

# Francesco Pagnini

## List of Publications by Year in descending order

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Version: 2024-02-01

101  
papers

2,418  
citations

201575

27  
h-index

243529

44  
g-index

112  
all docs

112  
docs citations

112  
times ranked

2900  
citing authors

#	ARTICLE	IF	CITATIONS
1	Relaxation training for anxiety: a ten-years systematic review with meta-analysis. BMC Psychiatry, 2008, 8, 41.	1.1	302
2	Internet-Based Behavioral Interventions for Obesity: An Updated Systematic Review. Clinical Practice and Epidemiology in Mental Health, 2011, 7, 19-28.	0.6	110
3	Burden, depression, and anxiety in caregivers of people with amyotrophic lateral sclerosis. Psychology, Health and Medicine, 2010, 15, 685-693.	1.3	106
4	Can Relaxation Training Reduce Emotional Eating in Women with Obesity? An Exploratory Study with 3 Months of Follow-Up. Journal of the American Dietetic Association, 2009, 109, 1427-1432.	1.3	90
5	Psychological wellbeing and quality of life in amyotrophic lateral sclerosis: A review. International Journal of Psychology, 2013, 48, 194-205.	1.7	89
6	Embodied Mindfulness. Mindfulness, 2017, 8, 1160-1171.	1.6	77
7	Psychological Treatments and Psychotherapies in the Neurorehabilitation of Pain: Evidences and Recommendations from the Italian Consensus Conference on Pain in Neurorehabilitation. Frontiers in Psychology, 2016, 7, 115.	1.1	66
8	Perceived control and mindfulness: Implications for clinical practice.. Journal of Psychotherapy Integration, 2016, 26, 91-102.	0.7	63
9	Existential well-being and spirituality of individuals with amyotrophic lateral sclerosis is related to psychological well-being of their caregivers. Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders, 2011, 12, 105-108.	2.3	55
10	Online meditation training for people with multiple sclerosis: A randomized controlled trial. Multiple Sclerosis Journal, 2019, 25, 610-617.	1.4	55
11	Knowledge, Concerns, and Behaviors of Individuals During the First Week of the Coronavirus Disease 2019 Pandemic in Italy. JAMA Network Open, 2020, 3, e2015821.	2.8	55
12	Being mindful about mindfulness. Lancet Psychiatry, the, 2015, 2, 288-289.	3.7	52
13	Longitudinal associations between mindfulness and well-being in people with multiple sclerosis. International Journal of Clinical and Health Psychology, 2019, 19, 22-30.	2.7	47
14	Amyotrophic lateral sclerosis: Time for research on psychological intervention?. Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders, 2012, 13, 416-417.	2.3	43
15	Psychological Considerations in the Assessment and Treatment of Pain in Neurorehabilitation and Psychological Factors Predictive of Therapeutic Response: Evidence and Recommendations from the Italian Consensus Conference on Pain in Neurorehabilitation. Frontiers in Psychology, 2016, 7, 468.	1.1	43
16	Pain in Amyotrophic Lateral Sclerosis: a psychological perspective. Neurological Sciences, 2012, 33, 1193-1196.	0.9	42
17	COVID Feel Good" An Easy Self-Help Virtual Reality Protocol to Overcome the Psychological Burden of Coronavirus. Frontiers in Psychiatry, 2020, 11, 563319.	1.3	42
18	Mindfulness, physical impairment and psychological well-being in people with amyotrophic lateral sclerosis. Psychology and Health, 2015, 30, 503-517.	1.2	41

