

Marta Modrego

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7935518/publications.pdf>

Version: 2024-02-01

13
papers

628
citations

1051969

10
h-index

1255698

13
g-index

15
all docs

15
docs citations

15
times ranked

906
citing authors

#	ARTICLE	IF	CITATIONS
1	Implementing a training program to promote mindful, empathic, and pro-environmental attitudes in the classroom: a controlled exploratory study with elementary school students. <i>Current Psychology</i> , 2022, 41, 4422-4430.	1.7	12
2	Universal Mindfulness Training in Schools for Adolescents: a Scoping Review and Conceptual Model of Moderators, Mediators, and Implementation Factors. <i>Prevention Science</i> , 2022, 23, 934-953.	1.5	26
3	Mindfulness-based programmes for mental health promotion in adults in nonclinical settings: A systematic review and meta-analysis of randomised controlled trials. <i>PLoS Medicine</i> , 2021, 18, e1003481.	3.9	115
4	A role of serotonin and the insula in vigor: Tracking environmental and physiological resources. <i>Behavioral and Brain Sciences</i> , 2021, 44, e136.	0.4	1
5	Testing the Efficacy of "Unlearning", a Mindfulness and Compassion-Based Programme for Cultivating Nonviolence in Teenagers: A Randomised Controlled Trial. <i>Frontiers in Psychology</i> , 2021, 12, 717736.	1.1	1
6	Effects of Attachment-Based Compassion Therapy (ABCT) on Self-compassion and Attachment Style in Healthy People. <i>Mindfulness</i> , 2020, 11, 51-62.	1.6	25
7	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian "Burnout Clinical Subtype Questionnaire" (BCSQ-36/BCSQ-12). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1081.	1.2	13
8	Evaluation of a Mindfulness-Based Intervention With and Without Virtual Reality Dialectical Behavior Therapy® Mindfulness Skills Training for the Treatment of Generalized Anxiety Disorder in Primary Care: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 55.	1.1	93
9	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. <i>Frontiers in Psychology</i> , 2019, 10, 809.	1.1	30
10	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference.. <i>PLoS ONE</i> , 2017, 12, e0187777.	1.1	114
11	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. <i>PLoS ONE</i> , 2017, 12, e0172741.	1.1	59
12	Effects of Mindfulness on Diabetes Mellitus: Rationale and Overview. <i>Current Diabetes Reviews</i> , 2017, 13, 141-147.	0.6	20
13	The Efficacy of Mindfulness-Based Interventions in Primary Care: A Meta-Analytic Review. <i>Annals of Family Medicine</i> , 2015, 13, 573-582.	0.9	118