	0.2	6
34	Langerian mindfulness, quality of life and psychological symptoms in a sample of Italian students. <i>Health and Quality of Life Outcomes</i> , <b>2018</b> , 16, 29	3	5
33	The Relationship Between Anxiety, Depression and Treatment Adherence in Chronic Obstructive Pulmonary Disease: A Systematic Review. <i>International Journal of COPD</i> , <b>2021</b> , 16, 2001-2021	3	4
32	Reducing Delirium and Improving Patient Satisfaction With a Perioperative Mindfulness Intervention: A Mixed-Methods Pilot Study. <i>Holistic Nursing Practice</i> , <b>2019</b> , 33, 163-176	1.2	4
31	Curcumin Modulates Nitrosative Stress, Inflammation, and DNA Damage and Protects against Ochratoxin A-Induced Hepatotoxicity and Nephrotoxicity in Rats. <i>Antioxidants</i> , <b>2021</b> , 10,	7.1	4
30	Illness expectations predict the development of influenza-like symptoms over the winter season. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 50, 102396	3.5	3
29	A quick relaxation exercise for people with chronic obstructive pulmonary disease: explorative randomized controlled trial. <i>Multidisciplinary Respiratory Medicine</i> , <b>2018</b> , 13, 13	3	3
28	Mindfulness and relaxation training for long duration spaceflight: Evidences from analog environments and military settings. <i>Acta Astronautica</i> , <b>2019</b> , 165, 1-8	2.9	3
27	Validation of the Persian Version of the Langer Mindfulness Scale. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 468	3.4	3
26	A mindful approach with end-of-life thoughts. <i>Frontiers in Psychology</i> , <b>2014</b> , 5, 138	3.4	3
25	Psychological Support for Health Professionals: An Interpretative Phenomenological Analysis. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 1816	3.4	3
24	How people with chronic obstructive pulmonary disease perceive their illness: a qualitative study between mind and body. <i>BMC Pulmonary Medicine</i> , <b>2020</b> , 20, 120	3.5	2

23	Langerian mindfulness and language learning. <i>Cogent Psychology</i> , <b>2019</b> , 6, 1609242	1	2
22	Treatment for fatigue in amyotrophic lateral sclerosis/motor neuron disease (ALS/MND). <i>The Cochrane Library</i> , <b>2014</b> ,	5.2	2
21	The importance of an idiographic approach for the severe chronic disorders-the case of the amyotrophic lateral sclerosis patient. <i>Frontiers in Psychology</i> , <b>2012</b> , 3, 509	3.4	2
20	Mindful Age and Technology: a Qualitative Analysis of a Tablet/Smartphone App Intervention Designed for Older Adults. <i>Integrative Psychological and Behavioral Science</i> , <b>2020</b> , 1	1.2	2
19	Mindfully Reframing the Psychological Impact of the COVID-19 Outbreak Through a Social Media Community for Students: A Pragmatic Study. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 566778	3.4	2
18	Health and the Psychology of Possibility <b>2016</b> , 173-182		2
17	Mindful Age and Technology: Promoting Quality of Life in Older Adults with a Tablet/Smartphone App. <i>Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering</i> , <b>2018</b> , 115-118	0.2	2
16	Empathy-based supportive treatment in amyotrophic lateral sclerosis: A pragmatic study. <i>American Journal of Clinical Hypnosis</i> , <b>2021</b> , 63, 202-216	0.6	2
15	The Role of Psychogeriatrics in Healthy Living and Active Ageing. <i>Studies in Health Technology and Informatics</i> , <b>2014</b> , 203, 122-33	0.5	2
14	Regenerative Virtual Therapy: The Use of Multisensory Technologies and Mindful Attention for Updating the Altered Representations of the Bodily Self. <i>Frontiers in Systems Neuroscience</i> , <b>2021</b> , 15, 749268	3.5	1
13	Illness Expectations Assessment in People with Asthma: A Tool for Explicit and Implicit Beliefs. <i>Journal of Asthma and Allergy</i> , <b>2021</b> , 14, 449-455	3.1	1
12	An online non-meditative mindfulness intervention for people with ALS and their caregivers: a randomized controlled trial. <i>Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration</i> , <b>2021</b> , 1-12	3.6	1
11	Fears, beliefs, and quality of life of patients with cancer vs the general population during the coronavirus disease 2019 (COVID-19) pandemic in Lombardy. <i>Tumori</i> , <b>2021</b> , 3008916211022848	1.7	1
10	Promoting psycho-social wellbeing for engaging inflammatory bowel disease patients in their care: an Italian consensus statement. <i>BMC Psychology</i> , <b>2021</b> , 9, 186	2.8	0
9	Glucose metabolism responds to perceived sugar intake more than actual sugar intake. <i>Scientific Reports</i> , <b>2020</b> , 10, 15633	4.9	0
8	Mindfulness for Autism. <i>Advances in Neurodevelopmental Disorders</i> , <b>2021</b> , 5, 77-84	1.1	0
7	The "common" experience of voice-hearing and its relationship with shame and guilt: a systematic review.. <i>BMC Psychiatry</i> , <b>2022</b> , 22, 281	4.2	0
6	Feasibility of an Online Langerian Mindfulness Program for Stroke Survivors and Caregivers.. <i>OTJR Occupation, Participation and Health</i> , <b>2022</b> , 15394492221091266	1.3	0

5	Experiences of psychological interventions in neurodegenerative diseases: a systematic review and thematic synthesis.. <i>Health Psychology Review</i> , <b>2022</b> , 1-23	7.1	0
4	Gastrostomy in amyotrophic lateral sclerosis: effects of non-invasive ventilation. <i>Lancet Neurology, The</i> , <b>2015</b> , 14, 1152-3	24.1	
3	Motivazioni e barriere alla donazione di sangue tra gli immigrati in Italia ed Europa. <i>Ricerche Di Psicologia</i> , <b>2013</b> , 683-692	0.2	
2	Psychotherapists' emotional reactions to patients' personality trait in personality disorder treatment settings: an exploratory study. <i>BMC Psychology</i> , <b>2021</b> , 9, 74	2.8	
1	Patients' perceptions of surgery for inflammatory bowel disease. <i>Colorectal Disease</i> , <b>2021</b> , 23, 2690-2698.	1	