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19	Mindfulness as a Protective Factor for the Burden of Caregivers of Amyotrophic Lateral Sclerosis Patients. <i>Journal of Clinical Psychology</i> , 2016, 72, 101-111.	1.0	40
20	What Is the Role of the Placebo Effect for Pain Relief in Neurorehabilitation? Clinical Implications From the Italian Consensus Conference on Pain in Neurorehabilitation. <i>Frontiers in Neurology</i> , 2018, 9, 310.	1.1	40
21	Meditation training for people with amyotrophic lateral sclerosis: a randomized clinical trial. <i>European Journal of Neurology</i> , 2017, 24, 578-586.	1.7	39
22	Mindful navigation for pedestrians: Improving engagement with augmented reality. <i>Technology in Society</i> , 2016, 45, 29-33.	4.8	37
23	Symptom changes in multiple sclerosis following psychological interventions: a systematic review. <i>BMC Neurology</i> , 2014, 14, 222.	0.8	36
24	The Relationship Between Anxiety, Depression and Treatment Adherence in Chronic Obstructive Pulmonary Disease: A Systematic Review. <i>International Journal of COPD</i> , 2021, Volume 16, 2001-2021.	0.9	34
25	Relaxation Techniques for People with Chronic Obstructive Pulmonary Disease: A Systematic Review and a Meta-Analysis. <i>Evidence-based Complementary and Alternative Medicine</i> , 2015, 2015, 1-22.	0.5	30
26	Hypnosis-based psychodynamic treatment in ALS: a longitudinal study on patients and their caregivers. <i>Frontiers in Psychology</i> , 2015, 6, 822.	1.1	29
27	Do Coping Strategies Discriminate Eating Disordered Individuals Better Than Eating Disorder Features? An Explorative Study on Female Inpatients with Anorexia and Bulimia Nervosa. <i>Journal of Clinical Psychology in Medical Settings</i> , 2009, 16, 297-303.	0.8	28
28	The DSM: mindful science or mindless power? A critical review. <i>Frontiers in Psychology</i> , 2014, 5, 602.	1.1	26
29	Psychological effects of implantable cardioverter defibrillator shocks. A review of study methods. <i>Frontiers in Psychology</i> , 2015, 6, 39.	1.1	25
30	Shame proneness and eating disorders: a comparison between clinical and non-clinical samples. <i>Eating and Weight Disorders</i> , 2016, 21, 701-707.	1.2	24
31	Curcumin Modulates Nitrosative Stress, Inflammation, and DNA Damage and Protects against Ochratoxin A-Induced Hepatotoxicity and Nephrotoxicity in Rats. <i>Antioxidants</i> , 2021, 10, 1239.	2.2	23
32	Blood sugar level follows perceived time rather than actual time in people with type 2 diabetes. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2016, 113, 8168-8170.	3.3	22
33	A telemedicine meditation intervention for people with multiple sclerosis and their caregivers: study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 4.	0.7	22
34	Treatment of fatigue in amyotrophic lateral sclerosis/motor neuron disease. <i>The Cochrane Library</i> , 2018, 2018, CD011005.	1.5	22
35	Depression and disease progression in amyotrophic lateral sclerosis: A comprehensive meta-regression analysis. <i>Journal of Health Psychology</i> , 2015, 20, 1107-1128.	1.3	21
36	The experience of meditation for people with amyotrophic lateral sclerosis and their caregivers – a qualitative analysis. <i>Psychology, Health and Medicine</i> , 2016, 21, 762-768.	1.3	21

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37	Negative social emotions and cognition: Shame, guilt and working memory impairments. <i>Acta Psychologica</i> , 2018, 188, 9-15.	0.7	20
38	The potential role of illness expectations in the progression of medical diseases. <i>BMC Psychology</i> , 2019, 7, 70.	0.9	17
39	Regenerative Virtual Therapy: The Use of Multisensory Technologies and Mindful Attention for Updating the Altered Representations of the Bodily Self. <i>Frontiers in Systems Neuroscience</i> , 2021, 15, 749268.	1.2	17
40	Meditation Training for People with Amyotrophic Lateral Sclerosis and Their Caregivers. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, 272-275.	2.1	16
41	Respiratory function of people with amyotrophic lateral sclerosis and caregiver distress level: a correlational study. <i>BioPsychoSocial Medicine</i> , 2012, 6, 14.	0.9	15
42	Facebook Use as Access Facilitator for Consulting Psychology. <i>Australian Psychologist</i> , 2015, 50, 299-303.	0.9	15
43	A psychological intervention to promote acceptance and adherence to non-invasive ventilation in people with chronic obstructive pulmonary disease: study protocol of a randomised controlled trial. <i>Trials</i> , 2017, 18, 59.	0.7	15
44	Utilizing a Creative Task to Assess Langerian Mindfulness. <i>Creativity Research Journal</i> , 2017, 29, 194-199.	1.7	15
45	Mindful Reappraisal: Comment on "Mindfulness Broadens Awareness and Builds Eudaimonic Meaning: A Process Model of Mindful Positive Emotion Regulation". <i>Psychological Inquiry</i> , 2015, 26, 365-367.	0.4	14
46	Mindful Learning: A Case Study of Langerian Mindfulness in Schools. <i>Frontiers in Psychology</i> , 2016, 7, 1372.	1.1	14
47	Italian Adult Gambling Behavior: At Risk and Problem Gambler Profiles. <i>Journal of Gambling Studies</i> , 2018, 34, 647-657.	1.1	14
48	Langerian mindfulness, quality of life and psychological symptoms in a sample of Italian students. <i>Health and Quality of Life Outcomes</i> , 2018, 16, 29.	1.0	14
49	Mindfulness-Based Interventions for the Improvement of Well-Being in People With Multiple Sclerosis: A Systematic Review and Meta-Analysis. <i>Psychosomatic Medicine</i> , 2020, 82, 600-613.	1.3	14
50	Psychological Perspectives of Inflammatory Bowel Disease Patients Undergoing Surgery: Rightful Concerns and Preconceptions. <i>Current Drug Targets</i> , 2014, 15, 1074-1078.	1.0	14
51	Anxiety and Depression in Patients with Amyotrophic Lateral Sclerosis and Their Caregivers. <i>Current Psychology</i> , 2012, 31, 79-87.	1.7	13
52	In the Eye of the Covid-19 Storm: A Web-Based Survey of Psychological Distress Among People Living in Lombardy. <i>Frontiers in Psychology</i> , 2021, 12, 566753.	1.1	13
53	An online non-meditative mindfulness intervention for people with ALS and their caregivers: a randomized controlled trial. <i>Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration</i> , 2022, 23, 116-127.	1.1	12
54	Clinical psychology and amyotrophic lateral sclerosis. <i>Frontiers in Psychology</i> , 2010, 1, 33.	1.1	11

