## Darel Wee Kiat Toh

List of Publications by Year in descending order

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Version: 2024-02-01

1039406 996533 16 247 9 15 citations h-index g-index papers 16 16 16 266 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Animal Protein versus Plant Protein in Supporting Lean Mass and Muscle Strength: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2021, 13, 661.	1.7	58
2	Impact of simultaneous fermentation with Saccharomyces cerevisiae and Torulaspora delbrueckii on volatile and non-volatile constituents in beer. LWT - Food Science and Technology, 2018, 91, 26-33.	2.5	31
3	Enhancing the cardiovascular protective effects of a healthy dietary pattern with wolfberry (Lycium) Tj ETQq $1\ 1\ 0$	.784314 r	gBT /Overl <mark>oc</mark>
4	Incorporating healthy dietary changes in addition to an increase in fruit and vegetable intake further improves the status of cardiovascular disease risk factors: A systematic review, meta-regression, and meta-analysis of randomized controlled trials. Nutrition Reviews, 2020, 78, 532-545.	2.6	19
5	Lowering breakfast glycemic index and glycemic load attenuates postprandial glycemic response: A systematically searched meta-analysis of randomized controlled trials. Nutrition, 2020, 71, 110634.	1.1	18
6	Evaluation of the potential of commercial nonâ€ <i>Saccharomyces</i> yeast strains of <i>Torulaspora delbrueckii</i> and <i>Lachancea thermotolerans</i> in beer fermentation. International Journal of Food Science and Technology, 2020, 55, 2049-2059.	1.3	18
7	Unknown impacts of plant-based meat alternatives on long-term health. Nature Food, 2022, 3, 90-91.	6.2	18
8	Skin carotenoid status and plasma carotenoids: biomarkers of dietary carotenoids, fruits and vegetables for middle-aged and older Singaporean adults. British Journal of Nutrition, 2021, 126, 1398-1407.	1.2	14
9	Skin carotenoids status as a potential surrogate marker for cardiovascular disease risk determination in middle-aged and older adults. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 592-601.	1.1	11
10	Wolfberry (Lycium barbarum) Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress in Middle-Aged and Older Adults: A Randomized Controlled Trial. Antioxidants, 2021, 10, 567.	2.2	10
11	Association Between Dietary Protein Intake and Sleep Quality in Middle-Aged and Older Adults in Singapore. Frontiers in Nutrition, 2022, 9, 832341.	1.6	8
12	Effects of fatty acids composition in a breakfast meal on the postprandial lipid responses: a systematic review and meta-analysis of randomised controlled trials. International Journal of Food Sciences and Nutrition, 2020, 71, 793-803.	1.3	5
13	Daily consumption of essence of chicken improves cognitive function: a systematically searched meta-analysis of randomized controlled trials. Nutritional Neuroscience, 2021, 24, 236-247.	1.5	4
14	Cardiovascular disease risk reduction with wolfberry consumption: a systematic review and meta-analysis of randomized controlled trials. European Journal of Nutrition, 2022, 61, 1177-1186.	1.8	4
15	A Systematic Review and Meta-Analysis of the Impact of Different Intensity of Dietary Counselling on Cardiometabolic Health in Middle-Aged and Older Adults. Nutrients, 2021, 13, 2936.	1.7	3
16	Impact of following a healthy dietary pattern with co-consuming wolfberry on number and function of blood outgrowth endothelial cells from middle-aged and older adults. Food and Function, 2022, 13, 76-90.	2.1	2