

# Mehdi Akbari

## List of Publications by Year in descending order

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Version: 2024-02-01

26  
papers

361  
citations

840776

11  
h-index

888059

17  
g-index

26  
all docs

26  
docs citations

26  
times ranked

247  
citing authors

#	ARTICLE	IF	CITATIONS
1	Metacognitions or distress intolerance: The mediating role in the relationship between emotional dysregulation and problematic internet use. <i>Addictive Behaviors Reports</i> , 2017, 6, 128-133.	1.9	56
2	The relationship between fear of COVID-19 and health anxiety among families with COVID-19 infected: The mediating role of metacognitions, intolerance of uncertainty and emotion regulation. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1354-1366.	2.7	37
3	Experiential avoidance in depression, anxiety, obsessive-compulsive related, and posttraumatic stress disorders: A comprehensive systematic review and meta-analysis. <i>Journal of Contextual Behavioral Science</i> , 2022, 24, 65-78.	2.6	31
4	Distress tolerance and posttraumatic stress disorder: a systematic review and meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 42-71.	3.5	28
5	Fear of missing out (FoMO) and internet use: A comprehensive systematic review and meta-analysis. <i>Journal of Behavioral Addictions</i> , 2021, 10, 879-900.	3.7	25
6	An emotional and cognitive model of problematic Internet use among college students: The full mediating role of cognitive factors. <i>Addictive Behaviors</i> , 2020, 105, 106252.	3.0	24
7	The mediating role of personalized psychological flexibility in the association between distress intolerance and psychological distress: A national survey during the fourth waves of COVID-19 pandemic in Iran. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1416-1426.	2.7	17
8	The transdiagnostic model of worry: The mediating role of experiential avoidance. <i>Personality and Individual Differences</i> , 2018, 135, 166-172.	2.9	15
9	The Big Five personality traits and online gaming: A systematic review and meta-analysis. <i>Journal of Behavioral Addictions</i> , 2021, 10, 611-625.	3.7	15
10	The Persian COVID-19 Anxiety Syndrome Scale (P-C19ASS): Psychometric properties in a general community sample of Iranians. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 906-921.	2.7	15
11	Metacognitions as a predictor of online gaming in adolescents: Psychometric properties of the metacognitions about online gaming scale among Iranian adolescents. <i>Addictive Behaviors</i> , 2021, 118, 106904.	3.0	14
12	The Relationship of Spiritual Health with Quality of Life, Mental Health, and Burnout: The Mediating Role of Emotional Regulation. <i>Iranian Journal of Psychiatry</i> , 2018, 13, 22-31.	0.7	14
13	The Persian Personalized Psychological Flexibility Index (P-PPFI): Psychometric properties in a general population sample of Iranians. <i>Journal of Contextual Behavioral Science</i> , 2021, 22, 32-43.	2.6	11
14	Negative affect among daily smokers: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2020, 274, 553-567.	4.1	10
15	Psychometric properties of the Metacognitions about Smartphone Use Questionnaire (MSUQ) in a sample of iranians. <i>Addictive Behaviors</i> , 2021, 114, 106722.	3.0	9
16	The Relationship of Neuroticism with Sleep Quality: The Mediating Role of Emotional, Cognitive and Metacognitive Factors. <i>Behavioral Sleep Medicine</i> , 2022, 20, 74-89.	2.1	9
17	A discriminant analysis model of psychosocial predictors of problematic Internet use and cannabis use disorder in university students. <i>Addictive Behaviors Reports</i> , 2021, 14, 100354.	1.9	7
18	Emotion dysregulation and hoarding symptoms: A systematic review and meta-analysis. <i>Journal of Clinical Psychology</i> , 2022, 78, 1341-1353.	1.9	5

#	ARTICLE	IF	CITATIONS
19	The Persian Exercise Addiction Inventoryâ€™Adult and Youth Versions: Psychometric Properties Based on Rasch Analysis Among Iranians. International Journal of Mental Health and Addiction, 2023, 21, 3376-3392.	7.4	5
20	Neglected side of romantic relationships among college students: Breakup initiators are at risk for depression. Family Relations, 2022, 71, 1698-1712.	1.9	5
21	Psychological predictors of treatment adherence among patients with diabetes (types I and II): Modified informationâ€™motivationâ€™behavioural skills model. Clinical Psychology and Psychotherapy, 2022, 29, 1854-1866.	2.7	3
22	Metacognitions About Health in Relation to Coronavirus Anxiety: The Mediating Role of Cognitive Attentional Syndrome and Distress Tolerance. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2023, 41, 222-236.	1.7	3
23	The linkage between negative affectivity with emotional distress in college student: The mediator and moderator role of difficulty in emotion regulation, repetitive negative thinking, and emotional invalidation. Current Psychology, 0, , 1.	2.8	2
24	Emotion Efficacy Improves Prediction of HIV/AIDS Risky Behaviors: A Modified Information-Motivation-Behavioral Skills Model. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 0, , 1.	1.7	1
25	Psychometric Properties of the Persian Version of the Weight Control Strategies Scale (WCSS). Iranian Journal of Psychiatry, 2021, 16, 146-153.	0.7	0
26	The Relationship of Metacognition with Worry: The Mediating Role of Emotional Flexibility and Affective Style. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 0, , 1.	1.7	0