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55	A brief literature review about relaxation therapy and anxiety. <i>Body, Movement and Dance in Psychotherapy</i> , 2013, 8, 71-81.	0.8	11
56	Changes in Pain Perception following Psychotherapy: The Mediating Role of Psychological Components. <i>Pain Research and Management</i> , 2018, 2018, 1-5.	0.7	11
57	Mindfulness and relaxation training for long duration spaceflight: Evidences from analog environments and military settings. <i>Acta Astronautica</i> , 2019, 165, 1-8.	1.7	11
58	Ageing as a mindset: a study protocol to rejuvenate older adults with a counterclockwise psychological intervention. <i>BMJ Open</i> , 2019, 9, e030411.	0.8	10
59	Reducing Delirium and Improving Patient Satisfaction With a Perioperative Mindfulness Intervention. <i>Holistic Nursing Practice</i> , 2019, 33, 163-176.	0.3	10
60	How people with chronic obstructive pulmonary disease perceive their illness: a qualitative study between mind and body. <i>BMC Pulmonary Medicine</i> , 2020, 20, 120.	0.8	10
61	Emotional Intelligence Training and Evaluation in Physicians. <i>JAMA - Journal of the American Medical Association</i> , 2009, 301, 600.	3.8	9
62	Mindful Age and Technology: a Qualitative Analysis of a Tablet/Smartphone App Intervention Designed for Older Adults. <i>Integrative Psychological and Behavioral Science</i> , 2022, 56, 739-754.	0.5	9
63	Prevalence of Posttraumatic Stress Disorder in Patients With Multiple Sclerosis. <i>Journal of Nervous and Mental Disease</i> , 2018, 206, 149-151.	0.5	8
64	Psychological Support for Health Professionals: An Interpretative Phenomenological Analysis. <i>Frontiers in Psychology</i> , 2018, 9, 1816.	1.1	8
65	Glucose metabolism responds to perceived sugar intake more than actual sugar intake. <i>Scientific Reports</i> , 2020, 10, 15633.	1.6	8
66	Promoting Acceptance and Adherence to Noninvasive Ventilation in Chronic Obstructive Pulmonary Disease: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2022, 84, 488-504.	1.3	8
67	Resentment, Hate, and Hope in Amyotrophic Lateral Sclerosis. <i>Frontiers in Psychology</i> , 2012, 3, 530.	1.1	7
68	A new approach for psychological consultation: the psychologist at the chemist's. <i>BMC Public Health</i> , 2012, 12, 501.	1.2	7
69	Aggression in mental health residential facilities: A systematic review and meta-analysis. <i>Aggression and Violent Behavior</i> , 2018, 41, 119-127.	1.2	7
70	Illness expectations predict the development of influenza-like symptoms over the winter season. <i>Complementary Therapies in Medicine</i> , 2020, 50, 102396.	1.3	7
71	Empathy-based supportive treatment in amyotrophic lateral sclerosis: A pragmatic study. <i>American Journal of Clinical Hypnosis</i> , 2021, 63, 202-216.	0.3	7
72	Mindfulness as an Opportunity to Narrow the Grey Digital Divide. <i>Advances in Psychology, Mental Health, and Behavioral Studies</i> , 2016, , 214-228.	0.1	7

