## Sonja Aalbers

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7918018/publications.pdf

Version: 2024-02-01

| 5<br>papers | 332<br>citations | 1937685<br>4<br>h-index | 2272923<br>4<br>g-index |
|-------------|------------------|-------------------------|-------------------------|
| 5           | 5                | 5                       | 324                     |
| all docs    | docs citations   | times ranked            | citing authors          |

| # | Article  | IF  | CITATIONS |
|---|--|-----|-----------|
| 1 | Efficacy of emotion-regulating improvisational music therapy to reduce depressive symptoms in young adult students: A multiple-case study design. Arts in Psychotherapy, 2020, 71, 101720.                                   | 1.2 | 12        |
| 2 | Development of an improvisational music therapy intervention for young adults with depressive symptoms: An intervention mapping study. Arts in Psychotherapy, 2019, 65, 101584.  | 1.2 | 13        |
| 3 | Music therapy for depression. The Cochrane Library, 2017, 2017, CD004517.  | 2.8 | 291       |
| 4 | Evaluation of client progress in music therapy: an illustration of an N-of-1 design in individual short-term improvisational music therapy with clients with depression. Nordic Journal of Music Therapy, 2017, 26, 256-271. | 1.1 | 9         |
| 5 | Feasibility of emotion-regulating improvisational music therapy for young adult students with depressive symptoms: A process evaluation. Nordic Journal of Music Therapy, 0, , 1-20.   | 1.1 | 7         |