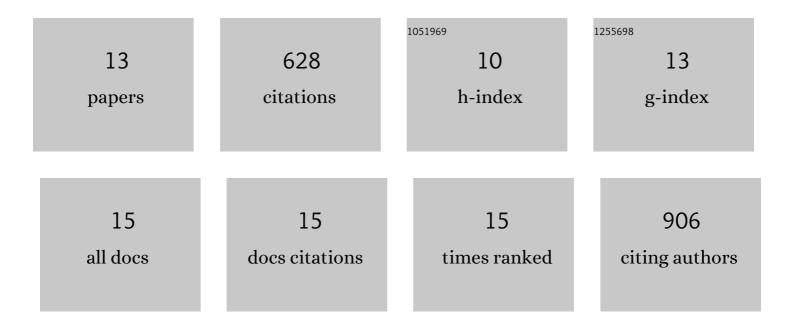
## Marta Modrego

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7935518/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Implementing a training program to promote mindful, empathic, and pro-environmental attitudes in the classroom: a controlled exploratory study with elementary school students. Current Psychology, 2022, 41, 4422-4430.	1.7	12
2	Universal Mindfulness Training in Schools for Adolescents: a Scoping Review and Conceptual Model of Moderators, Mediators, and Implementation Factors. Prevention Science, 2022, 23, 934-953.	1.5	26
3	Mindfulness-based programmes for mental health promotion in adults in nonclinical settings: A systematic review and meta-analysis of randomised controlled trials. PLoS Medicine, 2021, 18, e1003481.	3.9	115
4	A role of serotonin and the insula in vigor: Tracking environmental and physiological resources. Behavioral and Brain Sciences, 2021, 44, e136.	0.4	1
5	Testing the Efficacy of â€~Unlearning', a Mindfulness and Compassion-Based Programme for Cultivating Nonviolence in Teenagers: A Randomised Controlled Trial. Frontiers in Psychology, 2021, 12, 717736.	1.1	1
6	Effects of Attachment-Based Compassion Therapy (ABCT) on Self-compassion and Attachment Style in Healthy People. Mindfulness, 2020, 11, 51-62.	1.6	25
7	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian "Burnout Clinical Subtype Questionnaire―(BCSQ-36/BCSQ-12). International Journal of Environmental Research and Public Health, 2020, 17, 1081.	1.2	13
8	Evaluation of a Mindfulness-Based Intervention With and Without Virtual Reality Dialectical Behavior Therapy® Mindfulness Skills Training for the Treatment of Generalized Anxiety Disorder in Primary Care: A Pilot Study. Frontiers in Psychology, 2019, 10, 55.	1.1	93
9	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. Frontiers in Psychology, 2019, 10, 809.	1.1	30
10	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference PLoS ONE, 2017, 12, e0187777.	1.1	114
11	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. PLoS ONE, 2017, 12, e0172741.	1.1	59
12	Effects of Mindfulness on Diabetes Mellitus: Rationale and Overview. Current Diabetes Reviews, 2017, 13, 141-147.	0.6	20
13	The Efficacy of Mindfulness-Based Interventions in Primary Care: A Meta-Analytic Review. Annals of Family Medicine, 2015, 13, 573-582.	0.9	118