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73	Promoting psycho-social wellbeing for engaging inflammatory bowel disease patients in their care: an Italian consensus statement. <i>BMC Psychology</i> , 2021, 9, 186.	0.9	7
74	Psychoeducational groups for people with Amyotrophic Lateral Sclerosis and their caregiver: a qualitative study. <i>Neurological Sciences</i> , 2022, 43, 4239-4255.	0.9	7
75	Validation of the Persian Version of the Langer Mindfulness Scale. <i>Frontiers in Psychology</i> , 2017, 8, 468.	1.1	6
76	Langerian mindfulness and language learning. <i>Cogent Psychology</i> , 2019, 6, .	0.6	6
77	A quick relaxation exercise for people with chronic obstructive pulmonary disease: explorative randomized controlled trial. <i>Multidisciplinary Respiratory Medicine</i> , 2018, 13, 13.	0.6	5
78	Mindfully Reframing the Psychological Impact of the COVID-19 Outbreak Through a Social Media Community for Students: A Pragmatic Study. <i>Frontiers in Psychology</i> , 2021, 12, 566778.	1.1	5
79	Patients' perceptions of surgery for inflammatory bowel disease. <i>Colorectal Disease</i> , 2021, 23, 2690-2698.	0.7	5
80	A mindful approach with end-of-life thoughts. <i>Frontiers in Psychology</i> , 2014, 5, 138.	1.1	4
81	Fears, beliefs, and quality of life of patients with cancer vs the general population during the coronavirus disease 2019 (COVID-19) pandemic in Lombardy. <i>Tumori</i> , 2022, 108, 431-438.	0.6	4
82	The Role of Psychogeriatrics in Healthy Living and Active Ageing. <i>Studies in Health Technology and Informatics</i> , 2014, 203, 122-33.	0.2	4
83	The "common" experience of voice-hearing and its relationship with shame and guilt: a systematic review. <i>BMC Psychiatry</i> , 2022, 22, 281.	1.1	4
84	Experiences of psychological interventions in neurodegenerative diseases: a systematic review and thematic synthesis. <i>Health Psychology Review</i> , 2023, 17, 416-438.	4.4	4
85	Mindfulness for Autism. <i>Advances in Neurodevelopmental Disorders</i> , 2021, 5, 77-84.	0.7	3
86	Illness Expectations Assessment in People with Asthma: A Tool for Explicit and Implicit Beliefs. <i>Journal of Asthma and Allergy</i> , 2021, Volume 14, 449-455.	1.5	3
87	The importance of an idiographic approach for the severe chronic disorders—the case of the amyotrophic lateral sclerosis patient. <i>Frontiers in Psychology</i> , 2012, 3, 509.	1.1	2
88	Treatment for fatigue in amyotrophic lateral sclerosis/motor neuron disease (ALS/MND). <i>The Cochrane Library</i> , 2014, , .	1.5	2
89	Health and the Psychology of Possibility. , 2016, , 173-182.		2
90	Mindful Age and Technology: Promoting Quality of Life in Older Adults with a Tablet/Smartphone App. <i>Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering</i> , 2018, , 115-118.	0.2	2

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91	Feasibility of an Online Langerian Mindfulness Program for Stroke Survivors and Caregivers. OTJR Occupation, Participation and Health, 2022, 42, 228-237.	0.4	2
92	Psychotherapistsâ€™ emotional reactions to patientsâ€™ personality trait in personality disorder treatment settings: an exploratory study. BMC Psychology, 2021, 9, 74.	0.9	1
93	The implementation of a psychological support during the adaptation to Non Invasive Ventilation (NIV) in Chronic Obstructive Pulmonary Disease (COPD): a Randomized Controlled Trial. , 2018, , .		1
94	Anxiety as a risk factor for postoperative complications after colorectal surgery: new area for perioperative optimization. British Journal of Surgery, 2022, 109, 898-899.	0.1	1
95	A new compass for health psychology. Frontiers in Psychology, 2013, 4, .	1.1	0
96	Gastrostomy in amyotrophic lateral sclerosis: effects of non-invasive ventilation. Lancet Neurology, The, 2015, 14, 1152-1153.	4.9	0
97	Motivazioni e barriere alla donazione di sangue tra gli immigrati in Italia ed Europa. Ricerche Di Psicologia, 2013, , 683-692.	0.2	0
98	LATE-BREAKING ABSTRACT: Development of the beliefs about ventilation questionnaire (BVQ). , 2016, , .		0
99	The illness perceptions in chronic obstructive pulmonary disease: a qualitative study. , 2019, , .		0
100	Quick relaxation exercise for people with chronic obstructive pulmonary disease: explorative randomized controlled trial. Multidisciplinary Respiratory Medicine, 0, 13, .	0.6	0
101	Development of the assessment of illness expectations in people with asthma. , 2020, , .		0